

Preparation Instructions for Breast Thermography

Thermography is infrared photography that reads heat emissions.
NO PAIN, NO RADIATION, NO CONTACT

Your body must be as neutral as possible to insure valid results.

NOTIFY the staff if you had any laser treatment (tattoos), surgery, chemotherapy, radiation or any other specialized therapies in the past 3 months, we may need to adjust your appointment for optimal results. Do you have any physical limitations or disabilities (sitting, standing raising your arms or legs)?

5 days before	NO natural or artificial tanning of any areas to be imaged. Sunburn of the underarms, front of neck, chest or breast area could interfere with the exam results. Allow to heal for at least 1-2 weeks.
24 hours before	If you get a significant fever (over 101°F), please call to reschedule.
	DO NOT shave areas to be imaged within 24 hours (under arms-etc.). DO NOT use a sauna, jacuzzi or steam-room. DO NOT use hot/cold packs directly contacting the breasts.
	NO self or clinical breast examinations (no squeezing). NO acupuncture, chiropractic or physical therapy. NO physical manipulation or compression of any areas to be examined. NO ultrasound therapy or use of tens (electrical stimulation). NO ultrasound, x-ray, mammograms, MRI, CT or PET scans.

On the Day of Your Appointment

starting your day	NO powders or make-up on your neck, breasts or underarms. NO deodorants, skin creams, lotions, or perfumes. WEAR loose fitting garments on the day of your exam. REMOVE all jewelry and or piercings specific to areas being imaged. IF NURSING , please complete 30 minutes before the exam, when possible. DO NOT BRING babies or children, as it will affect the outcome of your exam.
6 hours before exam	NO energy drinks or bars. NO pain medications or aspirin. NOTIFY the staff if you have taken medications (blood pressure, alpha-blocker, circulation, anti-coagulants, aspirin or pain medication). CHECK with your doctor if changes to your schedule can be made.
2-3 hours before exam	DO NOT shower, bathe, exercise, swim in the sun or heated pool less than 3 hours before your exam. NO food or beverages (room temperature water only). NO smoking, vaping, chewing tobacco, chewing gum, mints or candies.

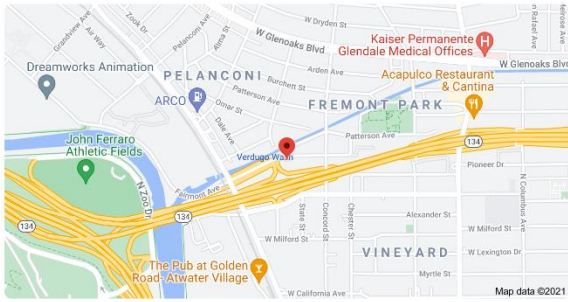
We Look Forward to Seeing You and Providing Your Thermography Services!

Please arrive early, allow extra time for traffic delays or if you need to complete your paperwork at the office. Call the office where you scheduled your appointment at least 24 hours in advance for any appointment changes to avoid a missed appointment fee of \$59 per instance. Check your email or text messages to contact your technician in case of a delay or an emergency



Thermography Wellness Center

Thermography Wellness Center 323-662-2891
770 Fairmont Ave #102, Glendale, CA 91203



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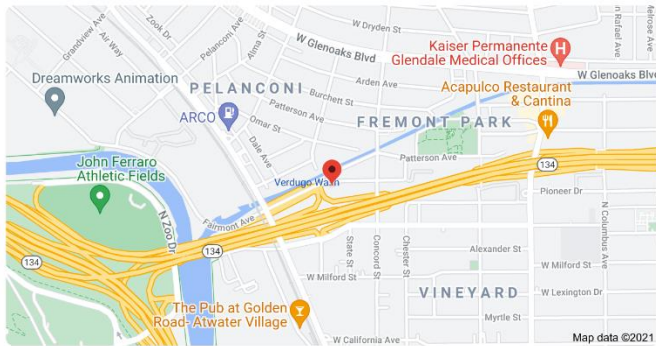
Thermography Wellness Center 619-269-8360
2802 Juan St. Ste 24A San Diego CA 92110



