



Spring 2018

St. Paul's  
**EPISTLE**

St. Paul's Episcopal Church

**2018**  
*Festival*  
**OF THE ARTS**

A CELEBRATION OF MUSIC AND ARTS

Saturday, May 19th, 2018

Our Mission:

God in our hearts;  
Light to our path;  
Home for all.



The Rt. Rev. José McLoughlin  
*Bishop of the Diocese of WNC*

The Rev. Ann Dieterle  
*Rector*

The Rev. Dn. Susan Whittington  
*Deacon*

The Rev. Carl Elledge  
*Pastoral Assistant*

Rachel Minick  
*Director of Children, Youth,  
& Family Ministries*

Lynne Sturdivant  
*Administrative Assistant*

Carla Bowers  
*Organist*

Roosevelt Carlton  
*Sexton*



2018  
Parish  
Retreat  
July 20-22

Save the date for our Annual Parish Retreat in Valle Crucis and know that YOU are invited to join us for a weekend of fun, relaxation, fellowship, and cool mountain air in the middle of the summer.

## Camp Henry

### Why Camp is Important?

Hi! My name is Kathryn Florack. I first started attending Camp Henry when I was 11 years old and have yet to miss a summer since! As I have grown, my role at Camp Henry has changed; I was a counselor for all four summers of college and the assistant director for the following 5 summers, and now I am blessed to say that I am in my third year as the director of this amazing ministry of our diocese. What I guess I am really trying to say is I love and believe in Camp Henry! Like many others, Camp Henry has played a huge part in my life. It is a place where I learned life lessons through laughter and through tears, where I formed life long friendships, where I felt safe to try new things and discover talents that I didn't know I had, and where I learned the joy of playing outside all day and how to appreciate even the smallest creatures and quiet moments. But most importantly it is the place where I learned about God, where I learned to choose God and that God chose me! Camp Henry continuously shows me the power of giving God's unconditional love and acceptance to each other and to ourselves.

This is the reason I want to work at Camp Henry, the reason that Camp Henry has changed so many lives, the reason it is still changing lives. Kids do not come just for the sweet games and amazing costumes, to play dodgeball in one of the most epically beautiful arenas out there. They come because at Camp Henry, they feel God's peace, they feel safe, they feel completely free to be themselves, whether studious or athletic, musical or mathematic. At Camp Henry, we are taught to be one in the unconditional love of Christ by giving and receiving that love to each other and to ourselves, to feel complete, to see peace, to be God's peace in the world.

But you don't have to just take my word for it. When

we asked some of our campers at our 4th-6th Grade Session why they loved camp, here's what they had to say: "The first thing you feel when get there is loved and accepted. Camp is a great place to get away...It's the perfect place to make friends and be weird and be yourself... Camp Henry is such a life changing experience I just wish everyone could experience the love like I do here at camp...You're free to be yourself, and they accept you for you are...What makes Camp Henry great? The loving counselors, who let us have fun and be free. The dancing, and singing, whether it be Shakira, Beyoncé, or some hymns and songs sung in the church, but most of all the presence of God in the field, the chapel or at beautiful Lake Logan."

As a ministry of the Diocese, Camp Henry and I are here to serve you! And it is a place where all people are welcome, really everyone! With sessions ranging in length from a half-week for families and 2nd-3rd Graders, to 2 or more weeks for those in Grades 3-12, we strive to have something for everyone, including a few specialty programs such as our Leadership Program, where participants engage in intentional community building to help them discover their own talents, the Camp Henry Outdoor School, where participants spend the week exploring the outdoors through rock-climbing, whitewater rafting, and backpacking (all equipment provided!), and lastly, Wilderness Wanderings, which is a spiritual backpacking pilgrimage for adults. Additionally we do our best to keep our rates competitive, so that camp is affordable, but we have a great and inclusive scholarship program as well!

Space is still available at Camp Henry for the upcoming summer! For more information and to register, visit [www.camphentry.net](http://www.camphentry.net) or call me at 828-475-9264.

Thank you so much for your time and for your support! I look forward to joining you guys in worship!

Kathryn Florack, *Camp Henry Director*

## A Word from the Rector

The Rev. Ann Dieterle

First, a heartfelt thank you to everyone who worked hard this Lent and Easter season to prepare for our worship on the Feast of the Resurrection. What a glorious day and season!

In this first week of Easter, Spring is still trying to assert itself. At one point, snow was in the forecast for Saturday, April 7th, and that might still come to pass. But it is inevitable, if delayed, that new life will bloom and blossom. Or as one baseball commentator has said, we are observing "the death of winter's gloom, and the rebirth of possibilities."

Some other words to ruminate on this season:

"The Christ within the womb of our being is the Christ within the tomb of our lives and world. As Rumi says, 'Spring is Christ, raising martyred plants from their shrouds'. This Spring force is the Resurrection force deep in the body of the earth. It is deep also in each of us, longing to come forth as surely as new life from the ground." (from the Easter 2018 edition of John Phillip Newell's "Heartbeat.")

