Akleema's Adventures

Learning to Jump Rope!

Written by
Shanell Mosley
Akleema's World

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www.akleemasworld.com

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Mommy's Note

As salaam alaykum,

This book is a part of Akleema's journey. It shows that with patience, practice, and encouragement, our children can learn new skills, even when things are challenging.

Jumping rope is more than just a fun activity. It helps build coordination, balance, strength, and confidence. For children like Akleema, learning a new skill may take extra time, creativity, and support, but it is still possible.

Every child learns at their own pace. What may seem small to some is a big achievement for our children. This story is a reminder to celebrate progress, be patient during the process, and never give up.

I pray this book encourages other families, brings awareness, and shows that our children are capable of amazing things. With the right support and a lot of love, they can overcome challenges and achieve their goals, one step at a time.

May Allah make it easy for all our children and bless every effort we put in for them. Ameen.

Shanell Mosley

Author of Akleema's World

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A Beautiful Day

It was a beautiful day outside. Akleema wanted to try something new.

She picked up her pink jump rope and said,

I can do it!

Akleema stood in the driveway and tried to jump rope by herself.

She held the handles, swung the rope, and jumped ... but the rope hit her feet.

That's okay!

Akleema didn't give up. She tried again.

She Kept Trying

Akleema held the handles and swung the rope again.

She jumped, but the rope touched the ground.

Akleema did not give up.

She kept trying.



Getting Help

Mom and Akleema's occupational therapist came to help.

They each held one end of the jump rope and turned it slowly.

Iqqy stood nearby and watched with a smile.

Akleema got ready to jump.

Akleema Tries!

Akleema tried to jump when the rope came around.

She kept practicing.

Iqqy watched closely, cheering her on with a smile.

Mom and the occupational therapist kept turning the rope for her.

Jump Together!

Iqqy joined Akleema to help her learn when to jump.

They watched the rope and jumped at the same time.

Akleema felt happy because Iqqy was right beside her.

Mom and the occupational therapist kept turning the rope.

We Keep Trying!

Akleema and Iqqıy kept jumping together.

They tried again and again, learning the timing.

Sometimes they jumped a little too early or a little too late, but that was okay.

Mom and the occupational therapist kept turning the rope and encouraged them.

Akleema and Iqqy didn't give up!

Getting Better!

Akleema and Iqqy kept practicing together.

They were starting to get the timing right.

Sometimes they jumped high.
Sometimes they jumped low.

Each try was a little better than the last.

Mom and the occupational therapist kept turning the rope and cheering them on.

Ready, Set...

Mom and the occupational therapist turned the rope.

Akleema and Iqqy got ready to jump.

They watched the rope carefully and waited for the right time.

Jump, Jump!

Mom encouraged Akleema with the words she heard again and again.

"Jump, jump!"

The rope came around.
It was time to try!

Jump, jump!

Here We Go!

Akleema and Iqqy tried to jump together.

They watched the rope and listened for Mom's cue.

They didn't always get it right, but they kept trying.

Each time they jumped, they got a little better!

Try Again!

Sometimes the timing was not quite right.

The rope came around, but Akleema and Iqqy jumped a little too early.

That was okay!

They listened, watched, and tried again.

Learning takes practice, and they kept going!

Friends Help Friends

Iqqy stayed right beside Akleema.

She showed her when to jump and gave her encouragement.

They practiced together, one try at a time.

Friends can help each other learn new things!

She Gets It!

Akleema began to understand when to jump.

The rope came around, and she jumped!

Iqqy was so proud of her friend!

Everyone cheered as Akleema kept trying and got better and better!

Jumping Together!

Akleema and Iqqy jumped together!

They watched the rope,
listened for Mom's cue,
and jumped at the same time.

They worked as a team
and kept trying.

It felt so good to jump together!

Look What I Learned!

Akleema worked hard and kept trying.

Iqqy was a wonderful friend and helped her along the way.

Mom and her occupational therapist gave support and encouragement.

Akleema was so proud of herself for learning something new!

Practice, patience, and good friends can help us do amazing things!

Until Next Time!

Akleema and Iqqy had so much fun jumping together!

They practiced, learned,
and encouraged each other.

Mom, the occupational therapist,
and the girls were so proud!

Akleema can't wait to practice
again soon.

With good friends, support,
and lots of practice,
she can do amazing things!

Until Our Next Adventure!

Every new skill begins with a first try.

Sometimes we need practice.

Sometimes we need a little help.

And sometimes, a good friend makes the journey even more special.

Thank you for joining Akleema and Iqqy on their jump-rope adventure!

Keep trying, keep learning, and keep being a good friend.