

2026

50-State Autism & Disability Directory

A Complete Resource Guide for Families, Caregivers & Self-Advocates

Covering All 50 U.S. States plus Washington, D.C.

State Agencies • Medicaid Waivers • Early Intervention • Special Education • Diagnostic Centers • Crisis Lines • Housing • Employment • Legal Rights • Peer Support • Financial Assistance

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This directory is intended as a navigational guide. Phone numbers, websites, and program details are accurate to the best of the compiler's knowledge as of 2026. Always verify current information directly with agencies before acting, as programs and contacts may change. This document does not constitute legal or medical advice.

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Introduction: How to Use This Directory

This directory was compiled to give families, caregivers, and self-advocates a single, comprehensive starting point for navigating the vast landscape of autism and disability services across the United States. The U.S. system of supports is complex by design — it is spread across federal, state, county, and local levels, administered by dozens of agencies, and governed by laws that vary significantly from state to state. This guide brings that landscape into one place, organized alphabetically by state, so that you can quickly find what you need regardless of where you live or where you may be moving.

Each state section is divided into twelve consistent categories: the state's lead agency for developmental services; Medicaid waiver programs (the primary funding mechanism for long-term autism and disability supports); early intervention for children birth through age 3; special education and IEP support; autism diagnostic and evaluation centers; crisis and behavioral support lines; housing and independent living resources; employment and vocational rehabilitation; family support and respite care; legal rights and advocacy organizations; community and peer support groups; and financial assistance programs including ABLE accounts and insurance mandates. Not every category will be relevant to every reader at any given moment, but having all twelve at your fingertips means you will never have to search from scratch when a new need arises.

A few important notes before you begin: First, this directory is a guide, not a guarantee. Programs change, phone numbers get updated, and waitlists open and close. Always call or check a website to confirm current details before making decisions. Second, the Medicaid waiver section for each state is particularly important for families of individuals with autism or intellectual disabilities — these waivers fund everything from behavioral supports and respite care to supported employment and residential services. However, most waivers have significant waitlists, often measured in years. The most important action you can take today, if you have not already, is to get your loved one's name on the applicable waiver waitlist, even if you do not yet need those services. Third, the Protection & Advocacy (P&A) organizations listed under "Legal Rights & Advocacy" in each state are federally mandated, free or low-cost, and available to every person with a disability. They are powerful allies if you are facing

discrimination, denial of services, abuse, or rights violations. Do not hesitate to call them. This directory is compiled by Akleema's World (www.akleemasworld.com), and it is our sincere hope that it serves as a lifeline to real help for real families.

Quick-Reference: Key National Crisis & Information Lines

- **988 Suicide & Crisis Lifeline** (disability-inclusive): Call or text **988**
- **Crisis Text Line**: Text HOME to **741741**
- **SAMHSA National Helpline**: **800-662-4357** (mental health & substance use, 24/7, free)
- **Social Security Administration**: **800-772-1213** | ssa.gov
- **Autism Society of America**: **800-328-8476** | autismsociety.org
- **Autism Speaks Autism Response Team**: **888-288-4762** | autismspeaks.org
- **Arc of the United States**: **800-433-5255** | thearc.org
- **National Disability Rights Network**: ndrn.org

ALABAMA

1. State Autism Council / Lead Agency

- **Alabama Department of Mental Health, Division of Developmental Disabilities**

  RSA Union Building, 100 N. Union Street, Montgomery, AL 36130

  Phone: 334-242-3417 | Toll-Free: 800-367-0955

  Website: mh.alabama.gov

  The Division of Developmental Disabilities oversees residential, day, and support services for individuals with intellectual and developmental disabilities (I/DD), including autism. It administers the state's Medicaid waivers and contracts with local community mental health agencies statewide.

- **Alabama Council on Developmental Disabilities (ACDD)**

  100 N. Union Street, Suite 470, Montgomery, AL 36130

  Phone: 334-242-3973 | Toll-Free: 800-232-2158

  Website: acdd.alabama.gov

  The federally mandated state council advocating for systems change and capacity building for people with developmental disabilities. Funds grants, training, and advocacy initiatives.

2. Medicaid Waiver Programs

- **Alabama Medicaid Home & Community Based Services (HCBS) Waiver — Intellectual Disabilities (ID Waiver)**

  Description: Provides comprehensive supports for adults and children with intellectual disabilities and related conditions, including autism. Services include personal care, respite, supported employment, day habilitation, behavioral support, and residential habilitation.

  Eligibility: Diagnosis of intellectual disability or related condition (including autism with functional impairment); Medicaid-eligible; meet ICF/IID level of care.

  Waitlist: Yes — waitlist common; get on the list as soon as possible.

  How to Apply: Contact the Alabama Department of Mental Health at 800-367-0955 or your regional community mental health center. A functional assessment is required.

  Website: medicaid.alabama.gov

- **Alabama Medicaid EPSDT (Early and Periodic Screening, Diagnostic and Treatment)**

  Description: Covers ABA therapy and other medically necessary services for children under age 21 enrolled in Alabama Medicaid. No waiver required for children — this is a direct Medicaid benefit.

  Eligibility: Children under 21 with autism diagnosis enrolled in Alabama Medicaid.

  How to Apply: Contact Alabama Medicaid Agency at 800-362-1504 | medicaid.alabama.gov

3. Early Intervention (Birth–3)

- **Alabama Early Intervention System (AEIS)**

  Part C Lead Agency: Alabama Department of Rehabilitation Services

  602 S. Lawrence Street, Montgomery, AL 36104

Phone: 334-293-7500 | Toll-Free: 800-543-3098

Website: rehab.alabama.gov/services/early-intervention

AEIS provides evaluation and services for infants and toddlers birth–36 months with developmental delays or disabilities. Services are provided in the child's natural environment. Contact to request an evaluation at no cost to the family.

4. Special Education / IEP Support

- **Alabama State Department of Education — Special Education Services**

  P.O. Box 302101, Montgomery, AL 36130-2101

  Phone: 334-242-8114

  Website: alsde.edu/sec/ses

  Oversees the implementation of IDEA (Individuals with Disabilities Education Act) in Alabama public schools.

- **Alabama Parent Education Center (APEC) — Parent Training & Information Center (PTI)**

  Phone: 334-277-8380 | Toll-Free: 800-322-6755

  Website: alabamaparentedcenter.org

  Federally funded PTI providing free training, workshops, and one-on-one assistance to families of children with disabilities navigating special education, IEPs, and transition planning.

5. Autism Diagnosis & Evaluation Centers

- **UAB Civitan-Sparks Clinics — University of Alabama at Birmingham**

  1720 2nd Avenue South, Birmingham, AL 35294

  Phone: 205-934-5471

  Website: uab.edu/civitansparks

  Comprehensive autism diagnostic evaluations for children and adults. Multidisciplinary team including psychology, speech-language pathology, and developmental pediatrics.

- **USA Health Children's & Women's Hospital — Developmental Pediatrics**

  1700 Center Street, Mobile, AL 36604

  Phone: 251-415-1530

  Website: usahealthsystem.com

Developmental pediatricians providing autism evaluations and diagnostic services in the Mobile area.

- **Alabama Autism Spectrum Disorder Network — Sparks Center, UAB**

  619 19th Street South, Birmingham, AL 35249

  Phone: 205-934-8900

  Website: uab.edu

  University-affiliated autism center providing evaluation, treatment planning, and family consultation.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline**

  Call or text: **988**

  Available 24/7 statewide. Trained counselors available for individuals with autism, intellectual disabilities, and their caregivers. Ask for a "disability-informed counselor" if needed.

- **Alabama Crisis Line (via ADMH)**

  Phone: 800-273-8255

  The Alabama Department of Mental Health operates crisis services through regional community mental health centers. Contact your regional CMHC for local crisis support.

7. Housing & Independent Living

- **STAR (Services for Transition Age to Adult Resources) — ADMH**

  Phone: 334-242-3417

  Website: mh.alabama.gov

  Through the DD waiver, ADMH funds group homes, supported living arrangements, and host home options for adults with autism and I/DD.

- **Independent Living Centers — SILC Alabama (Statewide Independent Living Council)**

  Phone: 334-613-2514

  Website: alabamasilc.org

  Coordinates Centers for Independent Living (CILs) statewide that provide housing referrals, independent living skills training, and peer support for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Alabama Department of Rehabilitation Services (ADRS) — Vocational Rehabilitation**

  602 S. Lawrence Street, Montgomery, AL 36104

  Phone: 334-293-7500 | Toll-Free: 800-441-7607

  Website: rehab.alabama.gov

  VR provides job training, job placement, supported employment, and assistive technology to individuals with disabilities including autism. Statewide offices available.

- **Alabama Autism Speaks Employment Initiative**

  Through ADRS and community partners, Alabama participates in autism-specific supported employment programs. Contact ADRS to ask about autism employment navigators and job placement specialists.

9. Family Support & Respite Care

- **Alabama Lifespan Respite Network**

  Phone: 334-293-7500

  Website: rehab.alabama.gov

  Coordinates respite care services for Alabama families caring for individuals with disabilities. Part of the ARCH National Respite Network.

- **Family Support Services — ADMH**

  Phone: 800-367-0955

  Alabama's DD waiver includes respite care services. Families can also access emergency respite through regional CMHCs. Contact ADMH to be connected to local providers.

10. Legal Rights & Advocacy

- **Alabama Disabilities Advocacy Program (ADAP)**

  The University of Alabama, Box 870395, Tuscaloosa, AL 35487

  Phone: 205-348-4928 | Toll-Free: 800-826-1675

  Website: adap.ua.edu

  Alabama's federally mandated Protection & Advocacy (P&A) system. Provides free legal

representation, advocacy, and information to people with disabilities. Handles cases involving education, employment, housing, abuse/neglect, and Medicaid rights.

11. Community & Peer Support Groups

- **Autism Society of Alabama**

  Phone: 334-395-1900

  Website: autism-society.org/affiliate/autism-society-of-alabama

  State chapter of the Autism Society of America. Hosts local chapters, support groups, and community events across Alabama.

- **NAMI Alabama (National Alliance on Mental Illness)**

  Phone: 334-396-4797 | Toll-Free: 800-626-4435

  Website: namialabama.org

  Supports families dealing with dual diagnosis (autism + mental health conditions). NAMI Family Support Groups are free and peer-led statewide.

12. Financial Assistance

- **Social Security Administration — SSI/SSDI**

  Phone: 800-772-1213 | Website: ssa.gov

  Supplemental Security Income (SSI) for children and adults with disabilities meeting income/resource criteria. SSDI for adults with qualifying work history. Find local offices at ssa.gov/locator.

- **Alabama ABLE Savings Plan**

  Website: alabamaable.gov

  Alabama's ABLE (Achieving a Better Life Experience) account program allows people with disabilities to save up to $18,000/year (2026) in a tax-advantaged account without losing SSI/Medicaid eligibility. Funds can be used for housing, education, transportation, medical expenses, and more.

- **Alabama Autism Insurance Mandate**

  Alabama requires private health insurance plans to cover ABA therapy for individuals with

autism. Enacted in 2011. Contact the Alabama Department of Insurance (800-433-3966) if your insurer denies coverage.

ALASKA

1. State Autism Council / Lead Agency

- **Alaska Department of Health — Division of Senior and Disabilities Services (SDS)**

  3601 C Street, Suite 310, Anchorage, AK 99503

  Phone: 907-269-3666 | Toll-Free: 888-268-6427

  Website: hss.state.ak.us/dsds

  Administers long-term services and supports for adults with intellectual and developmental disabilities in Alaska, including Medicaid waiver programs.

- **Alaska Council on Developmental Disabilities**

  3601 C Street, Suite 740, Anchorage, AK 99503

  Phone: 907-269-7806

  Website: alaskacdd.org

  Federally mandated DD council funding advocacy and systems change activities statewide.

2. Medicaid Waiver Programs

- **Alaska Medicaid HCBS Intellectual and Developmental Disabilities (IDD) Waiver**

  Description: Provides personal care, habilitation, respite, supported living, day habilitation, and behavioral supports for adults and children with I/DD including autism.

  Eligibility: Diagnosis of I/DD (including autism); Medicaid eligible; meet institutional level of care.

  Waitlist: Yes — managed via a Registry and Review process. Get on the list immediately.

  How to Apply: Contact SDS at 907-269-3666. A needs assessment will be completed by SDS staff.

  Website: hss.state.ak.us/dsds

- **EPSDT Medicaid — ABA Coverage for Children**

  All Alaska Medicaid-enrolled children under 21 with autism are entitled to ABA and other medically necessary services under EPSDT. Contact the Alaska Division of Health Care Services: 907-269-6529.

3. Early Intervention (Birth–3)

- **Alaska Infant Learning Program (ILP)**

  Part C Lead Agency: Alaska Department of Health

  Phone: 907-465-2964 | Referral Line: 800-478-2221

  Website: hss.state.ak.us/en/senior-and-disabilities-services/early-intervention-infant-learning

  Statewide early intervention program for children birth–3. Referrals are accepted from anyone concerned about a child's development.

4. Special Education / IEP Support

- **Alaska Department of Education and Early Development — Special Education**

  801 W. 10th Street, Suite 200, Juneau, AK 99801

  Phone: 907-465-2971

  Website: education.alaska.gov/specialed

  Oversees IDEA implementation in Alaska. Provides guidance documents and dispute resolution.

- **PARENTS Inc. — Parent Training & Information Center**

  4743 E. Northern Lights Blvd., Anchorage, AK 99508

  Phone: 907-337-7678 | Toll-Free: 800-478-7678

  Website: parentsinc.org

  Federally funded PTI providing free training, resources, and one-on-one assistance to Alaska families navigating special education and IEPs.

5. Autism Diagnosis & Evaluation Centers

- **Alaska Autism Resource Center — University of Alaska Anchorage**

  2811 Merrill Field Drive, Anchorage, AK 99501

  Phone: 907-274-3227

Website: alaskaautismresource.org

Provides training, consultation, and resource navigation. For diagnostic evaluations, they can connect families with local clinicians.

- **Alaska Native Tribal Health Consortium — Child Development Clinic**

  4000 Ambassador Drive, Anchorage, AK 99508

  Phone: 907-729-1900

  Website: anthc.org

  Serves Alaska Native and American Indian children; provides developmental evaluations including autism screening and referrals.

- **Providence Alaska Medical Center — Behavioral Health**

  3200 Providence Drive, Anchorage, AK 99508

  Phone: 907-562-2211

  Website: alaska.providence.org

  Hospital-based developmental and behavioral health services with referral pathways for autism evaluation.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline**

  Call or text: **988**

  Available 24/7 statewide, including for individuals with disabilities and their caregivers.

- **Careline Alaska**

  Phone: 877-266-4357

  Alaska's statewide crisis hotline, available 24/7.

7. Housing & Independent Living

- **Center for Human Development — CIL, UAA**

  2210 Arca Drive, Anchorage, AK 99508

  Phone: 907-272-8270

  Website: alaskachd.org

Alaska's University Center for Excellence in Developmental Disabilities. Also supports independent living and community integration.

- **Access Alaska (Center for Independent Living)**

  Phone: 907-248-4777 | Toll-Free: 800-770-4488

  Website: accessalaska.org

  Statewide CIL providing housing assistance, peer support, benefits counseling, and independent living skills training for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Alaska Division of Vocational Rehabilitation**

  801 W. 10th Street, Suite A, Juneau, AK 99801

  Phone: 907-465-2814 | Toll-Free: 800-478-2815

  Website: labor.alaska.gov/dvr

  Provides vocational assessment, job training, supported employment, and placement for Alaskans with disabilities including autism.

9. Family Support & Respite Care

- **Alaska Lifespan Respite Network**

  Phone: 907-334-0100

  Website: alaskarespite.org

  Part of the ARCH National Respite Network. Helps families find and access respite care for loved ones with disabilities across Alaska.

10. Legal Rights & Advocacy

- **Disability Law Center of Alaska**

  3330 Arctic Blvd., Suite 103, Anchorage, AK 99503

  Phone: 907-565-1002 | Toll-Free: 800-478-1234

  Website: dlcak.org

  Alaska's federally mandated P&A system. Provides free legal advocacy for Alaskans with disabilities in areas of education, employment, housing, and abuse/neglect.

11. Community & Peer Support Groups

- **Autism Society of Alaska**

  Website: autismak.org

  Statewide chapter providing information, advocacy, and community connection for individuals with autism and their families.

- **NAMI Alaska**

  Phone: 907-277-1300 | Toll-Free: 800-478-4462

  Website: namialaska.org

  Peer support, family education, and advocacy for individuals with mental health challenges, including dual diagnosis with autism.

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Alaska ABLE Plan**

  Website: alaskaable.org

  Alaska participates in the ABLE for ALL Savings Plan, allowing eligible individuals to open tax-advantaged ABLE accounts.

- **Alaska Autism Insurance Mandate**

  Alaska enacted an autism insurance mandate in 2012, requiring coverage of ABA and other autism treatments. Contact the Alaska Division of Insurance: 907-465-2515.

ARIZONA

1. State Autism Council / Lead Agency

- **Arizona Department of Economic Security — Division of Developmental Disabilities (DDD)**

  3443 N. Central Avenue, Phoenix, AZ 85012

  Phone: 602-542-6853 | Toll-Free: 844-770-9500

  Website: des.az.gov/ddd

The lead state agency for individuals with developmental disabilities including autism. Administers Arizona's HCBS waiver program and coordinates with managed care organizations for service delivery.

- **Arizona Developmental Disabilities Planning Council (ADDPC)**

  3839 N. 3rd Street, Suite 306, Phoenix, AZ 85012

  Phone: 602-542-8977

  Website: addpc.az.gov

  Federally mandated state DD council focused on advocacy, systems change, and community inclusion.

2. Medicaid Waiver Programs

- **Arizona Long Term Care System (ALTCS) — DDD HCBS Waiver (1915(c))**

  Description: Arizona's comprehensive HCBS program for individuals with developmental disabilities. Services include behavioral support, habilitation, supported employment, respite, residential supports, and transportation. Delivered through contracted managed care organizations.

  Eligibility: Developmental disability (including autism) with functional impairment meeting institutional level of care; Arizona resident; Medicaid eligible.

  Waitlist: Arizona has a history of more open access through ALTCS but DDD eligibility must be established first.

  How to Apply: Call DDD at 844-770-9500 to request an eligibility evaluation. Once DDD-eligible, apply for ALTCS through AHCCCS.

  Website: des.az.gov/ddd

- **Katie Beckett / TEFRA**

  Arizona participates in a TEFRA-like option allowing children with significant disabilities to access Medicaid regardless of parental income. Contact AHCCCS at 602-417-4000 for details.

3. Early Intervention (Birth–3)

- **Arizona Early Intervention Program (AzEIP)**

  Part C Lead Agency: Arizona Department of Economic Security

1789 W. Jefferson Street, 2nd Floor SE, Phoenix, AZ 85007

Phone: 602-532-9960

Website: des.az.gov/services/developmental-disabilities/early-intervention-azeip

Coordinates evaluation and services for Arizona children birth–36 months with developmental concerns. Services are provided in natural settings at no cost to families.

4. Special Education / IEP Support

- **Arizona Department of Education — Exceptional Student Services (ESS)**

  1535 W. Jefferson Street, Phoenix, AZ 85007

  Phone: 602-542-4013

  Website: azed.gov/specialeducation

  Oversees IDEA implementation and special education compliance in Arizona schools.

- **Raising Special Kids — Parent Training & Information Center**

  5025 E. Washington Street, Suite 204, Phoenix, AZ 85034

  Phone: 602-242-4366 | Toll-Free: 800-237-3007

  Website: raisingspecialkids.org

  Arizona's federally funded PTI providing free training, workshops, and individualized support to families navigating IEPs, special education law, and disability services.

5. Autism Diagnosis & Evaluation Centers

- **Southwest Autism Research & Resource Center (SARRC)**

  2225 N. 16th Street, Phoenix, AZ 85006

  Phone: 602-340-8717

  Website: autismcenter.org

  Leading autism-specific organization in Arizona providing evaluations, ABA therapy, social skills programs, and family support. Offices in Phoenix and Scottsdale.

- **University of Arizona — Sonoran UCEDD**

  1642 E. Helen Street, Tucson, AZ 85721

  Phone: 520-626-4928

  Website: sonoran.arizona.edu

University Center for Excellence in Developmental Disabilities providing interdisciplinary evaluations, research, and community training related to autism and I/DD.

- **Phoenix Children's Hospital — Center for Neurosciences and Behavioral Health**

  1919 E. Thomas Road, Phoenix, AZ 85016

  Phone: 602-933-0920

  Website: phoenixchildrens.com

  Comprehensive developmental and behavioral evaluations including autism diagnostic workups for children and adolescents.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Arizona Crisis Line**

  Phone: 844-534-4673 (844-LIFE-AZ)

  24/7 statewide crisis line coordinated through the Arizona Health Care Cost Containment System (AHCCCS).

- **EMPACT Crisis Services**

  Phone: 480-784-1500 (Maricopa County)

  Provides crisis intervention and mobile crisis teams including for individuals with autism and developmental disabilities.

7. Housing & Independent Living

- **Arizona Bridge to Independent Living (ABIL)**

  5025 E. Washington Street, Suite 200, Phoenix, AZ 85034

  Phone: 602-256-2245

  Website: abil.org

  Center for Independent Living providing housing assistance, peer mentoring, and personal attendant services for adults with disabilities.

- **Housing opportunities through DDD Waiver**

  The ALTCS DDD waiver funds group homes, supported living, and host home placements statewide. Contact DDD at 844-770-9500 for referrals to residential providers.

8. Employment & Vocational Rehabilitation

- **Arizona Rehabilitation Services Administration (RSA)**

  1789 W. Jefferson Street, Phoenix, AZ 85007

  Phone: 602-542-6295

  Website: azdes.gov/rsa

  Provides vocational rehabilitation, supported employment, and job placement services for Arizonans with disabilities.

- **Project SEARCH Arizona — Multiple Hospital Sites**

  Intensive transition-to-employment program for young adults with autism and I/DD. Sites at Banner Health and other locations. Contact RSA for referrals.

9. Family Support & Respite Care

- **Arizona Caregiver Coalition / Arizona Lifespan Respite**

  Phone: 602-261-0400

  Website: azcaregiver.org

  Connects families with respite care options statewide, including emergency respite.

10. Legal Rights & Advocacy

- **Disability Rights Arizona**

  5025 E. Washington Street, Suite 202, Phoenix, AZ 85034

  Phone: 602-274-6287 | Toll-Free: 800-927-2260

  Website: disabilityrightsaz.org

  Arizona's federally mandated P&A system providing free legal advocacy, investigation, and representation for people with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Greater Phoenix**

  Phone: 602-340-8717 | Website: autismphoenix.org

- **NAMI Arizona**

  Phone: 602-244-8166 | Toll-Free: 800-626-5022

  Website: namiaz.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **AZ ABLE (Arizona ABLE Financial Savings Plan)**

  Website: azable.gov

  Arizona's state ABLE savings account program for eligible individuals with disabilities diagnosed before age 26.
- **Arizona Autism Insurance Mandate**

  Arizona enacted an autism insurance coverage law in 2008. Private insurers must cover ABA and other autism treatment. Contact the Arizona Department of Insurance: 602-364-2499.

ARKANSAS

1. State Autism Council / Lead Agency

- **Arkansas Department of Human Services — Division of Developmental Disabilities Services (DDS)**

  700 Main Street, Little Rock, AR 72201

  Phone: 501-682-8662 | Toll-Free: 888-528-4677

  Website: humanservices.arkansas.gov/dds

  Lead agency overseeing services for individuals with intellectual and developmental disabilities, including waiver programs and residential services.
- **Arkansas Governor's Council on Developmental Disabilities**

  5800 W. 10th Street, Suite 805, Little Rock, AR 72204

  Phone: 501-661-2589

  Website: arcdd.org

State DD council focused on advocacy, public policy, and building inclusive communities for Arkansans with developmental disabilities.

2. Medicaid Waiver Programs

- **Arkansas Autism Waiver (1915(c) HCBS)**

  Description: One of a handful of dedicated autism-specific waivers nationally. Serves children ages 3–18 with an autism diagnosis. Covers ABA, respite, family training, and behavioral supports.

  Eligibility: Autism diagnosis; age 3–18; Medicaid-eligible; Arkansas resident.

  Waitlist: Yes — slots are limited. Apply immediately through DDS.

  How to Apply: Contact DDS at 501-682-8662.

- **Arkansas Developmental Disability Services (DDS) HCBS Waiver**

  Description: For adults and children with intellectual disabilities, covering day services, residential support, respite, and habilitation.

  How to Apply: Contact DDS at 888-528-4677.

- **Arkansas Katie Beckett Program**

  Allows children with significant disabilities to access Medicaid regardless of parental income. Contact DHS at 501-682-8662.

3. Early Intervention (Birth–3)

- **Arkansas Developmental Disabilities Services — First Connections (Part C)**

  Phone: 501-682-8689 | Toll-Free: 800-643-8258

  Website: humanservices.arkansas.gov/dds/first-connections

  Statewide early intervention program for infants and toddlers birth–36 months. Free evaluations and individualized services.

4. Special Education / IEP Support

- **Arkansas Department of Education — Special Education Unit**

  Four Capitol Mall, Little Rock, AR 72201

  Phone: 501-682-4221

Website: dese.ade.arkansas.gov/Offices/special-education

Oversees IDEA implementation in Arkansas public schools.

- **Arkansas Parent Training and Information Center (APTI)**

  Reach: Arkansas (through ACDS)

  Phone: 501-614-7020 | Toll-Free: 800-223-1739

  Website: arkangas.reachofar.org

  Federally funded PTI providing free training and support to families of children with disabilities in Arkansas schools.

5. Autism Diagnosis & Evaluation Centers

- **University of Arkansas for Medical Sciences (UAMS) — Dennis Developmental Center**

  4301 W. Markham Street, Little Rock, AR 72205

  Phone: 501-686-8600

  Website: uams.edu/dennis

  Comprehensive interdisciplinary evaluations for autism and developmental disabilities. One of Arkansas's primary diagnostic resources.

- **Arkansas Children's Hospital — Autism Resource Program**

  1 Children's Way, Little Rock, AR 72202

  Phone: 501-364-1100

  Website: archildrens.org

  Pediatric hospital offering developmental evaluations and referral to autism services for children statewide.

- **Children's Developmental Center — Springdale**

  1500 W. Sunset Avenue, Springdale, AR 72764

  Phone: 479-756-4477

  Northwest Arkansas resource for developmental evaluations and early autism assessment.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Arkansas Crisis Center**

  Phone: 888-274-7472

  Statewide crisis support available 24/7 through the Arkansas Division of Aging, Adult and Behavioral Health Services.

7. Housing & Independent Living

- **Arkansas Independent Living Council (ARSILC)**

  Phone: 501-296-1775

  Website: arsilc.org

  Statewide independent living network connecting adults with disabilities to CILs and housing resources.

8. Employment & Vocational Rehabilitation

- **Arkansas Rehabilitation Services (ARS)**

  26 Corporate Hill Drive, Little Rock, AR 72205

  Phone: 501-296-1600 | Toll-Free: 800-330-0632

  Website: ars.arkansas.gov

  VR services for Arkansans with disabilities. Provides evaluation, career planning, job training, and placement services.

9. Family Support & Respite Care

- **Arkansas Lifespan Respite Coalition**

  Phone: 501-682-8662

  Website: arkansasrespite.org

  Coordinates respite care options statewide for families caring for individuals with disabilities or chronic conditions.

10. Legal Rights & Advocacy

- **Disability Rights Arkansas**

  400 West Capitol, Suite 1200, Little Rock, AR 72201

  Phone: 501-296-1775 | Toll-Free: 800-482-1174

Website: disabilityrightsarkansas.org

Arkansas's federally mandated P&A system providing free legal advocacy, investigation, and representation.

11. Community & Peer Support Groups

- **Autism Arkansas**

  Phone: 501-978-6787 | Website: autismarkansas.org

  State affiliate of the Autism Society of America providing support groups, information, and referrals statewide.

- **NAMI Arkansas**

  Phone: 501-661-1548 | Website: namiarkansas.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **ABLE Arkansas (AR ABLE)**

  Website: artreasury.gov/able

  Arkansas's state-sponsored ABLE savings account program.

- **Arkansas Autism Insurance Mandate**

  Arkansas requires coverage for ABA and autism services. Annual cap of $50,000 applies. Contact the Arkansas Insurance Department: 800-282-9134.

CALIFORNIA

1. State Autism Council / Lead Agency

- **California Department of Developmental Services (DDS)**

  1600 9th Street, Sacramento, CA 95814

  Phone: 916-654-1690

  Website: dds.ca.gov

The primary state agency overseeing services for Californians with developmental disabilities including autism, intellectual disability, cerebral palsy, epilepsy, and related conditions. DDS operates through a network of 21 nonprofit Regional Centers statewide.

- **California State Council on Developmental Disabilities (SCDD)**

  1507 21st Street, Suite 210, Sacramento, CA 95811

  Phone: 916-322-8481

  Website: scdd.ca.gov

  Federally mandated state DD council focused on advocacy and systems change for Californians with developmental disabilities.

2. Medicaid Waiver Programs

- **California Home and Community-Based Services (HCBS) Waivers — Multiple**

  Description: California's Regional Centers administer a broad range of services funded through Lanterman Act entitlements and Medicaid. Unlike most states, California provides services as an entitlement through the Lanterman Developmental Disabilities Services Act — meaning eligible individuals cannot be placed on a waitlist for most services. Services include ABA, respite, supported living, employment, behavior intervention, day programs, and more.

  Eligibility: Developmental disability (including autism) substantially limiting functioning in three or more life areas; California resident.

  How to Apply: Contact your local Regional Center. Find yours at dds.ca.gov/RC.

  Website: dds.ca.gov

- **Katie Beckett / TEFRA Option**

  California has a TEFRA option allowing children with significant disabilities to access Medi-Cal regardless of parental income. Contact your Regional Center or Medi-Cal county office.

3. Early Intervention (Birth–3)

- **California Early Start Program (Part C)**

  Part C Lead Agency: California Department of Developmental Services

  Phone (DDS): 916-654-1690

  Website: dds.ca.gov/early-start

California's Early Start program provides services for infants and toddlers birth–36 months at risk for or with developmental disabilities. Coordinated through Regional Centers at no cost to families.

4. Special Education / IEP Support

- **California Department of Education — Special Education Division**

  1430 N Street, Sacramento, CA 95814

  Phone: 916-445-4613

  Website: cde.ca.gov/sp/se

  Oversees IDEA implementation across California's 1,000+ local educational agencies.

- **Matrix Parent Network and Resource Center — PTI**

  Phone: 415-884-3535 | Toll-Free: 800-578-2592

  Website: matrixparents.org

  Federally funded PTI for Northern California families. Provides free training, workshops, and IEP assistance.

- **TASK (Team of Advocates for Special Kids) — PTI**

  Phone: 714-533-8275

  Website: taskca.org

  Federally funded PTI serving Southern California families with children with disabilities.

5. Autism Diagnosis & Evaluation Centers

- **UC Davis MIND Institute**

  2825 50th Street, Sacramento, CA 95817

  Phone: 916-703-0280

  Website: mindinstitute.ucdavis.edu

  World-renowned autism research and clinical center. Provides comprehensive diagnostic evaluations, treatment, and family support programs.

- **UCLA Autism Research and Treatment Program (CART)**

  760 Westwood Plaza, Los Angeles, CA 90095

  Phone: 310-825-0260

Website: uclahealth.org/departments/psychiatry/research/cart

Interdisciplinary diagnostic evaluations and treatment for children and adults with autism at UCLA.

- **UCSF Autism Center**

  675 18th Street, San Francisco, CA 94143

  Phone: 415-476-7831

  Website: autismcenter.ucsf.edu

  Comprehensive autism services including diagnosis, behavioral intervention, and research participation opportunities.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **California Department of Developmental Services — Behavior Crisis Support**

  Contact your Regional Center for behavior specialist supports and crisis consultation. Regional Centers are required to provide crisis intervention planning under the Lanterman Act.

- **Didi Hirsch Mental Health Services Crisis Line (LA)**

  Phone: 800-854-7771 (Southern CA)

7. Housing & Independent Living

- **California Foundation for Independent Living Centers (CFILC)**

  Phone: 916-325-1690

  Website: cfilc.org

  Network of 30+ CILs statewide offering housing assistance, independent living skills, and peer support for Californians with disabilities.

- **Supported Living Services through Regional Centers**

  California Regional Centers fund Supported Living Services (SLS) for adults with developmental disabilities to live in their own homes. Contact your Regional Center.

8. Employment & Vocational Rehabilitation

- **California Department of Rehabilitation (DOR)**

  721 Capitol Mall, Sacramento, CA 95814

  Phone: 916-324-1313 | Toll-Free: 800-952-5544

  Website: dor.ca.gov

  Statewide VR services. DOR also co-administers Work Incentive Planning and Assistance (WIPA) programs and the Transition Partnership Program for students with disabilities.

9. Family Support & Respite Care

- **California Caregiver Resource Centers**

  Website: caregivercalifornia.org

  Network of 11 regional centers providing respite, counseling, and support for caregivers including those caring for adults with disabilities.

- **In-Home Supportive Services (IHSS)**

  California's IHSS program provides paid personal care attendants to eligible individuals with disabilities, including respite-like support. Contact your county IHSS office.

10. Legal Rights & Advocacy

- **Disability Rights California (DRC)**

  1330 Broadway, Suite 500, Oakland, CA 94612

  Phone: 510-267-1200 | Toll-Free: 800-776-5746

  Website: disabilityrightsca.org

  California's federally mandated P&A system. One of the largest disability rights legal organizations in the nation. Provides free legal services, investigations, and advocacy.

11. Community & Peer Support Groups

- **Autism Society of California**

  Phone: 800-328-8476

  Website: autismsocietyca.org

  State chapter with local affiliates in major metro areas including Sacramento, Los Angeles, San Diego, and the Bay Area.

