

METFORCE® OA KNEE

Instructions



Directions for Use

This brace is available in left and right.

- For valgus correction (leg bowing in), wear brace on inside of affected leg
- For varus correction (leg bowing out), wear brace on outside of affected leg

Wear Instructions

1. Unfasten and loosen strap
2. Align hinge with center of involved knee joint
3. Starting with strap 1, secure and fasten straps in numerical order. Each strap may be tightened further by cutting straps and reattaching fasteners

4. Use allen wrench provided for varus/valgus adjustments to hinge

Directions for Setting Hinge

1. Use screwdriver provided to loosen/remove screws on outside of hinge
2. Insert stops to customize flexion/extension degree. Place a stop on posterior (back) side of hinge for desired degree of flexion and place a stop on anterior (front) side of hinge for desired degree of extension
3. Reinsert screws into hinge cover to hold stops in place

The range of motion settings are customizable with the included block kit but should only be adjusted by a medical professional.