

## Elm Spring Farm: A Legacy Rooted in History and Family

For nearly **185 years**, **Elm Spring Farm** in **Hughesville, Missouri**, has stood as a testament to resilience and family heritage. Established in **1840** by **General David Thomson**, the farm was built **adjacent to the natural spring that still flows today**, a key reason Thomson chose this land after moving from **Georgetown, Kentucky**. The **two-story brick farmhouse**, designed in the **Federal style**, has endured for generations, with each family adding to its rich history.

By the **1960s**, the farm had fallen into disrepair, but **Lee Dow** took it upon himself to restore and preserve it, ensuring it remained in the family. His son, **Frank Dow**, made Elm Spring Farm his home for **over 40 years**, raising his family and continuing the tradition of hard work and stewardship. His wife, **Wanda**, who shares a deep connection to the farm's history, built **a cabin adjacent to the farmhouse**, allowing the family to remain on the land while protecting the original home.

For **Crystal Dow**, Elm Spring Farm is more than a historic property—it is **her childhood home**. She grew up on the farm before leaving for **15 years**, traveling the world with her husband, **Matthew Adler**, during his service in the **U.S. Air Force**. Their oldest son, **Brody Lee Adler**, was born in **Germany** while they were stationed at **Incirlik Air Base in Turkey** and was named in honor of **Lee Dow**, who played a crucial role in preserving the farm.

Now back home, **Crystal and Matt, a disabled veteran**, live in the historic farmhouse with **their two sons, Brody (16) and Barrett (6)**, while **Wanda resides in the adjacent cabin**. After the passing of her father, **Frank Dow**, Crystal officially established **Elm Spring Farm LLC** in **February 2024**, carrying forward the family's commitment to preserving, sustaining, and growing the farm's future.

