Lake Norfork Sprint Tri - Women

Overall Female											
Place	Bib#	Name		Time	Туре	City					
1	302	VERONICA	DOCKERY	01:43:51.96	Sprint						
	Sı	olit Description	Split Times	Speed	Pace	Cummulative					
		Swim	00:08:11.256	1.8mph	32:56	00:08:11.256					
		T1	00:00:45.757	0.0mph	02.00	00:08:57.013					
		Bike	00:50:51.355	14.7mph	04:05	00:59:48.368					
		_T2	00:00:39.117	0.0mph		01:00:27.485					
		Run	00:43:24.477	4.3mph	13:58	01:43:51.962					
<u>Female 20 - 29</u>											
Place	Bib#	Name		Time	Туре	City					
1	336	LISA STANL	.EY	01:50:22.66	Sprint						
	Sp	olit Description	Split Times	Speed	Pace Pace	Cummulative					
		Swim	00:09:15.445	1.6mph	37:14	00:09:15.445					
		T1	00:03:51.754	0.0mph		00:13:07.199					
		Bike	00:54:09.361	13.8mph	04:21	01:07:16.560					
		T2	00:01:13.149	0.0mph	12:20	01:08:29.709					
	24.4	Run	00:41:52.953	4.5mph	13:28	01:50:22.662					
2	314	AMANDA G		01:56:36.91	Sprint						
	<u>S</u>	olit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim	00:11:22.601	1.3mph	45:46	00:11:22.601					
		T1	00:01:55.725	0.0mph	04:22	00:13:18.326					
		Bike T2	00:56:43.655 00:01:36.466	13.1mph 0.0mph	04:33	01:10:01.981 01:11:38.447					
		Run	00:44:58.467	4.1mph	14:28	01:56:36.914					
3	308	MARIA CAR		02:07:30.69	Sprint						
	Sı	olit Description	Split Times	Speed	<u>Pace</u>	Cummulative					
		Swim	00:11:24.401	1.3mph	45:53	00:11:24.401					
		T1	00:03:41.840	0.0mph		00:15:06.241					
		Bike	00:55:15.645	13.5mph	04:26	01:10:21.886					
		T2	00:01:31.271	0.0mph	47.54	01:11:53.157					
		Run	00:55:37.537	3.4mph	17:54	02:07:30.694					
<u>Female 30 - 39</u>											
			<u>i ciliale</u>	30 - 33							
Place	Bib#	Name	<u>r omaio</u>	Time	Туре	City					
Place 1	Bib # 334	Name ASHLEY SH			Type Sprint	City					
	334			Time		City Cummulative					
	334	ASHLEY SH	EPHERD	Time 02:02:32.17	Sprint						
	334	ASHLEY SH plit Description Swim T1	EPHERD Split Times	Time 02:02:32.17 Speed	Sprint <u>Pace</u>	Cummulative					
	334	ASHLEY SH Dit Description Swim T1 Bike	Split Times 00:12:32.163 00:03:12.030 00:52:30.608	Time 02:02:32.17 Speed 1.2mph 0.0mph 14.2mph	Sprint <u>Pace</u>	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801					
	334	ASHLEY SH plit Description Swim T1 Bike T2	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502	Time 02:02:32.17	Sprint <u>Pace</u> 50:26 04:13	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303					
	334	ASHLEY SH Dit Description Swim T1 Bike	Split Times 00:12:32.163 00:03:12.030 00:52:30.608	Time 02:02:32.17 Speed 1.2mph 0.0mph 14.2mph	Sprint Pace 50:26	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801					
	334	ASHLEY SH plit Description Swim T1 Bike T2	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502	Time 02:02:32.17 Speed 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph	Sprint <u>Pace</u> 50:26 04:13	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303					
	334 <u>S</u>	ASHLEY SH plit Description Swim T1 Bike T2 Run Name	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time	Sprint <u>Pace</u> 50:26 04:13	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303					
1	334 <u>S</u>	ASHLEY SH plit Description Swim T1 Bike T2 Run	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph	Sprint <u>Pace</u> 50:26 04:13 17:04	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170					
1 Place	334 <u>Sr</u> Bib #	ASHLEY SH plit Description Swim T1 Bike T2 Run Name	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time	Sprint <u>Pace</u> 50:26 04:13 17:04 Type	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170					