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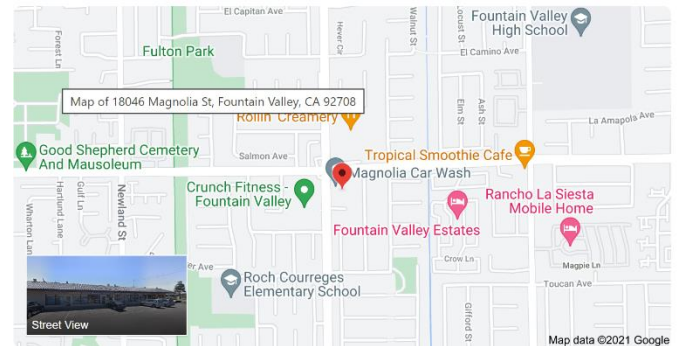
Mobile Locations

DeMoss Chiropractic 949-250-0600
20321 SW Birch Street, St.100 Newport Beach, CA 92660



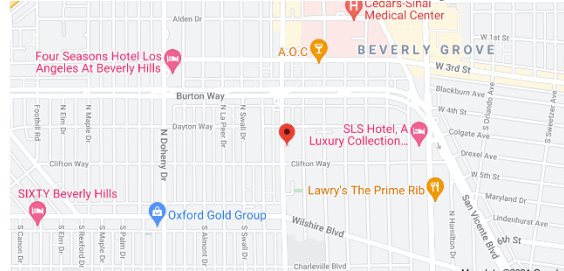
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Bennett Acupuncture 714-962-5031
18046 Magnolia Avenue, Fountain Valley, CA 92708



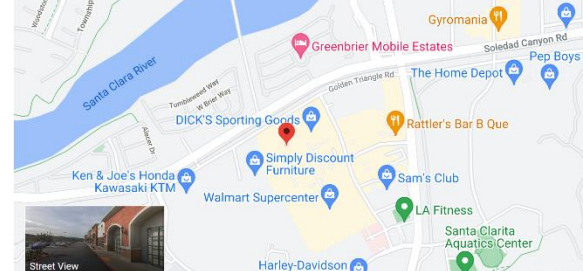
<https://g.page/BennettAcupuncture?share>

Chiro Life Family Wellness 310-295-0253
250 N. Robertson Blvd Ste. 402, Beverly Hills, CA 90211



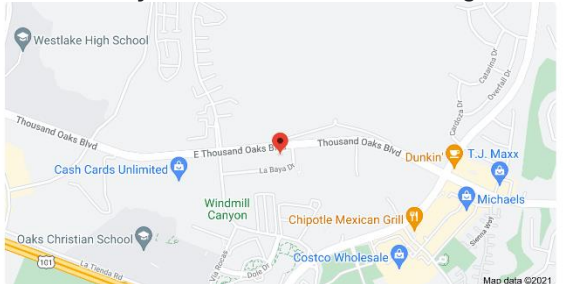
<https://goo.gl/maps/KE1spZzmPu1aVJ5w6>

Back To Health Chiropractic 661-250-1517
26505 Carl Boyer Dr, Santa Clarita, CA 91350



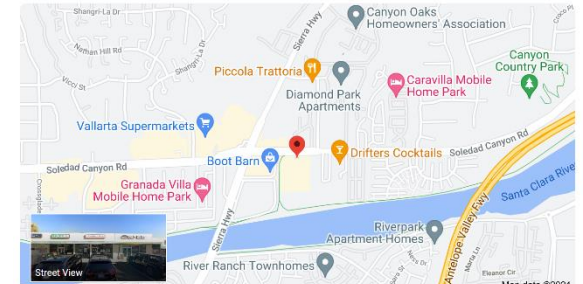
<https://goo.gl/maps/G129hgizGGhUxLta8>

Revive Family Health 818-851-9008
31225 La Baya Dr Ste 202, Westlake Village, CA 91362



