# USA UNIFIED INTERNATIONAL TAEKWON-DO AZ Taekwon-Do Members

Hi! It's GM Karstadt from your AZ TAEKWON-DO BLACK BELT ACADEMY. Enclosed are important schedules, special event dates and the new year enrollment rates for 2025.

Starting January 1, our program enrollment rates are going up. But if you update your enrollment for next year now, before December 1st you can lock in current rates for 6 or 12 month memberships that are paid in full.

#### Current Enrollment rates

2024	Current Enrollment Fee	95	
	Uniform	55	
	TKD T's	25	
	Sparring Package	150	
	12 Month x \$159		6 Month x \$159
	Paid in Full Only		Paid in Full Only
	(20% discount)		(10% discount)
	\$1550		\$858

New Enrollment Rates Effective January 1st, 2025

2025	Enrollment Fee Uniform TKD T's	125 65 25	Monthly Auto Pay
	Sparring Package  12 Month x \$180	165	\$180 x 12 6 Month x \$180
	Paid in Full (20% discount) \$1750	Paid in Full (10% discount) <b>\$972</b>	

**BONUS**- Renew enrollment before December 1<sup>st</sup> and I will include a 1-on-1 coaching session complete with a map to achieve your 2025 training goals. (\$120 Value)

## ADVANCED ENROLLMENT TRAINING TEAMS

#### MASTERS- BLACK BELT CLUB

**\$30 add per month** (\$210)



Unlimited Classes



1-on-1 Coaching: Monthly video calls.



Access to Proven Weekly Training Success classes.



Complete Black Belt Technical Training Modules.



Advanced Competition Training Classes

### LEADERSHIP/INSTRUCTOR TEAM

**\$50 add per month** (\$230)



**Unlimited Classes** 



Accelerated Advancement



1-on-1 Coaching: Monthly video calls.



Access to Proven Weekly Training Success classes.



Complete Black Belt Technical Instructor Training Modules.



Advanced Competition Training Classes.



## **LEADERSHIP LIFESKILLS Advancement Workbook-**

12 Attitude, Behavior and Character development workshops

VISION PASSION STRATEGY CREATIVITY ACTION MOTIVATION CHARISMA
COMMUNICATION CONFIDENCE PERSISTENCE COURAGE TRUST



#### **LEADRSHIP / INSTRUCTOR Advancements Workbook-**

12 Instructor and Coaching development workshops

PERSONAL PRESENTATION PUBLIC SPEAKING MOTIVATION UNDERSTANDING
CLASS MANAGEMENT PATIENCE LISTENING CREATING RESPECT HUMOR
COMMUNICATING POSITIVE REINFORCEMENT POSITIVE DISCIPLINE ACTIONS
WORK ETHICS ADAPTABILITY APPROACHABILITY

# 2025 SEMESTER TRAINING SCHEDULE - TEST DATES (mark your calendars)

<b>TRAINING</b>	<u>DATES</u>	<b>TEST/GRADUATION</b>
1 <sup>ST</sup> SEMESTER	January 6 – March 21	March 22
2 <sup>ND</sup> SEMESTER	March 24 – June 20	June 21
3RD SEMESTER	June 23 – Sept 19	Sept 20
4 <sup>™</sup> SEMESTER	Sept 22 – Dec 12	Dec 13

# WEEKLY CLASS SCHEDULE (subject to seasonal change)

MON	TUE	WED	THU	FRI	SAT
	FITNESS		FITNESS		FITNESS
	8:00-9:00am		8:00-9:00am		8:00-9:00am
	NINJAS		NINJAS		BEGINNER
	4:00-4:45		4:00-4:45	Private	10:30-11:00
	Homework Due		Word of the week	Instruction Coaching	
BEGINNER	Junior ALL BELTS	BEGINNER	Junior ALL BELTS	Zoom	KICK FITNESS
4:45-5:30	4:45-5:45	4:45-5:30	4:45-5:45 *	1	11:00-11:30
Junior ALL BELTS	BEGINNER	MASTERS TEAM	BEGINNER		SPARRING
5:30-6:30	5:45-6:30	TRAINING	5:45-6:30	<b>.</b>	Skills/Drills
		5:30-6:15 TAEKWON-DO		*	11:30-12:00
	ADULT OPEN	MASTERS TEAM	ADULT OPEN		FREE SPARRING
	ALL BELTS	WORKSHOP	ALL BELTS		Gear Required *
	6:30-7:45	6:15-6:45	6:30-7:45 *		12:00-12:20
		BLACK BELT	LEADERSHIP		
		SPECIALTY	WORKSHOP	HIP	
		6:45 7:30 TAEXWON-00	7:45-8:30		
		By Invitation Only	•		

<sup>\*</sup> Sparring Gear Required Thursdays and Saturday

**FAMILY RATES:** (Immediate family members-same household)

2<sup>nd</sup> Family Member 25% discount 3<sup>rd</sup> Family Member 50% discount

#### PRIVATE INSTRUCTION RATES

Staff Instructor 30 Minutes \$45 Grand Master Karstadt 30 Minutes \$55

#### TRAINING REMINDERS

- ✓ Arrive 5 minutes early Bring a personal water bottle.
- ✓ Wear a clean complete uniform (Black Taekwon-Do T allowed in summer months)
- ✓ No jewelry is permitted. Long hair MUST be pulled back, nails trimmed.
- ✓ No horseplay, laughter, idle talk or disrespect allowed on the training floor.
- √ If you have questions about your training requirements- ASK!
- ✓ Bow when entering and leaving the DoJang. ALWAYS be respectful!
- ✓ Parents: No coaching your child during class. Filming is allowed.