1 Place	334 <u>Sr</u> Bib #	ASHLEY SH Dit Description Swim T1 Bike T2 Run Name MAGGIE WI	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City					
1 Place	334 <u>Sr</u> Bib #	ASHLEY SH Dilit Description Swim T1 Bike T2 Run Name MAGGIE WI Dilit Description Swim T1	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint <u>Pace</u> 47:51	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495					
1 Place	334 <u>Sr</u> Bib #	ASHLEY SH Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph	Sprint	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655					
1 Place	334 <u>Sr</u> Bib #	ASHLEY SH Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160 00:01:33.598	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph 0.0mph	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint <u>Pace</u> 47:51 04:43	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253					
Place	334 <u>St</u> Bib # 339 <u>St</u>	ASHLEY SH Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Swim T1 Bike T2 Run	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160 00:01:33.598 00:44:36.529	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph 0.0mph 4.2mph	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint <u>Pace</u> 47:51 04:43 14:21	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655					
1 Place	334 <u>St</u> Bib # 339 <u>St</u>	ASHLEY SH Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACI	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160 00:01:33.598 00:44:36.529	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph 0.0mph 4.2mph 0.0mph	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint <u>Pace</u> 47:51 04:43 14:21 Sprint	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782					
Place	334 <u>St</u> Bib # 339 <u>St</u>	ASHLEY SH Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description	Split Times	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint <u>Pace</u> 47:51 04:43 14:21 Sprint <u>Pace</u>	Cummulative 00:12:32:163 00:15:44:193 01:08:14:801 01:09:30:303 02:02:32:170 City Cummulative 00:11:53:632 00:13:48:495 01:12:27:655 01:14:01.253 01:58:37.782					
Place	334 <u>St</u> Bib # 339 <u>St</u>	Name Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim	Split Times 00:12:32:163 00:03:12:030 00:52:30:608 00:01:15:502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39:160 00:01:33.598 00:44:36.529 Split Times 00:11:26.690	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 12.7mph 12.7mph 12.7mph 12.7mph 12.7mph 12.7mph 12.7mph	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint <u>Pace</u> 47:51 04:43 14:21 Sprint	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690					
Place	334 <u>St</u> Bib # 339 <u>St</u>	ASHLEY SH Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description	Split Times	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph	Sprint <u>Pace</u> 50:26 04:13 17:04 Type Sprint <u>Pace</u> 47:51 04:43 14:21 Sprint <u>Pace</u>	Cummulative 00:12:32:163 00:15:44:193 01:08:14:801 01:09:30:303 02:02:32:170 City Cummulative 00:11:53:632 00:13:48:495 01:12:27:655 01:14:01.253 01:58:37.782					
Place	334 <u>St</u> Bib # 339 <u>St</u>	Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description Swim T1 Swim ANNE MACE	Split Times 00:12:32:163 00:03:12:030 00:52:30:608 00:01:15:502 00:53:01.867 Female LLIAMS Split Times 00:11:53:632 00:01:54:863 00:58:39:160 00:01:33:598 00:44:36:529 Split Times 00:11:26:690 00:03:33:223	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 0.2:12:22.27 <u>Speed</u> 1.3mph 0.0mph	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690 00:14:59.913					