## Children, Youth, & Family Ministries

Rachel Minick



For the past few years I have chosen a word to guide me through the year. This is something I started when I had time to scrapbook (before kids!) and it is a habit that I continue. This year, it was as if the word found me. Cultivate. Cultivate - to acquire or develop, raise or grow, apply oneself to improving or developing. See also: improve, better, grow, refine, elevate, enrich, raise, educate. This year I set my intention to cultivate joy, balance, creativity, authenticity, relationships, and health/wellbeing. I don't think I realized just how much one word could drive a year. I have taken to the phrase: Plant seeds. Cultivate abundance.

At this point we are one month into our Little Free Pantry project, our Blessing Box that sees daily use and daily donations. Thank you. The introduction of this project at St. Paul's has planted seeds around the community for future locations of blessing boxes. I will surely keep you all updated via our Little Free Pantry at St. Paul's Wilkesboro Facebook page.

The next arm of the project will begin to take shape in the coming months as we plant a garden behind the office. Youth from the Diocese of WNC helped to construct three raised beds to get our garden started. As a part of this project, I am asking you to consider your role as any of the following: builder, planter, weeder, waterer, harvester, and/or distributor. If you have interest in helping, please send me an email or call the office.

Rachel Minick  
Email: [stpaulscyfm@gmail.com](mailto:stpaulscyfm@gmail.com)  
Instagram: @stpaulswilkesboro



## Rockin' Toddlers & Preschoolers

This program is a creative way to reach out to neighborhood families in a fun, non-threatening way. We will play music, sing songs, and dance for 30 minutes, and then share a snack. Parents/grandparents/caregivers will be invited to fellowship and build relationships during this time. This is a program to leverage the strengths of St. Paul's to reach young families in our community. The program will be on **Tuesdays from 9:30-10:30am starting in May** and will be held in our nursery.

## Ready, Set, Grow!



We will begin official meetings of our youth garden club in **June on Thursdays from 9:30-11:00am**. This time will allow for the children and youth of St. Paul's to engage in

the seed to table process and teach them how to be great volunteers. Projects include: seeding, harvesting, transplanting, weeding, releasing lady bugs, worm bins, composting and more. We will work in the garden and harvest the food together, deliver the fresh vegetables to our Crisis Assistance Ministries, and then spend time outdoors together. In the event of poor gardening weather, we will meet in the Multipurpose Room in the basement of the Parish House for garden-adjacent activities. Children aged 5 and under are welcome with a caregiver.

## May the Fourth be with YOU!

Sports fan? Star Wars fan? Both?

Join us at the Winston Salem Dash came on **Friday, May 4th at 7:00pm**. To reserve your tickets, look for a sign up sheet in the Commons or email Rachel at [stpaulscyfm@gmail.com](mailto:stpaulscyfm@gmail.com)! Special promotions at the game include:



**Kids Run the Bases:** After each of the Dash's weekend contests, fans are invited to run the bases, powered by New Balance Winston-Salem.

**Star Wars Day:** Star Wars characters, movie clips and music will be on display throughout the game.

**Fireworks Friday:** Come out to watch a spectacular postgame fireworks show following each Friday home game.



**JULY 9-13 9:00AM-12:00PM  
SHOWCASE ON FRIDAY EVENING 5:30PM-7:00PM**

## **Arts Camp VBS**

**SAVE THE DATE AND SPREAD THE WORD!**

### **VBS Volunteers**

*T*he Christian Education Committee is looking for artists, musicians, actors, designers, dancers, creative-types, outdoor lovers, and child-wrangers to help with our new VBS model- Arts Camp VBS! If you have a talent and are curious as to how it might fit into this model, talk to Rachel!

**PLANNING SCHEDULE:**

April 16th: 5:30pm in the church office  
May 7th: 5:30pm in the church office

**VBS SCHEDULE:**

Sunday, June 3rd	12noon-2:00pm:	Mandatory VBS Volunteer Training (youth and adults)
Sunday, July 8th	12noon-2:00pm:	Decoration and Set Up
July 9th-13th	9-12noon:	Daily Arts Camp July
Friday, July 13th	5:30-7:30pm:	Showcase in the Parish House

## ECW News

We meet the second Monday of each month at 12:00noon. Please bring a simple dish to share for lunch. Hope to see you there!



The April ECW meeting is on **Monday, April 9th at 12:00noon** in the Parish House. The meeting will start with a

presentation on Soul Shop with Laura Welborn and Lisa Brewer. Soul Shop for Congregations is designed to help leaders open the door to the needs of persons impacted by suicidal desperation and make the resources of faith available to them. This is accomplished not through an episodic day of awareness, but by providing the congregations with a few basic conversational skills that can save lives. The presentation will start through lunch and continue until 1:30pm. This is an open meeting for anyone interested in this topic. It would be especially relevant to Assistance committee members who deal with the desperation of people financially strapped.

