Preparation Guide - Men's Chest Thermography Bring This Form With You - Do Not Email

Infrared Thermography Measures Your Body's Radiant Heat Emission Patterns. NO Your Body Must Be As Neutral As Possible To Ensure Valid Results.

<u>NOTIFY US</u> if you have had any chemotherapy, laser treatments (tattoos), radiation, surgery or any other specialized procedures or therapies in the past three months, to reschedule your appointment.

5 days	AVOID natural or artificial tanning of any areas to be imaged.						
before	Allow 1-2 weeks to heal sunburned areas.						

If You Get A Significant Fever (Over 101 °F) Please Call Us To Reschedule

DO NOT shave areas to be imaged within 24 hours.						
DO NOT use a sauna, jacuzzi, infrared therapy or steam room.						
DO NOT use hot/cold packs on the areas to be imaged.						
NO bleaching, henna tattoos, massage or waxing of any areas to be imaged.						
NO acupuncture, chiropractic, or physical therapy.						
NO compression or physical manipulation of any areas to be examined.						
NO ultrasound or tens therapy (electrical stimulation).						
NO CT, MRI, PET scans, Ultrasound or X-rays.						

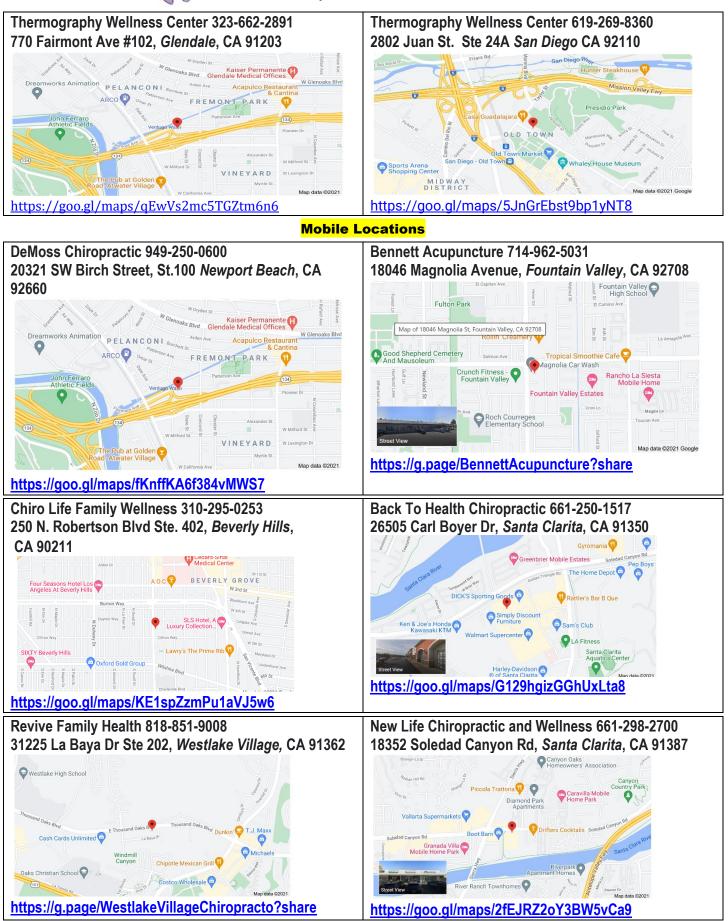
On The Day Of Your Appointment...

WEAR loose REMOVE jev	eodorant, colognes/perfumes, lotions, powders or skin cream. <u>R</u> loose-fitting garments on the day of your exam. <u>OVE</u> jewelry and or piercings specific to the areas being imaged. <u>IOT BRING</u> babies or children, as it will affect the outcome of your exam.					
6 hours before	NO energy drinks or protein bars. AVOID aspirin, balms or mild pain medications. NOTIFY the staff if you have taken medications.					
2-3 hours before	AVOID exercise, hot bath/showers or swimming in the sun or heated pool. NO beverages or food (room temperature water only). NO candies, chewing gum, mints, smoking, vaping, or chewing tobacco.					

