

## FOR IMMEDIATE RELEASE

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## New Haiku Collection by Elizabeth Gauffreau Celebrates the Bond with Nature and Loved Ones

**Nottingham, NH:** Poet and author Elizabeth Gauffreau announces her latest poetry collection, *Simple Pleasures: Haiku from the Place Just Right*, scheduled for release on August 5, 2024. This heartfelt collection combines 53 haiku with stunning photographs, each a celebration of nature and the deep connections we share with our significant others.

In *Simple Pleasures*, Elizabeth Gauffreau invites readers to join her on a poetic journey through the picturesque landscapes of Vermont, New Hampshire, and Maine. Each poem captures a moment of clarity and serenity, offering a window into the tranquil beauty of northern New England and the profound feelings these places evoke. Through her unique blend of poignant haiku and vivid imagery, Gauffreau creates a relatable and uplifting experience that resonates with anyone who cherishes nature's gifts and the memories made with loved ones in these serene settings.

The inspiration for this collection stemmed from spontaneous drives along the back roads of New England with her husband, discovering new haunts and revisiting cherished locales. "A single scene would spark a haiku," says Gauffreau, "and with each poem, I sought to encapsulate the essence of these meaningful experiences." This process of creation became a shared journey, not just between her and her husband, but with every reader who will turn the pages of her collection.

*Simple Pleasures* goes beyond traditional poetry books by offering a space for reflection and connection. It encourages readers to pause, breathe in the beauty around them, and find joy in the simple moments. Gauffreau's haiku serve as gentle reminders of the enduring love and comfort we find in nature and in each other.

This collection is dedicated to Elizabeth's husband, who has been both muse and companion in her life's journey, making *Simple Pleasures* a profound tribute to love and the natural world.

To learn more and rediscover the joy and peace found in simple, natural moments, visit [LizGauffreau.com](http://LizGauffreau.com).

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**About the Author:** Elizabeth Gauffreau holds a BA in English/Writing from Old Dominion University and an MA in English/Fiction Writing from the University of New Hampshire. Her works, deeply rooted in her experiences and connections to both people and places, have appeared in a variety of literary publications. She has spent her career fostering a love for the written word among her students and readers alike.