TIPS FOR AVOIDING SLOW PLAY

1. Let's play ready golf. No need to debate, particularly when you are in the fairway, who is furthest out. The first person who is ready should hit. That goes for the tee box as well.

2. Don't mark every putt. If you have a two-footer or something just outside the leather, go ahead and knock the ball in the hole. You shouldn't rush, but conversely, there is no need to slave over every putt as if The Masters is at stake.

3. Lose the elaborate pre-shot routine. Some routines seem to go on forever. Keep it simple.

4. Be ready to play when it's your turn. No one is saying to ditch the pre shot routine. However, being ready to play when it's your turn can save so much time over the course of a round.

5. Follow the signs and park up accordingly. To keep a good pace, be aware of where the next tee is, so you can put your bag down or park your trolley in the right position- it's going to save a lot of time. Bring extra clubs if in doubt.

6. Don't mark your card on the green. Well you can. It's about being aware of the group behind you. Do it on the next tee or you risk being that unpopular group everyone moans about.

7. Be aware of how much time you spend looking for balls in the woods. Too many amateurs end up traipsing through the trees in search of a ball that will provide an unplayable lie even if found. Don't be afraid to declare a ball lost. Unfortunately, it's part of the game.

8. Play every lost ball as a lateral hazard. Assuming you aren't in a tournament stipulating otherwise. Stroke and distance is the worst penalty in the game and it's the nemesis of pace of play. If you must adhere strictly to the rules, hit a provisional if there is any doubt.