- **NAMI California**

  Phone: 916-567-0163 | Website: namica.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **CalABLE**

  Website: calable.ca.gov

  California's ABLE savings program for eligible individuals with disabilities. Allows tax-free savings without affecting Medi-Cal or SSI eligibility.
- **California Autism Insurance Mandate**

  California mandates ABA coverage for all insurers. Adults are covered as well as children — making California one of the strongest mandates in the nation. Contact CA Department of Insurance: 800-927-4357.

COLORADO

1. State Autism Council / Lead Agency

- **Colorado Department of Health Care Policy and Financing (HCPF) — Office of Community Living**

  1570 Grant Street, Denver, CO 80203

  Phone: 303-866-2993 | Toll-Free: 800-221-3943

  Website: hcpf.colorado.gov

  Administers Colorado's Medicaid program and HCBS waivers for individuals with disabilities, including developmental disabilities and autism.
- **Colorado Developmental Disabilities Council**

  1120 Lincoln Street, Suite 706, Denver, CO 80203

  Phone: 720-941-0176

Website: cddc.colorado.gov

Federally mandated state DD council focused on advocacy, systems change, and inclusion.

2. Medicaid Waiver Programs

- **Colorado Developmental Disabilities (DD) Waiver**

  Description: Provides services for individuals with developmental disabilities including autism. Services include residential supports, day programs, habilitation, respite, behavioral supports, and supported employment.

  Eligibility: Developmental disability diagnosis; Medicaid-eligible; meet institutional level of care.

  Waitlist: Yes — waitlists are common. Apply through your Community Centered Board (CCB).

  How to Apply: Contact your local Community Centered Board. Directory at hcpf.colorado.gov.

- **Supported Living Services (SLS) Waiver**

  For adults with developmental disabilities who live in their own homes and need less intensive supports. Shorter waitlist in some CCBs.

3. Early Intervention (Birth–3)

- **Colorado Early Intervention (Part C)**

  Part C Lead Agency: Colorado Department of Human Services

  Phone: 303-866-5990 | Toll-Free: 800-886-7689

  Website: eicolorado.org

  Statewide early intervention program providing free evaluations and services for Colorado infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **Colorado Department of Education — Exceptional Student Leadership Unit**

  201 E. Colfax Avenue, Denver, CO 80203

  Phone: 303-866-6694

  Website: cde.state.co.us/cdesped

  Oversees IDEA implementation in Colorado public schools.

- **PEAK Parent Center — PTI**

  917 E. Moreno Avenue, Suite 140, Colorado Springs, CO 80903

  Phone: 719-531-9400 | Toll-Free: 800-284-0251

  Website: peakparent.org

  Colorado's federally funded PTI providing free training, technical assistance, and advocacy support to families navigating special education statewide.

5. Autism Diagnosis & Evaluation Centers

- **JFK Partners — University of Colorado Anschutz Medical Campus (UCEDD)**

  13121 E. 17th Avenue, Aurora, CO 80045

  Phone: 303-724-7900

  Website: jfkpartners.org

  Colorado's UCEDD providing interdisciplinary evaluation, training, and research related to autism and developmental disabilities.

- **Children's Hospital Colorado — Developmental Pediatrics**

  13123 E. 16th Avenue, Aurora, CO 80045

  Phone: 720-777-6400

  Website: childrenscolorado.org

  Major hospital-based center for autism diagnostic evaluations in Colorado.

- **The Autism Center of the Rockies**

  Multiple Colorado locations

  Phone: 303-923-9399

  Website: autism-center.com

  Provides autism diagnostic evaluations and ABA services throughout Colorado.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Colorado Crisis Services**

  Phone: 844-493-8255

  Website: coloradocrisisservices.org

Statewide 24/7 crisis support including walk-in crisis centers. Crisis services are available to individuals with autism and disabilities.

7. Housing & Independent Living

- **Colorado Cross-Disability Coalition (CCDC)**

  Phone: 303-839-1775

  Website: ccdconline.org

  Advocacy and housing support for Coloradans with disabilities, including access to independent living services.

- **Atlantis Community, Inc. (CIL)**

  Phone: 720-535-4548

  Website: atlantiscommunity.org

  Denver-based CIL providing peer support, housing advocacy, and personal assistance services for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Colorado Division of Vocational Rehabilitation (DVR)**

  633 17th Street, Suite 1200, Denver, CO 80202

  Phone: 303-866-4150 | Toll-Free: 866-870-4595

  Website: dvr.colorado.gov

  Statewide VR services providing job preparation, training, and placement for Coloradans with disabilities.

9. Family Support & Respite Care

- **Colorado Respite Coalition**

  Phone: 720-328-3858

  Website: coloradorespite.org

  Connects families to respite care resources across Colorado. Member of ARCH National Respite Network.

10. Legal Rights & Advocacy

- **Disability Law Colorado (formerly Colorado Cross-Disability Coalition Legal Program)**

  455 Sherman Street, Suite 130, Denver, CO 80203

  Phone: 303-722-0300 | Toll-Free: 800-288-1376

  Website: disabilitylawco.org

  Colorado's federally mandated P&A system providing free legal advocacy for Coloradans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Colorado**

  Phone: 720-214-9626

  Website: autismcolorado.org

- **NAMI Colorado**

  Phone: 303-321-3104

  Website: namicolorado.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Colorado ABLE Act Savings Plan**

  Website: coable.org

  Colorado's ABLE savings account allowing eligible individuals to save without losing public benefits.

- **Colorado Autism Insurance Mandate**

  Colorado mandates ABA and autism services coverage. Contact Colorado Division of Insurance: 303-894-7490.

CONNECTICUT

1. State Autism Council / Lead Agency

- **Connecticut Department of Developmental Services (DDS)**

  460 Capitol Avenue, Hartford, CT 06106

  Phone: 860-418-6000

  Website: portal.ct.gov/dds

  Lead state agency for individuals with intellectual and developmental disabilities including autism in Connecticut. Administers the state's waivers and residential programs.

- **Connecticut Council on Developmental Disabilities**

  460 Capitol Avenue, Hartford, CT 06106

  Phone: 860-418-6160

  Website: ctddc.org

  Federally mandated state DD council focused on advocacy and systems change.

2. Medicaid Waiver Programs

- **Connecticut Autism Spectrum Disorder Waiver**

  Description: One of only six dedicated state autism waivers in the country. Serves children and adults with an autism spectrum disorder diagnosis. Services include ABA, behavioral support, respite, family training, and community supports.

  Eligibility: ASD diagnosis; age 3 and up; Medicaid-eligible; CT resident.

  How to Apply: Contact DDS at 860-418-6000.

- **Connecticut DDS HCBS Waivers (Comprehensive and Residential Supports)**

  Additional waivers for adults with broader I/DD. Contact DDS for current waiver availability and waitlist status.

3. Early Intervention (Birth–3)

- **Connecticut Birth to Three System (Part C)**

  Phone: 860-500-4412 | Toll-Free: 800-505-7000

  Website: birth23.org

  Statewide program providing evaluations and early intervention services to Connecticut children birth–36 months at no cost to families.

4. Special Education / IEP Support

- **Connecticut State Department of Education — Bureau of Special Education**

  450 Columbus Blvd., Hartford, CT 06103

  Phone: 860-713-6910

  Website: ct.gov/sde/cwp/view.asp?a=2678

  Oversees IDEA implementation in Connecticut public schools.

- **Connecticut Parent Advocacy Center (CPAC) — PTI**

  338 Main Street, Niantic, CT 06357

  Phone: 860-739-3089 | Toll-Free: 800-445-2722

  Website: cpacinc.org

  Connecticut's federally funded PTI providing free workshops, one-on-one support, and IEP assistance.

5. Autism Diagnosis & Evaluation Centers

- **Yale Child Study Center — Autism Research at Yale**

  230 S. Frontage Road, New Haven, CT 06519

  Phone: 203-785-2540

  Website: childstudycenter.yale.edu

  World-class autism research and clinical center. Provides comprehensive diagnostic evaluations and participates in cutting-edge research.

- **Connecticut Children's Medical Center — Autism Spectrum Program**

  282 Washington Street, Hartford, CT 06106

  Phone: 860-545-9000

  Website: connecticutchildrens.org

  Interdisciplinary autism evaluation and treatment for children and adolescents.

- **UConn Center for Autism Spectrum Disorders**

  Storrs, CT 06269

  Phone: 860-486-4705

  Website: uconn.edu

University-affiliated center providing evaluation, training, and research services related to autism.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Connecticut 2-1-1**

  Dial: **2-1-1** | Website: 211ct.org

  Connects individuals to local social services including crisis and disability resources statewide.

7. Housing & Independent Living

- **Independence Unlimited (CIL)**

  Phone: 860-523-5021

  Website: iunctd.org

  Center for Independent Living providing housing advocacy and independent living skills for Hartford-area adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Connecticut Bureau of Rehabilitation Services (BRS)**

  55 Farmington Avenue, Hartford, CT 06105

  Phone: 860-424-4844 | Toll-Free: 800-537-2549

  Website: portal.ct.gov/brs

  Provides comprehensive vocational rehabilitation services including supported employment for individuals with disabilities.

9. Family Support & Respite Care

- **Family Support Network — Connecticut DDS**

  Phone: 860-418-6000

  Website: portal.ct.gov/dds

  DDS funds family support services including respite care through its network of regional offices.

10. Legal Rights & Advocacy

- **Disability Rights Connecticut**

  846 Wethersfield Avenue, Hartford, CT 06114

  Phone: 860-297-4300 | Toll-Free: 800-842-7303

  Website: disabilityrightsct.org

  Connecticut's federally mandated P&A system providing free legal services for people with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Connecticut**

  Phone: 860-265-7343

  Website: ctautismsociety.org

- **NAMI Connecticut**

  Phone: 203-882-0236 | Website: namict.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **CHET ABLE (Connecticut ABLE)**

  Website: ctableplan.com

  Connecticut's state ABLE account savings program for eligible individuals with disabilities.

- **Connecticut Autism Insurance Mandate**

  Connecticut mandates ABA coverage. Contact the Connecticut Insurance Department: 800-203-3447.

DELAWARE

1. State Autism Council / Lead Agency

- **Delaware Division of Developmental Disabilities Services (DDDS)**

  1056 S. Governor's Avenue, Suite 102, Dover, DE 19904

Phone: 302-744-9600

Website: dhss.delaware.gov/dsamh/ddds.html

Lead agency for individuals with developmental disabilities in Delaware. Administers Medicaid waivers, residential programs, and day services.

- **Delaware Developmental Disabilities Council**

  410 Federal Street, Suite 2, Dover, DE 19901

  Phone: 302-739-3333

  Website: ddcouncil.com

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Delaware HCBS Developmental Disabilities (DD) Waiver**

  Description: Provides residential services, habilitation, behavioral support, respite, and community supports for adults with developmental disabilities including autism.

  Eligibility: Developmental disability; Medicaid-eligible; Delaware resident; meet institutional level of care.

  Waitlist: Yes — Contact DDDS to be placed on the interest list.

  How to Apply: Contact DDDS at 302-744-9600.

3. Early Intervention (Birth–3)

- **Delaware Early Intervention System / Babies Can't Wait (Part C)**

  Part C Lead Agency: Delaware Department of Health and Social Services

  Phone: 302-255-9135

  Website: kids.delaware.gov/early-intervention

  Free evaluation and services for Delaware infants and toddlers birth–36 months with developmental concerns.

4. Special Education / IEP Support

- **Delaware Department of Education — Exceptional Children Resources**

  401 Federal Street, Suite 2, Dover, DE 19901

Phone: 302-735-4210

Website: doe.k12.de.us/domain/391

Oversees IDEA implementation in Delaware public schools.

- **Parent Information Center of Delaware (PIC-DE) — PTI**

  Phone: 302-999-7394 | Toll-Free: 888-547-4412

  Website: picofdel.org

  Delaware's federally funded PTI providing free training and IEP support to families.

5. Autism Diagnosis & Evaluation Centers

- **Nemours/Alfred I. duPont Hospital for Children — Autism Spectrum Program**

  1600 Rockland Road, Wilmington, DE 19803

  Phone: 302-651-4000

  Website: nemours.org

  Major pediatric hospital in Delaware with comprehensive autism diagnostic and treatment services.

- **Delaware Autism Program — Multiple School-Based Sites**

  Phone: 302-454-2287

  Website: doe.k12.de.us/domain/368

  State-operated autism program serving students with autism statewide; also provides evaluations and consultation.

- **Connections Community Support Programs — Outpatient Behavioral Health**

  Phone: 302-656-8308

  Website: connectionscsp.org

  Community-based behavioral health providing evaluations and therapy referrals in Delaware.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Delaware Crisis Services (Mobile Crisis)**

  Phone: 302-577-2484

Delaware's statewide mental health crisis services, including mobile crisis teams available for individuals with autism and disabilities.

7. Housing & Independent Living

- **Independent Living Resources of Greater Washington (serving Delaware)**

  Phone: 302-995-9900

  Website: ilrwdc.org

  CIL services in the Wilmington/northern Delaware area for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Delaware Division of Vocational Rehabilitation (DVR)**

  4425 N. Market Street, Wilmington, DE 19802

  Phone: 302-761-8275

  Website: labor.delaware.gov/DVR

  VR services including supported employment for Delawareans with disabilities.

9. Family Support & Respite Care

- **Delaware Lifespan Respite Coalition**

  Phone: 302-744-9600

  Connects families to respite care options statewide. Contact DDDS to access respite services through the DD waiver.

10. Legal Rights & Advocacy

- **Community Legal Aid Society, Inc. — Disabilities Law Program (CLASI)**

  100 W. 10th Street, Suite 801, Wilmington, DE 19801

  Phone: 302-575-0660 | Toll-Free: 800-292-7980

  Website: declasi.org

  Delaware's federally mandated P&A system providing free legal advocacy for Delawareans with disabilities.

11. Community & Peer Support Groups

- **Autism Delaware**

  Phone: 302-472-2638

  Website: autism-de.org

  Premier autism-specific nonprofit in Delaware providing programs, support groups, and advocacy.

- **NAMI Delaware**

  Phone: 302-427-0787

  Website: namiDE.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Delaware ABLE Account**

  Website: treasurer.delaware.gov/able

  Delaware's ABLE savings account program for eligible individuals with disabilities.

- **Delaware Autism Insurance Mandate**

  Delaware mandates ABA and autism services coverage. Contact the Delaware Department of Insurance: 302-674-7300.

FLORIDA

1. State Autism Council / Lead Agency

- **Agency for Persons with Disabilities (APD) — Florida**

  4030 Esplanade Way, Suite 380, Tallahassee, FL 32399

  Phone: 866-APD-CARES (273-2273)

  Website: apdcares.org

  Florida's lead agency for individuals with developmental disabilities including autism. APD operates through 15 Area Offices statewide and administers the iConnect waiver.

- **Florida Developmental Disabilities Council (FDDC)**

  124 Marriott Drive, Suite 203, Tallahassee, FL 32301

  Phone: 850-488-4180 | Toll-Free: 800-580-7801

  Website: fddc.org

  Federally mandated state DD council funding advocacy and systems change.

2. Medicaid Waiver Programs

- **Florida iBudget Waiver (Home and Community-Based Services)**

  Description: Florida's individual budget (iBudget) system allows eligible individuals to manage their own services. Covers day habilitation, supported employment, residential support, respite, in-home support, behavioral services, and more.

  Eligibility: Autism or other developmental disability; Medicaid-eligible; Florida resident; APD-enrolled.

  Waitlist: Yes — Florida has an interest list. Apply to APD immediately regardless of immediate need.

  How to Apply: Contact APD at 866-APD-CARES | apdcares.org

3. Early Intervention (Birth–3)

- **Florida Early Steps Program (Part C)**

  Part C Lead Agency: Florida Department of Health

  Referral Line: 877-696-1472

  Website: cms-kids.com/providers/early_steps/early_steps.html

  Statewide early intervention for infants and toddlers birth–36 months. Services provided in the home and community at no cost to families.

4. Special Education / IEP Support

- **Florida Department of Education — Bureau of Exceptional Education and Student Services (BEESS)**

  325 W. Gaines Street, Tallahassee, FL 32399

  Phone: 850-245-0475

Website: fldoe.org/academics/exceptional-student-edu

Oversees IDEA implementation in Florida public schools.

- **Family Network on Disabilities (FND) — PTI**

  2196 Main Street, Suite K, Dunedin, FL 34698

  Phone: 727-523-1130 | Toll-Free: 800-825-5736

  Website: fndusa.org

  Florida's federally funded PTI providing free training, advocacy, and IEP support statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Florida, Gainesville — Florida Autism Center of Excellence**

  1149 Newell Drive, Gainesville, FL 32611

  Phone: 352-273-8680

  Website: uf-face.ufl.edu

  Research and clinical center providing interdisciplinary autism evaluations and treatment.

- **Nicklaus Children's Hospital — Autism Program, Miami**

  3100 SW 62nd Avenue, Miami, FL 33155

  Phone: 305-666-6511

  Website: nicklauschildrens.org

  Major pediatric hospital with comprehensive autism diagnostic and treatment services for South Florida families.

- **USF Health — Autism Program, Tampa**

  3515 E. Fletcher Avenue, Tampa, FL 33613

  Phone: 813-974-2000

  Website: health.usf.edu

  University-affiliated autism diagnostic and treatment services in the Tampa Bay region.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Florida Autism Crisis Response**

  APD-funded behavioral supports and crisis consultation available through APD Support Coordinators. Contact APD at 866-APD-CARES for behavioral crisis support.

- **Crisis Text Line** — Text HOME to **741741**

7. Housing & Independent Living

- **Florida Alliance for Assistive Services and Technology (FAAST)**

  Phone: 850-487-3278

  Website: faast.org

  Supports Floridians with disabilities in accessing assistive technology and independent living supports.

- **Centers for Independent Living — Florida**

  Website: floridasilc.org

  Florida's SILC coordinates a network of CILs offering housing assistance and independent living services statewide.

8. Employment & Vocational Rehabilitation

- **Florida Division of Vocational Rehabilitation (VR)**

  4070 Esplanade Way, Suite 212, Tallahassee, FL 32399

  Phone: 850-245-3479 | Toll-Free: 800-451-4327

  Website: rehabworks.org

  VR provides job training, supported employment, and placement services for Floridians with disabilities.

9. Family Support & Respite Care

- **Florida Respite Coalition**

  Phone: 407-628-5600

  Website: flrespite.org

  Coordinates respite services for Florida families. The APD iBudget waiver includes respite care as a covered service.

10. Legal Rights & Advocacy

- **Disability Rights Florida**

  2473 Care Drive, Suite 200, Tallahassee, FL 32308

  Phone: 850-488-9071 | Toll-Free: 800-342-0823

  Website: disabilityrightsflorida.org

  Florida's federally mandated P&A system providing free legal advocacy statewide for individuals with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Greater Orlando**

  Phone: 407-855-0235

  Website: autismsocietyfl.org

- **Autism Society of South Florida**

  Phone: 954-349-2820

  Website: autismsocietysfl.org

- **NAMI Florida**

  Phone: 850-671-4445 | Website: namiflorida.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **ABLE United (Florida's ABLE Program)**

  Website: ableunited.com

  Florida's award-winning ABLE savings account program with no annual fee for Florida residents.

- **Florida Autism Insurance Mandate**

  Florida enacted an autism insurance coverage law in 2008. Contact the Florida Department of Financial Services: 877-693-5236.

GEORGIA

1. State Autism Council / Lead Agency

- **Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD)**

  2 Peachtree Street NW, Suite 22-224, Atlanta, GA 30303

  Phone: 404-657-2252 | Toll-Free: 800-436-7442

  Website: dbhdd.georgia.gov

  Primary state agency for individuals with intellectual and developmental disabilities including autism. Administers waiver programs, residential supports, and day services through a network of community service providers.

- **Georgia Council on Developmental Disabilities (GCDD)**

  2 Peachtree Street NW, Suite 26-246, Atlanta, GA 30303

  Phone: 404-657-2126 | Toll-Free: 888-275-4233

  Website: gcdd.org

  Federally mandated state DD council focused on advocacy, self-advocacy, and public policy.

2. Medicaid Waiver Programs

- **Georgia New Options Waiver (NOW)**

  Description: Provides community-based residential and day services for individuals with developmental disabilities including autism. Includes residential habilitation, supported employment, and behavioral support.

  Eligibility: Developmental disability; Medicaid-eligible; Georgia resident; meet institutional level of care.

  Waitlist: Yes — Georgia's waiver waitlist is significant. Register immediately.

  How to Apply: Contact DBHDD at 800-436-7442 or complete the Pre-Enrollment Waiver Application.

- **Georgia Comprehensive Supports Waiver Program (COMP)**

  Description: Higher level of services for individuals with more intensive support needs. Includes residential, day, and behavioral services.

  How to Apply: Contact DBHDD. Must demonstrate intensive support needs.

3. Early Intervention (Birth–3)

- **Georgia's Babies Can't Wait (BCW) Program (Part C)**

  Part C Lead Agency: Georgia Department of Public Health

  Phone: 404-657-2726 | Toll-Free: 800-229-2038

  Website: dph.georgia.gov/bcw

  Statewide early intervention for Georgia infants and toddlers birth–36 months at no cost to families.

4. Special Education / IEP Support

- **Georgia Department of Education — Special Education Division**

  2054 Twin Towers East, 205 Jesse Hill Jr. Drive, Atlanta, GA 30334

  Phone: 404-656-3963

  Website: gadoe.org/Curriculum-Instruction-and-Assessment/Special-Education-Services

  Oversees IDEA implementation in Georgia's public schools.

- **Georgia Parent Training and Information Center (GPTIC) — Parents Encouraging Parents**

  Phone: 770-432-7490 | Toll-Free: 800-322-7065

  Website: gptic.org

  Georgia's federally funded PTI providing free support to families navigating special education.

5. Autism Diagnosis & Evaluation Centers

- **Marcus Autism Center — Children's Healthcare of Atlanta**

  1920 Briarcliff Road NE, Atlanta, GA 30329

  Phone: 404-785-9400

  Website: marcus.org

  One of the largest autism clinical service providers in the United States. Provides comprehensive evaluations, behavioral intervention, and family support. Internationally recognized center of excellence.

- **Emory Autism Center**

  1551 Shoup Court, Decatur, GA 30033

  Phone: 404-712-8464

  Website: psychiatry.emory.edu/patient-care/autism

University-affiliated center providing diagnostic evaluations and research participation for children and adults with autism.

- **Augusta University Health — Developmental Pediatrics**

  1120 15th Street, Augusta, GA 30912

  Phone: 706-721-2273

  Website: augustahealth.com

  Developmental pediatricians providing autism evaluations for Central Georgia and CSRA region families.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Georgia Crisis & Access Line (GCAL)**

  Phone: 800-715-4225

  Website: gcal.com

  Georgia's 24/7 crisis and behavioral health access line. Can dispatch mobile crisis teams and connect callers to disability-specific supports.

7. Housing & Independent Living

- **Georgia Advocacy Office (housing advocacy)**

  Phone: 800-537-2329

  Website: thegao.org

  Provides legal advocacy including housing rights for Georgians with disabilities.

- **SILC Georgia — Statewide Independent Living Council**

  Phone: 404-688-7506

  Website: silcga.org

  Coordinates Georgia's CIL network for housing assistance and independent living services.

8. Employment & Vocational Rehabilitation

- **Georgia Vocational Rehabilitation Agency (GVRA)**

  Two Peachtree Street NW, Atlanta, GA 30303

Phone: 404-232-1998 | Toll-Free: 844-367-4872

Website: gvs.georgia.gov

Statewide VR agency providing job training, supported employment, and placement for Georgians with disabilities.

9. Family Support & Respite Care

- **Georgia Lifespan Respite Coalition**

  Website: garespite.org

  Statewide respite coalition helping families access respite care resources across Georgia.

10. Legal Rights & Advocacy

- **Georgia Advocacy Office (P&A)**

  150 E. Ponce de Leon Avenue, Suite 430, Decatur, GA 30030

  Phone: 404-885-1234 | Toll-Free: 800-537-2329

  Website: thegao.org

  Georgia's federally mandated P&A system providing free legal advocacy for Georgians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Georgia**

  Phone: 404-894-3100

  Website: autismgeorgia.org

- **NAMI Georgia**

  Phone: 770-234-0855 | Website: namigeorgia.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Path2College 529 ABLE Account / Georgia ABLE**

  Website: georgia529able.com

  Georgia's ABLE savings account program for eligible individuals with disabilities.

- **Georgia Autism Insurance Mandate**

  Georgia mandates ABA coverage effective 2011. Contact the Georgia Department of Insurance: 800-656-2298.

HAWAII

1. State Autism Council / Lead Agency

- **Hawaii Department of Health — Developmental Disabilities Division (DDD)**

  1250 Punchbowl Street, Honolulu, HI 96813

  Phone: 808-586-5840

  Website: health.hawaii.gov/ddd

  Lead state agency for individuals with developmental disabilities including autism. Administers Medicaid waivers and coordinates community services.

- **Hawaii State Council on Developmental Disabilities**

  919 Ala Moana Blvd., Suite 113, Honolulu, HI 96814

  Phone: 808-586-8100

  Website: hiddc.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Hawaii HCBS Waiver for Developmental Disabilities (Medicaid Waiver)**

  Description: Provides day habilitation, residential supports, respite, supported employment, and behavioral services for individuals with developmental disabilities including autism.

  Eligibility: Developmental disability diagnosis; Medicaid-eligible; Hawaii resident; meet ICF/IID level of care.

  Waitlist: Yes — significant waitlist in Hawaii. Apply immediately through DDD.

  How to Apply: Contact Hawaii DDD at 808-586-5840.

3. Early Intervention (Birth–3)

- **Hawaii Early Intervention Section — Zero-to-Three Hawaii (Part C)**

  Part C Lead Agency: Hawaii Department of Health

  Phone: 808-594-0175

  Website: health.hawaii.gov/eis

  Provides evaluation and services for Hawaii infants and toddlers birth–36 months. Services delivered in natural settings.

4. Special Education / IEP Support

- **Hawaii Department of Education — Special Education Section**

  1390 Miller Street, Honolulu, HI 96813

  Phone: 808-305-9955

  Website: hawaiipublicschools.org/ConnectWithUs/Organization/OfficesandBranches/Pages/Special-Education-Section.aspx

  Oversees IDEA in Hawaii's unified public school system.

- **AWARE Hawaii — Parent Training & Information Center**

  Phone: 808-536-9684 | Toll-Free: 800-533-9684

  Website: awarehawaii.org

  Hawaii's federally funded PTI providing free training and IEP support to Hawaii families.

5. Autism Diagnosis & Evaluation Centers

- **University of Hawaii at Manoa — Center on Disability Studies (UCEDD)**

  1776 University Avenue, Honolulu, HI 96822

  Phone: 808-956-9199

  Website: cds.hawaii.edu

  Hawaii's UCEDD providing evaluation, research, and training related to developmental disabilities and autism.

- **Kapiolani Medical Center for Women and Children — Developmental Pediatrics**

  1319 Punahou Street, Honolulu, HI 96826

  Phone: 808-983-8000

Website: kapiolani.org

Major pediatric hospital offering developmental evaluations and autism assessment.

- **Hawaii Autism Resources**

  Phone: 808-228-3800

  Website: hawaiiautismresources.com

  Community-based autism services provider offering evaluations and ABA therapy in Hawaii.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Hawaii CARES Crisis Line**

  Phone: 800-753-6879

  24/7 statewide mental health crisis line, available for individuals with disabilities.

7. Housing & Independent Living

- **Hawaii Centers for Independent Living (HCIL)**

  Phone: 808-522-5400

  Website: hcilhawaii.org

  Provides independent living services, housing assistance, and peer support for adults with disabilities statewide.

8. Employment & Vocational Rehabilitation

- **Hawaii Division of Vocational Rehabilitation (DVR)**

  601 Kamokila Blvd., Suite 515, Kapolei, HI 96707

  Phone: 808-692-7715

  Website: humanservices.hawaii.gov/vocational-rehabilitation

  Statewide VR services for Hawaiians with disabilities including supported employment and job placement.

9. Family Support & Respite Care

- **Hawaii Lifespan Respite Program**

  Phone: 808-594-0175

  Website: health.hawaii.gov

  Connects families to respite resources statewide. Contact Hawaii DDD or the EIS program for referrals.

10. Legal Rights & Advocacy

- **Hawaii Disability Rights Center (HDRC)**

  1132 Bishop Street, Suite 2102, Honolulu, HI 96813

  Phone: 808-949-2922 | Toll-Free: 800-882-1057

  Website: hawaiidisabilityrights.org

  Hawaii's federally mandated P&A system providing free legal advocacy for Hawaiians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Hawaii**

  Phone: 808-228-3800

  Website: autismhi.org

- **NAMI Hawaii**

  Phone: 808-591-1297

  Website: namihawaii.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Hawaii ABLE Savings Program**

  Website: budget.hawaii.gov/able

  Hawaii's ABLE savings account for eligible individuals with disabilities.

- **Hawaii Autism Insurance Mandate**

  Hawaii mandates ABA coverage effective 2015. Contact Hawaii Insurance Division: 808-586-2790.

IDAHO

1. State Autism Council / Lead Agency

- **Idaho Department of Health and Welfare — Division of Medicaid**

  450 W. State Street, Boise, ID 83720

  Phone: 208-334-5500 | Toll-Free: 877-456-1233

  Website: healthandwelfare.idaho.gov

  Administers Idaho's Medicaid program and HCBS waivers for individuals with developmental disabilities and autism.

- **Idaho Council on Developmental Disabilities**

  700 W. State Street, Suite B, Boise, ID 83702

  Phone: 208-334-2178

  Website: icdd.idaho.gov

  Federally mandated state DD council focused on advocacy and systems change.

2. Medicaid Waiver Programs

- **Idaho HCBS Developmental Disabilities Waiver**

  Description: Provides residential supports, day habilitation, respite, supported employment, and behavioral services for individuals with developmental disabilities including autism.

  Eligibility: Developmental disability; Medicaid-eligible; Idaho resident; meet ICF/IID level of care.

  Waitlist: Yes — contact Idaho Medicaid to be placed on interest list.

  How to Apply: Contact Idaho Medicaid at 877-456-1233.

3. Early Intervention (Birth–3)

- **Idaho Infant Toddler Program (Part C)**

  Part C Lead Agency: Idaho Department of Health and Welfare

  Phone: 208-334-5523 | Toll-Free: 800-926-2588

Website: healthandwelfare.idaho.gov/medical/specializedservices/idahoinFanttoddlerprogram

Free evaluation and early intervention services for Idaho children birth–36 months with developmental concerns.

4. Special Education / IEP Support

- **Idaho Department of Education — Special Education**

  650 W. State Street, Boise, ID 83720

  Phone: 208-332-6910

  Website: sde.idaho.gov/sped

  Oversees IDEA in Idaho public schools.

- **Idaho Parents Unlimited (IPUL) — PTI**

  4619 Emerald Street, Suite C, Boise, ID 83706

  Phone: 208-342-5884 | Toll-Free: 800-242-4785

  Website: ipulidaho.org

  Idaho's federally funded PTI providing free training and IEP support.

5. Autism Diagnosis & Evaluation Centers

- **Idaho State University — Center for Child and Family Development**

  921 S. 8th Avenue, Pocatello, ID 83209

  Phone: 208-282-3267

  Website: isu.edu

  University clinic providing developmental evaluations including autism assessment for children.

- **St. Luke's Children's Hospital — Developmental Pediatrics**

  190 E. Bannock Street, Boise, ID 83712

  Phone: 208-381-1200

  Website: stlukesonline.org

  Idaho's major pediatric hospital providing developmental evaluations and autism assessment.

- **University of Idaho Center on Disabilities and Human Development (UCEDD)**

  875 Perimeter Drive, Moscow, ID 83844

  Phone: 208-885-3559

Website: cdhd.uidaho.edu

Idaho's UCEDD providing training, research, and consultation on developmental disabilities including autism.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Idaho CareLine**

  Dial: **2-1-1**

  Connects Idahoans to local services including disability and crisis resources.

7. Housing & Independent Living

- **SILC Idaho — Statewide Independent Living Council**

  Phone: 208-287-2999

  Website: silcidaho.org

  Coordinates Idaho's CIL network offering housing assistance and independent living supports.

8. Employment & Vocational Rehabilitation

- **Idaho Division of Vocational Rehabilitation (IDVR)**

  650 W. State Street, Room 150, Boise, ID 83720

  Phone: 208-334-3390

  Website: vr.idaho.gov

  VR services statewide including supported employment for individuals with disabilities.

9. Family Support & Respite Care

- **Idaho Caregiver Alliance — Lifespan Respite**

  Phone: 208-334-2478

  Connect with Idaho's respite network through the Idaho Caregiver Alliance and the Infant Toddler Program for respite referrals.

10. Legal Rights & Advocacy

- **DisAbility Rights Idaho (DRI)**

  4477 Emerald Street, Suite B-100, Boise, ID 83706

  Phone: 208-336-5353 | Toll-Free: 866-262-3462

  Website: disabilityrightsidaho.org

  Idaho's federally mandated P&A system providing free legal advocacy for people with disabilities.

11. Community & Peer Support Groups

- **Autism Society of the Treasure Valley (Idaho)**

  Phone: 208-685-4695

  Website: autismtreasurevalley.org

- **NAMI Idaho**

  Phone: 208-334-1302

  Website: namiidaho.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Idaho ABLE Plan**

  Website: idahoable.gov

  Idaho's ABLE savings account program.

- **Idaho Autism Insurance Mandate**

  Idaho enacted an autism insurance mandate in 2011. Contact Idaho Department of Insurance: 800-721-3272.

ILLINOIS

1. State Autism Council / Lead Agency

- **Illinois Department of Human Services (IDHS) — Division of Developmental Disabilities**

  100 S. Grand Avenue East, Springfield, IL 62762

  Phone: 800-843-6154

  Website: dhs.state.il.us/page.aspx?item=29737

  Primary state agency administering services for individuals with developmental disabilities including autism. Operates the Home Services Program and waiver programs through community agencies.