For more information about ECW contact Gwen Temple at [GT1116@aol.com](mailto:GT1116@aol.com) or 336-984-6469.

## Men's Breakfast

The Men's Breakfast is to be enjoyed by all each third Sunday morning in the Parish House from 8:00am until 10:00am! Breakfast will be cooked and served by the men of St. Paul's. A donation of \$5.00 per person to cover our cost is appreciated. Come join your fellow parishioners for delicious food and fellowship.

This quarter, breakfast will be held on April 15th, May 20th, and June 17th.

If you would like to get involved with the Men's Breakfast, please contact Ken Canter at [rkencanter@aol.com](mailto:rkencanter@aol.com).

## Outreach News

Walls, books, aids and food...what more could a person want? Notes on happenings and projects around St. Paul's

1) There are a bunch of rocks and mess in the labyrinth??? Hopefully by Merlefest the cemetery wall project and new gothic window additions to the labyrinth will be finished. Cubic Construction is working hard to install 2 more frames and rock façade to the south wall of the labyrinth and back fill the west end of the cemetery to the new wall. Ken Crouse is in charge of a series of new plantings that will complement the space between the wall and parking lot and

continue around the labyrinth to include the area behind the altar. These will be mature, larger plants that will beautify this sacred space for years to come.

2) Do you remember??? An exciting new project is in the very early planning stages. Thanks to generous funding from Betsy Barber work is underway to organize the printed archives of St. Paul's that currently reside in a small room that was Frank McKenzie's old office on the ground floor of the parish house. Scott Jessee (336-903-8543, email: [wsj1949@aol.com](mailto:wsj1949@aol.com)) will be heading this effort. It is hoped that an ASU graduate student will be able to do an internship here this summer to assist. If you have historical information to share or would like to help, please let Scott know. Check St. Paul's Cares for updates.

3) Can you hear me now??? Several people have commented on how much better the sound is in the sanctuary with the addition of the new sound system. Some have recently asked if we might tie this system to hearing assistive devices....and the answer is YES. With Bill Hurd's work, 4 hearing assist devices will be available for use beginning Easter Sunday. Ushers will be instructed in their use. These work for individuals with hearing aids and for those of us with some hearing loss who miss portions of the service. (Medical note: 50% of people in their 60's will have some degree of hearing loss. This increases to 85% in our 80's.) The new sound equipment has a significant number of new possibilities, but with that technology comes complexity. If some Sundays the acoustics are great let Bill know, conversely if there are times hearing is more difficult, let him know that as well. Your feedback is important to helping fine tune the system.

4) Feed me Seymour??? A new project to help feed our neighbors is in the works. Joe and Willie Barber have brought the Family to Family Grocery Bag ministry to Wilkes from Arkansas. With the help of a nutritionist from Tyson Foods a list of 19 food items have been identified that will fit in a common sized bag and provide food for a family for several meals. The cost of these items average \$30/bag. Funding is being sought from grants and the Health Foundation. This will replace our existing food collection and be distributed monthly to our Crisis Assistance friends. Help will be needed for food purchasing, packing and other aspects of this much needed work. There may even be a Sunday collection cart or a chance to "Adopt a Bag". Be on the lookout for more news on this topic in the weekly SPC publication.

For more information on Outreach, contact Joe Fesperman at [joefesperman@yahoo.com](mailto:joefesperman@yahoo.com).

## St. Paul's Episcopal Church Worship Opportunities

### Wednesday Eucharist

5:30pm Historic Chapel

*Please join us for worship*

### Sunday Services

8:30am Historic Chapel

9:30am Sunday School

10:30am Sanctuary



## St. Paul's Vestry

### 2018

Rose Andrews

Carol M. Canter

Joe Fesperman, *Jr. Warden*

Anne Hannibal

Bill Harris, *Secretary*

### 2019

Misty Hartzog

Connie McNeill, *Sr. Warden*

Laura Welborn

Franz Yale

Joe Richardson, *Treasurer*

### 2020

Tim Day

Ruth Harris

Jim Lyall

Tana Myers

RETURN SERVICE REQUESTED

*St. Paul's*  
**EPISTLE**

ST. PAUL'S EPISCOPAL CHURCH  
PO Box 95  
Wilkesboro, NC 28697



#### Location:

200 W. Cowles Street

#### Email Address:

[office@stpaulwilkesboro.org](mailto:office@stpaulwilkesboro.org)

#### Office Phone:

336-667-4231

#### Pastoral Emergencies:

336-223-5762

#### Office Hours:

Monday-Friday  
9:00am to 5:00pm

#### Website:

[www.stpaulwilkesboro.org](http://www.stpaulwilkesboro.org)