

Lake Norfolk Olympic Tri - Women

Overall Female

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	834	*Erika Setzler	02:42:30.35		Athlete	Conway, AR	/M	mph	1	25	378884
		Swim >	0:17:07.730								
		T1 >	0:00:57.989								
		Bike >	1:22:08.683								
		T2 >	0:01:09.112								
		Run >	1:01:06.844								

Female 20 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	832	*Sarah Ross	03:11:58.16		Athlete	Hot Springs, AR	/M	mph	3	25	2100047143
		Swim >	0:20:10.421								
		T1 >	0:02:18.503								
		Bike >	1:25:53.440								
		T2 >	0:01:25.639								
		Run >	1:22:10.158								
2.	806	Allyson Hunter	03:22:48.23		Athlete	Southlake, TX	/M	mph	5	27	FHY67W4XZ S
		Swim >	0:22:52.695								
		T1 >	0:01:33.289								
		Bike >	1:36:37.508								
		T2 >	0:01:51.192								
		Run >	1:19:53.549								
3.	836	*Clara Vido	03:24:47.34		Athlete	El Dorado, AR	/M	mph	6	26	2100251409
		Swim >	0:17:57.531								
		T1 >	0:00:56.029								
		Bike >	1:42:21.718								
		T2 >	0:01:46.385								
		Run >	1:21:45.679								

Female 30 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	804	Sara Forhetz	03:09:08.33		Athlete	Ozark, MO	/M	mph	2	35	XB639GHBQ G
		Swim >	0:22:52.632								
		T1 >	0:02:13.573								
		Bike >	1:28:40.716								
		T2 >	0:01:49.935								
		Run >	1:13:31.477								
2.	808	Carrie Jackson	03:19:47.19		Athlete	Junction City, AR	/M	mph	4	39	2100238307
		Swim >	0:27:58.485								
		T1 >	0:01:54.623								
		Bike >	1:34:38.262								
		T2 >	0:01:58.171								
		Run >	1:13:17.649								
3.	826	*Audrey Calkins	03:58:11.55		Athlete	Memphis, TN	/M	mph	10	32	2100211351
		Swim >	0:18:19.324								
		T1 >	0:03:03.560								
		Bike >	1:53:09.802								
		T2 >	0:02:08.101								
		Run >	1:41:30.766								

Female 40 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	801	Kathie Cheek	03:31:24.04		Athlete	Walls, MS	/M	mph	7	44	2100274215
		Swim >	0:22:08.481								
		T1 >	0:03:06.373								
		Bike >	1:37:51.088								
		T2 >	0:01:40.284								
		Run >	1:26:37.822								

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2.	812	Rebecca Martin	03:42:56.31	Athlete	Mountain Home, AR	/M	mph	8	41	TVRRFDFAB J
		Swim >	0:27:24.365							(0:27:24.365)
		T1 >	0:02:01.961							(0:29:26.326)
		Bike >	1:30:11.639							(1:59:37.965)
		T2 >	0:02:59.864							(2:02:37.829)
		Run >	1:40:18.484							(3:42:56.313)
3.	825	Debbie Wright	04:08:15.97	Athlete	Benton, AR	/M	mph	12	48	2100279066
		Swim >	0:26:52.200							(0:26:52.200)
		T1 >	0:01:53.276							(0:28:45.476)
		Bike >	1:48:22.048							(2:17:07.524)
		T2 >	0:02:11.353							(2:19:18.877)
		Run >	1:48:57.096							(4:08:15.973)
4.	811	Anne Mace	04:16:23.05	Athlete	Mountain Home, AR	/M	mph	13	48	EJJ84YEQBY
		Swim >	0:28:00.985							(0:28:00.985)
		T1 >	0:05:16.019							(0:33:17.004)
		Bike >	1:52:56.845							(2:26:13.849)
		T2 >	0:03:10.701							(2:29:24.550)
		Run >	1:46:58.504							(4:16:23.054)

Female 50 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	831	*Paula Rawlings	03:46:30.60		Athlete	Columbia, MO	/M	mph	9	53	2065092940
		Swim >	0:23:02.825								(0:23:02.825)
		T1 >	0:01:42.183								(0:24:45.008)
		Bike >	1:54:28.328								(2:19:13.336)
		T2 >	0:01:21.152								(2:20:34.488)
		Run >	1:25:56.114								(3:46:30.602)
2.	821	Jan Schmeski	04:03:05.51		Athlete	Mountain Home, AR	/M	mph	11	57	2100272387
		Swim >	0:28:40.615								(0:28:40.615)
		T1 >	0:01:54.286								(0:30:34.901)
		Bike >	1:50:53.957								(2:21:28.858)
		T2 >	0:03:05.313								(2:24:34.171)
		Run >	1:38:31.342								(4:03:05.513)