



Switching Lifestylez Inc.. is committed to making positive change by reaching out to residents of all ages in communities ravaged by gun violence and gang activity. By providing tools and resources to young and old alike, Switching Lifestylez Inc. helps people reflect, learn, act and evolve to embrace the healthy, caring, stable individual within, and to transform the surrounding community through positivity and activism. Switching Lifestylez inc.believes in the power of a healthy body, a nurtured soul and a curious mind; we believe that our past mistakes offer critical stepping stones from which to learn and teach. We want to help people draw on their innate intelligence while understanding their emotions in order to transform negative behaviors into positive achievement. By working together, we can be better ourselves and create stronger communities.