



Myerstown Panthers Cheerleading Organization

Myerstown, Pa
717-821-0297

Erin Snader, President
Kira Zimmerman, Treasurer

Rules Overview

- No bullying or put downs will be tolerated from cheerleaders or parents. This includes; at school, during cheer practice, at games, or on social websites. (see “Policy for Inappropriate Behavior)
- Attendance is important. We have a “three strikes you’re out” policy for no call or no shows to games and practices. (see “Attendance policy”)
- Appropriate clothing must be worn for practices; and only designated uniforms (including accessories) shall be worn at games.
- Hair must be worn in a ponytail if length permits. Only soft accessories shall be worn. Hair may be dyed natural colors only.
- No jewelry may be worn this includes; friendship bracelets, loom-bands, or earrings (including studs).
- Fingernails must be kept short, with no nail polish while cheering.
- No glitter may be worn anywhere on the hair, face or body. Unless otherwise told by a coach. Makeup, if used, should be natural.
- General safety rules must be followed. The ability to follow directions and to pay attention is a must. Common sense and good judgement should always be used.

* All rules are created for the safety of the children, in fairness to the team, and to prepare cheerleaders for cheering at a higher level where a clean cut and uniform look is required. This is only a summary; details are included on the documents included in your registration packet.

I have read and understand the above rules and those that are included with it.

Parent Signature

Date

I understand the rules listed above and agree to abide by them to the best of my ability for myself and my team.

Cheerleader Signature

Date

Printed name of cheerleader _____