



Thoughtful Artistic Actions

- Let your creative juices flow.
- Each day do something nice for someone else.
- Once a month volunteer at a charity, hospital, community center.
- Put a smile on your face - it's contagious.
- Learn more about a cause that interests you.
- Be a good listener - listen to people don't just wait to talk.
- Learn to play an instrument.
- Look at and talk to people who are sick and communicate with them, don't dismiss them.
- Learn more about current events.
- Do things you enjoy, they will give you confidence to achieve your goals.
- Use your creativity and your art to express the things that are most important to you.
- Use your art to communicate your thoughts and feelings.
- Use your art to bring awareness to causes and charities in which you believe.
- Raise money for charity by auctioning your art!