

Lake Norfolk Olympic Tri - Men

Overall Male

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	408	BEN CARRON	02:28:17.21		Oly	Saint Louis, MO	4:38/M	12.9mph	1	27	RFH7CY96DU
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:13:37.229	2.2mph	27:23	00:13:37.229					
		T1	00:02:35.573	0.0mph		00:16:12.802					
		Bike	01:14:59.273	19.9mph	03:01	01:31:12.075					
		T2	00:01:19.148	0.0mph		01:32:31.223					
		Run	00:55:45.989	6.7mph	08:58	02:28:17.212					

Male 20 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	411	LUKE CARRON	02:45:19.01		Oly	Saint Louis, MO	5:10/M	11.6mph	3	22	LE5K294U7J
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:16:07.025	1.9mph	32:25	00:16:07.025					
		T1	00:00:30.063	0.0mph		00:16:37.088					
		Bike	01:27:06.157	17.1mph	03:30	01:43:43.245					
		T2	00:01:31.269	0.0mph		01:45:14.514					
		Run	01:00:04.499	6.2mph	09:40	02:45:19.013					
2	409	CHRISTIAN CARRON	03:00:37.55		Oly	Saint Robert, MO	5:39/M	10.6mph	4	27	2C9RKJB2JC
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:19:15.469	1.5mph	38:44	00:19:15.469					
		T1	00:01:45.358	0.0mph		00:21:00.827					
		Bike	01:26:38.133	17.2mph	03:29	01:47:38.960					
		T2	00:00:52.395	0.0mph		01:48:31.355					
		Run	01:12:06.196	5.2mph	11:36	03:00:37.551					
3	412	TYLER CARRON	03:01:24.30		Oly	Kansas City, MO	5:40/M	10.6mph	5	25	UFP8A8ELHZ
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:19:14.901	1.5mph	38:43	00:19:14.901					
		T1	00:02:45.578	0.0mph		00:22:00.479					
		Bike	01:29:07.944	16.7mph	03:35	01:51:08.423					
		T2	00:01:10.992	0.0mph		01:52:19.415					
		Run	01:09:04.886	5.4mph	11:07	03:01:24.301					

Male 30 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	415	JEFF CLEMENTS	03:14:17.65		Oly	Mountain Home, AR	6:04/M	9.9mph	8	37	8LADM65X4X
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:17:13.690	1.7mph	34:39	00:17:13.690					
		T1	00:00:00.000	0.0mph		00:17:13.690					
		Bike	00:00:00.000	0.0mph	00:00	00:17:13.690					
		T2	00:00:00.000	0.0mph		00:17:13.690					
		Run	02:57:03.960	2.1mph	28:29	03:14:17.650					
2	418	JARED EBERT	03:20:06.86		Oly	Hallsville, MO	6:15/M	9.6mph	12	34	5CPUEBN927
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:20:54.089	1.4mph	42:02	00:20:54.089					
		T1	00:02:43.306	0.0mph		00:23:37.395					
		Bike	01:30:09.728	16.5mph	03:37	01:53:47.123					
		T2	00:02:11.844	0.0mph		01:55:58.967					
		Run	01:24:07.894	4.4mph	13:32	03:20:06.861					
3	432	PAUL OSBORN	03:20:46.79		Oly	Little Rock, AR	6:16/M	9.6mph	13	33	MSTGZZP7NE
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:19:13.360	1.6mph	38:40	00:19:13.360					
		T1	00:03:42.906	0.0mph		00:22:56.266					
		Bike	01:38:38.604	15.1mph	03:58	02:01:34.870					
		T2	00:02:32.622	0.0mph		02:04:07.492					
		Run	01:16:39.305	4.9mph	12:20	03:20:46.797					

