Trailfest for MS Duathlon Part 4: Coler Park (Bentonville, AR)

			<u>Overall</u>	<u> Male</u>						<u>Female</u>	<u> 15 - 19</u>		
Place	Bib#	Name		Time	Type	City	Place	Bib #	Name		Time	Type	City
1	207	DANE BALD	INI	01:41:08.64	Runner	Bentonville	1	169	KEERA TUC	KER	02:24:09.14	Runner	Bentonville
	Sp	lit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>		<u>s</u>	plit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run	00:28:04.559	7.4mph	08:08	00:28:04.559			Run	00:32:53.395	6.3mph	09:32	00:32:53.395
		T1 Bike	00:00:09.852 00:43:46.076	0.0mph 14.0mph	04:17	00:28:14.411 01:12:00.487			T1 Bike	00:00:46.730 01:08:22.674	0.0mph 9.0mph	06:42	00:33:40.125 01:42:02.799
		T2	00:00:18.439	0.0mph		01:12:18.926			T2	00:00:53.201	0.0mph		01:42:56.000
	170	Run	00:28:49.715	7.2mph	08:21	01:41:08.641			Run	00:41:13.143	5.0mph	11:56	02:24:09.143
2	176	LUKE MCIL\	Split Times	01:41:55.53 Speed	Runner <i>Pace</i>	fayetteville Cumulative				Male 2	0 - 29		
	<u> </u>	Run	00:28:03.431	<u>3peeu</u> 7.4mph	08:07	00:28:03.431						_	
		T1	00:00:28.345	0.0mph		00:28:31.776	Place	Bib #	Name		Time	Туре	City
		Bike T2	00:44:37.731 00:00:41.749	13.7mph 0.0mph	04:22	01:13:09.507 01:13:51.256	1	185	DAWSON A	LLEN	02:06:19.18	Runner	Fayetteville
		Run	00:28:04.282	7.4mph	08:08	01:41:55.538		<u>s</u>	plit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
3	205	SHAYAN		01:45:33.03	Runner	Bentonville			Run T1	00:34:32.323 00:02:23.677	6.0mph 0.0mph	10:00	00:34:32.323 00:36:56.000
		DEHBOZOR	GI						Bike	00:53:33.243	11.4mph	05:15	01:30:29.243
	<u>Sp</u>	lit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>			T2	00:01:52.077 00:33:57.869	0.0mph	00.50	01:32:21.320 02:06:19.189
		Run T1	00:28:01.504 00:00:25.939	7.4mph 0.0mph	08:07	00:28:01.504 00:28:27.443			Run	00.33.57.669	6.1mph	09:50	02.06.19.169
		Bike	00:48:31.860	12.6mph	04:45	01:16:59.303				Female	20 - 29		
		T2	00:00:13.425	0.0mph	00.10	01:17:12.728				<u>r cinaic</u>			
		Run	00:28:20.310	7.3mph	08:12	01:45:33.038		Bib #			Time	Туре	City
			Overall I	Female			1	197	ABBY HERS		02:27:15.85	Runner	Rogers
Place	Bib#	Name		Time	Type	City		<u>s</u>	plit Description	Split Times	<u>Speed</u>	Pace	<u>Cumulative</u>
				Time	Туре	City			Run T1	00:37:21.874 00:01:58.086	5.5mph 0.0mph	10:49	00:37:21.874 00:39:19.960
1	206	LISA ELLIS-I		01:53:34.03	Runner	Bentonville			Bike	01:07:27.838	9.1mph	06:36	01:46:47.798
	<u>Sp</u>	olit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>			T2 Run	00:01:42.471 00:38:45.581	0.0mph 5.3mph	11:14	01:48:30.269 02:27:15.850
		Run T1	00:31:05.388 00:01:11.774	6.7mph 0.0mph	09:00	00:31:05.388 00:32:17.162				00.00.70.007	G.G.I.Ip.I.		02.27.70.000
		Bike	00:47:30.026	12.9mph	04:39	01:19:47.188				Male 3	0 - 39		
		T2 Run	00:01:03.002 00:32:43.842	0.0mph 6.3mph	09:29	01:20:50.190 01:53:34.032	Place	Bib#	Name		Time	Type	City
2	190	JENNIFER F	RICHARD	02:05:17.42	Runner	Bentonville	1	194	NATHAN KI	VIC.	02:00:36.31	Runner	Branson
	Sp	lit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	!	_	plit Description	Split Times	Speed	Pace	Cumulative
		Run	00:30:39.131	6.8mph	08:53	00:30:39.131		<u> </u>	Run	00:29:59.721	6.9mph	08:41	00:29:59.721
		T1 Bike	00:02:18.283 00:57:39.033	0.0mph 10.6mph	05:39	00:32:57.414 01:30:36.447			T1	00:00:43.233	0.0mph		00:30:42.954
		_T2	00:01:21.122	0.0mph		01:31:57.569			Bike T2	00:54:59.408 00:00:42.969	11.1mph 0.0mph	05:23	01:25:42.362 01:26:25.331
3	195	Run	00:33:19.855	6.2mph	09:39	02:05:17.424			Run	00:34:10.983	6.1mph	09:54	02:00:36.314
3		BROOKE BII olit Description	Split Times	02:07:13.23 Speed	Runner <i>Pace</i>	Rogers Cumulative							
	<u> </u>	Run	00:28:12.572	7.3mph	08:10	00:28:12.572				<u>Female</u>	<u> 30 - 39</u>		
		T1	00:00:36.271	0.0mph		00:28:48.843	Place	Bib#	Name		Time	Type	City
		Bike T2	01:07:34.643 00:00:15.433	9.1mph 0.0mph	06:37	01:36:23.486 01:36:38.919	1	183	JASMINE BE	RITTON	02:11:25.11	Runner	Bentonville
		Run	00:30:34.320	6.8mph	08:51	02:07:13.239			plit Description	Split Times	<u>Speed</u>	<u>Pace</u>	Cumulative
			Mala C	. 44					Run	00:34:12.382	6.1mph	09:54	00:34:12.382
			Male 0	<u>) - 14</u>					T1 Bike	00:00:37.022 00:57:38.722	0.0mph 10.6mph	05:39	00:34:49.404 01:32:28.126
Place	Bib#	Name		Time	Type	City			T2	00:00:35.474	0.0mph		01:33:03.600
1	191	SAMSON GA	ABE	02:18:48.28	Runner	Bentonville			Run	00:38:21.514	5.4mph	11:07	02:11:25.114
	<u>Sp</u>	lit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>				Male 4	0 - 49		
		Run	00:32:37.593	6.3mph	09:27	00:32:37.593							
		T1 Bike	00:01:59.620 01:04:12.705	0.0mph 9.5mph	06:17	00:34:37.213 01:38:49.918	Place	Bib #	Name		Time	Туре	City
		T2	00:02:27.417	0.0mph	10.50	01:41:17.335	1	174	LES SHAEF	FER	01:46:59.73	Runner	Neosho
		Run	00:37:30.953	5.5mph	10:52	02:18:48.288		<u>s</u>	plit Description	Split Times	Speed	Pace	Cumulative
			<u>Female</u>	0 - 14					Run T1	00:28:04.975 00:00:36.191	7.4mph 0.0mph	08:08	00:28:04.975 00:28:41.166
Place	Bib # Name		Time	Type	City			Bike T2	00:48:58.703 00:00:24.426	12.5mph 0.0mph	04:48	01:17:39.869 01:18:04.295	
1	193 MADDY GABE		02:07:55.60	Runner	Bentonville			Run	00:28:55.435	7.2mph	08:23	01:46:59.730	
•	Split Description Split Times			Speed	<u>Pace</u>	<u>Cumulative</u>							
	<u> </u>	Run	00:32:41.194	6.3mph	09:28	00:32:41.194							
		T1	00:01:29.490	0.0mph	05.45	00:34:10.684							
		Bike T2	00:53:33.386 00:00:55.121	11.4mph 0.0mph	05:15	01:27:44.070 01:28:39.191							
		Run	00:39:16.413	5.3mph	11:23	02:07:55.604							

