



## Educational Opportunity Centers, Inc. Workshop List

**Career Decision Making Workshop with O'net Interest Inventory:** this workshop is for the undecided career changer that is looking for a starting point. The workshop includes an Interest Inventory to identify your Holland Occupational Code. From there we look to the High Priority Occupation List (HPO) as well as other market trends to determine future growth trends.

**Intro Workshop:** this workshop provides an overview of EOC, Inc. services as well as information on navigating the college and financial aid process.

**Financial Aid for Higher Education:** Everything you need to know about paying for college: FAFSA, PHEAA, scholarships & education incentives. This workshop keeps an eye to educating the adult student not only about how to pay for college but also financial literacy.

**Assessing your Barriers to Education:** this workshop utilizes the Barriers Assessment Tool that leads the participant through a discussion on what they need to do to succeed in college; ultimately leading to a plan of action. Some of the barriers addressed: beliefs & expectations, academic issues, financial barriers, and personal situation barriers.

**Career Exploration for Business fields:** this workshop includes an exploration of careers in business, accounting, administration, and marketing. The exploration includes training options, open positions, KSAOCs as well as ways to prepare for a career in this arena.

**Career Exploration in Manufacturing & Skilled Trades with Energy:** Workshop includes: Employment opportunities; skill set required for these careers; what employers are looking for in candidates; wage data; growth trends; training options; apprenticeship opportunities; and career ladders within this industry cluster. Information will cover both advanced manufacturing occupations and skilled mechanical/construction trades. Also includes the Energy Sector!

**Career Exploration in Transportation & Warehousing:** Workshop includes: Employment opportunities; skill set required for these careers; background required; wage data; growth trends; training options; and career ladders within this cluster. Covered will be companies and occupations in the trucking, warehousing, distribution, wholesale, logistics and supply chain management industry clusters.

**Career Exploration in Health Careers:** this workshop is a comprehensive look at the health careers. Topics covered are training options; career ladders, accrediting agencies, financial aid opportunities, and open positions. Free courses are also provided to increase knowledge.

**Hot Jobs of the Future:** this workshop combines all hot careers using the High Priority List for Pennsylvania. It also includes information on salaries and job growth potential. A list of resources is provided to help participants research and increase knowledge and skills.

**Introduction to Postsecondary Planning & EOC** (Young adult and adult versions) – This workshop is for individuals who are interested in pursuing any type of education beyond the high school diploma and GED. Learn about the different levels of education, from certificates courses to degrees. Take a crash course in financial aid from grants to loans and scholarships. This workshop also includes an introduction to the Educational Opportunity Centers, Inc. and the services we provide. There will be time for questions and parents of prospective students are welcome.

**Matching My Skills to Today’s Workforce**-This workshop employs the Covey principals of “sharpening your saw” and filling your toolbox with skills and education needed to succeed in today’s high demand occupations. The workshop includes resources for improve skills to meet employer’s expectations.

**Resume Workshop:** This workshop provides tips on writing an effective resume as well as updating an existing resume. Workshop provides information on how to incorporate your knowledge, skills & abilities to in order to be viewed as the better candidate.

**Scholarships! Scholarships! Scholarships!:** Yes, Virginia: there are scholarships for you. This workshop assists the participants with finding scholarships, writing the essays, as well as showing them where to find them. This is a good workshop for new and enrolled students.

**Tackling Student Loan Debt:** overview of student loan programs, ways to approach paying off student loans, dealing with default.

**Time Management workshop** (For young adults) -This workshop is for current or prospective students who want a time management tune-up! Participants will schedule every hour in a day to see how their time is truly spent. Topics explored will include prioritizing activities, separating needs vs. wants, creating a schedule and best study practices. We will also discuss strategies for beating procrastination

**Tutoring Program:** College Entrance Test Preparation program that is tutor led. Topics include College entry (Accuplacer), Math Boot Camp, or Nursing Entrance testing.

Educational Opportunity Centers, Inc. is available to present any of the above workshops at your facility. Please call Angeline at (570) 331-6755 or [angeline@eocinc.org](mailto:angeline@eocinc.org)



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