Lake Norfolk Olympic Tri - Men

Male 40 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	405	BRAD BEETCH	03:15:15.45		Oly	Farmington, AR	6:06/M	9.8mph	9	47	2100298359
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:19:11.467	1.6mph	38:36	00:19:11.467					
		T1	00:01:33.635	0.0mph		00:20:45.102					
		Bike	01:24:30.367	17.6mph	03:23	01:45:15.469					
		T2	00:03:27.287	0.0mph		01:48:42.756					
		Run	01:26:32.700	4.3mph	13:55	03:15:15.456					
2	404	KEVIN WHALEY	03:25:41.11		Oly	Rogers, AR	6:26/M	9.3mph	17	48	2065097818
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:18:17.700	1.6mph	36:48	00:18:17.700					
		T1	00:02:06.099	0.0mph		00:20:23.799					
		Bike	01:31:52.228	16.2mph	03:41	01:52:16.027					
		T2	00:00:51.348	0.0mph		01:53:07.375					
		Run	01:32:33.735	4.0mph	14:53	03:25:41.110					
3	431	FRANCISCO MATA	03:28:13.66		Oly	Jonesboro, AR	6:30/M	9.2mph	18	42	2100311943
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:17:05.689	1.7mph	34:23	00:17:05.689					
		T1	00:03:00.262	0.0mph		00:20:05.951					
		Bike	01:43:28.170	14.4mph	04:09	02:03:34.121					
		T2	00:01:37.976	0.0mph		02:05:12.097					
		Run	01:23:01.570	4.5mph	13:21	03:28:13.667					

Male 50 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	403	BRUCE WOOD	02:40:36.59		Oly	Sherwood, AR	5:01/M	12.0mph	2	56	498567
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:14:12.581	2.1mph	28:35	00:14:12.581					
		T1	00:01:28.239	0.0mph		00:15:40.820					
		Bike	01:16:56.272	19.4mph	03:05	01:32:37.092					
		T2	00:00:52.940	0.0mph		01:33:30.032					
		Run	01:07:06.562	5.6mph	10:48	02:40:36.594					
2	421	JOHN HILL	03:16:42.31		Oly	Bentonville, AR	6:09/M	9.8mph	11	57	2100077027
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:17:34.054	1.7mph	35:20	00:17:34.054					
		T1	00:01:01.318	0.0mph		00:18:35.372					
		Bike	01:30:16.871	16.5mph	03:37	01:48:52.243					
		T2	00:00:56.275	0.0mph		01:49:48.518					
		Run	01:26:53.797	4.3mph	13:59	03:16:42.315					
3	401	BRYAN NEAL	03:32:15.55		Oly	Jonesboro, AR	6:38/M	9.0mph	19	51	NVMNS9263Q
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:18:00.931	1.7mph	36:14	00:18:00.931					
		T1	00:01:57.534	0.0mph		00:19:58.465					
		Bike	01:34:26.678	15.8mph	03:47	01:54:25.143					
		T2	00:02:19.010	0.0mph		01:56:44.153					
		Run	01:35:31.400	3.9mph	15:22	03:32:15.553					

Male 60+

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	417	JERRY DONOHUE	03:10:11.81		Oly	Columbia, MO	5:57/M	10.1mph	7	65	486888
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:17:24.855	1.7mph	35:01	00:17:24.855					
		T1	00:02:45.628	0.0mph		00:20:10.483					
		Bike	01:29:59.233	16.6mph	03:37	01:50:09.716					
		T2	00:01:51.053	0.0mph		01:52:00.769					
		Run	01:18:11.048	4.8mph	12:34	03:10:11.817					
2	424	RAY JOHNSON	03:22:17.50		Oly	Memphis, TN	6:19/M	9.5mph	14	65	2100283554
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:22:03.528	1.4mph	44:22	00:22:03.528					
		T1	00:01:56.475	0.0mph		00:24:00.003					
		Bike	01:31:13.047	16.3mph	03:40	01:55:13.050					
		T2	00:02:16.131	0.0mph		01:57:29.181					
		Run	01:24:48.324	4.4mph	13:38	03:22:17.505					