- **Illinois Council on Developmental Disabilities (ICDD)**

  830 S. Spring Street, Springfield, IL 62704

  Phone: 217-782-9696

  Website: icdd.illinois.gov

  Federally mandated state DD council focused on advocacy and systems change.

2. Medicaid Waiver Programs

- **Illinois HCBS Waiver for Adults with Developmental Disabilities (DD Waiver)**

  Description: Provides community-based residential, day, and support services for adults with developmental disabilities including autism. Services include community day services, supported employment, residential support, and behavioral services.

  Eligibility: Developmental disability; Medicaid-eligible; Illinois resident; age 18+.

  Waitlist: Yes — Illinois has a significant waitlist. Register with your local community agency immediately.

  How to Apply: Contact IDHS Division of DD at 800-843-6154.

- **Illinois Home Services Program (HSP)**

  Description: Provides personal care and homemaker services to individuals with physical disabilities or developmental disabilities who would otherwise require institutionalization. No waitlist for HSP — Medicaid-funded entitlement.

  How to Apply: Contact your local IDHS office.

3. Early Intervention (Birth–3)

- **Illinois Early Intervention (Part C)**

  Part C Lead Agency: Illinois Department of Human Services

  Phone: 800-323-4769

  Website: dhs.state.il.us/earlyintervention

  Free evaluation and services for Illinois infants and toddlers birth–36 months. One of the largest state EI systems in the country.

4. Special Education / IEP Support

- **Illinois State Board of Education — Special Education Division**

  100 N. 1st Street, Springfield, IL 62777

  Phone: 217-782-5589

  Website: isbe.net/Pages/Special-Education.aspx

  Oversees IDEA implementation in Illinois public schools.

- **Designs for Change — PTI (Chicago)**

  Phone: 312-857-9292

  Website: designsforchange.org

  Federally funded PTI serving Chicago-area families with children with disabilities.

- **Family Resource Center on Disabilities (FRCD) — PTI**

  Phone: 312-939-3513

  Website: frcd.org

  PTI serving families in the Chicago metropolitan area, providing IEP support and special education training.

5. Autism Diagnosis & Evaluation Centers

- **University of Illinois at Chicago — Institute on Disability and Human Development (UCEDD)**

  1640 W. Roosevelt Road, Chicago, IL 60608

  Phone: 312-413-1647

  Website: ahs.uic.edu/disability-human-development

  Illinois's UCEDD providing evaluation, training, research, and policy work related to autism and developmental disabilities.

- **Rush University Medical Center — Autism Assessment Center**

  1725 W. Harrison Street, Chicago, IL 60612

  Phone: 312-942-5000

  Website: rush.edu

  Comprehensive autism diagnostic evaluations and behavioral services at a major medical center in Chicago.

- **Ann & Robert H. Lurie Children's Hospital — Developmental and Behavioral Pediatrics**

  225 E. Chicago Avenue, Chicago, IL 60611

  Phone: 312-227-4000

  Website: luriechildrens.org

  Major pediatric hospital offering comprehensive autism evaluation and treatment for children and adolescents.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Illinois Crisis Line (IDHS)**

  Phone: 800-345-9049

  Illinois statewide mental health crisis line available for individuals with developmental disabilities and autism.

- **Crisis Text Line** — Text HOME to **741741**

7. Housing & Independent Living

- **Access Living of Metropolitan Chicago (CIL)**

  115 W. Chicago Avenue, Chicago, IL 60654

  Phone: 312-640-2100

  Website: accessliving.org

  One of the nation's leading CILs providing housing advocacy, systems change, and peer support for adults with disabilities.

- **Illinois Assistive Technology Program / CIL Network**

  Phone: 217-522-7985

Website: ilsilc.org

Statewide network of CILs offering housing and independent living supports.

8. Employment & Vocational Rehabilitation

- **Illinois Division of Rehabilitation Services (DRS)**

  100 S. Grand Avenue East, Springfield, IL 62762

  Phone: 800-843-6154

  Website: dhs.state.il.us/OneNetLibrary/27897/documents/Brochures/4241.pdf

  Statewide VR services for Illinoisans with disabilities including supported employment, job placement, and assistive technology.

9. Family Support & Respite Care

- **Illinois Lifespan Respite Program**

  Phone: 217-782-4977

  Website: dhs.state.il.us

  Coordinates respite care for Illinois families statewide.

10. Legal Rights & Advocacy

- **Equip for Equality**

  20 N. Michigan Avenue, Suite 300, Chicago, IL 60602

  Phone: 312-341-0022 | Toll-Free: 800-537-2632

  Website: equipforequality.org

  Illinois's federally mandated P&A system providing free legal advocacy for Illinoisans with disabilities. One of the most active disability rights legal organizations in the Midwest.

11. Community & Peer Support Groups

- **Autism Society of Illinois**

  Phone: 312-929-1008

  Website: autismillinois.org

- **NAMI Illinois**

  Phone: 217-522-1403

  Website: namiillinois.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Illinois ABLE**

  Website: illinoistreasurer.gov/ABLE

  Illinois's ABLE savings account program for eligible individuals with disabilities.
- **Illinois Autism Insurance Mandate**

  Illinois enacted an autism insurance mandate in 2008, one of the first states to do so. Contact Illinois Department of Insurance: 877-527-9431.

INDIANA

1. State Autism Council / Lead Agency

- **Indiana Family and Social Services Administration (FSSA) — Division of Disability and Rehabilitative Services (DDRS)**

  402 W. Washington Street, Indianapolis, IN 46204

  Phone: 800-545-7763

  Website: in.gov/fssa/ddrs

  Lead state agency for developmental disability services in Indiana. Administers Medicaid waivers and coordinates the Home and Community-Based Services system through Managed Care Organizations.
- **Indiana Governor's Council for People with Disabilities**

  150 W. Market Street, Suite 628, Indianapolis, IN 46204

  Phone: 317-232-7770 | Toll-Free: 800-545-7763

Website: in.gov/gpcpd

Indiana's federally mandated state DD council advocating for systems change and inclusion.

2. Medicaid Waiver Programs

- **Indiana Family Supports Waiver (FSW)**

  Description: Provides community supports for individuals with developmental disabilities living with family or independently. Services include behavioral support, respite, day supports, and community integration. Shorter waitlist than the CIH waiver.

  Eligibility: Developmental disability; Medicaid-eligible; Indiana resident; level of care criteria met.

  How to Apply: Contact Bureau of Developmental Disability Services (BDDS) at 800-545-7763.

- **Indiana Community Integration and Habilitation Waiver (CIH)**

  Description: Provides more intensive services including residential habilitation, supported employment, and 24-hour supported living. Significant waitlist.

  How to Apply: Contact BDDS at 800-545-7763. Waitlist placement is by date of application.

3. Early Intervention (Birth–3)

- **Indiana First Steps (Part C)**

  Part C Lead Agency: Indiana FSSA

  Phone: 317-234-8922 | Toll-Free: 800-441-7837

  Website: in.gov/fssa/ddrs/first-steps

  Indiana's early intervention program for children birth–36 months at no cost. Services include speech, OT, PT, and developmental therapy.

4. Special Education / IEP Support

- **Indiana Department of Education — Office of Special Education**

  115 W. Washington Street, Indianapolis, IN 46204

  Phone: 317-232-0570

  Website: doe.in.gov/specialed

  Oversees IDEA implementation in Indiana public schools.

- **IN*SOURCE — Indiana Resource Center for Families with Special Needs (PTI)**

  Phone: 574-234-7101 | Toll-Free: 800-332-4433

  Website: insource.org

  Indiana's federally funded PTI providing free training, workshops, and IEP advocacy support to Indiana families.

5. Autism Diagnosis & Evaluation Centers

- **Riley Hospital for Children — Autism Diagnostic Clinic, IU Health**

  705 Riley Hospital Drive, Indianapolis, IN 46202

  Phone: 317-944-5000

  Website: rileychildrens.org

  Indiana's premier pediatric hospital with comprehensive autism diagnostic services.

- **Indiana University School of Medicine — Christian Sarkine Autism Treatment Center**

  705 Riley Hospital Drive, Indianapolis, IN 46202

  Phone: 317-278-0107

  Website: medicine.iu.edu/autism

  University-affiliated clinic providing diagnostic evaluations, behavioral treatment, and research opportunities for individuals with autism.

- **Indiana Resource Center for Autism (IRCA) — IU Bloomington**

  2853 E. 10th Street, Bloomington, IN 47408

  Phone: 812-855-6508

  Website: iidc.indiana.edu/irca

  Provides training, consultation, and information for individuals with autism and those who support them across Indiana.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **LifeLine — Indiana Crisis Line**

  Phone: 800-273-8255

Indiana participates in the national 988 system with local Indiana-based crisis counselors available 24/7.

7. Housing & Independent Living

- **Independent Living Centers — Indiana SILC**

  Phone: 317-396-6808

  Website: silc.in.gov

  Statewide network of CILs offering housing assistance and independent living services.

8. Employment & Vocational Rehabilitation

- **Indiana Vocational Rehabilitation Services (VRS)**

  402 W. Washington Street, Room W453, Indianapolis, IN 46204

  Phone: 800-545-7763

  Website: in.gov/fssa/ddrs/vocational-rehabilitation

  VR services including supported employment, job coaching, and transition-age youth programs for Hoosiers with disabilities.

9. Family Support & Respite Care

- **Indiana Caregiver Program / Lifespan Respite**

  Phone: 800-545-7763

  Indiana provides respite services through the FSW and CIH waivers. Contact DDRS for family support program availability.

10. Legal Rights & Advocacy

- **Indiana Disability Rights (IDR)**

  4701 N. Keystone Avenue, Suite 222, Indianapolis, IN 46205

  Phone: 317-722-5555 | Toll-Free: 800-622-4845

  Website: indianadisabilityrights.org

  Indiana's federally mandated P&A system providing free legal advocacy for Hoosiers with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Indiana**

  Phone: 317-927-0420

  Website: autismofindiana.org

- **NAMI Indiana**

  Phone: 317-925-9399

  Website: namiindiana.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Indiana ABLE Savings Plan (INvestABLE Indiana)**

  Website: investableindiana.com

  Indiana's ABLE savings account program.

- **Indiana Autism Insurance Mandate**

  Indiana mandates ABA coverage effective 2001 — one of the earliest state mandates in the nation. Contact Indiana Department of Insurance: 317-232-2385.

IOWA

1. State Autism Council / Lead Agency

- **Iowa Department of Human Services (IDHS) — Medicaid Division / Division of Mental Health and Disability Services**

  Hoover State Office Building, Des Moines, IA 50319

  Phone: 515-725-0202 | Toll-Free: 800-972-2017

  Website: dhs.iowa.gov

  Lead state agency overseeing Medicaid waivers and disability services for Iowans with intellectual and developmental disabilities including autism.

- **Iowa Developmental Disabilities Council**

  617 E. 2nd Street, Des Moines, IA 50309

  Phone: 515-281-9082

  Website: iowaddcouncil.org

  Federally mandated state DD council focused on advocacy and systems change.

2. Medicaid Waiver Programs

- **Iowa Medicaid HCBS Intellectual Disability (ID) Waiver**

  Description: Comprehensive supports for adults with intellectual disabilities and related conditions including autism. Services include residential habilitation, day programs, respite, and supported employment.

  Eligibility: Intellectual disability; Medicaid-eligible; Iowa resident; institutional level of care.

  Waitlist: Yes — significant.

  How to Apply: Contact Iowa Medicaid at 800-338-8366.

- **Iowa Children's Mental Health Waiver and Health and Disability Waiver**

  Additional waiver options for children with autism and behavioral health needs. Contact Iowa Medicaid for details on current waiver availability.

3. Early Intervention (Birth–3)

- **Iowa's Early ACCESS Program (Part C)**

  Part C Lead Agency: Iowa Department of Education

  Phone: 515-281-5011

  Website: educateiowa.gov/pk-12/special-education/early-access

  Iowa's statewide early intervention system providing evaluation and services for infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **Iowa Department of Education — Bureau of Children, Family, and Community Services / Special Education**

  400 E. 14th Street, Des Moines, IA 50319

Phone: 515-281-5835

Website: educateiowa.gov/pk-12/special-education

Oversees IDEA implementation in Iowa public schools.

- **Iowa Compass / Iowa PTI — Parent Training & Information Center**

  Phone: 319-353-6900 | Toll-Free: 800-779-2001

  Website: iowacompass.org

  Iowa's federally funded PTI and resource navigation service providing free support to families navigating disability services and IEPs.

5. Autism Diagnosis & Evaluation Centers

- **University of Iowa Center for Disabilities and Development (UCEDD)**

  100 Hawkins Drive, Iowa City, IA 52242

  Phone: 319-353-6900

  Website: uichildrens.org/cdd

  Iowa's UCEDD providing comprehensive autism diagnostic evaluations, behavioral treatment, and family consultation for Iowans statewide.

- **Children's Hospital of Iowa — Developmental and Behavioral Pediatrics**

  200 Hawkins Drive, Iowa City, IA 52242

  Phone: 319-356-1067

  Website: uichildrens.org

  Hospital-based developmental pediatrics providing autism evaluations.

- **Blank Children's Hospital — Child Development Clinic, Des Moines**

  1200 Pleasant Street, Des Moines, IA 50309

  Phone: 515-241-6038

  Website: blankchildrens.org

  Developmental evaluations including autism assessment for children in central Iowa.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Iowa CareLine**

  Dial: **2-1-1**

  Connects Iowans to local crisis and disability services statewide.

7. Housing & Independent Living

- **Iowa SILC — Statewide Independent Living Council**

  Phone: 515-288-0733

  Website: iowasilc.org

  Coordinates Iowa's CIL network for housing assistance and independent living supports.

8. Employment & Vocational Rehabilitation

- **Iowa Vocational Rehabilitation Services (IVRS)**

  510 E. 12th Street, Suite 2, Des Moines, IA 50319

  Phone: 515-281-4211 | Toll-Free: 800-532-1486

  Website: ivrs.iowa.gov

  Statewide VR services including supported employment for Iowans with disabilities.

9. Family Support & Respite Care

- **Iowa Lifespan Respite Coalition**

  Phone: 515-725-0202

  Website: iowarespite.org

  Statewide respite coordination for Iowa families caring for individuals with disabilities or chronic illness.

10. Legal Rights & Advocacy

- **Disability Rights Iowa (DRI)**

  400 E. Court Avenue, Suite 300, Des Moines, IA 50309

  Phone: 515-278-2502 | Toll-Free: 800-779-2502

  Website: disabilityrightsiowa.org

  Iowa's federally mandated P&A system providing free legal advocacy for Iowans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Iowa**

  Phone: 515-989-0000

  Website: autismia.org

- **NAMI Iowa**

  Phone: 515-254-0417

  Website: namiiowa.com

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Iowa ABLE Savings Plan**

  Website: iowatreasurer.gov/able

  Iowa's ABLE savings account program for eligible individuals with disabilities.

- **Iowa Autism Insurance Mandate**

  Iowa mandates ABA coverage for children under 21. Contact Iowa Insurance Division: 877-955-1212.

KANSAS

1. State Autism Council / Lead Agency

- **Kansas Department for Aging and Disability Services (KDADS)**

  503 S. Kansas Avenue, Topeka, KS 66603

  Phone: 785-296-4986 | Toll-Free: 800-432-3535

  Website: kdads.ks.gov

  Lead state agency administering Medicaid waivers and community services for Kansans with intellectual and developmental disabilities including autism.

- **Kansas Council on Developmental Disabilities**

  915 SW Harrison Street, Suite 3, Topeka, KS 66612

Phone: 785-296-2608

Website: ksadd.org

Federally mandated state DD council focused on advocacy and community inclusion.

2. Medicaid Waiver Programs

- **Kansas KanCare Autism Waiver**

  Description: Kansas is one of only six states with a dedicated autism-specific HCBS waiver. Provides ABA therapy, behavioral support, family training, respite, and community inclusion services specifically for individuals with an ASD diagnosis. Managed through KanCare managed care organizations.

  Eligibility: Autism spectrum disorder diagnosis; Medicaid-eligible (no waitlist for autism waiver in some regions — verify current status with KDADS).

  How to Apply: Contact KDADS at 785-296-4986 or your KanCare MCO (Aetna, United Healthcare, or Sunflower Health Plan).

- **Kansas I/DD Waiver**

  Description: For individuals with intellectual disabilities and related conditions. Covers residential, day, and employment supports. Significant waitlist.

  How to Apply: Contact KDADS at 800-432-3535.

3. Early Intervention (Birth–3)

- **Kansas Infant-Toddler Services (Part C)**

  Part C Lead Agency: Kansas Department of Health and Environment

  Phone: 785-291-3140

  Website: kdheks.gov/its

  Statewide early intervention for Kansas infants and toddlers birth–36 months. Free evaluation and services in natural environments.

4. Special Education / IEP Support

- **Kansas State Department of Education — Special Education & Title Services**

  900 SW Jackson Street, Suite 600, Topeka, KS 66612

Phone: 785-296-4945

Website: ksde.org/Agency/Fiscal-and-Administrative-Services/Special-Education

Oversees IDEA implementation in Kansas public schools.

- **Families Together — PTI**

  5611 SW Barrington Court, Suite A, Topeka, KS 66614

  Phone: 785-233-4777 | Toll-Free: 800-264-6343

  Website: familiestogetherinc.org

  Kansas's federally funded PTI providing free training, IEP support, and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Kansas Medical Center — Autism Spectrum Disorders Diagnostic Clinic**

  3901 Rainbow Blvd., Kansas City, KS 66160

  Phone: 913-588-5000

  Website: kumed.com

  Comprehensive interdisciplinary autism evaluations through one of Kansas's major academic medical centers.

- **Heartspring — Wichita**

  8700 E. 29th Street N., Wichita, KS 67226

  Phone: 316-634-8700 | Toll-Free: 800-835-1043

  Website: heartspring.org

  Specialized school and therapy center for children with autism and complex developmental needs. Nationally recognized program. Provides diagnostic services and ABA therapy.

- **The University of Kansas — Schiefelbusch Institute / Life Span Institute**

  1000 Sunnyside Avenue, Lawrence, KS 66045

  Phone: 785-864-4295

  Website: lifespan.ku.edu

  Kansas's UCEDD providing research, training, and evaluation services related to autism and developmental disabilities.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Kansas Crisis Intervention Hotline**

  Phone: 888-363-2287

  Statewide 24/7 crisis line operated through KDADS-funded mental health centers.

7. Housing & Independent Living

- **Independent Living Resource Center of Kansas**

  Phone: 316-942-6300

  Website: ilrckansas.org

  Statewide CIL providing housing assistance and independent living supports for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Kansas Vocational Rehabilitation (KS VR)**

  915 SW Harrison Street, Topeka, KS 66612

  Phone: 785-368-7471 | Toll-Free: 866-213-2533

  Website: dcf.ks.gov/services/rs

  VR services including supported employment and job placement for Kansans with disabilities.

9. Family Support & Respite Care

- **Kansas Respite Network**

  Phone: 316-686-1658

  Website: kansasrespite.org

  Statewide respite coordination, a member of the ARCH National Respite Network.

10. Legal Rights & Advocacy

- **Disability Rights Center of Kansas (DRC)**

  635 SW Harrison Street, Suite 100, Topeka, KS 66603

  Phone: 785-273-9661 | Toll-Free: 877-776-1541

Website: drckansas.org

Kansas's federally mandated P&A system providing free legal advocacy for Kansans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of the Heartland (Kansas)**

  Phone: 913-706-0042

  Website: autismheartland.org

- **NAMI Kansas**

  Phone: 785-233-0755

  Website: namikansas.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Kansas ABLE Savings Plan**

  Website: ksable.org

  Kansas's ABLE savings account program.

- **Kansas Autism Insurance Mandate**

  Kansas mandates ABA coverage. Contact Kansas Insurance Department: 785-296-3071.

KENTUCKY

1. State Autism Council / Lead Agency

- **Kentucky Cabinet for Health and Family Services (CHFS) — Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID)**

  275 E. Main Street, Frankfort, KY 40621

  Phone: 502-564-4527 | Toll-Free: 800-525-7678

  Website: chfs.ky.gov/agencies/dbhdid

Primary state agency for individuals with intellectual and developmental disabilities including autism. Administers waiver programs and coordinates community services.

- **Kentucky Council on Developmental Disabilities**

  100 Fair Oaks Lane, 4E-F, Frankfort, KY 40621

  Phone: 502-564-7841

  Website: kcdd.ky.gov

  Federally mandated state DD council focused on advocacy and systems change.

2. Medicaid Waiver Programs

- **Kentucky Medicaid Michelle P. Waiver (MPW)**

  Description: A court-mandated waiver program resulting from class action litigation. Provides residential and community supports for individuals with developmental disabilities including autism. Services include personal care, behavioral support, respite, and day activities.

  Eligibility: Intellectual disability or related condition; Medicaid-eligible; Kentucky resident.

  Waitlist: The Michelle P. Waiver has court-ordered access requirements. Contact DBHDID for current status.

  How to Apply: Contact DBHDID at 502-564-4527.

- **Kentucky Medicaid Supports for Community Living (SCL) Waiver**

  Description: Provides community-based supports for adults with developmental disabilities. Significant waitlist.

  How to Apply: Contact DBHDID.

3. Early Intervention (Birth–3)

- **Kentucky First Steps (Part C)**

  Part C Lead Agency: Kentucky Cabinet for Health and Family Services

  Phone: 800-442-0087

  Website: chfs.ky.gov/agencies/dph/dnim/firststeps

  Statewide early intervention for Kentucky infants and toddlers birth–36 months at no cost to families.

4. Special Education / IEP Support

- **Kentucky Department of Education — Division of Learning Services**

  300 Sower Blvd., Frankfort, KY 40601

  Phone: 502-564-4970

  Website: education.ky.gov/specialed

  Oversees IDEA implementation in Kentucky public schools.

- **KYSPIN (Kentucky Special Parent Involvement Network) — PTI**

  10301 Deering Road, Louisville, KY 40272

  Phone: 502-937-6894 | Toll-Free: 800-525-7746

  Website: kyspin.com

  Kentucky's federally funded PTI providing free training, IEP workshops, and family support.

5. Autism Diagnosis & Evaluation Centers

- **University of Kentucky — Autism/Developmental Clinic**

  740 S. Limestone Street, Lexington, KY 40536

  Phone: 859-257-6706

  Website: uky.edu

  University-affiliated clinic providing comprehensive autism evaluation and treatment.

- **Norton Children's Hospital — Developmental Pediatrics**

  231 E. Chestnut Street, Louisville, KY 40202

  Phone: 502-629-7000

  Website: nortonchildrens.com

  Hospital-based developmental pediatrics with autism evaluation services for children in the Louisville region.

- **University of Louisville — Weisskopf Child Evaluation Center (UCEDD)**

  571 S. Floyd Street, Suite 100, Louisville, KY 40202

  Phone: 502-852-0803

  Website: pediatrics.louisville.edu/clinical-programs/weisskopf-center

Kentucky's UCEDD providing interdisciplinary developmental evaluations including autism diagnosis.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Kentucky Behavioral Health Crisis Line**

  Phone: 800-221-0446

  Statewide crisis line for mental health and developmental disability emergencies.

7. Housing & Independent Living

- **Center for Accessible Living (CAL)**

  Phone: 502-589-6620 | Toll-Free: 888-813-8497

  Website: calky.org

  Kentucky CIL providing housing assistance, peer support, and independent living services for adults with disabilities in Louisville and surrounding areas.

8. Employment & Vocational Rehabilitation

- **Kentucky Office of Vocational Rehabilitation (OVR)**

  275 E. Main Street, Mail Stop 2E-J, Frankfort, KY 40621

  Phone: 502-564-4440 | Toll-Free: 800-372-7172

  Website: ovr.ky.gov

  Statewide VR services including supported employment for Kentuckians with disabilities.

9. Family Support & Respite Care

- **Kentucky Respite Coalition**

  Phone: 502-937-6894

  Website: kyrespite.org

  Coordinates respite care resources for Kentucky families caring for loved ones with disabilities.

10. Legal Rights & Advocacy

- **Kentucky Protection & Advocacy (P&A)**

  5 Mill Creek Park, Frankfort, KY 40601

  Phone: 502-564-2967 | Toll-Free: 800-372-2988

  Website: kypa.net

  Kentucky's federally mandated P&A system providing free legal advocacy for Kentuckians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of the Bluegrass (Kentucky)**

  Phone: 859-299-9000

  Website: asbg.org

- **NAMI Kentucky**

  Phone: 502-245-5284

  Website: namikyucky.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Kentucky ABLE Savings Plan**

  Website: kyable.com

  Kentucky's ABLE savings account program for eligible individuals with disabilities.

- **Kentucky Autism Insurance Mandate**

  Kentucky mandates ABA coverage. Contact Kentucky Department of Insurance: 800-595-6053.

LOUISIANA

1. State Autism Council / Lead Agency

- **Louisiana Department of Health (LDH) — Office for Citizens with Developmental Disabilities (OCDD)**

P.O. Box 3117, Baton Rouge, LA 70821

Phone: 225-342-0095 | Toll-Free: 800-229-6233

Website: ldh.la.gov/ocdd

Lead state agency for individuals with developmental disabilities in Louisiana. Administers waiver programs and manages regional Human Services Authorities and Districts statewide.

- **Louisiana State Planning Council on Developmental Disabilities**

  Phone: 225-342-6804

  Website: laddc.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Louisiana New Opportunities Waiver (NOW)**

  Description: Comprehensive HCBS waiver for individuals with developmental disabilities including autism. Services include residential support, day habilitation, personal care, behavioral support, supported employment, and respite.

  Eligibility: Developmental disability; Medicaid-eligible; Louisiana resident; ICF/IID level of care.

  Waitlist: Yes — significant waitlist. Register immediately.

  How to Apply: Contact OCDD at 800-229-6233.

- **Louisiana Children's Choice Waiver**

  Description: For children with developmental disabilities living at home. Provides family training, respite, environmental modifications, and behavioral support. Separate from NOW.

  How to Apply: Contact OCDD.

- **Louisiana Katie Beckett Program**

  Allows children with significant disabilities to access Medicaid regardless of parental income. Contact LDH at 888-342-6207.

3. Early Intervention (Birth–3)

- **Louisiana Early Steps (Part C)**

  Part C Lead Agency: Louisiana Department of Health

  Phone: 800-932-0895

Website: ldh.la.gov/earlysteps

Statewide early intervention for Louisiana infants and toddlers birth–36 months. Free evaluation and services in natural environments.

4. Special Education / IEP Support

- **Louisiana Department of Education — Office of Special Education Programs**

  P.O. Box 94064, Baton Rouge, LA 70804

  Phone: 225-342-3633

  Website: doe.louisiana.gov/topics/special-education

  Oversees IDEA implementation in Louisiana public schools.

- **Pyramid Parent Training and Information (Pyramid PTI)**

  Phone: 504-827-0610 | Toll-Free: 800-766-7736

  Website: pyramidla.org

  Louisiana's federally funded PTI providing free training, workshops, and IEP support to families of children with disabilities.

5. Autism Diagnosis & Evaluation Centers

- **LSU Health New Orleans — Human Development Center (UCEDD)**

  1100 Florida Avenue, Building 138, New Orleans, LA 70119

  Phone: 504-942-8200

  Website: hdc.lsuhsc.edu

  Louisiana's UCEDD providing interdisciplinary autism evaluations, training, and research statewide.

- **Tulane University Medical Center — Child and Adolescent Psychiatry**

  1415 Tulane Avenue, New Orleans, LA 70112

  Phone: 504-988-5236

  Website: tulane.edu

  Academic medical center offering comprehensive autism diagnostic evaluations.

- **Children's Hospital New Orleans — Autism Center**

  200 Henry Clay Avenue, New Orleans, LA 70118

Phone: 504-899-9511

Website: chnola.org

Major pediatric hospital providing autism evaluation and treatment for children throughout Louisiana.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Louisiana Crisis Line**

  Phone: 800-259-8256

  Statewide 24/7 crisis intervention line through LDH's behavioral health system.

7. Housing & Independent Living

- **Louisiana Independent Living Council (LILC)**

  Phone: 225-926-5550

  Website: lailc.net

  Statewide network of CILs offering housing assistance and independent living services for Louisianans with disabilities.

8. Employment & Vocational Rehabilitation

- **Louisiana Rehabilitation Services (LRS)**

  627 N. 4th Street, Baton Rouge, LA 70802

  Phone: 225-219-2225 | Toll-Free: 800-737-2958

  Website: laworks.net/WorkforceDev/LRS

  VR services for Louisianans with disabilities including supported employment and job placement.

9. Family Support & Respite Care

- **Louisiana Lifespan Respite Coalition**

  Phone: 800-229-6233

  Connects Louisiana families to respite resources statewide. Respite care is covered under the NOW and Children's Choice waivers.

10. Legal Rights & Advocacy

- **Disability Rights Louisiana**

  8325 Oak Street, New Orleans, LA 70118

  Phone: 504-522-2337 | Toll-Free: 800-960-7705

  Website: disabilityrightsla.org

  Louisiana's federally mandated P&A system providing free legal advocacy for Louisianans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Greater New Orleans**

  Phone: 504-231-3939

  Website: autismgno.org

- **NAMI Louisiana**

  Phone: 225-926-8770

  Website: namiLouisiana.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Louisiana START Saving Program (ABLE)**

  Website: startsaving.la.gov

  Louisiana's ABLE savings account program for eligible individuals with disabilities.

- **Louisiana Autism Insurance Mandate**

  Louisiana mandates ABA coverage. Contact Louisiana Department of Insurance: 800-259-5300.

MAINE

1. State Autism Council / Lead Agency

- **Maine Department of Health and Human Services (DHHS) — Office of Aging and Disability Services (OADS)**

  11 State House Station, Augusta, ME 04333

  Phone: 207-287-9200 | Toll-Free: 800-262-2232

  Website: maine.gov/dhhs/oads

  Maine's lead agency for disability and long-term services. Administers Medicaid waivers for individuals with intellectual and developmental disabilities.

- **Maine Developmental Disabilities Council**

  225 Western Avenue, Suite 4, Augusta, ME 04330

  Phone: 207-287-4213

  Website: maineddc.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Maine MaineCare Section 21 (HCBS for Adults with Intellectual Disabilities)**

  Description: Comprehensive HCBS for adults with intellectual disabilities and autism, including residential supports, day habilitation, supported employment, and behavioral services.

  Waitlist: Yes — significant.

  How to Apply: Contact OADS at 207-287-9200.

- **Maine MaineCare Section 29 (Residential and Day Support)**

  Description: Provides residential and day support services for adults with developmental disabilities.

  How to Apply: Contact OADS.

3. Early Intervention (Birth–3)

- **Maine Child Development Services (CDS) — Part C**

  Part C Lead Agency: Maine Department of Education

  Phone: 207-624-6660

  Website: childrenservices.maine.gov/cds

  Statewide early intervention system for Maine infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **Maine Department of Education — Special Services Team**

  23 State House Station, Augusta, ME 04333

  Phone: 207-624-6650

  Website: maine.gov/doe/learning/specialed

  Oversees IDEA implementation in Maine public schools.

- **Maine Parent Federation — PTI**

  P.O. Box 2067, Augusta, ME 04338

  Phone: 207-623-2900 | Toll-Free: 800-870-7746

  Website: mpf.org

  Maine's federally funded PTI providing free training, advocacy, and IEP support to Maine families.

5. Autism Diagnosis & Evaluation Centers

- **Maine Medical Center — Child Neurology and Developmental Pediatrics**

  22 Bramhall Street, Portland, ME 04102

  Phone: 207-662-0111

  Website: mainehealth.org

  Major medical center providing developmental evaluations including autism assessment.

- **Eastern Maine Medical Center (EMMC) — Child Development**

  489 State Street, Bangor, ME 04401

  Phone: 207-973-7000

  Website: northernlighthealth.org

  Hospital-based developmental services including autism evaluation for Northern Maine families.

- **University of New England — Center for Excellence in Autism Research (near Maine)**

  Maine families may also access the University of Maine at Orono for developmental consultation and research participation. Contact: 207-581-2235.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Crisis & Counseling Centers of Maine**

  Phone: 800-639-1122

  Maine's statewide crisis line connecting individuals with mental health and developmental disability supports.

7. Housing & Independent Living

- **Alpha One (CIL)**

  Phone: 207-767-2189 | Toll-Free: 800-640-7200

  Website: alpha-one.org

  Maine's largest CIL providing housing advocacy, personal assistance, and independent living skills for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Maine Division of Vocational Rehabilitation (DVR)**

  150 State House Station, Augusta, ME 04333

  Phone: 207-623-7943

  Website: maine.gov/rehab/dvr

  VR services for Maine residents with disabilities including supported employment.

9. Family Support & Respite Care

- **Maine Respite Alliance**

  Phone: 207-624-5304

  Website: mainefamilycaregivers.org

  Statewide respite coordination for Maine families caring for individuals with disabilities or chronic conditions.

10. Legal Rights & Advocacy

- **Disability Rights Maine (DRM)**

  24 Stone Street, Suite 204, Augusta, ME 04330

  Phone: 207-626-2774 | Toll-Free: 800-452-1948

  Website: drme.org

Maine's federally mandated P&A system providing free legal advocacy for Mainers with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Maine**

  Phone: 207-622-3222

  Website: asmonline.org

- **NAMI Maine**

  Phone: 207-622-5767

  Website: namimaine.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **MaineSaves ABLE Plan**

  Website: mainesaves.com/able

  Maine's ABLE savings account program.

- **Maine Autism Insurance Mandate**

  Maine mandates ABA and autism treatment coverage. Contact Maine Bureau of Insurance: 800-300-5000.

MARYLAND

1. State Autism Council / Lead Agency

- **Maryland Department of Health — Developmental Disabilities Administration (DDA)**

  201 W. Preston Street, Baltimore, MD 21201

  Phone: 410-767-5600 | Toll-Free: 888-279-0098

  Website: health.maryland.gov/dda

Maryland's lead agency for developmental disability services. Administers the state's HCBS waivers through a network of Coordination of Community Services (CCS) agencies.