<https://g.page/WestlakeVillageChiropracto?share>

New Life Chiropractic and Wellness 661-298-2700
18352 Soledad Canyon Rd, Santa Clarita, CA 91387



<https://goo.gl/maps/2fEJRZ2oY3BW5vCa9>



Thermography Wellness Center

Health History (Breast)

Patient Name: _____ **Appointment Date:** _____
Nickname: _____ **Home Phone:** _____
Address: _____ **Cell Phone:** _____
City/State/Zip: _____ / _____ / _____ **Carrier (text alerts)** Att• TMbl • Vzn • _____
Gender: Female _____ Male _____ **Email:** _____
Date of Birth: _____ **Age:** _____ **Referred By:** _____
Language: _____ **Primary Doctor:** _____ (DC, DO, MD, ND)
Race: _____ **OFFICE USE:** _____ **Occupation:** _____

OFFICE USE:				<input type="checkbox"/> EMAIL REPORT	<input type="checkbox"/> PAPER REPORT	[BB] [BS] [HFT] [GC] [PC]
NEW 3-6-9-12 1yr 3+yr HOT				<input type="checkbox"/> Email + Audio	<input type="checkbox"/> Paper Copy \$35	
J F M A M J J A S O N D				<input type="checkbox"/> Email Copy \$35	<input type="checkbox"/> RUSH	
Mon	Wed	Fri		<input type="checkbox"/> Ph Consult -20	<input type="checkbox"/> Audio +\$35/rgn	
FYI:						TOTAL \$

HISTORY: R/L = Right/Left n/a = normal/abnormal (please circle what applies)

<input type="checkbox"/> None	Mammogram	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	Technician Notes:
<input type="checkbox"/> No updates	Mammogram - 3D	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	R/L Breast Ultrasound	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	R/L Breast Biopsy <input type="checkbox"/> marker	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	R/L Breast Sonogram	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	Breast MRI	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	Breast CT	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	Breast PET	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	Blood Test – Cancer Markers	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
	Salvia Test – Hormones	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	
		mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	mo/yr: ___/___	n/a	

PROCEDURES: R/L = Right/Left (please circle what applies)

<input type="checkbox"/> None	R/L Implants - silicone	mo/yr: ___/___	R/L Reduction	mo/yr: ___/___	
<input type="checkbox"/> No updates	R/L Implants - saline	mo/yr: ___/___	R/L Repair	mo/yr: ___/___	
	R/L Lift	mo/yr: ___/___	R/L Implants Removed	mo/yr: ___/___	
	R/L Reconstruction	mo/yr: ___/___	R/L	mo/yr: ___/___	
					<input type="checkbox"/> reports provided

DIAGNOSIS/CONDITIONS: R/L = Right/Left (please circle what applies)

<input type="checkbox"/> None	R/L Abscess	mo/yr: ___/___	R/L Fibro adenoma	mo/yr: ___/___	
<input type="checkbox"/> No updates	R/L Calcifications	mo/yr: ___/___	R/L Padget Disease	mo/yr: ___/___	
	R/L Cystic/ Fibrocystic	mo/yr: ___/___	R/L Scar Tissue	mo/yr: ___/___	
	R/L Dense Tissue	mo/yr: ___/___	R/L Toxicity Syndrome	mo/yr: ___/___	
	R/L	mo/yr: ___/___	R/L	mo/yr: ___/___	
	R/L Estrogen+/Progesterone+	mo/yr: ___/___			
	R/L HER2 positive Breast Cancer	mo/yr: ___/___			
	R/L IBC Inflammatory Breast Cancer	mo/yr: ___/___			
	R/L Ductal Carcinoma or Ductal Carcinoma In Situ	mo/yr: ___/___			
	R/L Lobular Carcinoma or Ductal Carcinoma In Situ	mo/yr: ___/___			
	R/L Metastatic Breast Cancer	mo/yr: ___/___			
	R/L Papillary Carcinoma	mo/yr: ___/___			
	R/L Triple Negative Breast Cancer	mo/yr: ___/___			
	R/L	mo/yr: ___/___			
	R/L	mo/yr: ___/___			
	R/L	mo/yr: ___/___			<input type="checkbox"/> reports provided