Place	334 <u>St</u> Bib # 339 <u>St</u>	Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160 00:01:33.598 00:44:36.529 Split Times 00:11:26.690 00:03:33.223 00:57:30.836	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 13.0mph 13.0mph	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02 04:37 18:32	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690 00:14:59.913 01:12:30.749					
Place	334 <u>St</u> Bib # 339 <u>St</u>	Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description Swim T1 Bike T2 Run T1 Bike T2 T1 Bike T2	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160 00:01:33.598 00:44:36.529 Split Times 00:11:26.690 00:03:33.223 00:57:30.836 00:02:15.691 00:57:35.835	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 4.2mph 0.0mph 0.0mph 12.7mph 0.0mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 0.0mph 0.0mph	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02 04:37	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690 00:14:59.913 01:12:30.749 01:14:46.440					
1 Place 1	334 St Bib # 339 St 323 St	Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description Swim T1 Bike T2 Run ANNE MACE Dit Description Swim T1 Bike T2 Run Run	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160 00:01:33.598 00:44:36.529 Split Times 00:11:26.690 00:03:33.223 00:57:30.836 00:02:15.691 00:57:35.835	Time 02:02:32.17 Speed 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 Speed 1.3mph 0.0mph 4.2mph 0.0mph 4.2mph 0.0mph 4.2mph 0.0mph 4.2mph 0.0mph 4.2mph 0.0mph 3.2mph 0.0mph 3.3mph 0.0mph 3.3mph 0.0mph 3.2mph	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02 04:37 18:32	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690 00:14:59.913 01:12:30.749 01:14:46.440					
1 Place 1	334 St Bib # 339 St 323 St	Name Name MAGGIE WI Dit Description Name Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim Swim T1 Bike T2 Run ANNE MACI Dit Description Swim REBECA Colit Description Swim	Split Times 00:12:32.163 00:03:12.030 00:52:30.608 00:01:15.502 00:53:01.867 Female LLIAMS Split Times 00:11:53.632 00:01:54.863 00:58:39.160 00:01:33.598 00:44:36.529 Split Times 00:11:26.690 00:03:33.223 00:57:30.836 00:02:15.691 00:57:35.835 GOHL Split Times 00:13:28.686	Time 02:02:32.17	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02 04:37 18:32 Sprint	Cummulative 00:12:32:163 00:15:44:193 01:08:14:801 01:09:30:303 02:02:32:170 City Cummulative 00:11:53:632 00:13:48:495 01:12:27:655 01:14:01.253 01:58:37.782 Cummulative 00:11:26:690 00:14:59.913 01:12:22.275 Cummulative 00:13:28:686					
1 Place 1	334 St Bib # 339 St 323 St	Name Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run REBECCA (Dit Description Swim T1 Swim T1 Swim REBECCA (Dit Description Swim T1	Split Times 00:12:32:163 00:03:12:030 00:52:30:608 00:01:15:502 00:53:01.867 Female LLIAMS Split Times 00:11:53:632 00:01:54.863 00:58:39:160 00:01:33.598 00:44:36.529 Split Times 00:11:26.690 00:03:33.223 00:57:30.836 00:02:15.691 00:57:35.835 GOHL Split Times 00:13:28.686 00:04:14.619	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 4.2mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 0.0mph 12.7mph 0.0mph 13.0mph 0.0mph 13.0mph 0.0mph 13.0mph 0.0mph 0.0mph 0.0mph	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02 04:37 18:32 Sprint Pace 54:13	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690 00:14:59.913 01:12:30.749 01:14:46.440 02:12:22.275 Cummulative 00:13:28.686 00:17:43.305					
