

4th ANNUAL VOLLEYFEST

This year, D1 and Waco Juniors have partnered to offer 6 nights of complete training and competition. This year's format is Fast 4's, 5's, and 6's in a mixed age round robin continuous action 90 minute session. First, D1 is offering an optional 45 minute volleyball agility and jump training for athletes (additional fee required). Then, WJV coaches will run and instruct 90 minutes of fast paced competition while correcting fundamental form and advanced techniques. All sessions are hosted at the new Waco Athletic Center. Come play and be a part of the most integrated training ever offered in the Central Texas area!

Register online at

www.wacoathleticcenter.com

And for D1 at d1waco@d1training.com

For questions please email: wacovolleyballclub@gmail.com

Incoming <u>9</u>

May 7th, 9th, 14th, 16th, 21st, 23rd

D1 training: 5:00-6:45

Volleyball

6:00-7:30

*additional sessions may be added if needed

\$40.00

ALL ACTIVITIES@ WacoAthletic Center

800 Schroeder

Waco, TX 76710