Patient Name: _____

Date: _____

BREAST CANCER TREATMENT/BREAST SURGERIES: R/L = Right/Left (please circle what applies)				Technician Notes:
<input type="checkbox"/> None	R/L CBD/RSO Therapy	mo/yr: ___ / ___	Cryo/Infrared Therapy	
<input type="checkbox"/> No updates	R/L Natural Salve	mo/yr: ___ / ___	Iodine Therapy	mo/yr: ___ / ___
	R/L Ductal Lavage	mo/yr: ___ / ___	Immune Therapy	mo/yr: ___ / ___
	R/L Laser	mo/yr: ___ / ___	Oxygen Therapy	mo/yr: ___ / ___
	R/L Lumpectomy	mo/yr: ___ / ___	Nutrition/Supplements	mo/yr: ___ / ___
	R/L Mastectomy	mo/yr: ___ / ___	Chemotherapy	mo/yr: ___ / ___
	R/L Proton Radiation	mo/yr: ___ / ___	Hormone Drugs	mo/yr: ___ / ___
	R/L Radiation	mo/yr: ___ / ___	Clinical Trial Drugs	mo/yr: ___ / ___
	R/L Reconstruction	mo/yr: ___ / ___	_____	mo/yr: ___ / ___
Additional comments				<input type="checkbox"/> reports provided

FAMILY HISTORY: Breast cancer in family? (please circle what applies)						<input type="checkbox"/> HER2+ <input type="checkbox"/> BRCA1 <input type="checkbox"/> BRCA2
<input type="checkbox"/> None	Familial: Mother	Father	Sister	Brother	<input type="checkbox"/>	
<input type="checkbox"/> Unknown	Maternal: Grandmother	Grandfather	Aunt	Uncle	Cousin	
<input type="checkbox"/> No updates	Paternal: Grandmother	Grandfather	Aunt	Uncle	Cousin	

HORMONE REPLACEMENT: S/B/H = Synthetic Bio-Identical Herbs/Supplements (please circle)				
<input type="checkbox"/> None	S/B/H Estrogen	S/B/H Progesterone	S/B/H Testosterone	S/B/H Thyroid
<input type="checkbox"/> No updates	S/B/H		S/B/H	
<input type="checkbox"/> reports provided				

WOMEN: At what age did periods begin: ___ Current Cycle, day #: ___ (please circle what applies)		
<input type="checkbox"/> None	Currently pregnant: Age at 1 st full term pregnancy ___	# pregnancies: ___
<input type="checkbox"/> No updates	Pre-menopause at Age: ___	Menopause at Age: ___
	Ovaries removed at Age: ___	Hysterectomy at Age: ___
<input type="checkbox"/> reports provided		

BIRTH CONTROL: C/P = Currently Using/ Previously Used (please circle what applies)				
<input type="checkbox"/> None	C/P Cervical Cap	C/P Injection	C/P Patch	C/P Sponge
<input type="checkbox"/> No updates	C/P Diaphragm	C/P Implant	C/P Pill	C/P Sterilization
	C/P Emergency	C/P Intrauterine Dev	C/P Spermicide	C/P Vaginal Ring
	C/P Female Condom	C/P Natural Planning	C/P	

MEDICATIONS:	
<input type="checkbox"/> None	_____
<input type="checkbox"/> No updates	_____
<input type="checkbox"/> reports provided	