- **Maryland Developmental Disabilities Council (MDDC)**

  217 E. Redwood Street, Suite 1300, Baltimore, MD 21202

  Phone: 410-333-3686

  Website: md-council.org

  Federally mandated state DD council focused on advocacy, self-advocacy, and policy change.

2. Medicaid Waiver Programs

- **Maryland Medicaid Autism Waiver**

  Description: One of six dedicated autism waivers nationally. Provides intensive behavioral supports, ABA therapy, family training, and respite specifically for individuals with ASD. Serves children and adults.

  Eligibility: Autism spectrum disorder diagnosis; Medicaid-eligible; Maryland resident.

  Waitlist: Limited slots — apply immediately through DDA.

  How to Apply: Contact DDA at 888-279-0098.

- **Maryland Medicaid Community Pathways Waiver**

  Description: Comprehensive supports for adults with intellectual and developmental disabilities including autism. Services include residential, day, behavioral, and employment supports.

  How to Apply: Contact DDA.

- **Maryland Medicaid Family Supports Waiver**

  Description: Supports for individuals with developmental disabilities who live with family. Includes respite, individual supports, and behavioral services.

  How to Apply: Contact DDA.

3. Early Intervention (Birth–3)

- **Maryland Infants and Toddlers Program (MITP) — Part C**

  Part C Lead Agency: Maryland State Department of Education

  Phone: 410-767-0633

  Website: marylandpublicschools.org/programs/Pages/Special-Education/Infant-

Toddlers/index.aspx

Free evaluation and early intervention for Maryland infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **Maryland State Department of Education — Division of Special Education and Early Intervention Services**

  200 W. Baltimore Street, Baltimore, MD 21201

  Phone: 410-767-0238

  Website: marylandpublicschools.org/programs/Pages/Special-Education

  Oversees IDEA implementation in Maryland public schools.

- **Parent's Place of Maryland — PTI**

  Phone: 410-768-9100 | Toll-Free: 800-394-5694

  Website: ppmd.org

  Maryland's federally funded PTI providing free training, advocacy, and IEP support to families statewide.

5. Autism Diagnosis & Evaluation Centers

- **Kennedy Krieger Institute — Center for Autism and Related Disorders**

  707 N. Broadway, Baltimore, MD 21205

  Phone: 443-923-9200

  Website: kennedykrieger.org/patient-care/patient-care-programs/center-for-autism-and-related-disorders

  Internationally recognized center for autism diagnosis, research, and treatment. One of the premier autism specialty programs in the United States.

- **University of Maryland School of Medicine — Maryland Center for Developmental Disabilities (UCEDD)**

  630 W. Fayette Street, Baltimore, MD 21201

  Phone: 410-328-6791

  Website: umm.edu

Maryland's UCEDD providing interdisciplinary evaluations, training, and technical assistance related to developmental disabilities.

- **Johns Hopkins Hospital — Neurobehavioral Unit**

  600 N. Wolfe Street, Baltimore, MD 21287

  Phone: 410-955-5000

  Website: hopkinsmedicine.org

  World-renowned academic medical center providing autism diagnosis and behavioral treatment including for complex cases.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Maryland Crisis Hotline (MHA)**

  Phone: 800-422-0009

  Statewide 24/7 crisis line operated through Maryland's mental health system, serving individuals with disabilities.

7. Housing & Independent Living

- **Independence Now (CIL)**

  12301 Academy Way, Suite 1, Silver Spring, MD 20902

  Phone: 301-277-2839

  Website: innow.org

  CIL serving the Washington D.C./Maryland metro area providing housing advocacy and independent living services.

8. Employment & Vocational Rehabilitation

- **Maryland Division of Rehabilitation Services (DORS)**

  2301 Argonne Drive, Baltimore, MD 21218

  Phone: 888-554-0334

  Website: dors.maryland.gov

Comprehensive VR services for Marylanders with disabilities including supported employment for individuals with autism.

9. Family Support & Respite Care

- **Statewide ARCH Respite Network — Maryland**

  Phone: 410-767-5600

  Respite care is a covered service under Maryland's DDA waivers. Contact your CCS agency or DDA directly for assistance.

10. Legal Rights & Advocacy

- **Disability Rights Maryland**

  1500 Union Avenue, Suite 2000, Baltimore, MD 21211

  Phone: 410-727-6352 | Toll-Free: 800-233-7201

  Website: disabilityrightsmd.org

  Maryland's federally mandated P&A system providing free legal advocacy for Marylanders with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Greater Baltimore**

  Phone: 410-290-4501

  Website: greaterbaltimoreasl.org

- **NAMI Maryland**

  Phone: 410-884-8691

  Website: namimd.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Maryland ABLE (Maryland Achieving a Better Life Experience)**

  Website: marylandable.org

  Maryland's state ABLE savings account program.

- **Maryland Autism Insurance Mandate**

  Maryland mandates ABA and autism services coverage. Contact Maryland Insurance Administration: 800-492-6116.

MASSACHUSETTS

1. State Autism Council / Lead Agency

- **Massachusetts Department of Developmental Services (DDS)**

  1000 Washington Street, Boston, MA 02118

  Phone: 617-727-5608

  Website: mass.gov/dds

  Lead agency administering services for individuals with intellectual and developmental disabilities including autism in Massachusetts. DDS operates through seven regional offices statewide.

- **Massachusetts Developmental Disabilities Council (MDDC)**

  1150 Hancock Street, 3rd Floor, Quincy, MA 02169

  Phone: 617-770-7676

  Website: mass.gov/mddc

  Federally mandated state DD council focused on advocacy and systems change.

2. Medicaid Waiver Programs

- **MassHealth Children's Autism Waiver (Kaileigh Mulligan Waiver)**

  Description: Massachusetts is one of six states with a dedicated children's autism waiver. Provides intensive ABA, behavioral supports, respite, and family training for children with autism who need institutional-level care.

  Eligibility: Autism diagnosis; children under 18; MassHealth-enrolled; ICF/IID level of care.

  How to Apply: Contact MassHealth at 800-841-2900.

- **MassHealth HCBS Adult Autism Waiver**

  Description: For adults with autism who require intensive behavioral supports. Limited slots — one of the only adult autism-specific waivers in the country.

  How to Apply: Contact DDS at 617-727-5608.

- **MassHealth Community Living and Adult Supports Waivers (DDS)**

  Description: Comprehensive waivers for adults with I/DD including autism. Covers residential, employment, and behavioral services.

  Waitlist: Significant waitlist for DDS services.

  How to Apply: Contact DDS at 617-727-5608.

3. Early Intervention (Birth–3)

- **Massachusetts Early Intervention Program (Part C)**

  Part C Lead Agency: Massachusetts Department of Public Health

  Phone: 617-624-5070 | Toll-Free: 800-905-8437

  Website: mass.gov/early-intervention

  Free evaluation and services for Massachusetts infants and toddlers birth–36 months. One of the strongest early intervention systems in the country.

4. Special Education / IEP Support

- **Massachusetts Department of Elementary and Secondary Education — Special Education Division**

  75 Pleasant Street, Malden, MA 02148

  Phone: 781-338-3000

  Website: doe.mass.edu/sped

  Oversees IDEA implementation in Massachusetts public schools including unique "IEP 2.0" and transition planning requirements.

- **Federation for Children with Special Needs (FCSN) — PTI**

  529 Main Street, Suite 1M3, Boston, MA 02129

  Phone: 617-236-7210 | Toll-Free: 800-331-0688

  Website: fcsn.org

Massachusetts's nationally recognized PTI providing training, advocacy, and IEP support to families statewide and beyond.

5. Autism Diagnosis & Evaluation Centers

- **Lurie Center for Autism — Massachusetts General Hospital**

  1 Maguire Road, Lexington, MA 02421

  Phone: 781-860-1700

  Website: massgeneral.org/lurie-center

  Leading autism center at a Harvard-affiliated hospital. Provides comprehensive diagnosis, behavioral support, and research opportunities for children and adults.

- **Boston Children's Hospital — Developmental Medicine Center**

  300 Longwood Avenue, Boston, MA 02115

  Phone: 617-355-6000

  Website: childrenshospital.org

  Major pediatric hospital offering comprehensive autism evaluations and multidisciplinary treatment.

- **Shriver Center UCEDD — University of Massachusetts Medical School**

  200 Lakeside Drive, Suite B, Marlborough, MA 01752

  Phone: 508-856-3232

  Website: umassmed.edu/shriver

  Massachusetts's UCEDD providing evaluation, training, and research related to developmental disabilities including autism.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Massachusetts DDS Emergency Services**

  DDS funds Emergency Services Programs (ESPs) in every region, providing 24/7 mobile crisis support including for individuals with autism or I/DD. Contact your local DDS regional office.

- **Samaritans of Massachusetts Crisis Line**

  Phone: 877-870-4673

7. Housing & Independent Living

- **Boston Center for Independent Living (BCIL)**

  60 Temple Place, 5th Floor, Boston, MA 02111

  Phone: 617-338-6665

  Website: bostoncil.org

  Major CIL in Massachusetts providing housing advocacy, personal assistance services, and peer support for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Massachusetts Rehabilitation Commission (MRC)**

  600 Washington Street, Boston, MA 02111

  Phone: 617-204-3600 | Toll-Free: 800-245-6543

  Website: mass.gov/mrc

  Statewide VR services including supported employment, assistive technology, and transition services for Massachusettsans with disabilities.

9. Family Support & Respite Care

- **Massachusetts Family Caregiver Support Program**

  Phone: 800-243-4636

  Website: mass.gov/elder-affairs

  Statewide caregiver support including respite coordination for families caring for individuals of all ages with disabilities.

10. Legal Rights & Advocacy

- **Disability Law Center (DLC)**

  11 Beacon Street, Suite 925, Boston, MA 02108

  Phone: 617-723-8455 | Toll-Free: 800-872-9992

  Website: dlc-ma.org

  Massachusetts's federally mandated P&A system providing free legal advocacy and investigation for people with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Greater Boston**

  Phone: 617-527-4238

  Website: asgb.org

- **NAMI Massachusetts**

  Phone: 617-580-3283

  Website: namimass.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **ABLE-MA (Massachusetts ABLE)**

  Website: able-ma.org

  Massachusetts's ABLE savings account program for eligible individuals with disabilities.

- **Massachusetts Autism Insurance Mandate**

  Massachusetts mandates ABA and autism services coverage for all age groups — one of the strongest mandates nationwide. Contact Massachusetts Division of Insurance: 617-521-7794.

MICHIGAN

1. State Autism Council / Lead Agency

- **Michigan Department of Health and Human Services (MDHHS) — Mental Health and Substance Abuse Administration (MHSA)**

  333 S. Grand Avenue, Lansing, MI 48909

  Phone: 517-373-3500

  Website: michigan.gov/mdhhs

  Oversight of developmental disability services in Michigan. Services for individuals with autism and I/DD are administered locally through a network of 46 Community Mental Health Services Programs (CMHSPs) and Prepaid Inpatient Health Plans (PIHPs).

- **Michigan Developmental Disabilities Council**

  320 N. Walnut Street, Lansing, MI 48933

  Phone: 517-335-3158

  Website: michigan.gov/ddcouncil

  Federally mandated state DD council advocating for systems change and inclusion.

2. Medicaid Waiver Programs

- **Michigan Medicaid Habilitation Supports Waiver (HSW)**

  Description: Provides community-based habilitation, personal care, respite, and behavioral supports for adults with developmental disabilities including autism. Administered locally through CMHSPs.

  Eligibility: Developmental disability; Medicaid-eligible; Michigan resident; institutional level of care.

  Waitlist: Varies by CMHSP region — contact your local CMHSP.

  How to Apply: Contact your local CMHSP. Find yours at michigan.gov/mdhhs.

- **Michigan Children's Waiver Program (CWP)**

  Description: For children with developmental disabilities who need institutional-level care but can be served in the community. Functions similarly to Katie Beckett — ignores parental income for Medicaid eligibility.

  How to Apply: Contact your local CMHSP or MDHHS.

3. Early Intervention (Birth–3)

- **Michigan Early On (Part C)**

  Part C Lead Agency: Michigan Department of Education

  Phone: 800-327-5966

  Website: michigan.gov/mde/Early-Learners/Early-On

  Statewide early intervention for Michigan infants and toddlers birth–36 months. Free evaluation and services in natural environments.

4. Special Education / IEP Support

- **Michigan Department of Education — Office of Special Education (OSE)**

  608 W. Allegan Street, Lansing, MI 48933

  Phone: 517-373-0923

  Website: michigan.gov/mde/specialeducation

  Oversees IDEA implementation in Michigan public schools.

- **Michigan Alliance for Families — PTI**

  Phone: 517-507-0990 | Toll-Free: 800-552-4821

  Website: michiganallianceforfamilies.org

  Michigan's federally funded PTI providing free training, IEP advocacy, and resources to families across the state — including local parent mentors in every district.

5. Autism Diagnosis & Evaluation Centers

- **University of Michigan Autism and Communication Disorders Center (UMACC)**

  1111 E. Catherine Street, Ann Arbor, MI 48109

  Phone: 734-936-8600

  Website: umacc.umich.edu

  Premier autism research and clinical center in Michigan. Provides comprehensive diagnostic evaluations, behavioral treatment, and adult autism services.

- **Michigan State University — Developmental Behavioral Pediatrics**

  965 Fee Road, East Lansing, MI 48824

  Phone: 517-884-0598

  Website: msu.edu

  University-affiliated clinic providing autism evaluations and consultation for Michigan families.

- **Detroit Medical Center — Children's Hospital of Michigan — Developmental Pediatrics**

  3901 Beaubien Street, Detroit, MI 48201

  Phone: 313-745-5437

  Website: childrensdmc.org

  Major pediatric hospital providing autism evaluation and treatment in the Detroit metropolitan area.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Michigan Crisis Lines (Local CMHSPs)**

  Each CMHSP region has a 24/7 crisis line. Access Michigan statewide: 800-327-5966. Your local CMHSP's crisis line can dispatch mobile crisis teams for individuals with autism and disabilities.

7. Housing & Independent Living

- **Michigan Statewide Independent Living Council (SILC)**

  Phone: 517-371-3305

  Website: misilc.org

  Coordinates Michigan's network of 15 CILs providing housing assistance and independent living services for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Michigan Rehabilitation Services (MRS)**

  P.O. Box 30010, Lansing, MI 48909

  Phone: 800-605-6722

  Website: michigan.gov/mrs

  Statewide VR services including supported employment and transition programming for Michigan residents with disabilities.

9. Family Support & Respite Care

- **Autism Alliance of Michigan — Family Support**

  Phone: 877-463-2445

  Website: autismallianceofmichigan.org

  Statewide autism nonprofit providing family navigator services, support groups, and respite connections throughout Michigan.

10. Legal Rights & Advocacy

- **Disability Rights Michigan (DRM)**

  4095 Legacy Pkwy., Suite 500, Lansing, MI 48911

  Phone: 517-487-1755 | Toll-Free: 800-288-5923

  Website: drmichigan.org

  Michigan's federally mandated P&A system providing free legal advocacy for Michiganders with disabilities.

11. Community & Peer Support Groups

- **Autism Alliance of Michigan**

  Phone: 877-463-2445 | Website: autismallianceofmichigan.org

- **NAMI Michigan**

  Phone: 517-485-4049 | Website: namimi.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Michigan ABLE Savings Program**

  Website: michiganable.com

  Michigan's ABLE savings account program for eligible individuals with disabilities.

- **Michigan Autism Insurance Mandate**

  Michigan mandates ABA coverage. Contact Michigan Department of Insurance and Financial Services: 877-999-6442.

MINNESOTA

1. State Autism Council / Lead Agency

- **Minnesota Department of Human Services (DHS) — Disability Services Division**

  540 Cedar Street, St. Paul, MN 55101

  Phone: 651-431-2225 | Toll-Free: 800-657-3739

Website: mn.gov/dhs/people-we-serve/adults/services/disability-services

Lead state agency administering Medicaid waivers and disability services for Minnesotans with developmental disabilities including autism. Works through 87 county social service agencies.

- **Minnesota Governor's Council on Developmental Disabilities**

  658 Cedar Street, Suite 370, St. Paul, MN 55155

  Phone: 651-296-4018 | Toll-Free: 877-348-0505

  Website: mn.gov/mnddc

  Federally mandated state DD council providing advocacy, training, and public policy leadership.

2. Medicaid Waiver Programs

- **Minnesota Medicaid HCBS Developmental Disabilities (DD) Waiver**

  Description: Provides comprehensive community supports for adults with developmental disabilities including autism. Services include residential support, day programming, behavioral support, and supported employment.

  Eligibility: Developmental disability; Medical Assistance-enrolled; Minnesota resident; institutional level of care.

  Waitlist: Yes — significant.

  How to Apply: Contact your county social services office to apply for a waiver evaluation.

- **Minnesota TEFRA (Tax Equity and Fiscal Responsibility Act) — Katie Beckett Option**

  Description: Minnesota has a strong TEFRA program allowing children with significant disabilities to access Medical Assistance (Medicaid) regardless of parental income. One of the more accessible state TEFRA programs nationally.

  How to Apply: Contact your county DHS office.

- **Minnesota CADI (Community Alternative Care for Disabled Individuals) Waiver**

  For individuals with physical disabilities or chronic health conditions who would otherwise need nursing facility level of care. Shorter waitlist in some counties.

3. Early Intervention (Birth–3)

- **Minnesota's Early Intervention Program (Part C)**

  Part C Lead Agency: Minnesota Department of Education

Phone: 651-582-8200

Website: education.mn.gov/MDE/dse/sped/si/earlyintervention

Free evaluation and services for Minnesota infants and toddlers birth–36 months. Coordinated through local interagency early intervention teams.

4. Special Education / IEP Support

- **Minnesota Department of Education — Special Education Division**

  1500 Highway 36 West, Roseville, MN 55113

  Phone: 651-582-8289

  Website: education.mn.gov/mde/dse/sped

  Oversees IDEA implementation in Minnesota public schools.

- **PACER Center — PTI**

  8161 Normandale Blvd., Bloomington, MN 55437

  Phone: 952-838-9000 | Toll-Free: 800-537-2237

  Website: pacer.org

  Minnesota's nationally renowned federally funded PTI. One of the original and most influential parent training centers in the country. Provides extensive free resources, training, and one-on-one advocacy support for families across Minnesota and beyond. Also serves as a national technical assistance center.

5. Autism Diagnosis & Evaluation Centers

- **University of Minnesota — Institute on Community Integration (UCEDD)**

  109 Pattee Hall, 150 Pillsbury Drive SE, Minneapolis, MN 55455

  Phone: 612-624-4512

  Website: ici.umn.edu

  Minnesota's UCEDD providing research, training, and technical assistance related to autism and developmental disabilities.

- **Mayo Clinic — Autism Spectrum Disorders Clinic**

  200 First Street SW, Rochester, MN 55905

  Phone: 507-284-2511

Website: mayoclinic.org

World-renowned medical center offering comprehensive autism diagnostic evaluations and second opinions for complex cases.

- **Children's Minnesota Hospital — Developmental and Behavioral Pediatrics**

  2525 Chicago Avenue South, Minneapolis, MN 55404

  Phone: 612-813-6000

  Website: childrensMN.org

  Minnesota's dedicated children's hospital with autism evaluation services in the Twin Cities metro area.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Minnesota Crisis Lines (Via County CMH)**

  Phone: 800-657-3022 (DHS info line)

  Crisis support for Minnesotans with disabilities is coordinated through county-level Mental Health Centers and crisis teams. NAMI Minnesota's crisis resources: 651-645-2948.

7. Housing & Independent Living

- **Accessible Space Inc.**

  Phone: 651-645-7271 | Toll-Free: 800-466-7722

  Website: accessiblespace.org

  Develops and manages affordable housing for adults with physical, sensory, or developmental disabilities across Minnesota.

- **SILC Minnesota — Statewide Independent Living Council**

  Phone: 651-645-8912

  Website: mnsilc.org

  Coordinates Minnesota's CIL network for housing and independent living services.

8. Employment & Vocational Rehabilitation

- **Minnesota Department of Employment and Economic Development (DEED) — Vocational Rehabilitation Services**

  332 Minnesota Street, Suite E200, St. Paul, MN 55101

  Phone: 651-259-7366 | Toll-Free: 800-328-9095

  Website: mn.gov/deed/program-info/vrs

  Comprehensive VR services including supported employment and the Disability Linkage Line for Minnesotans with disabilities.

9. Family Support & Respite Care

- **Minnesota Lifespan Respite Coalition**

  Phone: 612-624-4512

  Website: mnrespite.org

  Statewide respite coordination and caregiver support. Respite is covered under Minnesota's HCBS waivers.

10. Legal Rights & Advocacy

- **Minnesota Disability Law Center (MDLC)**

  111 N. 5th Street, Suite 100, Minneapolis, MN 55403

  Phone: 612-332-1441 | Toll-Free: 800-292-4150

  Website: mndlc.org

  Minnesota's federally mandated P&A system providing free legal advocacy for Minnesotans with disabilities. Also operates as part of Legal Aid Society of Minneapolis.

11. Community & Peer Support Groups

- **Autism Society of Minnesota (AuSM)**

  Phone: 651-647-1083

  Website: ausm.org

  Active statewide autism society providing adult programs, support groups, and advocacy throughout Minnesota.

- **NAMI Minnesota**

  Phone: 651-645-2948

  Website: namimn.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Minnesota ABLE National Resource Center / ABLE for ALL**

  Website: ablenrc.org

  Minnesota residents may open ABLE accounts through the Minnesota State Treasurer's ABLE plan or the multi-state ABLE for ALL plan.
- **Minnesota Autism Insurance Mandate**

  Minnesota mandates ABA coverage for children and adults. Contact Minnesota Department of Commerce: 651-539-1500.

MISSISSIPPI

1. State Autism Council / Lead Agency

- **Mississippi Department of Mental Health (MDMH) — Bureau of Intellectual Disabilities**

  239 N. Lamar Street, Suite 1101, Jackson, MS 39201

  Phone: 601-359-1288 | Toll-Free: 877-210-8513

  Website: dmh.ms.gov

  Lead state agency for individuals with intellectual and developmental disabilities including autism. Services administered through nine Regional Mental Health Centers statewide.
- **Mississippi Council on Developmental Disabilities**

  1101 Robert E. Lee Building, 239 N. Lamar Street, Jackson, MS 39201

  Phone: 601-359-1270

  Website: mdhs.ms.gov/developmental-disabilities-division

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Mississippi Medicaid HCBS Intellectual Disabilities/Developmental Disabilities (ID/DD) Waiver**

  Description: Provides residential supports, day habilitation, supported employment, behavioral services, and respite for individuals with I/DD including autism in Mississippi.

  Eligibility: I/DD diagnosis including autism; Medicaid-eligible; Mississippi resident; ICF/IID level of care.

  Waitlist: Yes — multi-year statewide waitlist. Register immediately.

  How to Apply: Contact MDMH at 877-210-8513 or your local Regional Mental Health Center.

- **Mississippi Katie Beckett Program**

  Mississippi has expanded its Katie Beckett option to allow more children with I/DD to access Medicaid. Contact Mississippi Division of Medicaid: 800-421-2408.

3. Early Intervention (Birth–3)

- **Mississippi Early Intervention System (Part C)**

  Part C Lead Agency: Mississippi Department of Health

  Phone: 601-364-2340 | Toll-Free: 800-451-3903

  Website: msdh.ms.gov/msdhsite/_static/44,0,150.html

  Statewide early intervention for Mississippi infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Mississippi Department of Education — Bureau of Special Education**

  359 N. West Street, Jackson, MS 39201

  Phone: 601-359-3498

  Website: mdek12.org/OSE

  Oversees IDEA implementation in Mississippi public schools.

- **Parent Partners — PTI**

  Phone: 601-326-7510 | Toll-Free: 866-327-7510

  Website: msparentpartners.org

  Mississippi's federally funded PTI providing free training and IEP support to families statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Mississippi Medical Center — Center for Advancement of Youth (CAY)**

  2500 N. State Street, Jackson, MS 39216

  Phone: 601-984-5820

  Website: umc.edu

  University-affiliated center providing developmental and behavioral evaluations including autism assessment for Mississippi children.

- **Blair E. Batson Hospital for Children — Developmental Pediatrics**

  2500 N. State Street, Jackson, MS 39216

  Phone: 601-984-1000

  Website: umc.edu/batson

  Mississippi's primary pediatric hospital providing autism evaluation and treatment.

- **Mississippi State University Extension Service — Autism Resources**

  Phone: 662-325-9499

  Website: msautism.org

  Statewide autism resource coordination and training through MSU Extension, helping rural families connect to diagnostic services.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Mississippi Department of Mental Health Crisis Line**

  Phone: 888-672-3043

  Statewide 24/7 crisis line for behavioral health and developmental disability emergencies.

7. Housing & Independent Living

- **Mississippi Coalition for Citizens with Disabilities / CIL Network**

  Phone: 601-969-0601

  Connects Mississippians with disabilities to CIL services and housing resources across the state.

8. Employment & Vocational Rehabilitation

- **Mississippi Department of Rehabilitation Services (MDRS)**

  1281 Highway 51 N., Madison, MS 39110

  Phone: 601-853-5100 | Toll-Free: 800-443-1000

  Website: mdrs.ms.gov

  Statewide VR services including supported employment for Mississippians with disabilities.

9. Family Support & Respite Care

- **Mississippi Lifespan Respite Resource Center**

  Phone: 601-359-1288

  Respite care is provided through MDMH regional programs and the ID/DD waiver. Contact MDMH for referrals to local respite providers.

10. Legal Rights & Advocacy

- **Disability Rights Mississippi**

  5 Old River Place, Suite 101, Jackson, MS 39202

  Phone: 601-968-0600 | Toll-Free: 800-772-4057

  Website: drms.ms

  Mississippi's federally mandated P&A system providing free legal advocacy for Mississippians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Mississippi**

  Phone: 601-487-2892

  Website: autismms.org

- **NAMI Mississippi**

  Phone: 601-899-9058

  Website: namims.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov

- **Mississippi ABLE Savings Plan**

  Website: treasurer.ms.gov/able

  Mississippi's ABLE savings account program with an annual ABA benefit cap of $36,000 under the state insurance mandate.

- **Mississippi Autism Insurance Mandate**

  Mississippi mandates ABA coverage with a $36,000/year cap. Contact Mississippi Insurance Department: 800-562-2957.

MISSOURI

1. State Autism Council / Lead Agency

- **Missouri Department of Mental Health (DMH) — Division of Developmental Disabilities**

  1706 E. Elm Street, P.O. Box 687, Jefferson City, MO 65102

  Phone: 573-751-8676 | Toll-Free: 800-364-9687

  Website: dmh.mo.gov/dd

  Lead agency for developmental disability services in Missouri. Administers multiple Medicaid waivers and oversees regional Community Developmental Disability Organizations (CDDOs).

- **Missouri Developmental Disabilities Council (MODDC)**

  1706 E. Elm Street, Jefferson City, MO 65102

  Phone: 573-751-8611

  Website: moddcouncil.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Missouri MO HealthNet Autism Waiver**

  Description: Missouri is one of six dedicated state autism waivers. Provides ABA, behavioral support, family training, and community inclusion for individuals with an autism diagnosis.

  Eligibility: ASD diagnosis; Medicaid-eligible; Missouri resident; level of care criteria.

Waitlist: Contact DMH for current waitlist status.

How to Apply: Contact DMH Division of DD at 800-364-9687.

- **Missouri Comprehensive DD Waiver**

  Description: Provides comprehensive residential, day, and employment supports for adults with intellectual and developmental disabilities. Significant waitlist.

  How to Apply: Contact your local CDDO.

- **Missouri Partnership for Hope (PFH) Waiver**

  Description: Shorter-waitlist waiver for individuals with mild-to-moderate support needs. Provides some services while individuals await the Comprehensive waiver.

  How to Apply: Contact DMH.

3. Early Intervention (Birth–3)

- **Missouri First Steps (Part C)**

  Part C Lead Agency: Missouri Department of Elementary and Secondary Education (DESE)

  Phone: 800-735-2966

  Website: dese.mo.gov/special-education/early-intervention

  Statewide early intervention for Missouri infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Missouri Department of Elementary and Secondary Education — Special Education**

  205 Jefferson Street, Jefferson City, MO 65101

  Phone: 573-751-5739

  Website: dese.mo.gov/special-education

  Oversees IDEA implementation in Missouri public schools.

- **Missouri Parents Act (MPACT) — PTI**

  8301 State Line Road, Suite 204, Kansas City, MO 64114

  Phone: 816-531-7070 | Toll-Free: 800-743-7634

  Website: ptimpact.com

  Missouri's federally funded PTI providing free training, IEP advocacy, and family support statewide.

5. Autism Diagnosis & Evaluation Centers

- **Thompson Center for Autism and Neurodevelopment — University of Missouri**

  205 Portland Street, Columbia, MO 65211

  Phone: 573-884-6052

  Website: thompsoncenter.missouri.edu

  One of the most comprehensive autism centers in the Midwest. Provides diagnostic evaluations, ABA, school consultation, adult services, and research participation opportunities.

- **Children's Mercy Kansas City — Developmental and Behavioral Health**

  2401 Gillham Road, Kansas City, MO 64108

  Phone: 816-234-3000

  Website: childrensmercy.org

  Major pediatric hospital providing autism evaluations and treatment in the Kansas City metro area.

- **Washington University in St. Louis — Child and Adolescent Psychiatry**

  4444 Forest Park Avenue, St. Louis, MO 63108

  Phone: 314-286-2700

  Website: psychiatry.wustl.edu

  Academic medical center providing comprehensive autism diagnostic evaluations in the St. Louis region.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Missouri Department of Mental Health Crisis Line**

  Phone: 800-364-9687

  DMH crisis resources including mobile crisis for individuals with developmental disabilities. Also contact your local CDDO for behavioral crisis planning.

7. Housing & Independent Living

- **Missouri SILC — Statewide Independent Living Council**

  Phone: 573-634-9889

Website: mosilc.org

Coordinates Missouri's network of CILs providing housing assistance and independent living services.

8. Employment & Vocational Rehabilitation

- **Missouri Division of Vocational Rehabilitation (VR)**

  3024 Dupont Circle, Jefferson City, MO 65109

  Phone: 573-751-3251 | Toll-Free: 877-222-8963

  Website: vr.mo.gov

  Statewide VR services including supported employment and transition programming for Missouri residents with disabilities.

9. Family Support & Respite Care

- **Missouri Lifespan Respite Coalition**

  Phone: 573-751-8676

  Website: morespite.org

  Statewide respite coordination for Missouri families. Respite is a covered service under Missouri's DD and autism waivers.

10. Legal Rights & Advocacy

- **Missouri Protection & Advocacy Services (MoP&A)**

  925 S. Country Club Drive, Jefferson City, MO 65109

  Phone: 573-659-4400 | Toll-Free: 800-392-8667

  Website: moadvocacy.org

  Missouri's federally mandated P&A system providing free legal advocacy for Missourians with disabilities.

11. Community & Peer Support Groups

- Autism Society of Greater St. Louis

  Phone: 314-966-2211

  Website: autismstl.org

- **NAMI Missouri**

  Phone: 573-634-7727

  Website: namimo.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Missouri ABLE Savings Plan**

  Website: able.mo.gov

  Missouri's state ABLE savings account program for eligible individuals with disabilities.
- **Missouri Autism Insurance Mandate**

  Missouri does not currently have a private insurance ABA mandate but covers ABA for children through Medicaid/EPSDT and through the dedicated Autism waiver. Contact Missouri Department of Commerce & Insurance: 800-726-7390 for guidance on coverage options.

MONTANA

1. State Autism Council / Lead Agency

- **Montana Department of Public Health and Human Services (DPHHS) — Developmental Disabilities Program (DDP)**

  111 N. Sanders Street, P.O. Box 4210, Helena, MT 59604

  Phone: 406-444-2590 | Toll-Free: 877-296-1197

  Website: dphhs.mt.gov/developmental-disabilities

  Lead state agency for individuals with developmental disabilities in Montana. Administers HCBS waivers and oversees residential and day services across a largely rural state.
- **Montana Developmental Disabilities Planning and Advisory Council**

  Phone: 406-444-1334

  Website: ddpc.mt.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Montana Medicaid 0208 Comprehensive Developmental Disabilities Waiver**

  Description: Provides residential supports, day habilitation, behavioral support, and respite for individuals with developmental disabilities including autism in Montana.

  Eligibility: Developmental disability; Medicaid-eligible; Montana resident; ICF/IID level of care.

  Waitlist: Yes — waitlist varies by region. Apply immediately through DDP.

  How to Apply: Contact DDP at 406-444-2590.

3. Early Intervention (Birth–3)

- **Montana Developmental Services / Developmental Disabilities Program — Part C**

  Part C Lead Agency: Montana DPHHS

  Phone: 406-444-2995

  Website: dphhs.mt.gov/developmental-disabilities/earlyintervention

  Statewide early intervention for Montana infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **Montana Office of Public Instruction — Special Education Division**

  P.O. Box 202501, Helena, MT 59620

  Phone: 406-444-4429

  Website: opi.mt.gov/Leadership/Academic-Success/Special-Education

  Oversees IDEA implementation in Montana public schools.

- **Parents, Let's Unite for Kids (PLUK) — PTI**

  516 N. 32nd Street, Billings, MT 59101

  Phone: 406-255-0540 | Toll-Free: 800-222-7585

  Website: pluk.org

  Montana's federally funded PTI providing free IEP assistance, training, and advocacy for families of children with disabilities.

5. Autism Diagnosis & Evaluation Centers

- **Rocky Mountain College / RiverStone Health — Child Development**

  2900 12th Avenue N., Billings, MT 59101

  Phone: 406-237-3000

  Website: riverstonehealth.org

  Community health center providing developmental evaluations in the Billings area.

