

Bighorn Drop Bag Information

DROP BAGS ALLOWED FOR THE 100, 52, &32 ONLY!

Drop Bag SIZE Regulation: We do not limit drop bag size because we want you to have everything you need out there HOWEVER we do not allow coolers, tubs, or buckets. All drop bags must be soft sided. Please be considerate of size as they all need to fit on the cargo trailers!

Bighorn provides the specific tags and tape that we want you to use at the drop bag drop-off.

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When in doubt, put out a drop bag at a location as your crew might have unforeseen issues such as flat tires etc that don't get them to a location to crew a runner in time. The crew can always retrieve the drop bag from the aid station and use the drop bag as part of their crewing activities.

Always use garbage sack or plastic bag liners in the drop bags to keep critical items such as clothing from getting wet if the drop bag is exposed to unexpected thunderstorms or snow storms at the aid station.

Always clearly mark the drop bag with your name, runner number, and the aid station. Bighorn provides the specific tags and tape that we want you to use at the drop bag drop-off. For the Head of the Dry Fork and Footbridge, you can have outbound and inbound bags or combine the bags into one...label the bags accordingly if you choose to have 2 drop bags at those aid stations for the 100 milers. For 52 milers, having a drop bag at location to drop items of clothing if it is getting hot is always nice even if you don't think you need any drop bag supplies at that aid station.

What should you put in a drop bag? You need to plan your race for best case and worst case scenarios especially in the 100 mile. Then figure out what to put in your drop bag according to your time predictions. Mountain weather is capricious and unpredictable so always have some cold weather clothing (tights, long sleeve top, gloves, and shell with a hood) in each drop bag location. Always have a pair of spare socks in each drop bag as well as an emergency plastic waterproof poncho in each drop bag that you can buy for a dollar at Walmart.

It is good to separate items in your drop bag by category so you can easily find your supplies so consider using separate plastic bags for small items or specific categories. Place a list of absolutely can't leave the aid station without items such as lights in your bag so you don't forget critical items as you leave. You have to have lights in the night time sections of the 100 mile.

Other supplies or items to consider as they may not be available at an aid station: Special gels or food items that you deem essential, medications such as ibuprofen which if you use need to be done with caution because of GI upset or kidney issues, duct tape, Vaseline, spare shoes, warm weather clothes such as a singlet if it gets hot on the second day, spare bottles for changing out if you don't like how liquids are tasting in the bottle(s) that you are using.