

**NOVALCO - PREFACE**

THE PHILOSOPHY AND THOUGHTS USED IN THIS KIT ARE FROM THE BOOK "ALCOHOLICS ANONYMOUS" OR PERTAINING TO IT.

EMPHASIS IS PLACED ON DOING THE TWELVE STEPS IN SEQUENCE.

NOVALCO IS A COMPREHENSIVE METHOD OF DOING THE TWELVE STEPS OF ALCOHOLICS ANONYMOUS IN SEQUENCE.

EDITORS NOTE

THE NOVALCO KIT IS A SUGGESTED METHOD TO SIMPLIFY, UNDERSTAND AND DO THE TWELVE STEPS IN SEQUENCE FOR THE NEW MEMBER OF ALCOHOLICS ANONYMOUS. THIS METHOD IS NOT MEANT IN ANY WAY TO CHANGE THE COURSE OF ALCOHOLICS ANONYMOUS, BUT TO SIMPLIFY THE BIG BOOK "ALCOHOLICS ANONYMOUS" AND TO GIVE THE NEW MEMBER AN ADDED GROUNDING IN THE TWELVE STEPS. THE BIG BOOK IS REFERRED TO CONTINUOUSLY THROUGHOUT THE KIT. AS THIS KIT IS ONLY A SUGGESTED METHOD, WE WOULD HOPE THAT ANY GROUP OR MEMBER WOULD FEEL FREE TO ACCEPT OR REJECT IT.

CHAIRMAN'S AGENDA

TIPS FOR CHAIRMAN -SUGGESTIONS FOR NOVALCO MEETINGS

1. THE PURPOSE OF THESE MEETINGS IS NOT ONLY FOR THE NEW MEMBER TO UNDERSTAND THE TWELVE STEPS BUT TO DO THEM AND PRACTICE THEM. ALSO FOR THE STEPS TO BE TAKEN IN SEQUENCE AS THE BIG BOOK SUGGESTS.

2. EACH MEMBER TO ATTEND AT LEAST THREE STEP MEETINGS WITH HIS NEW MEMBER, THIS MAKES THE MEMBER FEEL AT EASE.

3. THE NEW MEMBER IS EXPECTED TO PURCHASE AND THEN BRING THE BIG BOOK AND THE TWELVE STEPS AND TWELVE TRADITIONS BOOK TO EACH MEETING.

4. YOU START AT THE INTRODUCTION AND COMPLETE ALL OF THE STEPS REGARDLESS OF HOW MANY NEW MEMBERS COME IN.

5. THE EMPHASIS IS ON LIVING - LIQUOR IS ONLY MENTIONED IN THE FIRST STEP.

EXPLANATION OF MUSTS

WE HAVE ALL HEARD THE PHRASE "THERE ARE NO MUSTS IN A.A." AND IT HAS ALWAYS BEEN A TRADITION. OUR FOUNDERS MADE THIS QUITE CLEAR AND RIGHTLY SO. NO ONE IS FORCED TO DO ANY OF THE THINGS THAT OUR BOOK STRONGLY SUGGESTS, OR EVEN THE THINGS SUCCESSFUL MEMBERS DO. BUT WHEN ONE LOOKS BACK OVER THE YEARS, HE WILL FIND THAT THE PEOPLE WHO ARE SUCCESSFUL, IN A.A. HAVE DONE CERTAIN THINGS. THEREFORE CAN ASSUME THAT THERE ARE CERTAIN BASIC EXERCISES A PERSON SHOULD DO IF HE WANTS TO BE SUCCESSFUL IN THE PROGRAM.

THE "BIG BOOK" SAYS, "SELDOM HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH." IT SEEMS REASONABLE TO ASSUME THAT OUR FOUNDER MEANT THAT WE DO THESE STEPS IN SEQUENCE WHEN HE SAID "THESE ARE THE STEPS WE TOOK." USUALLY THE ONES WHO CRY NO MUSTS ARE SIDESTEPPING SOMETHING.