- **University of Montana — Rural Institute / MonTECH**

  32 Campus Drive, Missoula, MT 59812

  Phone: 406-243-4945

  Website: ruralinstitute.umt.edu

  Montana's UCEDD providing training, consultation, and technology assistance for individuals with disabilities including autism. Evaluations may be coordinated through referral.

- **Benefis Health System — Child Development Center, Great Falls**

  1101 26th Street S., Great Falls, MT 59405

  Phone: 406-455-5000

  Website: benefis.org

  Hospital-based developmental and behavioral evaluations for children in north-central Montana.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Montana DPHHS Crisis Line**

  Phone: 406-444-2590

  Contact DDP for behavioral crisis planning and referrals. Given Montana's rural geography, the 988 line and local community mental health centers are primary crisis resources.

7. Housing & Independent Living

- **Summit Independent Living (CIL)**

  Phone: 406-728-1630 | Toll-Free: 800-398-9002

  Website: summitilc.org

Montana CIL serving the Missoula region providing housing assistance and independent living supports for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Montana Vocational Rehabilitation (VR) — DPHHS**

  111 N. Sanders Street, Helena, MT 59604

  Phone: 406-444-2590 | Toll-Free: 877-296-1197

  Website: dphhs.mt.gov/vocationalrehabilitation

  Statewide VR services for Montanans with disabilities including supported employment and job placement.

9. Family Support & Respite Care

- **Montana Caregiver Network**

  Phone: 406-252-4130

  Website: mtcaregivernetwork.org

  Statewide caregiver support and respite coordination for Montana families.

10. Legal Rights & Advocacy

- **Disability Rights Montana**

  1022 Chestnut Street, Helena, MT 59601

  Phone: 406-449-2344 | Toll-Free: 800-245-4743

  Website: disabilityrightsmt.org

  Montana's federally mandated P&A system providing free legal advocacy for Montanans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Montana**

  Website: autismmt.com

  State chapter providing information, support groups, and advocacy throughout Montana.

- **NAMI Montana**

  Phone: 406-443-7871

  Website: namimontana.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Montana ABLE Savings Plan (MT ABLE)**

  Website: revenue.mt.gov/able

  Montana's ABLE savings account program for eligible individuals with disabilities.
- **Montana Autism Insurance Mandate**

  Montana does not have a comprehensive private ABA insurance mandate. Coverage is available through Medicaid/EPSDT for children. Contact the Montana Commissioner of Securities and Insurance: 800-332-6148.

NEBRASKA

1. State Autism Council / Lead Agency

- **Nebraska Department of Health and Human Services (DHHS) — Division of Developmental Disabilities**

  301 Centennial Mall South, Lincoln, NE 68509

  Phone: 402-471-6035 | Toll-Free: 800-544-2196

  Website: dhhs.ne.gov/developmental-disabilities

  Lead state agency administering Medicaid waivers and community services for Nebraskans with intellectual and developmental disabilities including autism. Works through regional service coordinators.
- **Nebraska Developmental Disabilities Council (NDDC)**

  301 Centennial Mall South, 5th Floor, Lincoln, NE 68509

  Phone: 402-471-2330

Website: ndc.nebraska.gov

Federally mandated state DD council focused on advocacy and systems change.

2. Medicaid Waiver Programs

- **Nebraska Comprehensive Developmental Disabilities (DD) Waiver**

  Description: Provides residential, day, behavioral, employment, and family support services for adults with developmental disabilities including autism.

  Eligibility: Developmental disability; Medicaid-eligible; Nebraska resident; ICF/IID level of care.

  Waitlist: Yes — waitlist varies. Apply immediately.

  How to Apply: Contact Nebraska DHHS Developmental Disabilities at 800-544-2196.

- **Nebraska TEFRA (Katie Beckett)**

  Nebraska has a generous TEFRA option allowing children with developmental disabilities to access Medicaid regardless of parental income. Contact DHHS at 800-383-4278.

3. Early Intervention (Birth–3)

- **Nebraska Early Development Network (Part C)**

  Part C Lead Agency: Nebraska Department of Education

  Phone: 402-471-0262 | Toll-Free: 888-806-6287

  Website: education.ne.gov/sped/early-childhood/early-development-network

  Statewide early intervention for Nebraska infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **Nebraska Department of Education — Special Education Office**

  301 Centennial Mall South, Lincoln, NE 68509

  Phone: 402-471-2471

  Website: education.ne.gov/sped

  Oversees IDEA implementation in Nebraska public schools.

- **Nebraska PTI — Nebraska Parents Training and Information Center**

  Phone: 402-346-0525 | Toll-Free: 800-284-8520

  Website: PTInebraska.org

Nebraska's federally funded PTI providing free training and IEP support to Nebraska families statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Nebraska Medical Center — Munroe-Meyer Institute (UCEDD)**

  985450 Nebraska Medical Center, Omaha, NE 68198

  Phone: 402-559-6430

  Website: unmc.edu/munroemeyer

  Nebraska's premier UCEDD providing comprehensive interdisciplinary autism evaluations, behavioral treatment, and research. Considered one of the top autism programs in the Great Plains region.

- **Boys Town National Research Hospital — Developmental Medicine**

  555 N. 30th Street, Omaha, NE 68131

  Phone: 402-498-6511

  Website: boystownhospital.org

  Nationally recognized medical center providing developmental and behavioral evaluations including autism assessment.

- **Children's Hospital & Medical Center — Developmental Pediatrics, Omaha**

  8200 Dodge Street, Omaha, NE 68114

  Phone: 402-955-5400

  Website: childrensomaha.org

  Nebraska's dedicated pediatric hospital with autism diagnostic and treatment services.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Nebraska Family Helpline**

  Phone: 888-866-8660

  Statewide resource and crisis navigation line for Nebraska families.

7. Housing & Independent Living

- **League of Human Dignity (CIL)**

  Phone: 402-441-7871 | Toll-Free: 800-843-4784

  Website: leagueofhumandignity.com

  Nebraska's largest CIL providing housing advocacy, personal assistance, and independent living services in Lincoln and Omaha.

8. Employment & Vocational Rehabilitation

- **Nebraska Vocational Rehabilitation (NVR)**

  301 Centennial Mall South, Lincoln, NE 68509

  Phone: 402-471-3644 | Toll-Free: 877-637-3422

  Website: vr.nebraska.gov

  Statewide VR services including supported employment and job placement for Nebraskans with disabilities.

9. Family Support & Respite Care

- **Nebraska Lifespan Respite Network**

  Phone: 402-471-6035

  Website: ne-respite.com

  Coordinates respite resources for Nebraska families statewide.

10. Legal Rights & Advocacy

- **Disability Rights Nebraska (DRN)**

  134 S. 13th Street, Suite 600, Lincoln, NE 68508

  Phone: 402-474-3183 | Toll-Free: 800-422-6691

  Website: disabilityrightsnebraska.org

  Nebraska's federally mandated P&A system providing free legal advocacy for Nebraskans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Nebraska**

  Phone: 402-496-9004

  Website: autismne.org

- **NAMI Nebraska**

  Phone: 402-345-8101

  Website: naminebr.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Nebraska Enable Savings Plan (ABLE)**

  Website: nebraskaenablesavings.com

  Nebraska's ABLE savings account program for eligible individuals with disabilities.

- **Nebraska Autism Insurance Mandate**

  Nebraska mandates ABA coverage. Contact Nebraska Department of Insurance: 877-564-7323.

NEVADA

1. State Autism Council / Lead Agency

- **Nevada Division of Public and Behavioral Health (DPBH) — Developmental Services**

  4126 Technology Way, Suite 102, Carson City, NV 89706

  Phone: 775-684-3460

  Website: dpbh.nv.gov/Programs/Developmental_Services

  Lead state agency for adults with developmental disabilities in Nevada. Administers Medicaid waivers and contracts with community providers. Limited state capacity in rural areas.

- **Nevada Governor's Council on Developmental Disabilities (GCDD)**

  896 W. Nye Lane, Suite 202, Carson City, NV 89703

  Phone: 775-684-8619

Website: nevadaddcouncil.org

Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Nevada Medicaid HCBS Waiver for Persons with Intellectual Disabilities and Related Conditions (IDD Waiver)**

  Description: Provides community-based supports for adults with intellectual disabilities and related conditions including autism. Services include residential habilitation, day supports, respite, and behavioral services.

  Eligibility: I/DD diagnosis; Medicaid-eligible; Nevada resident; institutional level of care.

  Waitlist: Yes — multi-year wait common in Nevada. Apply immediately.

  How to Apply: Contact Nevada Medicaid at 800-992-0900 or DPBH Developmental Services.

- **Nevada Katie Beckett / TEFRA**

  Nevada has a TEFRA-like option for children. Contact Nevada Medicaid for eligibility information: 800-992-0900.

3. Early Intervention (Birth–3)

- **Nevada Early Intervention Services (NEIS) — Part C**

  Part C Lead Agency: Nevada Department of Education

  Phone: 775-687-0588

  Website: doe.nv.gov/Students_Parents/Special_Education/Early_Intervention

  Statewide early intervention for Nevada infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **Nevada Department of Education — Special Education**

  700 E. Fifth Street, Carson City, NV 89701

  Phone: 775-687-9171

  Website: doe.nv.gov/Students_Parents/Special_Education

  Oversees IDEA implementation in Nevada public schools.

- **Nevada PEP — Parent Training & Information Center**

  2810 W. Charleston Blvd., Suite G-68, Las Vegas, NV 89102

  Phone: 702-388-8899 | Toll-Free: 800-216-5188

  Website: nvpep.org

  Nevada's federally funded PTI providing free IEP support, training, and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Nevada, Las Vegas — Child Development Clinic**

  4505 Maryland Parkway, Las Vegas, NV 89154

  Phone: 702-895-3111

  Website: unlv.edu

  University-based developmental evaluations including autism assessment in Las Vegas.

- **Nevada Autism Center — Las Vegas**

  Phone: 702-629-3030

  Website: nevadaautismcenter.com

  Autism-specific diagnostic and ABA therapy center serving the Las Vegas metropolitan area.

- **Renown Children's Hospital — Developmental Pediatrics, Reno**

  1155 Mill Street, Reno, NV 89502

  Phone: 775-982-5437

  Website: renown.org

  Hospital-based developmental evaluations including autism assessment for Northern Nevada families.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Nevada Crisis Call Center**

  Phone: 800-992-5757

  Statewide 24/7 crisis line including support for individuals with disabilities and their caregivers.

7. Housing & Independent Living

- **Nevada Center for Excellence in Disabilities / SILC**

  Phone: 775-784-4060

  Website: nced.info

  Nevada's UCEDD and SILC coordinating independent living and disability services statewide.

8. Employment & Vocational Rehabilitation

- **Nevada Bureau of Vocational Rehabilitation (BVR)**

  1325 Corporate Blvd., Suite 160, Reno, NV 89502

  Phone: 775-687-6860 (Northern) | 702-486-5230 (Southern)

  Website: detr.nv.gov/bvr

  Statewide VR services including supported employment for Nevadans with disabilities.

9. Family Support & Respite Care

- **Nevada Lifespan Respite Coalition**

  Phone: 775-784-4060

  Coordinates respite resources for Nevada families. Respite is covered under the IDD Medicaid waiver.

10. Legal Rights & Advocacy

- **Nevada Disability Advocacy and Law Center (NDALC)**

  2820 W. Charleston Blvd., Suite B-29, Las Vegas, NV 89102

  Phone: 702-257-8150 | Toll-Free: 888-349-3843

  Website: ndalc.org

  Nevada's federally mandated P&A system providing free legal advocacy for Nevadans with disabilities.

11. Community & Peer Support Groups

- **Autism Coalition of Nevada**

  Website: autismcoalitionofnevada.org

- **NAMI Nevada**

  Phone: 775-329-6264

  Website: naminevada.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Nevada ABLE Savings Plan**

  Website: nevadatreasurer.gov/able

  Nevada's ABLE savings account program for eligible individuals with disabilities.
- **Nevada Autism Insurance Mandate**

  Nevada mandates ABA coverage effective 2013. Contact Nevada Division of Insurance: 888-872-3234.

NEW HAMPSHIRE

1. State Autism Council / Lead Agency

- **New Hampshire Department of Health and Human Services (DHHS) — Bureau of Developmental Services (BDS)**

  105 Pleasant Street, Concord, NH 03301

  Phone: 603-271-5034

  Website: dhhs.nh.gov/programs-services/disability-aging-and-community-services/developmental-disabilities

  Lead agency for individuals with developmental disabilities in New Hampshire. Services are delivered through a network of 10 regional Area Agencies (AAs) statewide — the primary entry point for most families.
- **New Hampshire Council on Developmental Disabilities**

  21 S. Fruit Street, Suite 29, Concord, NH 03301

  Phone: 603-271-3236

Website: nhddc.com

Federally mandated state DD council.

2. Medicaid Waiver Programs

- **New Hampshire Medicaid Developmental Disabilities (DD) Waiver**

  Description: Provides residential, day habilitation, behavioral support, respite, and employment supports for adults with developmental disabilities including autism, administered through the 10 regional Area Agencies.

  Eligibility: Developmental disability; Medicaid-eligible; NH resident; functional level of need.

  Waitlist: Yes — waitlists managed by Area Agencies. Apply through your regional AA immediately.

  How to Apply: Contact your regional Area Agency. Directory at dhhs.nh.gov.

- **NH Katie Beckett / TEFRA**

  NH participates in a TEFRA option for children with significant disabilities. Contact NH Medicaid: 800-852-3345.

3. Early Intervention (Birth–3)

- **New Hampshire Family-Centered Early Supports and Services (FCESS) — Part C**

  Part C Lead Agency: New Hampshire DHHS Bureau of Developmental Services

  Phone: 603-271-5122

  Website: dhhs.nh.gov/programs-services/disability-aging-and-community-services/developmental-disabilities/early-supports-services

  Free evaluation and early intervention services for NH infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **New Hampshire Department of Education — Bureau of Special Education**

  101 Pleasant Street, Concord, NH 03301

  Phone: 603-271-3741

  Website: education.nh.gov/student-support/special-education

  Oversees IDEA implementation in New Hampshire public schools.

- **Parent Information Center (PIC) of New Hampshire — PTI**

  P.O. Box 2405, Concord, NH 03302

  Phone: 603-224-7005 | Toll-Free: 800-947-7005

  Website: picnh.org

  New Hampshire's federally funded PTI providing free IEP support, workshops, and advocacy to NH families.

5. Autism Diagnosis & Evaluation Centers

- **Dartmouth-Hitchcock Medical Center — Developmental and Behavioral Pediatrics**

  1 Medical Center Drive, Lebanon, NH 03756

  Phone: 603-650-5000

  Website: dartmouth-hitchcock.org

  New Hampshire's academic medical center providing comprehensive autism evaluations and multidisciplinary assessments.

- **Crotched Mountain Rehabilitation Center**

  1 Verney Drive, Greenfield, NH 03047

  Phone: 603-547-3311

  Website: crotchedmountain.org

  Specialized rehabilitation center serving individuals with complex developmental needs including autism.

- **Easter Seals New Hampshire — Developmental Services**

  555 Auburn Street, Manchester, NH 03103

  Phone: 603-623-8863

  Website: easterseals.com/nh

  Provides a range of autism diagnostic, therapy, and support services across New Hampshire.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **NH Crisis Services (via Area Agencies)**

  Each regional Area Agency in New Hampshire offers crisis planning and supports for individuals with developmental disabilities. Contact BDS at 603-271-5034 for your regional AA's crisis line.

7. Housing & Independent Living

- **Granite State Independent Living (GSIL)**

  21 Chenell Drive, Concord, NH 03301

  Phone: 603-228-9680 | Toll-Free: 800-826-3700

  Website: gsil.org

  New Hampshire's CIL providing housing advocacy, personal assistance, and independent living services for adults with disabilities statewide.

8. Employment & Vocational Rehabilitation

- **New Hampshire Vocational Rehabilitation (NHVR)**

  21 S. Fruit Street, Suite 20, Concord, NH 03301

  Phone: 603-271-3471 | Toll-Free: 800-299-1647

  Website: education.nh.gov/career-and-workforce/vocational-rehabilitation

  VR services for New Hampshirites with disabilities including supported employment for individuals with autism.

9. Family Support & Respite Care

- **NH Family Support Network**

  Phone: 603-271-5034

  Family support and respite care are provided through BDS Area Agencies and the DD waiver. Contact your regional Area Agency for local family support services.

10. Legal Rights & Advocacy

- **Disability Rights Center – New Hampshire (DRC-NH)**

  64 N. Main Street, Suite 2, Concord, NH 03301

  Phone: 603-228-0432 | Toll-Free: 800-834-1721

  Website: drcnh.org

New Hampshire's federally mandated P&A system providing free legal advocacy for Granite Staters with disabilities.

11. Community & Peer Support Groups

- **Autism Society of New Hampshire**

  Website: autismnh.org

- **NAMI New Hampshire**

  Phone: 603-225-5359

  Website: naminh.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **NH ABLE (NH ABLE Savings Plan)**

  Website: nhable.com

  New Hampshire's ABLE savings account for eligible individuals with disabilities.

- **New Hampshire Autism Insurance Mandate**

  NH mandates ABA coverage. Contact NH Insurance Department: 800-852-3416.

NEW JERSEY

1. State Autism Council / Lead Agency

- **New Jersey Department of Human Services (DHS) — Division of Developmental Disabilities (DDD)**

  222 S. Warren Street, P.O. Box 726, Trenton, NJ 08625

  Phone: 800-832-9173

  Website: nj.gov/humanservices/ddd

  Lead agency for adult services for individuals with intellectual and developmental disabilities

including autism. NJ DDD administers Medicaid-funded supports through a managed care system using Support Coordinators.

- **New Jersey Council on Developmental Disabilities**

  20 W. State Street, 6th Floor, P.O. Box 700, Trenton, NJ 08625

  Phone: 609-292-3745

  Website: njcdd.org

  Federally mandated state DD council engaged in advocacy and systems change.

2. Medicaid Waiver Programs

- **New Jersey DDD Supports Program Waiver**

  Description: Provides community-based supports for adults with I/DD including autism. Services include day programs, residential supports, employment, behavioral supports, and respite.

  Eligibility: I/DD diagnosis including autism; DDD-eligible (determined by DDD); age 21+; NJ resident; Medicaid-enrolled.

  How to Apply: Apply to DDD for eligibility determination first: 800-832-9173.

- **New Jersey Children's System of Care (CSOC)**

  Description: For children under 21 with developmental or behavioral health needs including autism. Provides care coordination and access to services through managed care. Separate from DDD.

  How to Apply: Contact CSOC at 877-652-7624.

3. Early Intervention (Birth–3)

- **New Jersey Early Intervention System (NJEIS) — Part C**

  Part C Lead Agency: New Jersey Department of Health

  Phone: 609-777-7734 | Toll-Free: 888-NJEIS23 (653-4723)

  Website: nj.gov/health/fhs/eis

  New Jersey's statewide early intervention program for infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **New Jersey Department of Education — Office of Special Education**

  100 Riverview Plaza, P.O. Box 500, Trenton, NJ 08625

  Phone: 609-292-0147

  Website: nj.gov/education/specialed

  Oversees IDEA implementation in New Jersey's public schools.

- **Statewide Parent Advocacy Network (SPAN) — PTI**

  35 Halsey Street, 4th Floor, Newark, NJ 07102

  Phone: 973-642-8100 | Toll-Free: 800-654-7726

  Website: spanadvocacy.org

  New Jersey's federally funded PTI providing free training, IEP advocacy, and statewide family support.

5. Autism Diagnosis & Evaluation Centers

- **Rutgers Center for Autism Research, Education, and Services (RUCARES)**

  671 Hoes Lane West, Piscataway, NJ 08854

  Phone: 732-235-9300

  Website: rucares.org

  Major NJ university autism center providing comprehensive evaluations, ABA treatment, and research participation.

- **Children's Specialized Hospital — Developmental Pediatrics**

  150 New Providence Road, Mountainside, NJ 07092

  Phone: 888-244-5373

  Website: childrens-specialized.org

  New Jersey's premier children's rehabilitation hospital offering autism evaluations and treatment programs statewide.

- **Hackensack Meridian Health — Child Development Center**

  30 Prospect Avenue, Hackensack, NJ 07601

  Phone: 551-996-2000

  Website: hackensackmeridianhealth.org

Major North Jersey health system providing autism evaluations through its child development program.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **NJ MentalHealthCares Helpline**

  Phone: 866-202-4357

  Website: njmentalhealthcares.org

  NJ's statewide behavioral health information and referral line including crisis support.

7. Housing & Independent Living

- **New Jersey SILC / CIL Network**

  Phone: 609-292-1192

  Website: njsilc.org

  Coordinates New Jersey's CIL network providing housing advocacy and independent living services for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **New Jersey Division of Vocational Rehabilitation Services (DVRS)**

  135 E. State Street, P.O. Box 398, Trenton, NJ 08625

  Phone: 609-292-7318 | Toll-Free: 866-871-7867

  Website: nj.gov/labor/career-services/special-services/individuals-with-disabilities

  Statewide VR services for New Jerseyans with disabilities including supported employment and transition planning.

9. Family Support & Respite Care

- **Autism New Jersey — Family Support**

  Phone: 609-588-8200 | Toll-Free: 800-428-8476

  Website: autismnj.org

  NJ's leading autism organization providing family support, an information helpline, crisis navigation, and respite connections statewide.

10. Legal Rights & Advocacy

- **Disability Rights New Jersey (DRNJ)**

  210 S. Broad Street, 3rd Floor, Trenton, NJ 08608

  Phone: 609-292-9742 | Toll-Free: 800-922-7233

  Website: drnj.org

  New Jersey's federally mandated P&A system providing free legal advocacy for New Jerseyans with disabilities.

11. Community & Peer Support Groups

- **Autism New Jersey**

  Phone: 609-588-8200 | Website: autismnj.org

- **NAMI New Jersey**

  Phone: 732-940-0991

  Website: naminj.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **New Jersey Better Futures ABLE Plan**

  Website: njbetterfutures.com

  New Jersey's ABLE savings account program for eligible individuals with disabilities.

- **New Jersey Autism Insurance Mandate**

  NJ mandates ABA coverage. Contact NJ Department of Banking and Insurance: 800-446-7467.

NEW MEXICO

1. State Autism Council / Lead Agency

- **New Mexico Department of Health (NMDOH) — Developmental Disabilities Supports Division (DDSD)**

810 W. San Mateo, Suite 100, Santa Fe, NM 87505

Phone: 505-476-8973 | Toll-Free: 888-878-1574

Website: doh.nm.gov/developmental-disabilities

Lead state agency for developmental disability services in New Mexico. Coordinates supports through Regional Offices and contracted provider agencies.

- **New Mexico Developmental Disabilities Planning Council (DDPC)**

  625 Silver Avenue SW, Suite 100B, Albuquerque, NM 87102

  Phone: 505-841-4519

  Website: nmddpc.com

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **New Mexico Developmental Disabilities (DD) Medicaid Waiver**

  Description: Provides residential, day habilitation, behavioral support, employment, and family support services for individuals with developmental disabilities including autism.

  Eligibility: Developmental disability; Medicaid-enrolled; NM resident; level of care met.

  Waitlist: Yes — multiple-year wait in NM. Apply immediately.

  How to Apply: Contact DDSD at 888-878-1574.

- **Mi Via Self-Directed Waiver**

  Description: New Mexico's robust self-direction waiver allowing individuals to manage their own supports and hire their own workers. Strong option for individuals with autism seeking flexible community supports.

  How to Apply: Contact DDSD.

3. Early Intervention (Birth–3)

- **New Mexico Family Infant Toddler (FIT) Program — Part C**

  Part C Lead Agency: New Mexico Department of Health

  Phone: 505-476-8973 | Toll-Free: 800-691-9067

  Website: nmececd.org/fit

  Statewide early intervention for New Mexico infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **New Mexico Public Education Department — Special Education Bureau**

  300 Don Gaspar Avenue, Santa Fe, NM 87501

  Phone: 505-827-1457

  Website: ped.state.nm.us/ped/SEB_index.html

  Oversees IDEA implementation in New Mexico public schools.

- **EPICS (Education for Parents of Indian Children with Special Needs) — PTI**

  Phone: 505-766-8900 | Toll-Free: 800-765-7320

  Website: epicsnm.org

  Federally funded PTI serving families of Native American children with disabilities and all New Mexico families through training and advocacy.

5. Autism Diagnosis & Evaluation Centers

- **University of New Mexico — Center for Development and Disability (UCEDD)**

  2300 Menaul Blvd. NE, Albuquerque, NM 87107

  Phone: 505-272-3000

  Website: cdd.unm.edu

  New Mexico's UCEDD providing interdisciplinary autism evaluations, research, training, and statewide technical assistance.

- **UNM Children's Hospital — Developmental Pediatrics**

  2211 Lomas Blvd. NE, Albuquerque, NM 87106

  Phone: 505-272-5551

  Website: hospitals.health.unm.edu

  University hospital providing developmental and behavioral evaluations including autism assessment.

- **Presbyterian Healthcare Services — Child Psychiatry and Developmental Services**

  1100 Central Avenue SE, Albuquerque, NM 87106

  Phone: 505-841-1234

Website: phs.org

Community-based developmental evaluations and autism services in Albuquerque.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **New Mexico Crisis and Access Line (MCAL)**

  Phone: 855-662-7474

  24/7 statewide crisis and access line including for individuals with developmental disabilities.

7. Housing & Independent Living

- **New Mexico Technology Assistance Program (NMTAP) / CIL Network**

  Phone: 505-272-3900

  Website: nmsilc.org

  Statewide CIL network coordinating housing and independent living resources for adults with disabilities in New Mexico.

8. Employment & Vocational Rehabilitation

- **New Mexico Division of Vocational Rehabilitation (NMDVR)**

  435 St. Michaels Drive, Building D, Santa Fe, NM 87505

  Phone: 505-954-8500 | Toll-Free: 800-224-7005

  Website: dvr.state.nm.us

  VR services for New Mexicans with disabilities including supported employment.

9. Family Support & Respite Care

- **New Mexico Caregivers Coalition**

  Phone: 505-272-3000

  Statewide respite and caregiver support coordination. Mi Via waiver participants can self-direct respite services.

10. Legal Rights & Advocacy

- **Disability Rights New Mexico (DRNM)**

  3916 Juan Tabo Blvd. NE, Suite 1B, Albuquerque, NM 87111

  Phone: 505-256-3100 | Toll-Free: 800-432-4682

  Website: drnm.org

  New Mexico's federally mandated P&A system providing free legal advocacy for New Mexicans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of New Mexico**

  Phone: 505-332-9064

  Website: autismnm.org

- **NAMI New Mexico**

  Phone: 505-260-0992

  Website: naminewmexico.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **New Mexico ABLE Savings Plan**

  Website: nm.able-account.org

  New Mexico's ABLE savings account program for eligible individuals with disabilities.

- **New Mexico Autism Insurance Mandate**

  NM enacted an autism insurance coverage law in 2007. Contact New Mexico Office of Superintendent of Insurance: 800-947-4722.

NEW YORK

1. State Autism Council / Lead Agency

- **New York State Office for People With Developmental Disabilities (OPWDD)**

  44 Holland Avenue, Albany, NY 12229

  Phone: 518-473-1997 | Toll-Free: 866-946-9733

  Website: opwdd.ny.gov

  New York's primary state agency for individuals with developmental disabilities including autism. OPWDD administers the state's massive HCBS waiver system, Medicaid Service Coordination, and oversight of providers statewide. Eligibility requires OPWDD determination of developmental disability with functional impairment prior to age 22.

- **NYS Developmental Disabilities Planning Council (DDPC)**

  99 Washington Avenue, Suite 1230, Albany, NY 12210

  Phone: 518-486-7505

  Website: ddpc.ny.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **New York OPWDD Comprehensive HCBS Waiver**

  Description: One of the largest developmental disability service systems in the nation. Services include residential habilitation, supported employment, day habilitation, community habilitation, respite, and behavioral supports. Service delivery is person-centered through Individualized Service Plans.

  Eligibility: Must be determined eligible by OPWDD (requires I/DD or autism with functional impairment before age 22); Medicaid-enrolled.

  How to Apply: Apply to OPWDD for a front door eligibility determination: 866-946-9733.

- **NY Katie Beckett Program**

  NY has a Katie Beckett option for children who would otherwise need institutional care. Contact OPWDD or NY Medicaid: 800-541-2831.

3. Early Intervention (Birth–3)

- **New York State Early Intervention Program (Part C)**

  Part C Lead Agency: NYS Department of Health

Phone: 518-473-7016 | Toll-Free: 800-522-5006 (Growing Up Healthy Hotline)

Website: health.ny.gov/community/infants_children/early_intervention

Statewide early intervention for New York infants and toddlers birth–36 months. One of the largest EI systems in the country — fully funded by the state for families.

4. Special Education / IEP Support

- **New York State Education Department — Office of Special Education**

  89 Washington Avenue, Albany, NY 12234

  Phone: 518-473-2878

  Website: p12.nysed.gov/specialed

  Oversees IDEA implementation in New York's public schools. New York has unique "Committee on Special Education" (CSE) structures at the district level.

- **Advocates for Children of New York (AFC) — PTI**

  151 W. 30th Street, 5th Floor, New York, NY 10001

  Phone: 212-947-9779

  Website: advocatesforchildren.org

  PTI serving New York City families, providing free legal advocacy and IEP support.

- **Resources for Children with Special Needs (RCSN)**

  Phone: 212-677-4650

  Website: resourcesnyc.org

  NYC-area organization providing IEP guidance, family support, and resource navigation.

5. Autism Diagnosis & Evaluation Centers

- **NYU Langone — Hassenfeld Children's Hospital, Child Study Center**

  One Park Avenue, New York, NY 10016

  Phone: 212-263-6622

  Website: nyulangone.org/autism

  World-class autism evaluation and treatment center within NYU's academic medical system.

- **Columbia University Irving Medical Center — Center for Autism and the Developing Brain (CADB)**

21 Bloomingdale Road, White Plains, NY 10605

Phone: 914-997-8684

Website: columbiapsychiatry.org/research/autism

Interdisciplinary autism center providing evaluations, ABA therapy, and research participation.

- **Golisano Children's Hospital — University of Rochester Medical Center**

  601 Elmwood Avenue, Rochester, NY 14642

  Phone: 585-275-2808

  Website: urmc.rochester.edu

  Major academic medical center providing autism evaluations and clinical research in upstate New York.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **OPWDD Crisis Supports**

  OPWDD-enrolled individuals can access behavioral crisis supports through their Medicaid Service Coordinator. Contact OPWDD at 866-946-9733 for crisis planning resources.

- **OMH Crisis Line (NY Office of Mental Health)**

  Phone: 800-543-3638

  State crisis resources for individuals with mental health and dual diagnosis needs.

7. Housing & Independent Living

- **Brooklyn Center for Independence of the Disabled (BCID)**

  Phone: 718-998-3000

  Website: bcid.org

  NYC-area CIL providing housing advocacy and independent living services.

- **New York State Independent Living Council (NYSILC)**

  Phone: 518-427-1060

  Website: nysilc.org

  Coordinates NY's statewide CIL network for housing and independent living.

8. Employment & Vocational Rehabilitation

- **New York State Education Department — Adult Career and Continuing Education Services (ACCES-VR)**

  89 Washington Avenue, Albany, NY 12234

  Toll-Free: 800-222-5627

  Website: acces.nysed.gov/vr

  Statewide VR services including supported employment and transition programs for New Yorkers with disabilities.

9. Family Support & Respite Care

- **Family Support Services — OPWDD**

  OPWDD funds Family Support Services (FSS) and respite programs for families of individuals with developmental disabilities. Contact your OPWDD Developmental Disabilities Regional Office (DDRO) for access.

10. Legal Rights & Advocacy

- **Disability Rights New York (DRNY)**

  725 Broadway, Suite 450, Albany, NY 12207

  Phone: 518-432-7861 | Toll-Free: 800-993-8982

  Website: drny.org

  New York's federally mandated P&A system providing free legal advocacy for New Yorkers with disabilities statewide.

11. Community & Peer Support Groups

- **Autism Society of Greater New York**

  Phone: 888-288-4762 (Autism Speaks NY Affiliate)

  Website: autismsocietyofgreaterny.org

- **NAMI New York State**

  Phone: 518-462-2000

  Website: naminys.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **NY ABLE (New York ABLE Savings Program)**

  Website: nyable.gov

  New York's ABLE savings account program for eligible individuals with disabilities.
- **New York Autism Insurance Mandate**

  New York mandates ABA and autism treatment coverage. Contact NY Department of Financial Services: 800-342-3736.

NORTH CAROLINA

1. State Autism Council / Lead Agency

- **North Carolina Department of Health and Human Services (NCDHHS) — Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMHDDSAS)**

  3001 Mail Service Center, Raleigh, NC 27699

  Phone: 919-733-7011

  Website: ncdhhs.gov/divisions/mhddsas

  Lead agency for developmental disability services in North Carolina. Services managed locally through Local Management Entities/Managed Care Organizations (LME/MCOs) statewide.
- **North Carolina Council on Developmental Disabilities**

  357 W. Lane Street, Suite 200, Raleigh, NC 27603

  Phone: 919-850-2901

  Website: nccdd.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **North Carolina Innovations Waiver**

  Description: Primary HCBS waiver for adults with intellectual and developmental disabilities

including autism. Services include residential, day, supported employment, and behavioral supports.

Eligibility: I/DD diagnosis; Medicaid-eligible; NC resident; ICF/IID level of care.

Waitlist: North Carolina has one of the longest waiver waitlists in the nation — 10+ years in some regions. Placement is managed through the Registry of Unmet Needs (Registry). Get on the Registry immediately.

How to Apply: Contact your regional LME/MCO to be placed on the Registry of Unmet Needs.

- **NC CAP/C (Community Alternatives Program for Children)**

  For children with significant disabilities who need nursing level of care. Shorter waitlist than Innovations in some regions.

  How to Apply: Contact your LME/MCO.