WE LOOK FORWARD TO PROVIDING YOUR THERMOGRAPHY SERVICER

Please Plan on arriving early or contact us as soon as you can in case of an emergency. Allow enough time for traffic delays and to complete your paperwork at the office. Call at least 24 hours in advance for any schedule changes to avoid a missed appointment fee of \$89.





Glendale 323-662-2891 www.thermographywellnesscenter.com

San Diego 619-269-8360 rev. 12.5.2023

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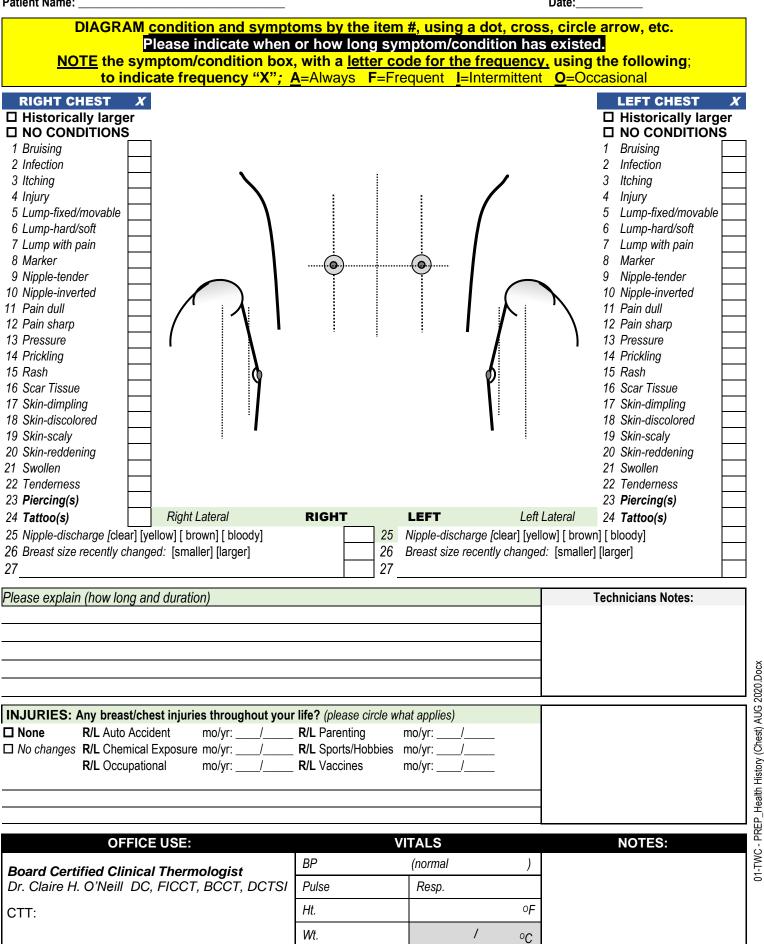
Health History (Men's Chest)

