
Akleema's Adventures
Akleema Meets Tia!
Horses
Therapy
Friendship
Confidence
Growth
Amazing
Experiences
Exceptional
Equestrians
Written by
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Akleema's World

Mom's Note



Assalamu alaykum,

This book is inspired by my beautiful daughter, Akleema, and her real experiences.

I wrote this story to show that children with autism can have amazing and positive experiences when they are understood, supported, and given the right opportunities.

Horses have a special way of bringing calm, confidence, and joy. Through this story, I want to show the importance of kindness, patience, inclusion, and believing in every child.

I also wrote this book to help other children, families, and communities learn more about autism and how we can create a more accepting and supportive world.

Every child is unique, and every child has something amazing to offer.

May this story be a reminder to always choose kindness, support differences, and give every child a chance to shine.

With love,

Shanell Mosley

Akleema's World

A Special Day

It was a special day for Akleema.

Mom took Akleema and Dee-Dee to Exceptional Equestrians to meet Tia.



Akleema was excited but also a little nervous.

Mom reminded her that it was okay to feel both happy and nervous.

Dee-Dee was happy to go with her and be by her side.

Meeting Tia

Akleema was finally meeting Tia!

Tia was a beautiful horse with soft, light brown hair.

Two kind women from Exceptional Equestrians were there to help and make sure everyone felt safe and comfortable.



Akleema gently touched Tia's soft nose.

Tia was so calm and kind.

Dee-Dee watched, excited for her friend.

The facilitators praised Akleema and gave her time to get comfortable.

Walking with Tia

After meeting Tia, it was time for Akleema to walk with her.

The facilitators held Tia's lead rope and walked slowly, showing Akleema how to stay close.



Akleema held the lead rope with the facilitator.

She walked beside Tia and felt proud of herself.

Dee-Dee and Mom watched and smiled, happy to see Akleema trying something new.

Brushing Tia

Next, it was time to brush Tia.

The facilitator showed Akleema how to hold the brush and use gentle strokes.

Akleema brushed Tia's soft coat, feeling happy and proud.



Akleema used the brush to clean Tia's coat.

Tia stood peacefully and enjoyed the gentle brushing.

Dee-Dee watched, excited for her friend.

Mom felt proud to see Akleema trying something new and doing so well.

Giving Tia a Treat

After brushing Tia, it was time to give her a treat.

The facilitator gave Akleema some horse-safe treats.

Akleema held out her hand and gently let Tia take the treat.



Akleema gave Tia a treat.

Tia gently took it from her hand.

Akleema felt happy and proud.

Dee-Dee and Mom watched and smiled.

The facilitators told Akleema she did a great job!

Spending More Time with Tia



Akleema spent more time with Tia, gently petting her.

She ran her hand along Tia's soft coat and felt calm.

The facilitators stayed close and supported her.

Akleema gently petted Tia's face and soft coat.

Tia stood quietly and enjoyed the gentle touch.

Akleema felt happy and calm spending more time with her.

Dee-Dee and Mom watched, feeling proud of her.

A Sudden Frustration

While spending time with Tia, Akleema suddenly felt overwhelmed.

Because of her past trauma, loud noises and changes can be hard for her.

She quickly stepped back and brought the side of her hand to her mouth, trying to bite it.





The facilitators stayed calm, spoke softly, and gave Akleema space and support. They helped her take slow breaths until she began to feel better.



After a few minutes, Akleema felt calm again and gently returned to Tia. She gave Tia a soft pet and continued spending time with her.

The facilitators praised Akleema for working through her big feelings.

Inviting Dee-Dee to Pet Tia



Taking a Picture

Mom asked if she could take a picture of the girls with Tia.

Akleema and Dee-Dee stood together and gently touched Tia.



Saying Bye to Tia

It was time to say bye to Tia.

Akleema and Dee-Dee gave Tia a gentle pat and a soft goodbye.

They felt happy for spending time with her and looked forward to seeing her again.



The End

Today was a special day!

Akleema, Dee-Dee, and Mom enjoyed spending time with Tia and learned so much.

They felt happy, calm, and proud of themselves for being brave.

They can't wait for their next adventure!



Until the Next Adventure...