Trailfest for MS Duathlon Part 4: Coler Park (Bentonville, AR)

<u>Female 40 - 49</u>											
Place	Bib#	Name		Time	Туре	City					
1	181	KIM MCALL	ISTER	02:24:56.29	Runner	Hot Springs					
	Sp	lit Description	Split Times	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Run T1	00:36:59.103 00:01:14.119	5.6mph 0.0mph	10:43	00:36:59.103 00:38:13.222					
		Bike T2	01:05:47.127 00:01:16.922	9.3mph 0.0mph	06:26	01:44:00.349 01:45:17.271					
		Run	00:39:39.026	5.2mph	11:29	02:24:56.297					
	<u>Male 50 - 59</u>										
Place	Bib#	Name		Time	Туре	City					
1	175	SHELBY FR	ANKLIN 01:55:05.07		Runner	Rogers					
	Sp	lit Description	Split Times	Speed	<u>Pace</u>	Cumulative					
		Run T1	00:31:32.485 00:01:13.244	6.6mph 0.0mph	09:08	00:31:32.485 00:32:45.729					
		Bike T2	00:44:50.457 00:01:13.768	13.6mph 0.0mph	04:23	01:17:36.186 01:18:49.954					
		Run	00:36:15.121	5.7mph	10:30	01:55:05.075					