

# MEDICAL LETTER OF NECESSITY

DATE:

PATIENT:

DATE OF BIRTH:

PRESCRIBING PHYSICIAN:

MEDICAL DIAGNOSES  
& ICD-9 CODES:

MEDICAL EQUIPMENT PRESCRIBED:

RIGHT

LEFT

DATE OF ASSESSMENT/EVALUATION FOR BRACING:

HISTORY:

Knee instability

Ligament insufficiency/deficiency

Reconstructed ligament

Articular defect repair

Avascular necrosis

Meniscal cartilage repair

Painful failed total knee arthroplasty

Painful high tibial osteotomy

Painful unicompartmental osteoarthritis

Tibial plateau fracture

Abnormal limb contour:

Valgus limb

Varus limb

Tibial varum

Disproportionate thigh and calf

Minimal muscle mass

Patellofemoral joint space narrowing

Skin changes, such as:

Excessive redundant soft skin

Thin skin with risk of breakdown (example: chronic steroid medication)

Severe osteoarthritis (grade III or IV)

Maximal off-loading of painful or repaired knee compartment:

Patient weight

Significant pain

Severe instability as noted on physical examination of knee

Not surgery candidate

Post-Operative

IMPROVEMENT EXPECTED INCLUDES:

Significant improvement in pain, stiffness, and physical function; preventing or reducing degenerative changes in the knee; allowing the patient to return to reasonable activities; preserving the long-term viability of the knee; and increased resistance to injury from valgus, varus, rotational or anterior-posterior translation forces.

I am prescribing a clinically appropriate orthotic appliance that adheres to accepted medical standards and practices in the treatment of this condition, and is a part of the medically necessary treatment for my patient's well being. If I can be of further assistance, please do not hesitate to contact me.

Sincerely,

Physician

Date