3. Early Intervention (Birth–3)

- **North Carolina Infant-Toddler Program (NC ITP) — Part C**

  Part C Lead Agency: NCDHHS Division of Public Health

  Phone: 919-707-5520

  Website: ncdhhs.gov/divisions/child-and-family-well-being/north-carolina-infant-toddler-program

  Free evaluation and early intervention services for NC infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **NC Department of Public Instruction — Exceptional Children Division**

  6301 Mail Service Center, Raleigh, NC 27699

  Phone: 919-807-3969

  Website: ec.ncpublicschools.gov

  Oversees IDEA implementation in North Carolina public schools.

- **Exceptional Children's Assistance Center (ECAC) — PTI**

  907 Barra Row, Suite 102-103, Davidson, NC 28036

  Phone: 704-892-1321 | Toll-Free: 800-962-6817

  Website: ecacmail.org

North Carolina's federally funded PTI providing free training, IEP support, and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **UNC Chapel Hill — TEACCH Autism Program**

  100 Renee Lynne Court, Carrboro, NC 27510

  Phone: 919-966-2174

  Website: teacch.com

  The globally renowned TEACCH program — developed at UNC — provides diagnostic evaluations, behavioral treatment using TEACCH methodology, and training for professionals and families across NC and the world.

- **Duke University Medical Center — Duke Center for Autism and Brain Development**

  2608 Erwin Road, Suite 300, Durham, NC 27705

  Phone: 919-419-3474

  Website: autismdukehealth.org

  Major academic medical center offering comprehensive autism evaluations and research at Duke.

- **Atrium Health — Child and Adolescent Psychiatry, Charlotte**

  1000 Blythe Blvd., Charlotte, NC 28203

  Phone: 704-355-2000

  Website: atriumhealth.org

  Hospital-based autism evaluation and behavioral health services in the Charlotte region.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **NC Crisis Lines (via LME/MCOs)**

  Each LME/MCO region has a 24/7 crisis line for individuals with developmental disabilities and behavioral health needs. Contact your LME/MCO or NCDHHS at 919-733-7011 for your local number.

7. Housing & Independent Living

- **North Carolina SILC / CIL Network**

  Phone: 919-890-0090

  Website: ncsilc.org

  Coordinates North Carolina's CIL network providing housing advocacy and independent living services for adults with disabilities statewide.

8. Employment & Vocational Rehabilitation

- **NC Division of Vocational Rehabilitation Services (DVRS)**

  2801 Mail Service Center, Raleigh, NC 27699

  Toll-Free: 800-689-9090

  Website: ncdhhs.gov/dvrs

  VR services for North Carolinians with disabilities including supported employment and transition services for students.

9. Family Support & Respite Care

- **Autism Society of North Carolina — Family Support Services**

  Phone: 800-442-2762

  Website: autismsociety-nc.org

  One of the most active state autism societies in the nation, ASNC provides extensive family support, crisis services, ABA, adult programs, and an information helpline statewide.

10. Legal Rights & Advocacy

- **Disability Rights North Carolina (DRNC)**

  3724 National Drive, Suite 100, Raleigh, NC 27612

  Phone: 919-856-2195 | Toll-Free: 877-235-4210

  Website: disabilityrightsnc.org

  North Carolina's federally mandated P&A system providing free legal advocacy for North Carolinians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of North Carolina (ASNC)**

  Phone: 800-442-2762 | Website: autismsociety-nc.org

- **NAMI North Carolina**

  Phone: 919-788-0801

  Website: naminc.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **NC ABLE (North Carolina ABLE Savings Program)**

  Website: ncable.com

  North Carolina's ABLE savings account program.

- **North Carolina Autism Insurance Mandate**

  NC mandates ABA coverage. Contact NC Department of Insurance: 855-408-1212.

NORTH DAKOTA

1. State Autism Council / Lead Agency

- **North Dakota Department of Human Services (NDDHS) — Developmental Disabilities Division**

  1237 W. Divide Avenue, Suite 1A, Bismarck, ND 58501

  Phone: 701-328-8936 | Toll-Free: 800-755-8529

  Website: hhs.nd.gov/developmental-disabilities

  Lead state agency for individuals with developmental disabilities in North Dakota.

- **North Dakota Developmental Disabilities Council**

  1600 E. Century Avenue, Suite 10, Bismarck, ND 58503

  Phone: 701-328-8950

  Website: ndddc.nd.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **North Dakota Medicaid HCBS Developmental Disabilities (DD) Waiver**

  Description: Provides residential, day, behavioral, and employment supports for individuals with I/DD including autism.

  Eligibility: Developmental disability; Medicaid-eligible; ND resident; ICF/IID level of care.

  Waitlist: Yes — limited slots.

  How to Apply: Contact NDDHS at 800-755-8529.

- **North Dakota Katie Beckett / TEFRA**

  ND participates in a TEFRA option for children with disabilities. Contact ND Medicaid: 844-854-4825.

3. Early Intervention (Birth–3)

- **North Dakota Early Intervention Program (ND EI) — Part C**

  Part C Lead Agency: North Dakota Department of Human Services

  Phone: 701-328-8936

  Website: hhs.nd.gov/developmental-disabilities/early-intervention

  Free evaluation and services for ND infants and toddlers birth–36 months.

4. Special Education / IEP Support

- **North Dakota Department of Public Instruction — Special Education**

  600 E. Boulevard Avenue, Bismarck, ND 58505

  Phone: 701-328-2277

  Website: nd.gov/dpi/districtsschools/specialed

  Oversees IDEA in North Dakota public schools.

- **Pathfinder Services of ND — PTI**

  16 S. 12th Street, Suite 8, Fargo, ND 58103

  Phone: 701-293-2707 | Toll-Free: 800-245-5840

  Website: pathfindernd.org

  North Dakota's federally funded PTI providing free IEP training and family advocacy.

5. Autism Diagnosis & Evaluation Centers

- **Sanford Health — Child and Adolescent Psychiatry, Fargo**

  801 Broadway N., Fargo, ND 58122

  Phone: 701-234-2000

  Website: sanfordhealth.org

  Major regional health system providing developmental evaluations and autism assessment in the Fargo-Moorhead area.

- **University of North Dakota — Center for Disabilities, Grand Forks**

  501 N. Columbia Road, Grand Forks, ND 58202

  Phone: 701-777-2519

  Website: med.und.edu/cfd

  UND's interdisciplinary developmental center providing evaluation and training resources related to autism.

- **Altru Health System — Behavioral Health, Grand Forks**

  1200 S. Columbia Road, Grand Forks, ND 58201

  Phone: 701-780-5000

  Website: altru.org

  Regional health system providing behavioral evaluations and autism assessment for northeastern ND families.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **FirstLink ND Crisis Line**

  Phone: 701-235-7335 | Toll-Free: 800-472-2911

  Statewide crisis and information line available 24/7 for Dakotans in crisis including those with disabilities.

7. Housing & Independent Living

- **Dakota Center for Independent Living (DCIL)**

  Phone: 701-852-3242 | Toll-Free: 800-489-5013

Website: dakotacil.org

CIL providing housing and independent living services for adults with disabilities in the Minot area and beyond.

8. Employment & Vocational Rehabilitation

- **North Dakota Vocational Rehabilitation (NDVR)**

  1237 W. Divide Avenue, Suite 1B, Bismarck, ND 58501

  Phone: 701-328-8950 | Toll-Free: 800-755-2745

  Website: hhs.nd.gov/vr

  VR services for North Dakotans with disabilities including supported employment.

9. Family Support & Respite Care

- **ND Family Caregiver Support Program**

  Phone: 701-328-4601

  Statewide support and respite coordination for ND family caregivers, including those caring for individuals with disabilities.

10. Legal Rights & Advocacy

- **North Dakota Protection and Advocacy Project (NDPAP)**

  400 E. Broadway, Suite 409, Bismarck, ND 58501

  Phone: 701-328-2950 | Toll-Free: 800-472-2670

  Website: ndpanda.org

  North Dakota's federally mandated P&A system providing free legal advocacy for ND residents with disabilities.

11. Community & Peer Support Groups

- **Autism Society of North Dakota**

  Website: autismnd.com

- **NAMI North Dakota**

  Phone: 701-255-3692

  Website: naminorthdakota.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **North Dakota ABLE Savings Plan**

  Website: ndpublicemployees.com/able

  North Dakota's ABLE savings account program for eligible individuals.
- **North Dakota Autism Insurance Mandate**

  ND mandates autism insurance coverage. Contact ND Insurance Department: 800-247-0560.

OHIO

1. State Autism Council / Lead Agency

- **Ohio Department of Developmental Disabilities (DODD)**

  30 E. Broad Street, Floor 12, Columbus, OH 43215

  Phone: 614-466-5214 | Toll-Free: 800-617-6733

  Website: dodd.ohio.gov

  Ohio's lead agency for individuals with developmental disabilities. DODD oversees 88 County Boards of Developmental Disabilities which are the primary service entry point at the local level — one of the most localized DD systems in the country.
- **Ohio Developmental Disabilities Council**

  899 E. Broad Street, Suite 203, Columbus, OH 43205

  Phone: 614-466-5205

  Website: ddc.ohio.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Ohio Medicaid Individual Options (IO) Waiver**

  Description: Comprehensive HCBS waiver for individuals with developmental disabilities including autism. Services include residential, day habilitation, supported employment,

behavioral support, and respite.

Eligibility: Developmental disability; Medicaid-eligible; Ohio resident; ICF/IID level of care.

Waitlist: Yes — varies by county board.

How to Apply: Contact your County Board of DD. Find your county board at dodd.ohio.gov.

- **Ohio Medicaid Level One Waiver**

  Description: For individuals who need fewer supports. Shorter waitlist in some counties. Covers some services not available in IO waiver.

  How to Apply: Contact your County Board of DD.

- **Ohio Katie Beckett / TEFRA**

  Ohio participates in the TEFRA option for children with severe disabilities. Contact Ohio Medicaid: 800-324-8680.

3. Early Intervention (Birth–3)

- **Ohio Early Intervention (Help Me Grow) — Part C**

  Part C Lead Agency: Ohio Department of Developmental Disabilities

  Phone: 800-755-4769

  Website: helpmegrow.ohio.gov

  Statewide early intervention for Ohio infants and toddlers birth–36 months coordinated through County Boards of DD.

4. Special Education / IEP Support

- **Ohio Department of Education — Office for Exceptional Children**

  25 S. Front Street, Columbus, OH 43215

  Phone: 614-466-2650

  Website: education.ohio.gov/Topics/Special-Education

  Oversees IDEA implementation in Ohio's public schools.

- **Ohio Coalition for the Education of Children with Disabilities (OCECD) — PTI**

  165 W. Center Street, Suite 302, Marion, OH 43302

  Phone: 740-382-5452 | Toll-Free: 800-374-2806

  Website: ocecd.org

Ohio's federally funded PTI providing free IEP training, workshops, and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **Nationwide Children's Hospital — Autism Spectrum Center, Columbus**

  700 Children's Drive, Columbus, OH 43205

  Phone: 614-722-2291

  Website: nationwidechildrens.org/autism

  One of the nation's largest freestanding children's hospitals with a comprehensive autism evaluation and research program.

- **Cincinnati Children's Hospital — Kelly O'Leary Center for Autism Spectrum Disorders**

  3333 Burnet Avenue, Cincinnati, OH 45229

  Phone: 513-636-4611

  Website: cincinnatichildrens.org/autism

  Major autism specialty center at one of the nation's top pediatric hospitals providing diagnosis and treatment.

- **Rainbow Babies & Children's Hospital — University Hospitals, Cleveland**

  11100 Euclid Avenue, Cleveland, OH 44106

  Phone: 216-286-4820

  Website: uhhospitals.org

  Hospital-based developmental pediatrics providing autism evaluations in the Cleveland region.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Ohio DODD Crisis Intervention**

  Ohio County Boards of DD provide crisis planning and crisis teams for individuals with developmental disabilities. Contact your local County Board for crisis planning resources.

7. Housing & Independent Living

- **Ohio SILC / Opportunities for Ohioans with Disabilities**

  Phone: 800-282-4536

  Website: ood.ohio.gov

  Coordinates Ohio's statewide CIL network providing housing advocacy and independent living services.

8. Employment & Vocational Rehabilitation

- **Opportunities for Ohioans with Disabilities (OOD) — VR**

  150 E. Campus View Blvd., Columbus, OH 43235

  Phone: 614-438-1200 | Toll-Free: 800-282-4536

  Website: ood.ohio.gov

  Statewide VR services for Ohioans with disabilities including supported employment and autism-specific employment programs.

9. Family Support & Respite Care

- **Ohio Lifespan Respite Alliance**

  Phone: 614-466-5214

  Website: ohiorespitecoalition.org

  Statewide respite coordination for Ohio families. Respite is also provided through County Boards of DD and Medicaid waivers.

10. Legal Rights & Advocacy

- **Disability Rights Ohio (DRO)**

  50 W. Broad Street, Suite 1400, Columbus, OH 43215

  Phone: 614-466-7264 | Toll-Free: 800-282-9181

  Website: disabilityrightsohio.org

  Ohio's federally mandated P&A system providing free legal advocacy for Ohioans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Ohio**

  Phone: 877-672-2821

  Website: autismohio.org

- **NAMI Ohio**

  Phone: 614-224-2700

  Website: namiohio.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Ohio STABLE Account (ABLE)**

  Website: stableaccount.com

  Ohio's nationally recognized ABLE savings program, available to residents of all states.

- **Ohio Autism Insurance Mandate**

  Ohio mandates ABA coverage. Contact Ohio Department of Insurance: 800-686-1526.

OKLAHOMA

1. State Autism Council / Lead Agency

- **Oklahoma Department of Human Services (OKDHS) — Developmental Disabilities Services (DDS)**

  P.O. Box 25352, Oklahoma City, OK 73125

  Phone: 405-521-3571 | Toll-Free: 800-522-4755

  Website: okdhs.org/services/dd

  Lead state agency for developmental disability services in Oklahoma. Administers HCBS waivers and contracts with community providers.

- **Oklahoma Developmental Disabilities Council (ODDC)**

  2401 NW 23rd Street, Suite 74, Oklahoma City, OK 73107

  Phone: 405-521-4984

Website: okddc.ok.gov

Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Oklahoma SoonerCare HCBS Community Waiver (IDD)**

  Description: Provides residential, day, employment, behavioral, and respite supports for individuals with I/DD including autism.

  Eligibility: I/DD diagnosis; SoonerCare-eligible; Oklahoma resident; institutional level of care.

  Waitlist: Oklahoma has a historically long waitlist but legislative appropriations since 2022 have begun clearing the legacy list. Apply immediately.

  How to Apply: Contact DDS at 800-522-4755.

- **Oklahoma Katie Beckett / TEFRA**

  Oklahoma's TEFRA option allows children with severe disabilities to access SoonerCare. Contact Oklahoma Medicaid: 800-987-7767.

3. Early Intervention (Birth–3)

- **Oklahoma SoonerStart Early Intervention Program (Part C)**

  Part C Lead Agency: Oklahoma Department of Education

  Phone: 405-521-3301 | Toll-Free: 800-457-4121

  Website: sde.state.ok.us/programs/sooner-start

  Statewide early intervention for Oklahoma infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Oklahoma State Department of Education — Special Education Services**

  2500 N. Lincoln Blvd., Oklahoma City, OK 73105

  Phone: 405-521-3351

  Website: sde.state.ok.us/programs/special-education

  Oversees IDEA implementation in Oklahoma public schools.

- **Oklahoma Parents Center — PTI**

  4600 SE 29th Street, Suite 115, Del City, OK 73115

Phone: 405-619-3310 | Toll-Free: 877-553-4332

Website: oklahomaparentscenter.org

Oklahoma's federally funded PTI providing free IEP training and family support statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Oklahoma Health Sciences Center — Child Study Center**

  1100 NE 13th Street, Oklahoma City, OK 73117

  Phone: 405-271-5700

  Website: oumedicine.com

  University-affiliated center providing interdisciplinary developmental evaluations including autism assessment for Oklahoma children.

- **Oklahoma State University Medical Center — Child Development Services, Tulsa**

  744 W. 9th Street, Tulsa, OK 74127

  Phone: 918-599-4200

  Website: osumc.edu

  Medical center providing developmental evaluations in the Tulsa area.

- **OU Children's Hospital — Developmental Pediatrics**

  1200 Children's Avenue, Oklahoma City, OK 73104

  Phone: 405-271-4700

  Website: ouhealth.com

  Hospital-based developmental pediatrics providing autism evaluation services in Oklahoma City.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Oklahoma ODMHSAS Crisis Line**

  Phone: 800-522-9054

  Oklahoma's statewide mental health and substance abuse crisis line, available for individuals with developmental disabilities.

7. Housing & Independent Living

- **Oklahoma SILC / Oklahoma Department of Rehabilitation Services**

  Phone: 405-951-3400

  Website: oksilc.org

  Coordinates Oklahoma's CIL network providing housing and independent living services.

8. Employment & Vocational Rehabilitation

- **Oklahoma Department of Rehabilitation Services (DRS) — VR**

  3535 NW 58th Street, Suite 500, Oklahoma City, OK 73112

  Phone: 405-951-3400 | Toll-Free: 800-845-8476

  Website: okdrs.gov

  VR services including supported employment for Oklahomans with disabilities.

9. Family Support & Respite Care

- **Oklahoma Respite Resource Network**

  Phone: 918-994-2108

  Website: okrespite.org

  Member of ARCH National Respite Network coordinating statewide respite resources.

10. Legal Rights & Advocacy

- **Oklahoma Disability Law Center (ODLC)**

  2915 Classen Blvd., Suite 300, Oklahoma City, OK 73106

  Phone: 405-525-7755 | Toll-Free: 800-880-7755

  Website: okdlc.org

  Oklahoma's federally mandated P&A system providing free legal advocacy for Oklahomans with disabilities.

11. Community & Peer Support Groups

- **Autism Oklahoma**

  Phone: 405-222-2220

  Website: autismoklahoma.org

- **NAMI Oklahoma**

  Phone: 405-230-1900

  Website: namioklahoma.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Oklahoma ABLE Tech / OK ABLE Savings Plan**

  Website: okabletech.okstate.edu

  Oklahoma's ABLE savings account program for eligible individuals with disabilities.
- **Oklahoma Autism Insurance Mandate**

  Oklahoma mandates ABA coverage effective 2010. Contact Oklahoma Insurance Department: 800-522-0071.

OREGON

1. State Autism Council / Lead Agency

- **Oregon Department of Human Services (ODHS) — Developmental Disabilities Services (DDS)**

  500 Summer Street NE, Salem, OR 97301

  Phone: 503-945-5944 | Toll-Free: 800-282-8096

  Website: oregon.gov/odhs/developmental-disabilities

  Lead state agency for individuals with developmental disabilities in Oregon. Services administered through county brokerage agencies and service coordinators.
- **Oregon Council on Developmental Disabilities (OCDD)**

  540 24th Place NE, Salem, OR 97301

  Phone: 503-945-9941

  Website: ocdd.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Oregon Community First Choice (K Plan — 1915(k))**

  Description: Oregon's primary HCBS benefit is delivered as a Medicaid State Plan option (not a waiver), meaning there is NO WAITLIST for eligible individuals. Provides personal supports, habilitation, and community integration services for individuals with developmental disabilities including autism.

  Eligibility: Developmental disability; Oregon Health Plan (OHP) enrolled; Oregon resident; functional need level.

  How to Apply: Contact DDS at 800-282-8096 or apply through your county brokerage.

- **Oregon Support Services Brokerage Network**

  Oregon's brokerage system gives individuals and families control over their supports. Contact your regional brokerage for individualized support planning.

3. Early Intervention (Birth–3)

- **Oregon Early Intervention Program (Part C)**

  Part C Lead Agency: Oregon Department of Education

  Phone: 503-378-3600

  Website: oregon.gov/ode/students-and-family/SpecialEducation/earlyintervention

  Statewide early intervention for Oregon infants and toddlers birth–36 months coordinated through regional EI/ECSE programs at no cost.

4. Special Education / IEP Support

- **Oregon Department of Education — Office of Enhancing Student Opportunities (Special Education)**

  255 Capitol Street NE, Salem, OR 97310

  Phone: 503-947-5600

  Website: oregon.gov/ode/students-and-family/SpecialEducation

  Oversees IDEA in Oregon public schools.

- **Oregon FACETS — PTI**

  6900 SW Haines Road, Suite 110, Tigard, OR 97223

Phone: 503-581-8156 | Toll-Free: 888-988-3638

Website: oregonfacets.org

Oregon's federally funded PTI providing free IEP training and family advocacy throughout the state.

5. Autism Diagnosis & Evaluation Centers

- **Oregon Health and Science University (OHSU) — Autism Program**

  3181 SW Sam Jackson Park Road, Portland, OR 97239

  Phone: 503-494-8311

  Website: ohsu.edu/autism

  Oregon's premier academic medical center autism program providing comprehensive evaluations, research, and behavioral treatment for all ages.

- **Doernbecher Children's Hospital at OHSU — Developmental Pediatrics**

  3181 SW Sam Jackson Park Road, Portland, OR 97239

  Phone: 503-494-8090

  Website: ohsu.edu/doernbecher

  Hospital-based developmental evaluations including autism assessment for Oregon children.

- **University of Oregon — Autism Education Network**

  Eugene, OR 97403

  Phone: 541-346-3456

  Website: uoregon.edu

  University-based autism training, research, and educational consultation for Oregon families and schools.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Oregon 211**

  Dial: **2-1-1**

  Connects Oregonians to local crisis and disability services statewide.

7. Housing & Independent Living

- **Oregon SILC / Centers for Independent Living**

  Phone: 503-915-9310

  Website: orsilc.org

  Statewide CIL network providing housing advocacy and independent living services for adults with disabilities in Oregon.

8. Employment & Vocational Rehabilitation

- **Oregon Vocational Rehabilitation Services (VRS)**

  500 Summer Street NE, E-87, Salem, OR 97301

  Phone: 503-945-5880 | Toll-Free: 877-277-0513

  Website: oregon.gov/dhs/employment/vocational-rehabilitation

  VR services for Oregonians with disabilities including supported employment and Project SEARCH.

9. Family Support & Respite Care

- **Oregon Lifespan Respite Coalition**

  Phone: 503-223-6729

  Website: oregonrespite.org

  Statewide respite coordination for Oregon families. Oregon's brokerage system also allows self-direction of respite services.

10. Legal Rights & Advocacy

- **Disability Rights Oregon (DRO)**

  610 SW Broadway, Suite 200, Portland, OR 97205

  Phone: 503-243-2081 | Toll-Free: 800-452-1694

  Website: droregon.org

  Oregon's federally mandated P&A system providing free legal advocacy for Oregonians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Oregon**

  Phone: 503-636-1676

  Website: autismsocietyoforegon.org

- **NAMI Oregon**

  Phone: 503-230-8009

  Website: namior.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Oregon ABLE Savings Plan**

  Website: oregonablesavings.com

  Oregon's ABLE savings account program.

- **Oregon Autism Insurance Mandate**

  Oregon mandates ABA coverage. Contact Oregon Department of Consumer and Business Services: 888-877-4894.

PENNSYLVANIA

1. State Autism Council / Lead Agency

- **Pennsylvania Department of Human Services (DHS) — Office of Developmental Programs (ODP)**

  625 Forster Street, Harrisburg, PA 17120

  Phone: 717-787-3700 | Toll-Free: 888-565-9435

  Website: dhs.pa.gov/providers/Providers/Pages/Office-of-Developmental-Programs.aspx

  Lead state agency for individuals with developmental disabilities in Pennsylvania. ODP administers waivers including Pennsylvania's nationally recognized Adult Autism Waiver, one of very few adult-specific autism waivers in the country.

- **Pennsylvania Developmental Disabilities Council**

  605 S. Drive, Suite 200, Harrisburg, PA 17120

  Phone: 717-787-6057

  Website: paddc.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Pennsylvania Adult Autism Waiver (AAW)**

  Description: One of the only adult-specific autism waivers in the United States. Provides ABA, behavioral support, employment, and community integration services specifically for adults with autism spectrum disorder.

  Eligibility: ASD diagnosis; age 21+; Medicaid-eligible; Pennsylvania resident; meets level of care.

  Waitlist: Limited slots — interest list maintained. Apply as soon as possible.

  How to Apply: Contact ODP at 888-565-9435.

- **Pennsylvania Consolidated Waiver**

  Description: Comprehensive supports for individuals with intellectual disabilities including residential, day, employment, and behavioral services.

  Waitlist: Yes — significant waitlist.

  How to Apply: Contact ODP.

- **Pennsylvania Katie Beckett / TEFRA**

  PA's TEFRA program allows children with complex medical or developmental needs to access Medical Assistance (Medicaid) regardless of parental income. Contact DHS at 888-565-9435.

3. Early Intervention (Birth–3)

- **Pennsylvania Early Intervention (Part C)**

  Part C Lead Agency: Pennsylvania Department of Human Services (Office of Child Development and Early Learning)

  Phone: 800-692-7288

  Website: dhs.pa.gov/Services/Children/Pages/Early-Intervention.aspx

  Statewide early intervention for Pennsylvania infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Pennsylvania Department of Education — Bureau of Special Education (BSE)**

  333 Market Street, Harrisburg, PA 17126

  Phone: 717-783-6913

  Website: education.pa.gov/k-12/special-education

  Oversees IDEA in Pennsylvania's public schools.

- **Parent Education and Advocacy Leadership Center (PEAL Center) — PTI**

  Phone: 412-281-4404 | Toll-Free: 866-950-1040

  Website: pealcenter.org

  Pennsylvania's federally funded PTI serving Western PA families with free IEP support and advocacy.

- **HUNE — Parent Training & Information Center**

  Phone: 215-735-7803

  Website: huneinc.org

  PTI serving Eastern PA including Philadelphia with IEP training and family advocacy.

5. Autism Diagnosis & Evaluation Centers

- **Children's Hospital of Philadelphia (CHOP) — Center for Autism Research**

  3401 Civic Center Blvd., Philadelphia, PA 19104

  Phone: 267-426-2000

  Website: research.chop.edu/car

  One of the world's leading autism research and clinical centers providing comprehensive diagnostic evaluations and behavioral treatment.

- **Pittsburgh Children's Hospital — Autism Center, UPMC**

  4401 Penn Avenue, Pittsburgh, PA 15224

  Phone: 412-692-5483

  Website: chp.edu/our-services/autism

  Western Pennsylvania's primary pediatric hospital autism evaluation and treatment center.

- **Hershey Medical Center — Developmental Pediatrics / Penn State Children's Hospital**

  500 University Drive, Hershey, PA 17033

  Phone: 717-531-8521

  Website: pennstatehershey.org

  Academic medical center providing autism evaluations for Central Pennsylvania families.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Pennsylvania Crisis Line (via HealthChoices MCOs)**

  Crisis services are managed by county behavioral health managed care organizations statewide. Contact your county Mental Health/Intellectual Disability (MH/ID) program for crisis line numbers.

7. Housing & Independent Living

- **Pennsylvania SILC / CIL Network**

  Phone: 717-943-6760

  Website: pasilc.org

  Coordinates Pennsylvania's network of CILs providing housing advocacy and independent living services statewide.

8. Employment & Vocational Rehabilitation

- **Pennsylvania Office of Vocational Rehabilitation (OVR)**

  1521 N. Sixth Street, Harrisburg, PA 17102

  Phone: 717-787-5244 | Toll-Free: 800-442-6351

  Website: dli.pa.gov/individuals/disability-services/ovr

  Statewide VR services including supported employment and the Pennsylvania Autism Employment Pilot Program.

9. Family Support & Respite Care

- **PA Family Support Alliance / ARCH Respite**

  Phone: 717-393-5044

  Website: pafsa.org

  Pennsylvania's statewide family support network coordinating respite resources for families of individuals with disabilities.

10. Legal Rights & Advocacy

- **Disability Rights Pennsylvania (DRP)**

  301 Chestnut Street, Suite 300, Harrisburg, PA 17101

  Phone: 717-238-2297 | Toll-Free: 800-692-7443

  Website: disabilityrightspa.org

  Pennsylvania's federally mandated P&A system providing free legal advocacy for Pennsylvanians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Greater Philadelphia**

  Phone: 215-514-7510

  Website: asaphilly.org

- **NAMI Pennsylvania**

  Phone: 800-223-0500

  Website: namipa.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **PA ABLE Savings Program**

  Website: paable.gov

  Pennsylvania's ABLE savings account program for eligible individuals.

- **Pennsylvania Autism Insurance Mandate**

  PA mandates ABA and autism treatment coverage with adult coverage included — one of the strongest mandates in the nation. Contact PA Insurance Department: 877-881-6388.

RHODE ISLAND

1. State Autism Council / Lead Agency

- **Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH)**

  Barry Hall, 14 Harrington Road, Cranston, RI 02920

  Phone: 401-462-3201

  Website: bhddh.ri.gov

  Lead state agency for developmental disability services in Rhode Island. Administers waivers and contracts with provider agencies through the Developmental Disabilities division.

- **Rhode Island Developmental Disabilities Council (RIDDC)**

  400 Bald Hill Road, Suite 515, Warwick, RI 02886

  Phone: 401-737-1238

  Website: riddc.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Rhode Island Medicaid HCBS Developmental Disabilities Waiver**

  Description: Provides residential, day habilitation, behavioral support, employment, and respite for individuals with developmental disabilities including autism.

  Eligibility: Developmental disability; Medicaid-eligible; RI resident; institutional level of care.

  How to Apply: Contact BHDDH at 401-462-3201.

3. Early Intervention (Birth–3)

- **Rhode Island Early Intervention Program (Part C)**

  Part C Lead Agency: RI Executive Office of Health and Human Services

  Phone: 401-462-3415

Website: eohhs.ri.gov/consumer/families-with-children/early-intervention

Statewide early intervention for RI infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Rhode Island Department of Education — Office of Special Populations**

  255 Westminster Street, Providence, RI 02903

  Phone: 401-222-4600

  Website: ride.ri.gov/students-families-staff/special-education

  Oversees IDEA in Rhode Island's public schools.

- **Rhode Island Parent Information Network (RIPIN) — PTI**

  175 Main Street, Pawtucket, RI 02860

  Phone: 401-270-0101 | Toll-Free: 800-464-3399

  Website: ripin.org

  Rhode Island's federally funded PTI and family resource center providing free IEP support and advocacy.

5. Autism Diagnosis & Evaluation Centers

- **Brown University / Hasbro Children's Hospital — Developmental-Behavioral Pediatrics**

  593 Eddy Street, Providence, RI 02903

  Phone: 401-444-5685

  Website: lifespan.org

  Academic medical center providing autism evaluations and behavioral services in Rhode Island.

- **Rhode Island Consortium for Autism Research and Treatment (RI-CART)**

  593 Eddy Street, Providence, RI 02903

  Website: ricart.org

  Statewide autism research consortium improving access to evaluation and evidence-based treatments.

- **Emma Pendleton Bradley Hospital — Autism Program**

  1011 Veterans Memorial Pkwy., East Providence, RI 02915

  Phone: 401-432-1000

Website: lifespan.org/bradley

The nation's first psychiatric hospital specifically for children, with specialized autism evaluation and treatment services.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Rhode Island Crisis Services**

  Phone: 401-414-5465

  BHDDH and its contracted providers offer crisis and respite services for individuals with developmental disabilities in RI.

7. Housing & Independent Living

- **Ocean State Center for Independent Living (OSCIL)**

  1944 Warwick Avenue, Warwick, RI 02889

  Phone: 401-738-1013

  Website: oscil.org

  Rhode Island's CIL providing housing advocacy and independent living services for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Rhode Island Office of Rehabilitation Services (ORS)**

  40 Fountain Street, Providence, RI 02903

  Phone: 401-421-7005

  Website: ors.ri.gov

  Statewide VR services including supported employment for Rhode Islanders with disabilities.

9. Family Support & Respite Care

- **RI Family Support 360 / BHDDH Respite Services**

  Phone: 401-462-3201

  Rhode Island provides family support and respite through BHDDH and contracted providers. Contact BHDDH for referrals.

10. Legal Rights & Advocacy

- **Disability Rights Rhode Island (DRRI)**

  33 Broad Street, Suite 601, Providence, RI 02903

  Phone: 401-831-3150 | Toll-Free: 800-733-5332

  Website: drri.org

  Rhode Island's federally mandated P&A system providing free legal advocacy for Rhode Islanders with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Rhode Island**

  Phone: 401-785-2666

  Website: asri.info

- **NAMI Rhode Island**

  Phone: 401-331-3060

  Website: namiri.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Rhode Island ABLE Plan**

  Website: riableplan.com

  Rhode Island's ABLE savings account program.

- **Rhode Island Autism Insurance Mandate**

  RI mandates ABA coverage. Contact RI Department of Business Regulation: 401-462-9520.

SOUTH CAROLINA

1. State Autism Council / Lead Agency

- **South Carolina Department of Disabilities and Special Needs (DDSN)**

  3440 Harden Street Extension, Columbia, SC 29203

  Phone: 803-898-9600

  Website: ddsn.sc.gov

  Lead state agency for developmental disability services in South Carolina. Administers Medicaid waivers and coordinates with 16 regional centers statewide.

- **South Carolina Developmental Disabilities Council**

  101 Executive Center Drive, Suite 131, Columbia, SC 29210

  Phone: 803-896-9320

  Website: scddc.state.sc.us

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **South Carolina Medicaid Intellectual Disability/Related Disabilities (ID/RD) Waiver**

  Description: Provides residential, day habilitation, supported employment, respite, and behavioral supports for adults with I/DD including autism.

  Eligibility: I/DD diagnosis; Medicaid-eligible; SC resident; ICF/IID level of care.

  Waitlist: Yes — years-long waitlist in SC. Register with DDSN immediately.

  How to Apply: Contact DDSN at 803-898-9600.

- **South Carolina Autism Waiver**

  Description: One of six states with a dedicated autism HCBS waiver. Provides ABA and behavioral supports for individuals with ASD.

  Eligibility: ASD diagnosis; Medicaid-eligible; SC resident.

  How to Apply: Contact DDSN.

