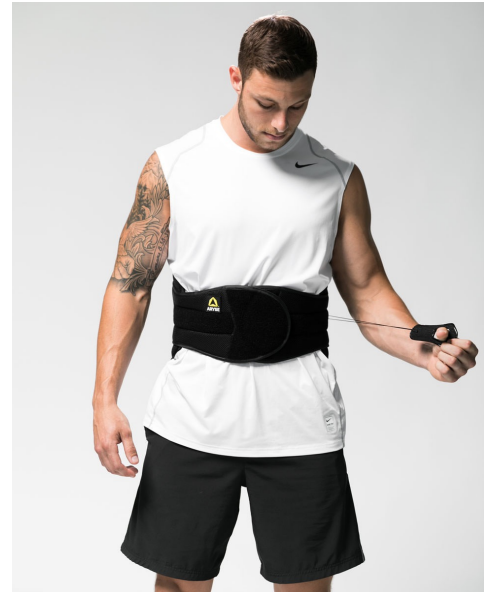# METFORCE® BACK

Instructions

Directions for Use

1. Lay brace out flat with interior facing up

2. Secure back and/or side panels, if desired

3. Wrap around waist at midsection

4. Secure brace at front of body

5. Tighten brace to desired comfort level using pulley system

Notice rigid front panels, side panels, and back panel can be removed as desired.

Directions for Universal Use

1. Lay brace out flat with interior view facing up

2. Ensure belt is sized appropriately by matching label to pleat on belt

3. To resize, remove right and left belts from back board. Fold right and left belts to desired size and reattach to back board

4. Secure back and/or side panels, if desired

5. Wrap around waist at midsection

6. Secure brace at front of body

7. An extender is included to provide additional length to belt if needed

8. Determine if belt is appropriately sized. If not, return to step 1

9. Once belt is appropriately sized, belt can be cut to eliminate excess fabric. Be sure to always allow for two extra sizes when cutting

10. Tighten brace to desired comfort level using pulley system

Notice rigid front panels, side panels, and back panel can be removed as desired.