

P E S C E

F I S H

SARDINE ALLA GRIGLIA	16.95
Grilled fresh sardines seasoned with lemon, parsley, olive oil & sea salt served with potato fries & mixed leaf salad	
MERLUZZO LIVORNESE	18.95
Pan fried cod with anchovies, black olives, capers, chilli and tomato sauce served with basil & potato mash	
MISTO FRITTO	19.50
A lightly battered medley of fried calamari, white bait & seabass fillet served with potato fries, fresh lemon & garlic mayo	
CACCIUCCO	19.50
Tuscan tomato & chilli fish stew with mixed seafood & shellfish served with our crostini	

LA GRIGLIA

THE GRILL

SALMONE ALLE ERBE E OLIVE	19.50
Grilled Scottish salmon topped with mixed green herbs & olives served with basil & potato mash	
SALMONE CON ASPARAGI E CREMA DI ANETO	19.50
Grilled Scottish salmon topped with asparagus & creamy dill sauce served with basil & potato mash	
BRANZINO ALLA GRIGLIA	19.50
Grilled sea bass drizzled with a delicate white wine, lemon, parsley & butter sauce served with sautéed rosemary & parsley potatoes and green beans	
BRANZINO ALLA GRIGLIA CON COZZE	19.50
Grilled sea bass topped with sautéed mussels in a garlic, white wine & parsley sauce served with sautéed rosemary & parsley potatoes	

INSALATONE

SALADS

'A generous main course salad' with mixed leaves, marinated peppers, courgettes, green beans & red onions dressed with e.v.o & balsamic reduction with one of the following:

INSALATONE DI VERDURE (v)	12.50
Grilled & marinated vegetables with parmesan shavings & croutons	
INSALATONE DI POLLO E PANCETTA	17.50
Grilled chicken breast, crispy pancetta & parmesan shavings	
INSALATONE DI SALMONE GRIGLIATO	18.50
Grilled Scottish salmon fillet	
INSALATONE DI GAMBERONI GRIGLIATI	18.50
Grilled butterflied king prawns	
INSALATONE CON TAGLIATA DI MANZO	24.95
Grilled sirloin steak, thinly sliced - <i>best served medium rare</i>	