- **South Carolina Katie Beckett Program**

  SC has a Katie Beckett option for children with disabilities. Contact SC Medicaid: 888-549-0820.

3. Early Intervention (Birth–3)

- **South Carolina BabyNet (Part C)**

  Part C Lead Agency: SC Department of Health and Human Services

Phone: 800-868-0404

Website: myscdhhs.gov/babynet

Statewide early intervention for South Carolina infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **South Carolina Department of Education — Exceptional Children Division**

  1429 Senate Street, Columbia, SC 29201

  Phone: 803-734-8806

  Website: ed.sc.gov/districts-schools/exceptional-children

  Oversees IDEA in South Carolina's public schools.

- **PRO-Parents of South Carolina — PTI**

  2712 Middleburg Drive, Suite 102, Columbia, SC 29204

  Phone: 803-772-5688 | Toll-Free: 800-759-4776

  Website: proparentssc.org

  South Carolina's federally funded PTI providing free IEP training and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **MUSC — Autism Programs, Medical University of South Carolina**

  125 Doughty Street, Charleston, SC 29403

  Phone: 843-792-9189

  Website: muschealth.org/autism

  South Carolina's academic medical center offering comprehensive autism evaluations and research participation opportunities.

- **Prisma Health / Greenville — Developmental Pediatrics**

  900 W. Faris Road, Greenville, SC 29605

  Phone: 864-455-8898

  Website: prismahealth.org

  Hospital-based developmental evaluations in the Upstate South Carolina region.

- **University of South Carolina — Center for Disability Resources (UCEDD)**

  Columbia, SC 29208

Phone: 803-777-2011

Website: sc.edu/study/colleges_schools/public_health/centers_and_institutes/center_disability_resources

South Carolina's UCEDD providing training, research, and consultation related to developmental disabilities and autism.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **SC Behavioral Health Services Crisis Line**

  Phone: 833-364-2274

  Statewide crisis line for behavioral health and developmental disability emergencies.

7. Housing & Independent Living

- **South Carolina Statewide Independent Living Council (SCSILC)**

  Phone: 803-737-9730

  Website: scsilc.org

  Coordinates SC's CIL network providing housing and independent living services for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **South Carolina Vocational Rehabilitation (SCVR)**

  1410 Boston Avenue, West Columbia, SC 29170

  Phone: 803-896-6500 | Toll-Free: 800-832-7526

  Website: scvrd.net

  Statewide VR services including supported employment for South Carolinians with disabilities.

9. Family Support & Respite Care

- **SC Lifespan Respite Care Network**

  Phone: 803-898-9600

Website: screspite.org

Statewide respite coordination for SC families. Respite is a covered service under DDSN waivers.

10. Legal Rights & Advocacy

- **Disability Rights South Carolina (DRSC)**

  3710 Landmark Drive, Suite 208, Columbia, SC 29204

  Phone: 803-782-0639 | Toll-Free: 866-275-7273

  Website: disabilityrightssc.org

  South Carolina's federally mandated P&A system providing free legal advocacy for South Carolinians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of South Carolina**

  Phone: 803-750-6988

  Website: autismsc.org

- **NAMI South Carolina**

  Phone: 800-788-5131

  Website: namisc.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **SC Palmetto ABLE Savings Program**

  Website: palmettable.org

  South Carolina's ABLE savings account for eligible individuals.

- **South Carolina Autism Insurance Mandate**

  SC mandates ABA coverage. Contact SC Department of Insurance: 800-768-3467.

SOUTH DAKOTA

1. State Autism Council / Lead Agency

- **South Dakota Department of Human Services (DHS) — Division of Developmental Disabilities (DDD)**

  500 E. Capitol Avenue, Pierre, SD 57501

  Phone: 605-773-3438

  Website: dhs.sd.gov/developmentaldisabilities

  Lead state agency for developmental disability services in South Dakota. Administers waivers and coordinates with regional providers.

- **South Dakota Council on Developmental Disabilities**

  500 E. Capitol Avenue, Pierre, SD 57501

  Phone: 605-773-6369

  Website: sdcdd.sd.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **South Dakota Family Support 360 (Family Support Waiver)**

  Description: HCBS waiver for individuals with developmental disabilities. Services include residential habilitation, day supports, respite, and behavioral services.

  Eligibility: Developmental disability; Medicaid-eligible; SD resident.

  How to Apply: Contact DDD at 605-773-3438.

- **South Dakota Katie Beckett / TEFRA**

  South Dakota participates in TEFRA for children with disabilities. Contact SD Medicaid: 800-597-1603.

3. Early Intervention (Birth–3)

- **South Dakota Birth to Three Program (Part C)**

  Part C Lead Agency: South Dakota Department of Human Services

  Phone: 605-773-3678

  Website: dhs.sd.gov/birthtothree

  Statewide early intervention for SD infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **South Dakota Department of Education — Special Education Programs**

  800 Governors Drive, Pierre, SD 57501

  Phone: 605-773-3678

  Website: doe.sd.gov/speced

  Oversees IDEA in South Dakota public schools.

- **South Dakota Parent Connection — PTI**

  3701 W. 49th Street, Suite 102, Sioux Falls, SD 57106

  Phone: 605-361-3171 | Toll-Free: 800-640-4553

  Website: sdparent.org

  South Dakota's federally funded PTI providing free IEP training and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **Sanford Children's Hospital — Developmental Pediatrics, Sioux Falls**

  1600 W. 22nd Street, Sioux Falls, SD 57117

  Phone: 605-312-1000

  Website: sanfordhealth.org

  Primary pediatric hospital in South Dakota providing developmental evaluations including autism assessment.

- **University of South Dakota — Sanford School of Medicine, Center for Disabilities**

  414 E. Clark Street, Vermillion, SD 57069

  Phone: 605-677-5311

  Website: usd.edu/center-for-disabilities

  South Dakota's UCEDD providing training, evaluation consultation, and resources related to developmental disabilities.

- **Regional Developmental Disabilities Centers (DDD)**

  South Dakota DDD operates regional offices that can provide evaluation referrals. Contact DDD at 605-773-3438 for your regional contact.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **South Dakota "Link" (211)**

  Dial: **2-1-1**

  Statewide information and referral line connecting South Dakotans to local crisis and disability resources.

7. Housing & Independent Living

- **Black Hills Special Services Cooperative / SILC SD**

  Phone: 605-342-9489

  Website: sdsilc.org

  Statewide independent living coordination and CIL services for adults with disabilities in South Dakota.

8. Employment & Vocational Rehabilitation

- **South Dakota Division of Rehabilitation Services (DRS)**

  811 E. 10th Street, Sioux Falls, SD 57103

  Phone: 605-367-5210 | Toll-Free: 800-265-9684

  Website: dhs.sd.gov/rehab

  Statewide VR services for South Dakotans with disabilities.

9. Family Support & Respite Care

- **SD Lifespan Respite Network**

  Phone: 605-773-3438

  Contact DDD for family support and respite resources. The Family Support 360 waiver includes respite as a covered service.

10. Legal Rights & Advocacy

- **Disability Rights South Dakota (DRSD)**

  2520 E. Franklin Street, Suite 2, Pierre, SD 57501

  Phone: 605-224-8294 | Toll-Free: 800-658-4782

Website: disabilityrightssd.com

South Dakota's federally mandated P&A system providing free legal advocacy for South Dakotans with disabilities.

11. Community & Peer Support Groups

- **Autism Society of South Dakota**

  Website: autismsd.com

- **NAMI South Dakota**

  Phone: 605-271-1871

  Website: namisd.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **South Dakota ABLE Savings Plan**

  Website: sdable.com

  South Dakota's ABLE savings account program for eligible individuals with disabilities.

- **South Dakota Autism Insurance — No Private Mandate**

  South Dakota does not currently have a private insurance ABA mandate. Coverage is available through Medicaid/EPSDT for children. Contact SD Division of Insurance: 605-773-3563.

TENNESSEE

1. State Autism Council / Lead Agency

- **Tennessee Department of Intellectual and Developmental Disabilities (DIDD)**

  500 Deaderick Street, 14th Floor, Nashville, TN 37243

  Phone: 615-532-6530 | Toll-Free: 800-535-9725

  Website: tn.gov/didd

  Tennessee's dedicated lead agency for individuals with intellectual and developmental

disabilities including autism. DIDD administers waivers and coordinates regional support offices statewide.

- **Tennessee Council on Developmental Disabilities**

  500 Deaderick Street, Suite 1100, Nashville, TN 37243

  Phone: 615-532-6615

  Website: tn.gov/tcdd

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Tennessee Employment and Community First CHOICES (ECF CHOICES)**

  Description: Tennessee's comprehensive HCBS program for individuals with I/DD including autism. Administered through TennCare managed care and DIDD. Services include residential, employment, day, behavioral, and family support.

  Eligibility: I/DD diagnosis; TennCare-enrolled; Tennessee resident; meet level of care.

  Waitlist: For Group 3 services — waitlist maintained. Get on the list immediately.

  How to Apply: Contact DIDD at 800-535-9725.

3. Early Intervention (Birth–3)

- **Tennessee Early Intervention System (TEIS) — Part C**

  Part C Lead Agency: Tennessee Department of Education

  Phone: 615-741-3567 | Toll-Free: 800-852-7157

  Website: tn.gov/education/early-learning/early-intervention.html

  Statewide early intervention for Tennessee infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Tennessee Department of Education — Special Education Division**

  710 James Robertson Pkwy., Nashville, TN 37243

  Phone: 615-741-2851

  Website: tn.gov/education/student-support/special-education

  Oversees IDEA in Tennessee public schools.

- **Tennessee Disability Coalition / Support & Training for Exceptional Parents (STEP) — PTI**

  712 Professional Drive, Goodlettsville, TN 37072

  Phone: 615-463-2310 | Toll-Free: 888-643-7837

  Website: tnstep.org

  Tennessee's federally funded PTI providing free IEP support and family advocacy.

5. Autism Diagnosis & Evaluation Centers

- **Vanderbilt Kennedy Center (UCEDD) — Treatment and Research Institute for Autism Spectrum Disorders (TRIAD)**

  110 Magnolia Circle, Nashville, TN 37203

  Phone: 615-322-8240

  Website: vkc.vumc.org/vkc

  Tennessee's nationally renowned UCEDD with a comprehensive autism program (TRIAD) providing evaluations, behavioral treatment, professional training, and outreach statewide.

- **Le Bonheur Children's Hospital — Developmental Pediatrics, Memphis**

  848 Adams Avenue, Memphis, TN 38103

  Phone: 901-287-5437

  Website: lebonheur.org

  Major pediatric hospital in Memphis providing autism evaluations for West Tennessee and Mid-South families.

- **Children's Hospital at UT Medical Center — Developmental Pediatrics, Knoxville**

  1924 Alcoa Highway, Knoxville, TN 37920

  Phone: 865-305-9000

  Website: utmedicalcenter.org

  Hospital-based developmental evaluations for East Tennessee families.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Tennessee DIDD Behavioral Crisis Supports**

  Phone: 800-535-9725

DIDD funds behavioral supports and crisis planning through waiver providers. Contact DIDD or your DIDD support coordinator for local behavioral crisis resources.

7. Housing & Independent Living

- **Tennessee SILC / CIL Network**

  Phone: 615-298-2471

  Website: tnsilc.org

  Coordinates Tennessee's CIL network providing housing advocacy and independent living services for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **Tennessee Division of Vocational Rehabilitation (VR)**

  Citizens Plaza Building, 400 Deaderick Street, Nashville, TN 37243

  Phone: 615-313-4891 | Toll-Free: 800-270-1349

  Website: tn.gov/humanservices/disabilities-employment-and-independent-living/vocational-rehabilitation

  Statewide VR services for Tennesseans with disabilities including supported employment.

9. Family Support & Respite Care

- **Tennessee Respite Coalition**

  Phone: 615-463-2310

  Website: tnrespite.org

  Statewide respite coordination for Tennessee families. Respite is also a covered service under the ECF CHOICES waiver.

10. Legal Rights & Advocacy

- **Disability Rights Tennessee (DRT)**

  2 International Plaza, Suite 825, Nashville, TN 37217

  Phone: 615-298-1080 | Toll-Free: 800-342-1660

  Website: disabilityrightstn.org

Tennessee's federally mandated P&A system providing free legal advocacy for Tennesseans with disabilities.

11. Community & Peer Support Groups

- **Autism Tennessee**

  Phone: 615-385-2077

  Website: autismtn.org

- **NAMI Tennessee**

  Phone: 615-361-6608

  Website: namitn.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Tennessee ABLE Act Savings Plan**

  Website: tnableplan.gov

  Tennessee's ABLE savings account program.

- **Tennessee Autism Insurance Mandate**

  Tennessee mandates ABA coverage effective 2011. Contact TN Department of Commerce and Insurance: 800-342-4029.

TEXAS

1. State Autism Council / Lead Agency

- **Texas Health and Human Services Commission (HHSC) — Intellectual and Developmental Disability Division**

  4900 N. Lamar Blvd., Austin, TX 78751

  Phone: 512-424-6500 | Toll-Free: 877-787-8999

  Website: hhs.texas.gov/autism-and-other-intellectual-developmental-disabilities

Texas's lead agency for I/DD and autism services. Services coordinated through a network of 12 Local Intellectual and Developmental Disability Authorities (LIDDAs) statewide.

- **Texas Council for Developmental Disabilities (TCDD)**

  6201 E. Oltorf Street, Suite 600, Austin, TX 78741

  Phone: 512-437-5432 | Toll-Free: 800-262-0334

  Website: tcdd.texas.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Texas Home Living (TxHmL) Waiver**

  Description: Provides supported employment, day habilitation, respite, and behavioral supports for individuals with I/DD including autism living at home or in their own setting.

  Eligibility: I/DD diagnosis; Medicaid-eligible; Texas resident; institutional level of care.

  Waitlist: Yes — significant waitlist. Apply through your regional LIDDA immediately.

  How to Apply: Contact your local LIDDA. Find yours at hhs.texas.gov/lidda.

- **Texas Home and Community-Based Services (HCS) Waiver**

  Description: More intensive waiver for adults with I/DD including residential habilitation, supported employment, behavioral support, and day programs. Very long waitlist — often 10+ years.

  How to Apply: Contact your LIDDA. Start the process as early as possible.

3. Early Intervention (Birth–3)

- **Texas Early Childhood Intervention (ECI) Program — Part C**

  Part C Lead Agency: Texas HHSC

  Phone: 512-424-6754 | Toll-Free: 877-787-8999

  Website: hhs.texas.gov/eci

  Statewide early intervention for Texas infants and toddlers birth–36 months. Services provided by 65+ local ECI programs at no cost.

4. Special Education / IEP Support

- **Texas Education Agency — Special Education Division**

  1701 N. Congress Avenue, Austin, TX 78701

  Phone: 512-463-9414

  Website: tea.texas.gov/academics/special-student-populations/special-education

  Oversees IDEA in Texas public schools — the largest state school system in the South.

- **Partners Resource Network / PATH Project — PTI**

  Phone: 409-898-4684 | Toll-Free: 800-866-4726

  Website: prntexas.org

  Texas's federally funded PTI providing free IEP training, workshops, and advocacy support statewide. Multiple regional offices.

5. Autism Diagnosis & Evaluation Centers

- **Texas Children's Hospital — Autism Center, Houston**

  6701 Fannin Street, Houston, TX 77030

  Phone: 832-822-0100

  Website: texaschildrens.org/departments/autism-center

  One of the largest children's hospitals in the world with a dedicated autism evaluation and treatment center.

- **University of Texas at Austin — Autism Research at UT**

  1 University Station, Austin, TX 78712

  Phone: 512-471-3434

  Website: utexas.edu

  University-based autism research and community education. For clinical evaluations, UT connects families with affiliated clinics.

- **UT Southwestern Medical Center — Autism Program, Dallas**

  5323 Harry Hines Blvd., Dallas, TX 75390

  Phone: 214-645-8300

  Website: utsouthwestern.edu

  Academic medical center providing comprehensive autism evaluations and behavioral treatment in the Dallas-Fort Worth region.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Texas IDD Crisis Services (via LIDDAs)**

  Phone: 877-787-8999

  Each LIDDA operates or coordinates crisis services for individuals with I/DD. Contact HHSC or your LIDDA to access local crisis teams.

7. Housing & Independent Living

- **SILC Texas / CIL Network**

  Phone: 512-371-7353

  Website: txsilc.org

  Texas's statewide independent living council coordinates a network of CILs providing housing advocacy and independent living services across the large state.

8. Employment & Vocational Rehabilitation

- **Texas Workforce Commission — Vocational Rehabilitation (TWC-VR)**

  101 E. 15th Street, Austin, TX 78778

  Phone: 512-936-6400 | Toll-Free: 800-628-5115

  Website: twc.texas.gov/individuals/vocational-rehabilitation

  Statewide VR services for Texans with disabilities. Texas VR is one of the largest VR systems in the nation, providing supported employment, transition services, and autism-specific employment support.

9. Family Support & Respite Care

- **Texas Respite Access Project (TRAM)**

  Phone: 512-454-6694

  Website: txrespite.org

  Statewide respite coordination for Texas families. Also contact your LIDDA for respite through the TxHmL waiver.

10. Legal Rights & Advocacy

- **Disability Rights Texas (DRTx)**

  2222 W. Braker Lane, Austin, TX 78758

  Phone: 512-454-4816 | Toll-Free: 800-252-9108

  Website: disabilityrightstx.org

  Texas's federally mandated P&A system — the largest in the nation, given Texas's population.

  Provides free legal advocacy for Texans with disabilities statewide.

11. Community & Peer Support Groups

- **Autism Society of Texas**

  Phone: 512-476-7044

  Website: autismsocietytx.org

- **NAMI Texas**

  Phone: 512-693-2000

  Website: namitexas.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Texas ABLE Program**

  Website: txable.org

  Texas's ABLE savings account program for eligible individuals with disabilities.

- **Texas Autism Insurance Mandate**

  Texas enacted an autism insurance mandate in 2007, one of the first states in the nation.

  Contact Texas Department of Insurance: 800-252-3439.

UTAH

1. State Autism Council / Lead Agency

- **Utah Department of Human Services (DHS) — Division of Services for People with Disabilities (DSPD)**

  195 N. 1950 W., Salt Lake City, UT 84116

  Phone: 801-538-4200 | Toll-Free: 800-837-6811

  Website: dspd.utah.gov

  Lead agency for individuals with developmental disabilities in Utah. Administers Medicaid waivers and coordinates provider networks statewide.

- **Utah Council on Developmental Disabilities**

  155 S. 300 W., Suite 100, Salt Lake City, UT 84101

  Phone: 801-533-3965

  Website: utahcdd.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Utah Medicaid HCBS Waiver for Individuals with Intellectual Disabilities and Related Conditions**

  Description: Provides residential, day, employment, behavioral support, and respite services for individuals with I/DD including autism in Utah.

  Eligibility: Developmental disability; Medicaid-eligible; Utah resident; institutional level of care.

  Waitlist: Yes — significant in Utah. Apply through DSPD immediately.

  How to Apply: Contact DSPD at 801-538-4200.

3. Early Intervention (Birth–3)

- **Utah Baby Watch Early Intervention Program (Part C)**

  Part C Lead Agency: Utah Department of Health

  Phone: 801-584-8496 | Toll-Free: 800-961-4226

  Website: health.utah.gov/babywatch

  Statewide early intervention for Utah infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Utah State Board of Education — Special Education Services**

  250 E. 500 S., Salt Lake City, UT 84111

  Phone: 801-538-7706

  Website: schools.utah.gov/specialeducation

  Oversees IDEA in Utah public schools.

- **Utah Parent Center — PTI**

  230 W. 200 S., Suite 1101, Salt Lake City, UT 84101

  Phone: 801-272-1051 | Toll-Free: 800-468-1160

  Website: utahparentcenter.org

  Utah's federally funded PTI providing free IEP training, workshops, and advocacy for Utah families statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Utah — Utah Autism Research Program**

  201 Presidents Circle, Salt Lake City, UT 84112

  Phone: 801-585-7792

  Website: autism.utah.edu

  University autism research and clinical center providing evaluations and research participation in Utah.

- **Primary Children's Hospital — Developmental Pediatrics**

  100 Mario Capecchi Drive, Salt Lake City, UT 84113

  Phone: 801-662-1000

  Website: intermountainhealthcare.org/pediatric-specialty/developmental-pediatrics

  Utah's premier pediatric hospital with comprehensive developmental evaluations including autism assessment.

- **Utah Valley Hospital — Child Development Center**

  1034 N. 500 W., Provo, UT 84604

  Phone: 801-357-7850

  Website: intermountainhealthcare.org

  Developmental evaluations and autism assessment in Utah County.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Utah Crisis Line**

  Phone: 800-273-8255

  Utah's 24/7 statewide crisis line available for individuals with disabilities and their families.

7. Housing & Independent Living

- **Utah Statewide Independent Living Council (USILC)**

  Phone: 801-463-1741

  Website: usilc.org

  Coordinates Utah's CIL network providing housing advocacy and independent living services.

8. Employment & Vocational Rehabilitation

- **Utah State Office of Rehabilitation (USOR)**

  250 E. 500 S., Salt Lake City, UT 84111

  Phone: 801-538-7530 | Toll-Free: 800-473-7530

  Website: usor.utah.gov

  Statewide VR services for Utahns with disabilities including supported employment.

9. Family Support & Respite Care

- **Utah Lifespan Respite Care Program**

  Phone: 801-538-4171

  Website: utahrespite.com

  Statewide respite coordination for Utah families caring for individuals with disabilities.

10. Legal Rights & Advocacy

- **Disability Law Center (DLC) — Utah**

  205 N. 400 W., Salt Lake City, UT 84103

  Phone: 801-363-1347 | Toll-Free: 800-662-9080

  Website: disabilitylawcenter.org

Utah's federally mandated P&A system providing free legal advocacy for Utahns with disabilities.

11. Community & Peer Support Groups

- **Autism Council of Utah / Autism Society of Utah**

  Phone: 801-992-0060

  Website: autismcouncilofutah.org

- **NAMI Utah**

  Phone: 801-323-9900

  Website: namiut.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **my529 ABLE Utah**

  Website: my529.org/able

  Utah's ABLE savings account program for eligible individuals with disabilities.

- **Utah Autism Insurance Mandate**

  Utah mandates ABA coverage effective 2011. Contact Utah Insurance Department: 800-439-3805.

VERMONT

1. State Autism Council / Lead Agency

- **Vermont Department of Disabilities, Aging and Independent Living (DAIL) — Developmental Disabilities Services**

  280 State Drive, NOB 1 South, Waterbury, VT 05671

  Phone: 802-241-2614

  Website: dail.vermont.gov

Lead state agency for individuals with developmental disabilities in Vermont. Services coordinated through six regional Designated Agencies (DAs) statewide — the primary entry point for most families.

- **Vermont Developmental Disabilities Council (VTDDC)**

  103 S. Main Street, Laundry Building, Waterbury, VT 05671

  Phone: 802-828-2148

  Website: ddcouncil.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Vermont Medicaid HCBS Developmental Disabilities Waiver**

  Description: Provides residential, day, employment, behavioral, and family supports for individuals with developmental disabilities including autism through regional Designated Agencies.

  Eligibility: Developmental disability; Medicaid-eligible; Vermont resident; level of need.

  Waitlist: Vermont has taken steps to reduce waitlists. Contact your regional DA for current status.

  How to Apply: Contact your regional Designated Agency or DAIL at 802-241-2614.

3. Early Intervention (Birth–3)

- **Vermont Early Intervention System (Part C)**

  Part C Lead Agency: Vermont Department of Health

  Phone: 802-863-7338

  Website: healthvermont.gov/family/early-intervention

  Statewide early intervention for Vermont infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Vermont Agency of Education — Special Education**

  219 N. Main Street, Barre, VT 05641

  Phone: 802-828-1099

Website: education.vermont.gov/student-support/vermont-special-education

Oversees IDEA in Vermont public schools.

- **Vermont Family Network — PTI**

  600 Blair Park Road, Suite 240, Williston, VT 05495

  Phone: 802-876-5315 | Toll-Free: 800-800-4005

  Website: vermontfamilynetwork.org

  Vermont's federally funded PTI providing free IEP support and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Vermont Medical Center — Developmental Pediatrics**

  111 Colchester Avenue, Burlington, VT 05401

  Phone: 802-847-2777

  Website: uvmhealth.org

  Vermont's major academic medical center providing comprehensive developmental evaluations including autism assessment for children and adults.

- **Vermont Autism Task Force — Consultation and Evaluation**

  Vermont's designated agencies and the VT Autism Task Force provide diagnostic consultation and evaluation referrals. Contact DAIL for regional referrals: 802-241-2614.

- **Howard Center — Child and Family Services, Burlington**

  208 Flynn Avenue, Burlington, VT 05401

  Phone: 802-488-6000

  Website: howardcenter.org

  Major Vermont regional designated agency providing behavioral health and developmental disability services including autism evaluation and supports.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Vermont 211**

  Dial: **2-1-1**

  Connects Vermonters to local services including disability and crisis resources.

7. Housing & Independent Living

- **Vermont Center for Independent Living (VCIL)**

  11 E. State Street, Suite 6, Montpelier, VT 05602

  Phone: 802-229-0501 | Toll-Free: 800-639-1522

  Website: vcil.org

  Vermont's statewide CIL providing housing advocacy, peer support, and independent living services.

8. Employment & Vocational Rehabilitation

- **Vermont Division of Vocational Rehabilitation (VocRehab)**

  HC 2 South, 280 State Drive, Waterbury, VT 05671

  Toll-Free: 866-879-6757

  Website: vocrehab.vermont.gov

  VR services for Vermonters with disabilities including supported employment and transition services.

9. Family Support & Respite Care

- **Vermont Lifespan Respite Coalition**

  Phone: 802-229-0501

  Website: vtrespite.org

  Statewide respite coordination for Vermont families. Respite is provided through DAIL Designated Agencies and the DD waiver.

10. Legal Rights & Advocacy

- **Disability Rights Vermont (DRV)**

  141 Main Street, Suite 7, Montpelier, VT 05602

  Phone: 802-229-1355 | Toll-Free: 800-834-7890

  Website: disabilityrightsvt.org

  Vermont's federally mandated P&A system providing free legal advocacy for Vermonters with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Vermont**

  Website: autismvt.org

- **NAMI Vermont**

  Phone: 802-876-7949

  Website: namivermont.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Vermont ABLE Savings Plan**

  Website: vermonttreasurer.gov/able

  Vermont's ABLE savings account for eligible individuals with disabilities.

- **Vermont Autism Insurance Mandate**

  Vermont mandates ABA coverage effective 2005 — one of the earliest state mandates. Contact Vermont Department of Financial Regulation: 802-828-3301.

VIRGINIA

1. State Autism Council / Lead Agency

- **Virginia Department of Behavioral Health and Developmental Services (DBHDS)**

  1220 Bank Street, Richmond, VA 23219

  Phone: 804-786-3921

  Website: dbhds.virginia.gov

  Lead state agency for developmental disability services in Virginia. Administers waivers and coordinates through a network of Community Services Boards (CSBs) statewide — the primary entry point for families.

- **Virginia Board for People with Disabilities**

  1100 Bank Street, 7th Floor, Richmond, VA 23219

Phone: 804-786-0016

Website: vaboard.org

Virginia's federally mandated state DD council.

2. Medicaid Waiver Programs

- **Virginia Medicaid CCC Plus Waiver (for I/DD)**

  Description: Virginia's primary HCBS program for adults with intellectual and developmental disabilities including autism. Services include residential, day, employment, behavioral, and respite supports.

  Eligibility: I/DD diagnosis; Medicaid-eligible; Virginia resident; institutional level of care.

  Waitlist: Yes — significant. Apply through your local CSB immediately.

  How to Apply: Contact your local Community Services Board. Find your CSB at dbhds.virginia.gov.

- **Virginia Medicaid CL Waiver (Community Living)**

  Higher-intensity residential supports for individuals with more complex needs.

  How to Apply: Contact your CSB.

3. Early Intervention (Birth–3)

- **Virginia Infant & Toddler Connection (Part C)**

  Part C Lead Agency: Virginia Department of Behavioral Health and Developmental Services

  Toll-Free: 800-234-1448

  Website: infantva.org

  Statewide early intervention for Virginia infants and toddlers birth–36 months at no cost. One of Virginia's strongest state services.

4. Special Education / IEP Support

- **Virginia Department of Education — Office of Special Education and Student Services**

  P.O. Box 2120, Richmond, VA 23218

  Phone: 804-225-2013

Website: doe.virginia.gov/programs-services/special-education

Oversees IDEA in Virginia's public schools.

- **Parent Educational Advocacy Training Center (PEATC) — PTI**

  6320 Augusta Drive, Suite 1200, Springfield, VA 22150

  Phone: 703-923-0010 | Toll-Free: 800-869-6782

  Website: peatc.org

  Virginia's federally funded PTI providing free IEP training, workshops, and advocacy support for Virginia families statewide.

5. Autism Diagnosis & Evaluation Centers

- **Virginia Commonwealth University — Autism Center for Excellence (VCU-ACE)**

  1314 W. Main Street, Richmond, VA 23284

  Phone: 804-828-1851

  Website: vcuautismcenter.org

  VCU's statewide autism training, technical assistance, and consultation center serving schools, families, and professionals across Virginia.

- **Children's Hospital of The King's Daughters — Developmental Pediatrics, Norfolk**

  601 Children's Lane, Norfolk, VA 23507

  Phone: 757-668-7000

  Website: chkd.org

  Southeastern Virginia's primary pediatric hospital offering autism evaluations and treatment.

- **UVA Health — Child Development and Rehabilitation Center**

  1204 W. Main Street, Charlottesville, VA 22903

  Phone: 434-243-2000

  Website: uvahealth.com

  Academic medical center offering comprehensive autism evaluations in Central Virginia.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**

- **Virginia Crisis Lines (via CSBs)**

  Each Community Services Board in Virginia operates a 24/7 crisis line. Contact your local CSB or DBHDS at 804-786-3921 for your regional crisis line number.

7. Housing & Independent Living

- **disAbility Resource Center (CIL), Roanoke**

  Phone: 540-342-1231

  Website: disabilityresourcecenter.org

  CIL providing housing advocacy and independent living services for the western Virginia region.

- **Virginia SILC**

  Phone: 804-367-0316

  Website: vasilc.org

8. Employment & Vocational Rehabilitation

- **Virginia Department for Aging and Rehabilitative Services (DARS) — Division for Rehabilitative Services**

  8004 Franklin Farms Drive, Richmond, VA 23229

  Phone: 804-662-7000 | Toll-Free: 800-552-5019

  Website: vadars.org

  Statewide VR services for Virginians with disabilities including supported employment.

9. Family Support & Respite Care

- **Virginia Lifespan Respite Coalition**

  Phone: 804-254-0670

  Website: varespite.org

  Statewide respite resources for Virginia families. Respite is provided through the Medicaid waivers and CSB family support programs.

10. Legal Rights & Advocacy

- **disAbility Law Center of Virginia (dLCV)**

  1512 Willow Lawn Drive, Suite 100, Richmond, VA 23230

  Phone: 804-225-2042 | Toll-Free: 800-552-3962

  Website: dlcv.org

  Virginia's federally mandated P&A system providing free legal advocacy for Virginians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Virginia**

  Phone: 804-257-0777

  Website: autismva.org

- **NAMI Virginia**

  Phone: 888-486-8264

  Website: namivirginia.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **ABLEnow (Virginia ABLE Program)**

  Website: ablenow.com

  Virginia's nationally available ABLE savings account program. ABLEnow is open to individuals in all states.

- **Virginia Autism Insurance Mandate**

  Virginia mandates ABA coverage. Contact State Corporation Commission Bureau of Insurance: 800-552-7945.

WASHINGTON

1. State Autism Council / Lead Agency

- **Washington State Department of Social and Health Services (DSHS) — Developmental Disabilities Administration (DDA)**

  P.O. Box 45310, Olympia, WA 98504

  Phone: 360-725-3410 | Toll-Free: 800-422-3263

  Website: dshs.wa.gov/dda

  Lead state agency for developmental disability services in Washington. Administers waiver programs and coordinates with 27 Regional Offices statewide.

- **Washington State Developmental Disabilities Council**

  2600 Martin Way E., Suite F, Olympia, WA 98506

  Phone: 360-586-3560

  Website: ddc.wa.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Washington Medicaid Community Residential Services and Supports (CRSS) / Supported Living Program (SLP) Waiver**

  Description: Provides residential, day, employment, behavioral, and respite supports for individuals with I/DD including autism through Apple Health (Medicaid).

  Eligibility: Developmental disability; Apple Health-eligible; Washington resident; functional need level.

  Waitlist: Yes — significant waitlist for most waiver services. Apply through DDA immediately.

  How to Apply: Contact DDA at 800-422-3263.

- **Washington Individual and Family Services (IFS) Waiver**

  For individuals with lower support needs living at home. Shorter waitlist in some regions. Contact DDA for current availability.

3. Early Intervention (Birth–3)

- **Washington State's Early Support for Infants and Toddlers (ESIT) — Part C**

  Part C Lead Agency: Washington State Department of Children, Youth and Families

  Phone: 360-725-3500

Website: dcyf.wa.gov/services/earlylearning-childcare/esit

Statewide early intervention for Washington infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Washington Office of Superintendent of Public Instruction (OSPI) — Special Education**

  P.O. Box 47200, Olympia, WA 98504

  Phone: 360-725-6075

  Website: k12.wa.us/student-success/access-opportunity-learning/students-disabilities

  Oversees IDEA in Washington public schools.

- **PAVE — Partnerships for Action Voices for Empowerment (PTI)**

  6316 S. 12th Street, Tacoma, WA 98465

  Phone: 253-565-2266 | Toll-Free: 800-572-7368

  Website: wapave.org

  Washington's federally funded PTI providing free IEP training, advocacy, and resources for families statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Washington — Autism Center**

  Box 357920, Seattle, WA 98195

  Phone: 206-598-4948

  Website: autism.uw.edu

  World-renowned autism research and clinical center. Provides comprehensive evaluations, behavioral treatment, and research at the UW and through satellite locations.