SUPPLEMENTS/HERBS:	
<input type="checkbox"/> None	Multi-Vitamins; A, B, B-12, C, D, E, K _____
<input type="checkbox"/> No updates	_____
<input type="checkbox"/> reports provided	

Patient Name: _____

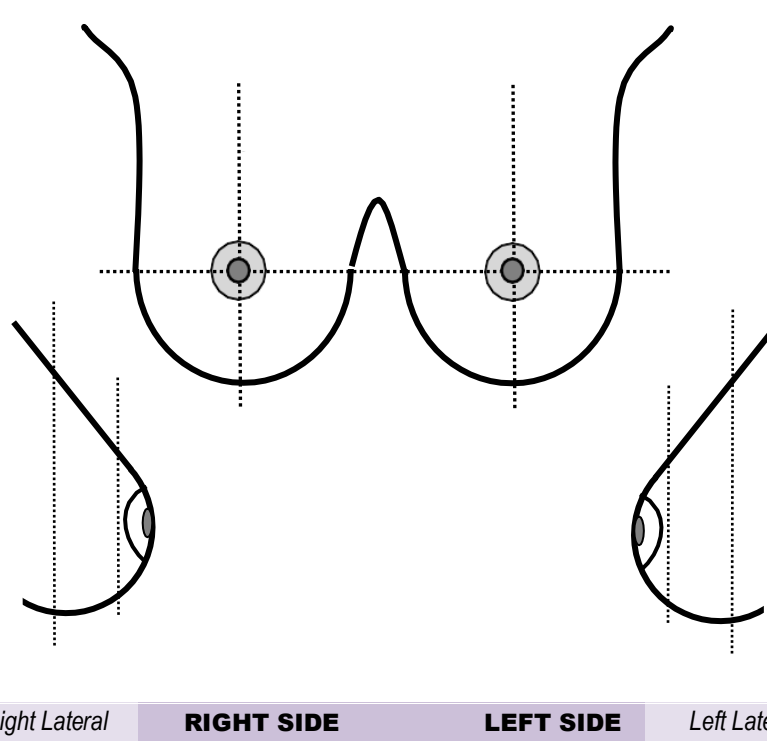
Date: _____

DIAGRAM condition and symptoms by the item #, using a dot, cross, circle arrow, etc.
Please indicate when or how long symptom/condition has existed.
NOTE the symptom/condition box, with a letter code for the frequency, using the following:
to indicate frequency "X"; A=Always F=Frequent I=Intermittent O=Occasional

RIGHT CHEST

Historically larger
 NO CONDITIONS

- 1 Bruising
- 2 Infection
- 3 Itching
- 4 Injury
- 5 Lump
- 6 Lump with pain
- 7 Marker
- 8 Nipple-tender
- 9 Nipple-inverted
- 10 Pain dull
- 11 Pain sharp
- 12 Pressure
- 13 Prickling
- 14 Rash
- 15 Scar Tissue
- 16 Skin-dimpling
- 17 Skin-discolored
- 18 Skin-scaly
- 19 Skin-reddening
- 20 Swollen
- 21 Tenderness
- 22 Piercing(s)
- 23 Tattoo(s)
- 24 Nipple-discharge [clear] [yellow] [brown] [bloody]
- 26 Breast size recently changed: [smaller] [larger]
- 27



LEFT BREAST

Historically larger
 NO CONDITIONS

- 1 Bruising
- 2 Infection
- 3 Itching
- 4 Injury
- 5 Lump
- 6 Lump with pain
- 7 Marker
- 8 Nipple-tender
- 9 Nipple-inverted
- 10 Pain dull
- 11 Pain sharp
- 12 Pressure
- 13 Prickling
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- 15 Scar Tissue
- 16 Skin-dimpling
- 17 Skin-discolored
- 18 Skin-scaly
- 19 Skin-reddening
- 20 Swollen
- 21 Tenderness
- 22 Piercing(s)
- 23 Tattoo(s)
- 24 Nipple-discharge [clear] [yellow] [brown] [bloody]
- 26 Breast size recently changed: [smaller] [larger]
- 27