Patient Nar	ne:					Appo	intment Da	te:		
Nickname:							e Phone:	_		
Address:						Cell F	Phone:			
City/State/Z	7in [.]			1 1			er (text alert	·) A	tt• TMbl • \	/zn•
Gender		Female M	مام				Email:			
Date of Birt	·h·			Age	· ·					
					·		Referred By: Primary Doctor: (DC,DO, MD)			
Language: Race:	-					Primary Doctor: Occupation:			(DC,DO, MD)	
	-						•			1
OFFICE USE	:						IL REPORT		PER REPORT	[BB] [BS] [HFT] [GC] [PC]
					3+yr HOT		il + Audio		er Copy \$35	
			JFWIA Mon	Wed	SOND Fri		il Copy \$35 Consult -20		io +\$35/rgn	
			Mon	110a		FYI:	0113011 -20		io +400/igii	TOTAL \$
					· · · ·					
HISTORY: R/		t/ <u>L</u> eft n/a = <u>n</u>orr					mo/yr: /	n/a	Tec	hnicians Notes:
□ No updates	Mammo Mammo	gram - 3D	mo/yr: mo/yr:		mo/yr:/_ mo/yr:/	n/a	,	n/a n/a		
		ast Ultrasound	mo/yr:		mo/yr:/_	n/a		n/a		
		ast Biopsy 🗖 ma			mo/yr:/_	n/a		n/a		
		ast Sonogram	mo/yr:		mo/yr:/_	n/a		n/a		
	Breast N	/IRI	mo/yr:		mo/yr:/_	n/a	mo/yr:/	n/a		
	Breast C		mo/yr:		mo/yr:/_	n/a		n/a		
	Breast F			_/ n/a		n/a		n/a		
		est – Cancer Ma est – Hormones_			mo/yr:/_ mo/yr:/_		mo/yr:/ mo/yr:/	n/a n/a		
	Salvia I	est – normones_			mo/yr:/_		mo/yr:/	n/a		
					/				🗆 reports	provided
	. D/I – D	inht/Laft /place	a airala what a	nn lin ol						•
		ight/ <u>L</u> eft <i>(please</i> lants - silicone	mo/yr:	••• •	L Reduction		mo/yr:/			
□ No updates		lants - saline	mo/yr:		L Repair		mo/yr:/			
	R/L Lift		mo/yr:		L Implants Re	moved	mo/yr:/			
	R/L Red	construction	mo/yr:		L .		mo/yr:/			
									reports	provided
DIAGNOSIS/CO	ONDITION	NS: R/L = <u>R</u> ight/	_eft (please	circle what a	applies)					
□ None	R/L Abs		 mo/yr:		L Fibro adeno	ma	mo/yr:/			
No updates		cifications	mo/yr:		L Padget Dise		mo/yr:/			
		tic/ Fibrocystic	mo/yr:		L Scar Tissue		mo/yr:/			
		nse Tissue	mo/yr:		L Toxicity Syn	drome	mo/yr:/			
	R/L		mo/yr:	_/ <u>R/</u>	<u> </u>		mo/yr:/			
	R/L Progesterone+						mo/yr:/			
	R/L HER2 positive Breast Cancer						mo/yr:/			
	R/L IBC Inflammatory Breast Cancer						mo/yr:/			
		/L Ductal Carcinoma or Ductal Carcinoma In Situ /L Lobular Carcinoma or Lobular Carcinoma In Situ					mo/yr:/			
		. Metastatic Breast Cancer					mo/yr:/ mo/yr:/			
		L Papillary Carcinoma					mo/yr:/			
		le Negative Brea					mo/yr:/			
	R/L	-					mo/yr:/			
	R/L						mo/yr:/			
	R/L						mo/yr:/		reports	provided

