

Week Fourteen

REVIEW STEP ELEVEN FIRST PART AND REAFFIRM COMMITMENT

READ AT EVERY MEETING

PURPOSE - CHANGE OF PERSONALITY

THE PURPOSE OF THE NOVALCO METHOD OF A.A. IS TO EFFECT A CHANGE IN ATTITUDE. BY USING THE STEPS, THIS CAN BE ACCOMPLISHED IN A RELATIVELY SHORT TIME, USUALLY THREE TO FOUR MONTHS. WHEN THIS IS ACCOMPLISHED THE NEW MEMBER HAS LESS CHANCE OF TAKING A DRINK. AFTER THE MEMBER HAS COMPLETED THE STEPS, HE OR SHE THEN GROWS AS THE REGULAR MEETINGS ARE ATTENDED. HAVING DONE THE STEPS IN SEQUENCE, THE GROWTH AND MATURITY SEEM TO COME EASIER AND FASTER. THE MEMBER GAINS THE PEACE OF MIND, SOBRIETY, SERENITY AND HAPPINESS, THAT ALL ALCOHOLICS ARE SEARCHING FOR.

THE PURPOSE - TO CHANGE OUR THINKING AND GIVE US A SPIRITUAL AWAKENING IN A REASONABLY SHORT PERIOD OF TIME.

BY ACCEPTING THIS CHANGE AND WORKING THE PROGRAM ON A TWENTY FOUR HOUR BASIS, SOBRIETY IS NOW A FACT OF LIFE.

1. MOMENT'S SILENCE
2. SERENITY PRAYER IN UNISON
3. REVIEW LAST WEEK.

SUGGESTIONS FOR CHAIRMAN ON STEP ELEVEN (SECOND PART)

ASK EACH MEMBER:

HOW DID THE MEDITATION AND THE RELAXATION EXERCISE WORK OUT FOR YOU THIS PAST WEEK?

HOW DID THE SECOND PART "PRAYING ONLY FOR KNOWLEDGE OF HIS WILL FOR US AND THE POWER TO CARRY THAT OUT" WORK OUT FOR YOU?

KEY #1

WHAT IS GOD'S WILL FOR US AND HOW CAN WE KNOW OR RECOGNIZE IT? NOW FOR EXAMPLE, LET US SAY THAT GOD OR OUR HIGHER POWER IS GOOD OR TRUTH. SO IF WE CARRY OUT A GOOD TURN IT IS OUR HIGHER POWER'S WILL. IF WE ARE TRUTHFUL, IT IS OUR HIGHER POWER'S WILL FOR US. WHEN OUR BEHAVIOUR IS IN ALIGNMENT WITH GOD'S WILL, IT IS GOD'S WILL FOR US.

REMEMBER, WE ARE BORN AND BLESSED WITH A FREE WILL, AND ONLY WE HAVE CONTROL OVER THAT WILL. SO IF WE TRY TO DO GOOD THINGS WE ARE FOLLOWING OUR HIGHER POWER'S WILL. WE HAVE A CHOICE AS TO WHOSE WILL TO FOLLOW. IF WE DO NOT HAVE THE KNOWLEDGE OF HIS WILL AND HAVE TO MAKE A DECISION LET US SAY TO OURSELVES, "WHAT WOULD GOD DO IN THIS CASE" AND WE WILL BE SURE TO GET AN ANSWER AND THE RIGHT ONE FOR US - THE RIGHT ONE FOR US AS ALCOHOLICS. TO DRINK WOULD CERTAINLY NOT BE OUR HIGHER POWER'S WILL, IT WOULD BE OUR WILL!

KEY #1A

THIS KNOWLEDGE WILL BRING THE PROPER USE OF OUR WILL, WHICH SEEMS TO BE TIED UP SELF-DENIAL AND WILLING SERVICE TO OTHERS.

KEY #2

SERVICE TO OUR FELLOW MAN IS ONE OF THE GREATEST WAYS TO CARRY OUT OUR HIGHER POWER'S WILL. IF OUR HIGHER POWER IS LOVE, THEN WE WILL LOVE OUR FELLOW MAN AND DO KIND ACTS TOWARDS HIM. THIS IS BASIC SINCE THE WORLD BEGAN. WE ARE NOT SPEAKING OF MONEY BUT GIVING OF OURSELVES. IF WE CARRY OUT OUR HIGHER POWER'S WILL WE WILL BE REWARDED TENFOLD. BY BRINGING A MEMBER WHO IS SUFFERING TO ALCOHOLICS ANONYMOUS, WE ARE FOLLOWING THE HIGHER POWER'S WILL FOR US. TRY IT.

KEY #2A

THE QUESTION THAT HAS REPEATEDLY CONFRONTED MEMBERS IS - WHAT IS GOD'S WILL? HOW AM I TO KNOW IT FROM MY OWN WILL?

KEY #2B

THEREFORE WE DEDUCE THAT OUR UNDERSTANDING OF GOD'S WILL STARTS WITH THE SURRENDER OF OUR WILL TO HIM AND WITH CHARITABLE, LOVING ACTS OF SERVICE TO OTHERS. WE CANNOT LIVE UNTO OURSELVES ALONE.

KEY #3

FORGIVING IS PART AND PARCEL OF OUR HIGHER POWER'S WILL FOR US. FIRST TO OURSELVES, THEN TO OUR FELLOW MAN, OUR PROGRESS IS SLOWED UP UNTIL WE ARE ABLE TO FORGIV, PRACTICE FORGIVING, BEING GRATEFUL AND APPRECIATIVE. THAT IS GOD'S WILL FOR US!

KEY #3A

WHEN WE FORGIVE AND ARE APPRECIATIVE WE ARE IN ALIGNMENT WITH GOD'S WILL FOR US.

KEY #4

UNSELFISH SERVICE TO OTHERS IS OUR HIGHER POWER'S WILL FOR US. TRY IT. WE MUST EMPHASIZE THAT IN OUR PRAYERS. WE ASK FOR HELP TO UNDERSTAND HIS WILL FOR US.

KEY #4A

PRACTICE FAITH, HONESTY AND UNSELFISH SERVICE.

GROUP READS 12X12 STEP 11 FROM PAGE 102 TO THE END OF THE CHAPTER.

COMMITMENT:

"ASK EACH MEMBER DO YOU UNDERSTAND YOUR HIGHER
POWER'S WILL FOR YOU?"

"WILL YOU WORK ON UNDERSTANDING YOUR HIGHER
POWER'S WILL FOR YOU?"

ASK MEMBERS TO READ ANOTHER PERSONAL STORY IN
THE BIG BOOK THIS WEEK.

HOME STUDY:

BIG BOOK - REVIEW CHAPTERS 3, 6 & 7

12X12 - STEP 11 PAGES 102 TO THE END