Please explain (how long and duration)

Technicians Notes:

INJURIES: Any breast/chest injuries throughout your life? (please circle what applies)

None R/L Auto Accident mo/yr: ___/___ R/L Parenting mo/yr: ___/___

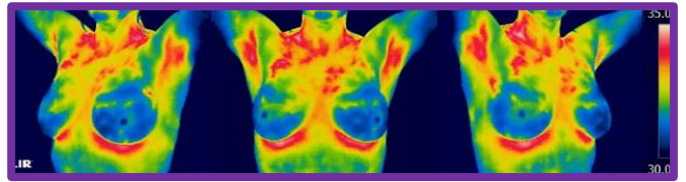
No changes R/L Chemical Exposure mo/yr: ___/___ R/L Sports/Hobbies mo/yr: ___/___

 R/L Occupational mo/yr: ___/___ R/L mo/yr: ___/___

OFFICE USE:	VITALS	NOTES:
Board Certified Clinical Thermologist Dr. Claire H. O'Neill DC, FICCT, BCCT, DCTS/CTT:	BP (normal)	
	Pulse Resp.	
	Ht. °F	
	Wt. / °C	

Thermography Wellness Center

Infrared breast thermography is non-invasive;
no radiation, no injections, and no compression.



Other diagnostic equipment only detects a mass, but Thermography screens for cancer growth through changes in temperatures, thermal and vascular patterns. We use the “Breast Stress Study” system which catches these physiological changes and indicators that can be highly accurate.

... peace of mind through safe and early detection.

WHAT IS THERMOGRAPHY? ... it’s the best way to follow your breast health! Infrared thermography is exceptional in catching breast cancer within the first year of development, as well as detecting and recording more advanced stages of breast malignancy. Infrared thermal imaging shows subtle and dramatic temperature differences along with thermal and vascular patterns that correlate with various types of Breast Pathology. Thermography is of great value in monitoring your Breast Health.

Please tell your families and friends of this ‘Life Saving Technology’! It is safe for all ages; Men, Women, young teens, breast cancer patients, survivors, pregnant-nursing mothers, and breast implant recipients.

HIPPA Notice of Privacy Practices

How We Collect Information About You: Thermography Wellness Center and its employees collect data through a variety of means including but not necessarily limited to letters, phone calls, emails, voice mails, the intake form and any medical information provided.

What We Do with Your Information: Your information is held in strictest confidence. We do not give out, disseminate any information about patients that confidential, is restricted by law, or has been specifically restricted by a patient/client in a signed HIPAA consent form.

How We Use Your Information: Information is only used to provide you with health services which may require communication between us, other health care providers and insurance providers necessary to: verify your medical information is accurate.

Information We Do Not Collect: We do not use cookies on our website to collect data from our site visitors.

Limited Right to Use Non-Identifying Personal Information from Biographies, Letters, Notes, and Other Sources: Any pictures, stories, letters, biographies, correspondence, or thank you notes sent to us become the exclusive property of TWC. We reserve the right to use non-identifying information about our clients (those who receive services or goods from us) for research, education, training, informational and marketing purposes. Clients will not be compensated for use of this information and identifying information (photos, address, phone numbers, contact information, last name, or uniquely identifiable names) will **NOT** be used.

You may specifically request that NO information be used whatsoever for research/information/marketing purposes, but you must identify any requested restrictions in writing below. We respect your right to privacy and assure you no identifying information or images will ever be publicly used.

- TWC may use my non-identifying images for research, education, training, or informational purposes.
- TWC may use my written, photo, video and/or audio testimonials for marketing purposes.
- TWC may not use my non-identifying images for research, education, or informational purposes.

Clearly Print Your Name

Patient Signature

Date