

STEP ELEVEN

READINGS

1. BIG BOOK – the remainder of Chapter 6 ("Into Action"), (beginning with "*Step Eleven*" at the bottom of p 85
2. TWELVE AND TWELVE, PP. 96-105 – "*Step Eleven*"
3. DAILY REFLECTIONS – Readings on the "Eleventh Step", "Prayer", "Meditation", "Higher Power", "Spiritual Progress", and "Spirituality"

QUESTIONS

1. What is prayer?
2. What is meditation?
3. How often do you pray and meditate?
4. What would it mean for you to improve your conscious contact with God?
5. What is your understanding of God?
6. Why pray *only* for knowledge of God's will?
7. Why pray for the power to carry out God's will?

ACTIVITIES

1. Practice praying and meditating.
2. Ask others how they carry out this Step.