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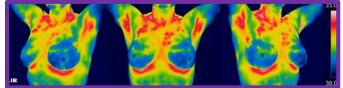
Patient Name:		Date:
□ No updates	TREATMENT/SURGERIES: R/L = Right/Left (please circle what applies) R/L Natural Salve mo/yr: _/ lodine Therapy mo/yr: _/ R/L Ductal Lavage mo/yr: _/ Immune Therapy mo/yr: _/ R/L Laser mo/yr: _/ Oxygen Therapy mo/yr: _/ R/L Laser mo/yr: _/ Nutrition/Diet mo/yr: _/ R/L Lumpectomy mo/yr: _/ Herbs/Supplements mo/yr: _/ R/L Mastectomy mo/yr: _/ Chemotherapy mo/yr: _/ R/L Proton Radiation mo/yr: _/ Chemotherapy mo/yr: _/ R/L Radiation mo/yr: _/ Hormone Drugs mo/yr: _/ R/L Reconstruction mo/yr: _/ Clinical Trial Drugs mo/yr: _/	Technicians Notes:
-		reports provided
FAMILY HIST None Unknown No updates	DRY: Breast cancer in family? (please circle what applies) Familial: Mother Father Sister Brother □ Maternal: Grandmother Grandfather Aunt Uncle Cousin Paternal: Grandmother Grandfather Aunt Uncle Cousin	□ HER2+ □ BRCA1 □ BRCA2 □ reports provided
	ACEMENT: S/B/H =Synthetic Bio-Identical Herbs/Supplements (please circle)	
□ None □ No updates	S/B/H Thyroid S/B/H Estrogen S/B/H Progesterone S/B/H Testosterone S/B/H S/B/H S/B/H	reports provided
MEN:		
□ None □ No updates	Adrenal Fatigue Age: Hypothyroidism Age: Andropause Age Low Libido Age: Erectile dysfunction Age: Night Sweats Age: Hyperthyroidism Age: Age: Age:	reports provided
BIRTH CONTRO	L: C/P = <u>C</u> urrently Using / <u>P</u> reviously Used (please circle what applies)	
■ None □ No updates	C/P Condoms C/P Pill C/P Spermicide C/P Vasectomy C/P Injection C/P Natural Planning C/P Sterilization C/P Withdrawal C/P	reports provided
MEDICATIONS:		
■ None ■ No updates		
		reports provided
SUPPLEMENTS/ D None No updates	HERBS: Multi-Vitamins; A, B, B-12, C, D, E, K	reports provided

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Thermography Wellness Center

Infrared breast thermography is non-invasive; no radiation, no injections, and no compression.



Other diagnostic equipment only detects a mass, but Thermography screens for cancer growth through changes in temperatures, thermal and vascular patterns. We use the "Breast Stress Study" system which catches these physiological changes and indicators that can be highly accurate.

... peace of mind through safe and early detection.

WHAT IS THERMOGRAPHY? ... The best way to follow your breast health! Infrared thermography is exceptional in catching breast cancer within the first year of development, as well as detecting and recording more advanced stages of breast malignancy. Infrared thermal imaging shows subtle and dramatic temperature differences along with thermal and vascular patterns that correlate with various types of Breast Pathology. Thermography is of great value in monitoring your Breast Health.

Please tell your families and friends of this "Life Saving Technology"! It is safe for all ages and conditions: Men, Women, Babies, Teens, Breast Cancer Patients, Survivors, Pregnant-Nursing Mothers, and Breast Implant Recipients.

HIPAA Notice of Privacy Practices

How We Collect Information About You: Thermography Wellness Center and its staff collect data through a variety of means including but not necessarily limited to letters, phone calls, emails, voice mails, the intake form and any medical information provided.

What We Do with Your Information: Your information is held in strictest confidence. We do not give out, disseminate any information about patients that is confidential, as restricted by law, or has been specifically restricted by a patient/client signed HIPAA consent form.

How We Use Your Information: Information is only used to provide you with health services which may require communication between us, other health care providers and insurance providers necessary to verify your medical information is accurate.

Limited Right to Use Non-Identifying Personal Information from Biographies, Letters, Notes, and Other Sources: Any pictures, stories, letters, biographies, correspondence, or thank you notes sent to us become the exclusive property of TWC. We reserve the right to use non-identifying information about our clients (those who receive services or goods from us) for research, education, training, informational and marketing purposes. Clients will not be compensated for use of this information. Identifying information (photos, address, phone numbers, contact information, last name, or uniquely identifiable names) will <u>NOT</u> be used.

You may specifically request that NO information be used whatsoever for research/information/marketing purposes, but you must identify any requested restrictions in writing below. We respect your right to privacy and assure you no identifying information or images will ever be publicly used.

□ TWC may use my non-identifying images for research, education, training, or informational purposes.

□ TWC may use my written, photo, video and/or audio testimonials for marketing purposes.

□ TWC <u>may not</u> use my non-identifying images for research, education, or informational purposes.

Clearly Print Your Name

Patient Signature

Date