**DR CHRISTINE PRICE**

**CLINICAL PSYCHOLOGIST**

***(07840) 452236***

***christine@northumberlandpsychologist.com***

**THERAPIST/CLIENT AGREEMENT**

1. Structure of Sessions

After initial consultation and assessment which may take up to 2 sessions, a plan will be discussed with you that both meets your goals for treatment as well as compliments the formulation that I, as your therapist and you, as Client, have made together to understand your situation.

Should you agree that further therapy would be useful to you this will typically take place on a weekly/two weekly basis although this is negotiable and may vary depending on your therapeutic needs and goals. Each session last typically 50 minutes of clinical time, providing 10 minutes to maintain your notes/record.

If your therapy requires extra resources which are freely available these will be included in your session price. Letters and extra administration will be charged for at the standard rate of £110.00 per hour pro rata.

1. Confidentiality

Clinical sessions based on a private referral will be treated as confidential from your therapist side. There are standard exceptions to this and there may be a need for communication with other parties in exceptional circumstances where confidentiality cannot be maintained. These include:

* Where there is a need to know for another provider e.g. a GP.
* For the purposes of the therapist’s clinical supervision (a requirement of registration to practise)
* When disclosure is in the public interest or where there is a legal duty for example a Court Order
* When the information concerns risk of harm to yourself, a child or another person

To ensure confidentiality, Clients may provide a security word for use when making contact by phone or e-mail if requested. Please note that in order to maintain therapeutic boundaries, requests for connection outside of formal sessions (including on Social Media) will not be responded to, as will case relevant conversation or provision of extra information outside of formal arranged sessions unless related to arrangement, cancellation or re-arrangement of appointments.

Your therapist will also be responsible for storing your data in compliance with GDPR.

1. Fees and Payment

This service will offer you the fee rate of £110.00 per session (Monday-Friday up to 6.00pm). Payments by Bank Transfer (see details below) will be due within 48 hours of booking or at the latest, a week before the appointment is due.

Details for Bank Transfer to the business account of:

Name Dr Christine Price

Sort Code: 30-93-71

Account: 84851568

Ref: Please use your first initial and your surname to identify your payment

On booking your will receive an acknowledgement of payment received and a reminder text message of your appointment. A receipt can be sent to you if you include your e-mail address following payment.

In the event of a no-show or less than 24 hours notice of cancellation the full session fee will be required. If an appointment is cancelled with less than 48 hours notice but more than 24 hours the fee will be reduced to £30.00 and you will therefore be refunded £70.00. Sessions cancelled with more than 48 hours notice will not incur a charge and any amount paid for upcoming sessions will be refunded in full by the same method it was originally paid.

1. Ending Therapy

Either party may cancel the therapy arrangement at any time without reason or prior notice. The cancellation fees set out in Section 3 above will still be applied. If you have any questions about this information, please feel free to discuss with me, your therapist.

Signed: Printed/Signed:

Dr Christine Price Client

Clinical Psychologist

September 2023