

Next Level of Care/Relational Recovery/Bridge Family Reunification/Emotional Regulation/Continuum of Care

The program is divided into 4 different phases.

- Intro- Day 1-2
- Phase 1 (First 2 Months): Day 3 – Day 60
- Phase 2 (Second 2 Months): Day 61 – Day 120
- Phase 3 (Third 2 Months): Day 121– Day 180
- Phase 4 (Fourth 2 Months): Day 181– Day 240
- Program Completion - Graduation!

All 4 Phases include the following:

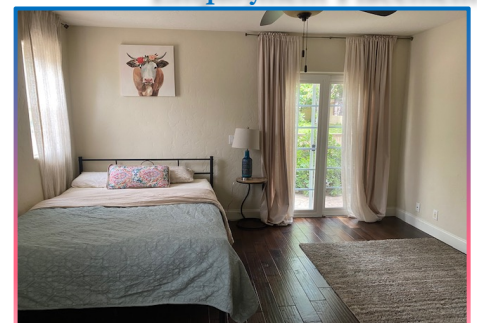
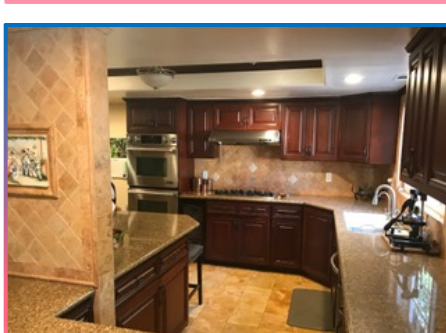
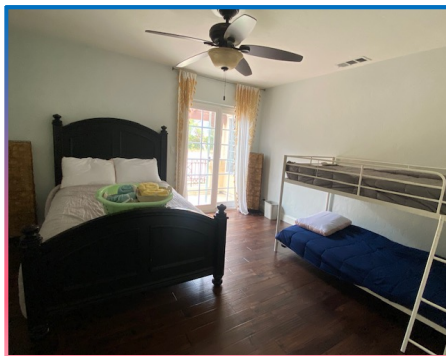
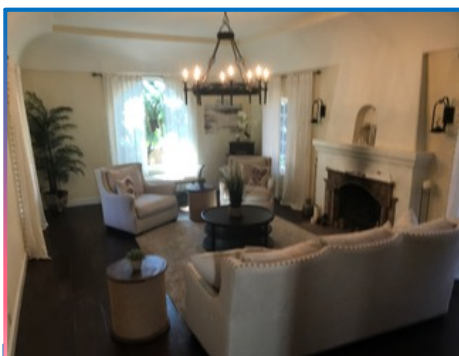
- *Group- 5 days per week
- *Individual One-on-One and Family Therapy
- *Classes – Such as Boundaries, Changes That Heal, Healing From Trauma, Personal Growth & Inventory, Relapse Prevention, Healing for Damaged Emotions, Computer Classes, etc.
- *Life Skill Classes – Such as Anger Management, Domestic Violence, Parenting, Family Reunification
- *Business Skills- Such as Managing your Income, Managing your Debt, Weekly/Monthly Expenses, Reaching and Maintaining Financial Goals,
- *Leadership Skills- Such as Moving up the Emotional Scale
- *Vocational Training Assignments/Work Therapy
- *Assessment of Career Goals
- *Employment Workshops- Such as Employment Applications, Resume Building, Effective Interview Techniques, Effective Communication in the Workplace, Financial Responsibility



Cognitive Behavioral Therapy (CBT)
Emotional Regulation
Group
Individual/Family Counseling

Anger Management Classes
Domestic Violence Classes
Parenting Classes
Business Skills/Leadership Skills
Life Skills

Mental Health Services
Case Management
Employment Readiness Skills/
Workshop
Vocational Training
Employment Placement



For more information please contact us at:
ghernandez@believeinbigchange.com
818-562-7096