1 Place 1	334 St Bib # 339 St 323 St	Name Name MAGGIE WI Dit Description Name Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run REBECCA Colit Description Swim T1 Bike	Split Times 00:12:32:163 00:03:12:030 00:52:30:608 00:01:15:502 00:53:01.867 Female LLIAMS Split Times 00:11:53:632 00:01:54:863 00:58:39:160 00:01:33:598 00:04:36:529 Split Times 00:11:26:690 00:03:33:223 00:57:30.836 00:02:15:691 00:57:35.835 GOHL Split Times 00:13:28:686 00:04:14:619 01:13:26:553	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 12.7mph 0.0mph 13.0mph 0.0mph	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02 04:37 18:32 Sprint Pace	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690 00:14:59.913 01:12:30.749 01:14:46.440 02:12:22.275 Cummulative 00:13:28.686 00:17:43.305 01:31:09.858					
1 Place 1	334 St Bib # 339 St 323 St	Name Name MAGGIE WI Dit Description Swim T1 Bike T2 Run Name MAGGIE WI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run ANNE MACI Dit Description Swim T1 Bike T2 Run REBECCA (Dit Description Swim T1 Swim T1 Swim REBECCA (Dit Description Swim T1	Split Times 00:12:32:163 00:03:12:030 00:52:30:608 00:01:15:502 00:53:01.867 Female LLIAMS Split Times 00:11:53:632 00:01:54.863 00:58:39:160 00:01:33.598 00:44:36.529 Split Times 00:11:26.690 00:03:33.223 00:57:30.836 00:02:15.691 00:57:35.835 GOHL Split Times 00:13:28.686 00:04:14.619	Time 02:02:32.17 <u>Speed</u> 1.2mph 0.0mph 14.2mph 0.0mph 3.5mph 40 - 49 Time 01:58:37.78 <u>Speed</u> 1.3mph 0.0mph 4.2mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 12.7mph 0.0mph 0.0mph 12.7mph 0.0mph 13.0mph 0.0mph 13.0mph 0.0mph 13.0mph 0.0mph 0.0mph 0.0mph	Sprint Pace 50:26 04:13 17:04 Type Sprint Pace 47:51 04:43 14:21 Sprint Pace 46:02 04:37 18:32 Sprint Pace 54:13	Cummulative 00:12:32.163 00:15:44.193 01:08:14.801 01:09:30.303 02:02:32.170 City Cummulative 00:11:53.632 00:13:48.495 01:12:27.655 01:14:01.253 01:58:37.782 Cummulative 00:11:26.690 00:14:59.913 01:12:30.749 01:14:46.440 02:12:22.275 Cummulative 00:13:28.686 00:17:43.305					

<u>Female 50 - 59</u>											
Place	Bib#	Name		Time	Туре	City					
1	350	ERICA MOL KIRSCH	ITOR-	01:50:11.53	Sprint						
	Split Description		Split Times	<u>Speed</u>	<u>Pace</u>	Cummulative					
		Swim	00:10:13.272	1.5mph	41:07	00:10:13.272					
		T1 Bike T2	00:08:45.296 00:39:00.696 00:00:53.801	0.0mph 19.1mph 0.0mph	03:08	00:18:58.568 00:57:59.264 00:58:53.065					
		Run	00:51:18.472	3.6mph	16:30	01:50:11.537					
2	306	JULIA ALLE	N	01:53:16.04	Sprint						
	<u>Sp</u>	lit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cummulative</u>					
		Swim T1 Bike T2 Run	00:08:47.339 00:01:12.799 00:48:43.211 00:01:22.483 00:53:10.209	1.7mph 0.0mph 15.3mph 0.0mph 3.5mph	35:21 03:55 17:06	00:08:47.339 00:10:00.138 00:58:43.349 01:00:05.832 01:53:16.041					
3	327	TERRI MCCURDY		02:05:14.43	Sprint						
	Sp	Split Description Split Times		Speed	Pace	Cummulative					
	_	Swim T1 Bike T2 Run	00:19:51.996 00:04:35.407 00:56:52.089 00:00:33.233 00:43:21.711	0.8mph 0.0mph 13.1mph 0.0mph 4.3mph	19:55 04:34 13:57	00:19:51.996 00:24:27.403 01:21:19.492 01:21:52.725 02:05:14.436					
Female 60+											
Place	Bib#	Name		Time	Туре	City					
1	304	304 SUSAN BLAIR		02:12:19.15	Sprint						
	Split Description Split Times		Speed	Pace	Cummulative						
		Swim T1 Bike T2	00:12:44.277 00:02:24.423 00:54:53.281 00:01:41.101	1.2mph 0.0mph 13.6mph 0.0mph	51:14 04:25	00:12:44.277 00:15:08.700 01:10:01.981 01:11:43.082					
		Run	01:00:36.072	3.1mph	19:30	02:12:19.154					

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