- **Seattle Children's Hospital — Autism Center**

  4800 Sand Point Way NE, Seattle, WA 98105

  Phone: 206-987-2080

  Website: seattlechildrens.org/autism

  Premier pediatric hospital autism program with comprehensive evaluation and treatment services in the Pacific Northwest.

- **Washington State University — Speech and Hearing Clinic / Developmental Services**

  Pullman, WA 99164

  Phone: 509-335-3716

  Website: wsu.edu

  University-based services including autism evaluation and consultation in Eastern Washington.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Washington Recovery Helpline**

  Phone: 866-789-1511

  Statewide crisis and referral line including for individuals with developmental disabilities.

7. Housing & Independent Living

- **Washington SILC / CIL Network**

  Phone: 360-725-5678

  Website: wasilc.org

  Coordinates Washington's statewide CIL network for housing advocacy and independent living services.

8. Employment & Vocational Rehabilitation

- **Washington Division of Vocational Rehabilitation (DVR)**

  P.O. Box 45340, Olympia, WA 98504

  Phone: 360-725-3610 | Toll-Free: 800-637-5627

  Website: dshs.wa.gov/dvr

  Statewide VR services for Washingtonians with disabilities including supported employment and the Employment First initiative.

9. Family Support & Respite Care

- **Washington Lifespan Respite Coalition**

  Phone: 800-422-3263

Website: washingtonlifespan.org

Statewide respite resources for Washington families. Respite is a covered service under DDA waivers.

10. Legal Rights & Advocacy

- **Disability Rights Washington (DRW)**

  315 5th Avenue S., Suite 850, Seattle, WA 98104

  Phone: 206-324-1521 | Toll-Free: 800-562-2702

  Website: disabilityrightswa.org

  Washington's federally mandated P&A system providing free legal advocacy for Washingtonians with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Washington**

  Phone: 206-763-2080

  Website: autismsocietyofwa.org

- **NAMI Washington**

  Phone: 425-771-7567

  Website: namiwa.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **Washington State ABLE Savings Plan**

  Website: waable.org

  Washington's state ABLE savings account program.

- **Washington Autism Insurance Mandate**

  Washington mandates ABA coverage effective 2010. Contact Washington State Office of Insurance Commissioner: 800-562-6900.

WASHINGTON, D.C.

1. Lead Agency

- **DC Department on Disability Services (DDS) — Developmental Disabilities Administration (DDA)**

  250 E Street SW, Washington, DC 20024

  Phone: 202-730-1700

  Website: dds.dc.gov

  Lead agency for individuals with developmental disabilities in the District of Columbia. Administers Medicaid-funded supports and coordinates with provider agencies. DDS also administers vocational rehabilitation.

- **DC Developmental Disabilities Council**

  1400 L Street NW, Suite 800, Washington, DC 20005

  Phone: 202-736-4179

  Website: dcddc.org

  Federally mandated state DD council for the District of Columbia.

2. Medicaid Waiver Programs

- **DC Medicaid Comprehensive Developmental Disabilities Waiver (DDA Waiver)**

  Description: Provides residential, day habilitation, supported employment, behavioral support, and respite for adults with developmental disabilities including autism in DC.

  Eligibility: Developmental disability; DC Medicaid-eligible; DC resident; institutional level of care.

  Waitlist: Yes — waitlist exists. Apply immediately through DDA.

  How to Apply: Contact DC DDA at 202-730-1700.

3. Early Intervention (Birth–3)

- **DC Strong Start Early Intervention Program (Part C)**

  Part C Lead Agency: DC Office of the State Superintendent of Education (OSSE)

  Phone: 202-727-3665

Website: osse.dc.gov/service/strong-start-dc-early-intervention-program

DC's early intervention program for infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **DC Office of the State Superintendent of Education (OSSE) — Special Education**

  1050 First Street NE, Washington, DC 20002

  Phone: 202-727-6436

  Website: osse.dc.gov/specialeducation

  Oversees IDEA for DC public schools.

- **University Legal Services — Parent Training and Information Center (PTIC-DC)**

  220 I Street NE, Suite 130, Washington, DC 20002

  Phone: 202-547-0198

  Website: uls-dc.org

  DC's federally funded PTI providing free IEP support and disability rights advocacy for DC families.

5. Autism Diagnosis & Evaluation Centers

- **Children's National Hospital — Center for Autism Spectrum Disorders**

  111 Michigan Avenue NW, Washington, DC 20010

  Phone: 202-476-5000

  Website: childrensnational.org/autism

  DC's major children's hospital with a dedicated autism evaluation and treatment center serving the DC-Maryland-Virginia region.

- **Georgetown University Medical Center — Division of Child and Adolescent Psychiatry**

  2115 Wisconsin Avenue NW, Washington, DC 20007

  Phone: 202-687-8635

  Website: gumc.georgetown.edu

  University-affiliated autism evaluation and mental health services for children and adolescents in DC.

- **GW Medical Faculty Associates — Developmental and Behavioral Pediatrics**

  2150 Pennsylvania Avenue NW, Washington, DC 20037

  Phone: 202-741-2800

  Website: mfa.gwu.edu

  Academic medical faculty practice providing developmental evaluations in DC.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **DC Access HelpLine**

  Phone: 888-793-4357

  DC's behavioral health access and crisis line available 24/7 for District residents including those with developmental disabilities.

7. Housing & Independent Living

- **Independence Now (CIL) — DC Metro**

  Phone: 301-277-2839

  Website: innow.org

  CIL serving DC and suburban Maryland providing housing advocacy and independent living services for adults with disabilities.

8. Employment & Vocational Rehabilitation

- **DC Department on Disability Services — Rehabilitation Services Administration (RSA)**

  250 E Street SW, Washington, DC 20024

  Phone: 202-730-1700

  Website: dds.dc.gov/service/vocational-rehabilitation-services

  DC's VR services for District residents with disabilities including supported employment.

9. Family Support & Respite Care

- **DC Family Support Services**

  Phone: 202-730-1700

DDA provides family support and respite services for District residents. Contact DDA for referrals to family support programs.

10. Legal Rights & Advocacy

- **University Legal Services — Disability Rights DC (P&A)**

  220 I Street NE, Suite 130, Washington, DC 20002

  Phone: 202-547-0198

  Website: uls-dc.org

  DC's federally mandated P&A system providing free legal advocacy for DC residents with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Greater Washington**

  Phone: 301-657-0881

  Website: asgw.org

- **NAMI DC (Metropolitan Area)**

  Phone: 202-546-0646

  Website: namidc.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **DC ABLE Program**

  Website: dctreasury.dc.gov/able

  DC's ABLE savings account program for eligible individuals with disabilities.

- **DC Autism Insurance**

  DC mandates autism insurance coverage. Contact DC Department of Insurance, Securities and Banking: 202-727-8000.

WEST VIRGINIA

1. State Autism Council / Lead Agency

- **West Virginia Department of Health and Human Resources (DHHR) — Bureau for Medical Services / Medicaid DD Services**

  350 Capitol Street, Room 251, Charleston, WV 25301

  Phone: 304-558-1700 | Toll-Free: 888-483-0797

  Website: dhhr.wv.gov

  Lead agency for developmental disability services in West Virginia. Administers Medicaid waivers and coordinates the ID/DD system through Bureau for Medical Services and regional providers.

- **West Virginia Developmental Disabilities Council**

  110 Stockton Street, Charleston, WV 25312

  Phone: 304-558-0416

  Website: wvddc.org

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **West Virginia Medicaid HCBS Intellectual and Developmental Disabilities (IDD) Waiver**

  Description: Provides residential, day, employment, behavioral support, and respite for individuals with I/DD including autism in West Virginia.

  Eligibility: I/DD diagnosis; Medicaid-eligible; WV resident; institutional level of care.

  Waitlist: Yes — significant. Apply immediately through DHHR.

  How to Apply: Contact WV DHHR at 888-483-0797.

3. Early Intervention (Birth–3)

- **West Virginia Birth to Three Program (Part C)**

  Part C Lead Agency: West Virginia Department of Health and Human Resources

  Phone: 304-558-5388

Website: dhhr.wv.gov/bcf/Birth_to_Three

Statewide early intervention for West Virginia infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **West Virginia Department of Education — Office of Special Education**

  1900 Kanawha Blvd. E., Charleston, WV 25305

  Phone: 304-558-2696

  Website: wvde.us/special-education

  Oversees IDEA in West Virginia's public schools.

- **WV Parent Training and Information (WVPTI) — PTI**

  99 Edmonds Avenue, Buckhannon, WV 26201

  Phone: 304-624-1436 | Toll-Free: 800-281-1436

  Website: wvpti.org

  West Virginia's federally funded PTI providing free IEP training and advocacy for WV families.

5. Autism Diagnosis & Evaluation Centers

- **WVU Medicine — WVU Children's Hospital / Developmental Pediatrics**

  1 Medical Center Drive, Morgantown, WV 26506

  Phone: 304-598-4000

  Website: wvumedicine.org

  West Virginia's academic medical center providing developmental evaluations and autism assessment.

- **CAMC Women and Children's Hospital — Developmental Services, Charleston**

  830 Pennsylvania Avenue, Charleston, WV 25302

  Phone: 304-388-1432

  Website: camc.org

  Hospital-based developmental evaluations including autism assessment in the Charleston area.

- **Marshall University — Center for Autism Spectrum Disorders (CASD)**

  One John Marshall Drive, Huntington, WV 25755

  Phone: 304-696-2332

Website: marshall.edu/autism

University autism program providing evaluation, training, and consultation throughout West Virginia.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **WV Crisis Line**

  Phone: 844-435-7498

  West Virginia's statewide 24/7 behavioral health crisis line for residents including those with developmental disabilities.

7. Housing & Independent Living

- **West Virginia Advocates (SILC-CIL)**

  Phone: 304-346-0847

  Website: wvadvocates.org

  Statewide independent living and advocacy services for West Virginians with disabilities.

8. Employment & Vocational Rehabilitation

- **West Virginia Division of Rehabilitation Services (DRS)**

  P.O. Box 50890, Charleston, WV 25305

  Phone: 304-356-2060 | Toll-Free: 800-642-8207

  Website: wvdrs.org

  VR services for West Virginians with disabilities including supported employment.

9. Family Support & Respite Care

- **WV Autism Training Center — Family Focus**

  Phone: 304-696-2332

  Website: marshall.edu/atc

  WV's Autism Training Center at Marshall University provides respite, family support, and training resources for families statewide.

10. Legal Rights & Advocacy

- **Disability Rights of West Virginia (DRWV)**

  1207 Quarrier Street, Suite 400, Charleston, WV 25301

  Phone: 304-346-0847 | Toll-Free: 800-950-5250

  Website: drofwv.org

  West Virginia's federally mandated P&A system providing free legal advocacy for West Virginians with disabilities.

11. Community & Peer Support Groups

- **Autism Services Center / Autism Society of West Virginia**

  Phone: 304-525-8014

  Website: autismservicescenter.org

- **NAMI West Virginia**

  Phone: 304-342-5555

  Website: namiwv.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov
- **West Virginia ABLE Plan**

  Website: wvable.com

  West Virginia's ABLE savings account program.

- **West Virginia Autism Insurance Mandate**

  WV mandates ABA coverage. Contact WV Offices of the Insurance Commissioner: 888-879-9842.

WISCONSIN

1. State Autism Council / Lead Agency

- **Wisconsin Department of Health Services (DHS) — Division of Medicaid Services / Long-Term Care**

  1 W. Wilson Street, Madison, WI 53703

  Phone: 608-266-0554 | Toll-Free: 800-362-3002

  Website: dhs.wisconsin.gov

  Lead agency for developmental disability services in Wisconsin, delivered through the Family Care and IRIS (Include, Respect, I Self-Direct) managed care programs. Also provides oversight of county-based intellectual disability services.

- **Wisconsin Board for People with Developmental Disabilities (BPDD)**

  101 E. Wilson Street, Suite 219, Madison, WI 53703

  Phone: 608-266-7826

  Website: wi-bpdd.org

  Wisconsin's federally mandated state DD council.

2. Medicaid Waiver Programs

- **Wisconsin Family Care (1915(b)(c) Waiver)**

  Description: Wisconsin's primary long-term care managed care program for adults with I/DD and elderly individuals. Services include residential, day, employment, behavioral, and respite supports. Self-direction available through the IRIS program.

  Eligibility: I/DD or functional disability; Medicaid-eligible; Wisconsin resident; nursing home level of care.

  Waitlist: Wisconsin has expanded Family Care significantly — waitlists are shorter than most states, though county variation exists.

  How to Apply: Contact your county aging and disability resource center (ADRC): 800-362-3002.

- **Wisconsin IRIS (Include, Respect, I Self-Direct) Program**

  Description: Wisconsin's self-directed long-term care option allowing individuals to manage their own services and hire workers. Excellent option for individuals with autism seeking flexible, person-centered supports.

  How to Apply: Contact your county ADRC or IRIS consultant agency.

3. Early Intervention (Birth–3)

- **Wisconsin Birth to 3 Program (Part C)**

  Part C Lead Agency: Wisconsin Department of Health Services

  Phone: 608-267-3270

  Website: dhs.wisconsin.gov/birthto3

  Statewide early intervention for Wisconsin infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Wisconsin Department of Public Instruction — Special Education Team**

  125 S. Webster Street, Madison, WI 53703

  Phone: 608-266-1649

  Website: dpi.wi.gov/sped

  Oversees IDEA in Wisconsin's public schools.

- **Wisconsin Family Assistance Center for Education, Training and Support (WI-FACETS) — PTI**

  2714 N. Dr. Martin Luther King Jr. Drive, Milwaukee, WI 53212

  Phone: 414-374-4645 | Toll-Free: 877-374-4677

  Website: wi-facets.org

  Wisconsin's federally funded PTI providing free IEP training and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **University of Wisconsin–Madison — Waisman Center (UCEDD)**

  1500 Highland Avenue, Madison, WI 53705

  Phone: 608-263-5940

  Website: waisman.wisc.edu

  Wisconsin's premier UCEDD and a national center for autism research providing comprehensive evaluations, treatment, and research at UW-Madison.

- **Children's Wisconsin — Autism Program**

  9000 W. Wisconsin Avenue, Milwaukee, WI 53226

  Phone: 414-266-2000

  Website: childrenswi.org

Wisconsin's dedicated children's hospital with comprehensive autism evaluation and behavioral treatment in Milwaukee.

- **Gundersen Health System — Developmental Pediatrics, La Crosse**

  1900 South Avenue, La Crosse, WI 54601

  Phone: 608-782-7300

  Website: gundersenhealth.org

  Regional health system providing developmental evaluations for Western Wisconsin and Driftless Area families.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Wisconsin Crisis Lines (via Family Care and County Systems)**

  Phone: 800-362-3002

  Crisis services for Wisconsinites with I/DD are coordinated through county and Family Care organizations. Contact your county ADRC for local crisis resources.

7. Housing & Independent Living

- **Independent Living Resources of Greater Milwaukee**

  Phone: 414-291-7520

  Website: ilrmilwaukee.org

  CIL providing housing advocacy and independent living services in southeastern Wisconsin.

- **Wisconsin SILC**

  Phone: 608-267-3200

  Website: wisilc.org

8. Employment & Vocational Rehabilitation

- **Wisconsin Division of Vocational Rehabilitation (DVR)**

  201 E. Washington Avenue, Room A100, Madison, WI 53708

  Phone: 608-261-0050 | Toll-Free: 800-442-3477

  Website: dwd.wisconsin.gov/dvr

Statewide VR services for Wisconsinites with disabilities including supported employment and the Employment First initiative.

9. Family Support & Respite Care

- **Wisconsin Respite Care Association**

  Phone: 608-222-5354

  Website: wirespite.com

  Statewide respite coordination for Wisconsin families. Respite is covered under Family Care and IRIS programs.

10. Legal Rights & Advocacy

- **Disability Rights Wisconsin (DRW)**

  131 W. Seeboth Street, Suite 102, Milwaukee, WI 53204

  Phone: 414-773-4646 | Toll-Free: 800-928-8778

  Website: drwi.org

  Wisconsin's federally mandated P&A system providing free legal advocacy for Wisconsinites with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Wisconsin**

  Phone: 608-287-0588

  Website: autismwisconsin.org

- **NAMI Wisconsin**

  Phone: 608-268-6000

  Website: namiwisconsin.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov

- **Wisconsin ABLE Savings Plan**

  Website: wiable.wi.gov

  Wisconsin's ABLE savings account program for eligible individuals with disabilities.

- **Wisconsin Autism Insurance Mandate**

  Wisconsin mandates ABA coverage effective 2009. Contact Wisconsin Office of the Commissioner of Insurance: 800-236-8517.

WYOMING

1. State Autism Council / Lead Agency

- **Wyoming Department of Health (WDH) — Developmental Disabilities Division (DDD)**

  6101 Yellowstone Road, Suite 259B, Cheyenne, WY 82002

  Phone: 307-777-6494 | Toll-Free: 877-996-7837

  Website: health.wyo.gov/healthcarefin/dd

  Lead state agency for developmental disability services in Wyoming. Administers Medicaid waivers and coordinates with community providers across the large, rural state.

- **Wyoming Council on Developmental Disabilities**

  122 W. 25th Street, Suite E-100, Cheyenne, WY 82002

  Phone: 307-777-7230

  Website: wycdd.wyo.gov

  Federally mandated state DD council.

2. Medicaid Waiver Programs

- **Wyoming Medicaid Intellectual/Developmental Disability (I/DD) Waiver**

  Description: Provides residential, day, employment, behavioral support, and respite for individuals with I/DD including autism in Wyoming.

  Eligibility: I/DD diagnosis; Medicaid-eligible; Wyoming resident; institutional level of care.

Waitlist: Yes — apply immediately through DDD.

How to Apply: Contact WDH DDD at 877-996-7837.

3. Early Intervention (Birth–3)

- **Wyoming Early Intervention Program (Part C)**

  Part C Lead Agency: Wyoming Department of Health

  Phone: 307-777-6494

  Website: health.wyo.gov/healthcarefin/dd/earlyintervention

  Statewide early intervention for Wyoming infants and toddlers birth–36 months at no cost.

4. Special Education / IEP Support

- **Wyoming Department of Education — Special Education Program**

  122 W. 25th Street, Cheyenne, WY 82002

  Phone: 307-777-7417

  Website: edu.wyoming.gov/educators/special-education

  Oversees IDEA in Wyoming's public schools.

- **Wyoming Parent Information Center (WPIC) — PTI**

  500 W. Lott Street, Suite A, Buffalo, WY 82834

  Phone: 307-684-2277 | Toll-Free: 800-660-9742

  Website: wpic.org

  Wyoming's federally funded PTI providing free IEP training and family advocacy statewide.

5. Autism Diagnosis & Evaluation Centers

- **Wyoming Medical Center — Behavioral Health, Casper**

  1233 E. 2nd Street, Casper, WY 82601

  Phone: 307-577-7201

  Website: wyomingmedicalcenter.org

  Wyoming's largest hospital providing behavioral health evaluations including developmental assessment.

- **University of Wyoming — Institute for Disabilities (WIND/UCEDD)**

  1000 E. University Avenue, Laramie, WY 82071

  Phone: 307-766-2761

  Website: wind.uwyo.edu

  Wyoming's UCEDD providing training, evaluation consultation, technical assistance, and outreach related to autism and developmental disabilities statewide.

- **Cheyenne Regional Medical Center — Pediatrics**

  214 E. 23rd Street, Cheyenne, WY 82001

  Phone: 307-634-2273

  Website: cheyenneregional.org

  Regional medical center providing pediatric care and developmental referrals in southeastern Wyoming. Due to Wyoming's limited specialty providers, many families also access services across the border in Denver, Colorado.

6. Crisis & Behavioral Support Lines

- **988 Suicide & Crisis Lifeline** — Call or text: **988**
- **Wyoming Department of Health Behavioral Health**

  Phone: 307-777-6494

  Given Wyoming's rural geography, the 988 line and local community mental health centers are the primary crisis resources for individuals with developmental disabilities.

7. Housing & Independent Living

- **Wyoming Independent Living (WIL)**

  305 E. 20th Street, Suite 2008W, Cheyenne, WY 82001

  Phone: 307-632-1007 | Toll-Free: 888-422-9545

  Website: wyil.org

  Wyoming's CIL providing housing advocacy and independent living services for adults with disabilities statewide.

8. Employment & Vocational Rehabilitation

- **Wyoming Division of Vocational Rehabilitation (WY DVR)**

  5221 Yellowstone Road, Cheyenne, WY 82002

  Phone: 307-777-7364

  Website: dws.wyo.gov/dws-division/vocational-rehabilitation

  VR services for Wyomingites with disabilities including supported employment.

9. Family Support & Respite Care

- **Wyoming Caregiver Alliance**

  Phone: 307-777-6494

  Connect with respite resources through Wyoming DDD or the Wyoming Caregiver Alliance. The I/DD waiver includes respite as a covered service.

10. Legal Rights & Advocacy

- **Wyoming Protection & Advocacy System, Inc. (WPAS)**

  7344 Stockman Street, Cheyenne, WY 82009

  Phone: 307-632-3496 | Toll-Free: 800-821-3091

  Website: wypanda.com

  Wyoming's federally mandated P&A system providing free legal advocacy for Wyomingites with disabilities.

11. Community & Peer Support Groups

- **Autism Society of Wyoming**

  Website: autismwy.org

  State chapter providing information and community connection for Wyoming families.

- **NAMI Wyoming**

  Phone: 307-432-0399

  Website: namiwy.org

12. Financial Assistance

- **Social Security Administration** — Phone: 800-772-1213 | ssa.gov

- **Wyoming ABLE Savings Plan**

  Website: wyoable.com

  Wyoming's ABLE savings account program for eligible individuals with disabilities.

- **Wyoming Autism Insurance Mandate**

  Wyoming enacted an autism insurance coverage law in 2013. Contact Wyoming Department of Insurance: 800-438-5768.

APPENDIX A: National Resources Directory

The following organizations provide nationwide information, advocacy, referral, and support services for individuals with autism and disabilities and their families. These are key first contacts regardless of which state you live in.

Autism-Specific National Organizations

- **Autism Society of America (ASA)**

  Phone: 800-328-8476 | Website: autismsociety.org

  The nation's oldest and largest grassroots autism organization. The ASA has chapters in all 50 states and supports families, self-advocates, and professionals through education, advocacy, and community. Operates the Autism Source resource database.

- **Autism Speaks**

  Phone (Autism Response Team): 888-288-4762 | Website: autismspeaks.org

  The world's leading autism advocacy and science organization. Provides the Autism Response Team (free assistance to families), tool kits, insurance guides, and a resource guide for every state.

- **Autistic Self Advocacy Network (ASAN)**

  Website: autisticadvocacy.org

  Run by and for autistic people, ASAN advocates for a world that treats all autistic people as full and equal participants in society. Provides policy advocacy, trainings, and resources including the "Autistic Adult's Guide to Exploring Diagnosis."

- **Global Autism Project**

  Website: globalautismproject.org

  Provides international autism support and capacity-building resources.

Disability Rights and Advocacy

- **National Disability Rights Network (NDRN)**

  Website: ndrn.org | Phone: 202-408-9514

  The membership organization of all 57 Protection & Advocacy organizations across the U.S. Use NDRN's website to find your state's P&A organization, which provides free legal advocacy to every person with a disability.

- **Arc of the United States**

  Phone: 800-433-5255 | Website: thearc.org

  The nation's largest community-based organization advocating for and serving people with intellectual and developmental disabilities and their families. Find your state and local Arc chapter at thearc.org/find-a-chapter.

- **National Council on Disability (NCD)**

  Website: ncd.gov | Phone: 202-272-2004

  An independent federal agency that advises the President and Congress on disability policy. Publishes research and policy recommendations including reports on autism, Medicaid, employment, and housing.

Parent and Family Support

- **PACER Center (National Parent Training & Information)**

  Phone: 952-838-9000 | Toll-Free: 800-537-2237 | Website: pacer.org

  Minnesota-based but nationally recognized PTI providing training, resources, and technical assistance to parents of children with disabilities. Operates the National Bullying Prevention Center and the Simon Technology Center.

- **ARCH National Respite Network**

  Website: archrespite.org

  The national respite resource hub. Use the National Respite Locator

(archrespite.org/respitelocator) to find respite resources in your state. Also publishes guidelines and research on caregiver and family support.

- **Family Voices**

  Website: familyvoices.org | Phone: 505-872-4774

  National organization for families of children and youth with special health care needs and disabilities. Offers resources on health insurance, Medicaid, and family-centered care.

Crisis and Mental Health

- **988 Suicide & Crisis Lifeline**

  Call or text: **988** (disability-inclusive, 24/7, nationwide)

  The national crisis line, available by call or text. The 988 Lifeline has trained counselors experienced with individuals with disabilities. You can request a counselor who is familiar with autism or developmental disabilities. Operated by SAMHSA.

- **Crisis Text Line**

  Text HOME to: **741741**

  Free 24/7 crisis support via text message — accessible for individuals who may not be comfortable speaking on the phone.

- **SAMHSA National Helpline**

  Phone: 800-662-4357 | Website: samhsa.gov

  Free, confidential 24/7 information and treatment referral service for mental health and substance use. Available in English and Spanish. Serves individuals with disabilities including dual diagnosis.

- **NAMI National (National Alliance on Mental Illness)**

  Helpline: 800-950-6264 | Text: NAMI to 741741 | Website: nami.org

  The nation's largest grassroots mental health organization. NAMI chapters in every state offer free support groups, education programs, and advocacy for individuals with mental health conditions including those with dual diagnosis.

Benefits and Financial Assistance

- **Social Security Administration (SSA)**

  Phone: 800-772-1213 | TTY: 800-325-0778 | Website: ssa.gov

  Administers SSI (Supplemental Security Income) and SSDI (Social Security Disability Insurance). Find your local SSA office at ssa.gov/locator. Disability benefits are available to individuals meeting medical and financial criteria. For children with autism, SSI eligibility is determined based on the child's disability and household income.

- **ABLE National Resource Center**

  Website: ablenrc.org

  Comprehensive resource for ABLE (Achieving a Better Life Experience) accounts nationally. Helps individuals choose the best ABLE plan for their needs regardless of state. Every eligible person with a disability can open an ABLE account to save up to $18,000/year (2026) without losing SSI or Medicaid.

- **Centers for Medicare & Medicaid Services (CMS)**

  Website: cms.gov | Phone: 877-267-2323

  Federal agency administering Medicare, Medicaid, and the Children's Health Insurance Program (CHIP). CMS publishes state Medicaid waiver documents and beneficiary rights information.

Employment

- **Job Accommodation Network (JAN)**

  Phone: 800-526-7234 | Website: askjan.org

  Free consulting service providing information about job accommodations and the Americans with Disabilities Act (ADA). Individuals with autism and employers can call JAN for guidance on workplace supports.

- **Employer Assistance and Resource Network on Disability Inclusion (EARN)**

  Website: askearn.org

  Resource for employers seeking to recruit, hire, and retain workers with disabilities including autism. Useful for job seekers understanding their rights.

Health Care and Rehabilitation

- **Easter Seals**

  Website: easterseals.com | Phone: 800-221-6827

  National organization with affiliates in every state providing autism services, disability services, and employment support. Use easterseals.com to find your local Easter Seals affiliate.

- **United Cerebral Palsy (UCP)**

  Website: ucp.org | Phone: 800-872-5827

  Network of affiliates serving individuals with cerebral palsy and other developmental disabilities. Many UCP affiliates serve individuals with autism and I/DD as well.

- **American Academy of Pediatrics (AAP) — Autism Resources**

  Website: aap.org/autism

  The nation's leading pediatric medical association. The AAP publishes autism screening and diagnosis guidelines and a resource directory for families seeking pediatricians experienced in autism care.

Housing

- **National Council on Severe Autism (NCSA)**

  Website: ncsautism.org

  Advocates for residential options and housing for individuals with severe autism who need intensive supports.

- **Housing and Urban Development (HUD) — Disability Programs**

  Website: hud.gov/program_offices/fair_housing_equal_opp/disability_main

  Phone: 800-877-0246

  HUD administers Section 811 Supportive Housing for Persons with Disabilities and enforces Fair Housing Act protections including for individuals with autism and disabilities.

APPENDIX B: How to Use This Directory — Practical Tips

This appendix is designed to help you take action. Reading about resources is only the first step — actually accessing them requires persistence, documentation, and knowing the right questions to ask. The following tips apply to families and individuals across all 50 states.

How to Contact a Medicaid Waiver Office and Get on a Waitlist

Why This Matters

Medicaid HCBS waivers are the single most important long-term funding source for autism and developmental disability services for most families. In most states, there is a waitlist measured in years. The single most important action you can take right now — regardless of your loved one's age or current needs — is to get on the waitlist.

1. **Identify your state's lead agency.** Use Section 1 ("State Autism Council / Lead Agency") in your state's chapter of this directory. This is your starting point.
2. **Call and ask specifically:** "I would like to apply for Medicaid HCBS waiver services for my child/family member with [autism/intellectual disability]. How do I apply and get on the waitlist?"
3. **Request a functional eligibility assessment.** All states require some form of assessment to establish eligibility. This may be done by a state worker, a contracted assessor, or your county office. Ask how long the assessment takes and request a specific appointment date.
4. **Get your date of application in writing.** Many states use "date of application" or "date of enrollment on the interest list" to determine your place in line. Protect this date — it is your spot in line.
5. **Follow up every 6 months.** Waitlists move. Confirm your continued interest regularly and update the agency if your contact information changes.
6. **Ask about "emergency" or "crisis" access.** Most states have provisions to move individuals with urgent needs (homelessness, caregiver death, safety crisis) to the front of the waitlist. If your situation is urgent, say so explicitly and document it.

7. **Apply for ALL waivers, not just one.** Many states have multiple waivers. Apply for all you may qualify for — you can only use one at a time, but being on multiple lists increases your chances of receiving services sooner.

How to Request an IEP Evaluation for Your Child

An Individualized Education Program (IEP) is a legally binding document ensuring your child receives a Free Appropriate Public Education (FAPE) under IDEA. You have the legal right to request an evaluation at any time — and it is always free.

Step 1 — Put Your Request in Writing

- Write a dated letter or email to the school principal AND the district's Special Education Director.
- State: *"I am requesting a full individual evaluation for my child to determine eligibility for special education services under IDEA."*
- Include the child's name, date of birth, grade, and school. Keep a dated copy of everything.

Step 2 — Know Your Rights Under IDEA

- The district must respond within 10 school days (timelines vary by state).
- Once you sign consent, the district has 60 calendar days to complete the evaluation.
- The evaluation is **100% free** to you.

Step 3 — The Evaluation Process

- A multidisciplinary team assesses academics, communication, behavior, motor skills, and social-emotional functioning.
- You may submit private outside evaluations from clinicians — the school must consider them.
- The team then determines eligibility for special education services.

Step 4 — The IEP Meeting

- If eligible, the school must hold an IEP meeting within 30 days of the eligibility determination.
- You are a **required** team member with an equal voice at the table.

- The IEP must include: annual goals, specific services (speech, OT, PT, counseling), accommodations, modifications, and transition planning (required by age 16).
- You may bring an advocate, support person, or attorney to any IEP meeting.

Step 5 — If the School Refuses or Delays

- The district must issue a **Prior Written Notice (PWN)** explaining any denial in writing.
- File a State Complaint with your state's Department of Education Special Education Division.
- Request Mediation or a Due Process Hearing through your state.
- Contact your state's PTI Center or P&A organization — both listed in every state chapter of this directory.

Helpful Tips

- Always communicate in writing so you have a clear record.
- You are entitled to copies of all evaluation reports at no cost.
- If you disagree with the school's evaluation, request an **Independent Educational Evaluation (IEE)** at public expense.
- Keep all IEPs, evaluations, and correspondence in one dedicated binder or folder.

Free IEP Resources

- **Wrightslaw** — wrightslaw.com
- **PACER Center** — pacer.org — 952-838-9000
- **Center for Parent Information & Resources (CPIR)** — parentcenterhub.org
- **National Disability Rights Network** — ndrn.org
- Your state's PTI Center — listed under "Special Education / IEP Support" in each state's chapter of this directory

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How to Apply for an ABLE Account

An ABLE (Achieving a Better Life Experience) account is a tax-advantaged savings account for individuals with disabilities that does **NOT** count against SSI or Medicaid eligibility.

- **Eligibility:** Disability onset before age 26 (rising to age 46 under the ABLE Age Adjustment Act). Must receive SSI/SSDI or meet SSA disability criteria.
- Find your state's program at **ablenrc.org** — the ABLE National Resource Center.
- You may enroll in **any** state's ABLE program — you are not limited to your own state.
- **2026 annual contribution limit:** $18,000 from all sources combined.
- Covers education, housing, transportation, health and wellness, employment, and assistive technology.
- Up to $100,000 in an ABLE account does not count against the SSI $2,000 resource limit.

How to Contact a Protection & Advocacy (P&A) Organization

Every state has a federally mandated P&A organization providing **free** legal advocacy for people with disabilities, including autism. Find yours under "Legal Rights & Advocacy" in your state's chapter of this directory.

What P&As Help With

- IEP and special education disputes
- Discrimination in employment, housing, or public places
- Abuse or neglect in schools or care facilities
- Guardianship alternatives and supported decision-making
- SSI/SSDI benefits counseling and appeals
- Voting rights and accessibility

Steps to Reach Your P&A

8. Find your state's chapter in this directory and look under "Legal Rights & Advocacy."
9. Call the intake line — most are staffed by attorneys or trained disability rights advocates.
10. Briefly explain your situation. You do **not** need all documents ready for the first call.
11. For a national directory of all P&A organizations, visit **ndrn.org** or call **202-408-9514**.

P&A services are always free — no income test required.

♡ Akleema's World ♡

This directory was compiled with love by Akleema's World — because every family deserves access to the help they need. For updates, additional resources, and community support, visit

www.akleemasworld.com

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