

# Per- and Polyfluoroalkyl Substances (PFAS) in Garden Produce: A Local Case Study from New Hampshire

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# Acknowledgements

## Faculty at NHTI

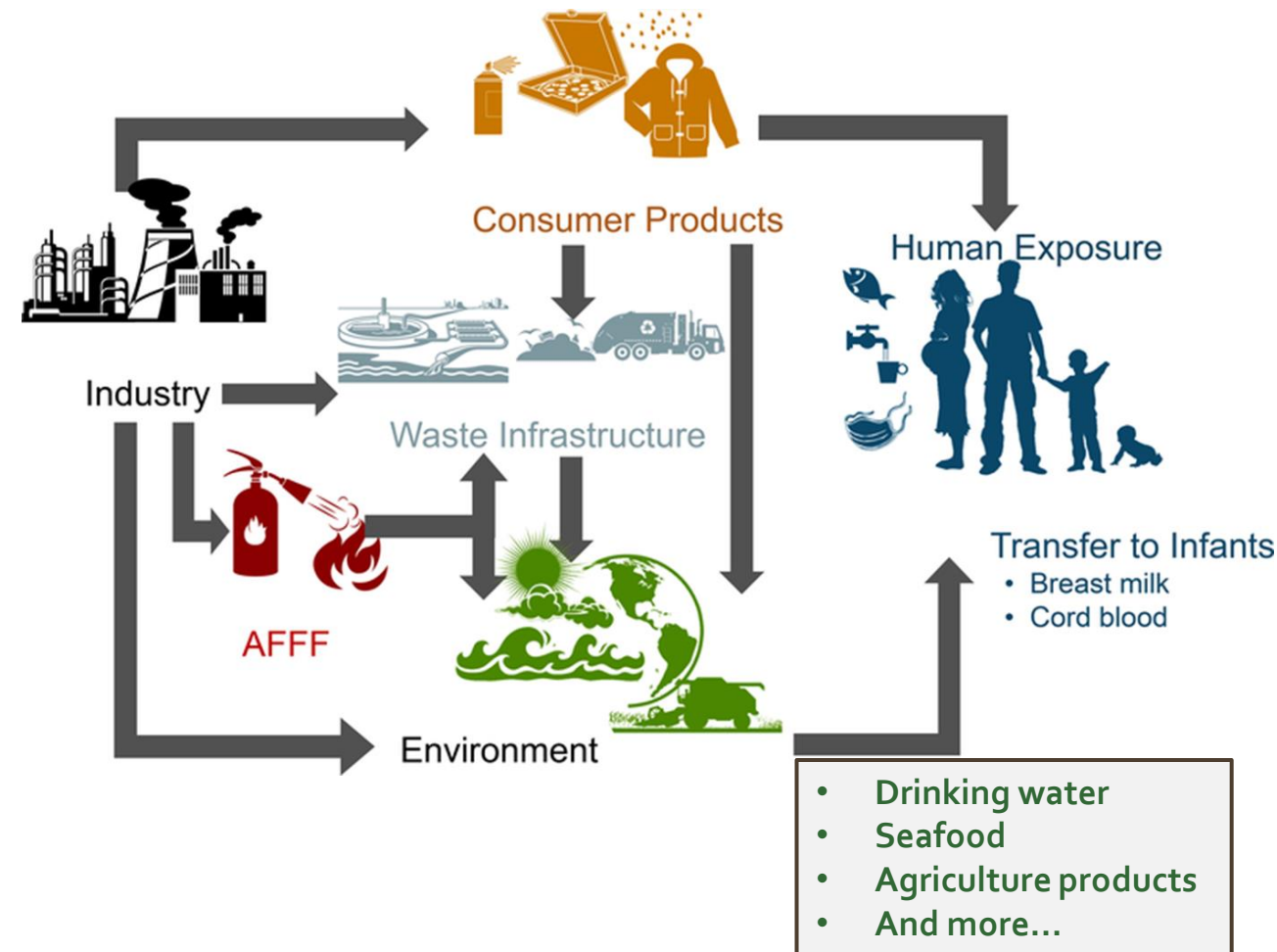
Tracey Lesser and Veronica Thibodeau Carter for their collaboration, technical support and willingness to work with NHDES.

## Staff at the New Hampshire Department of Environmental Services (NHDES)

Amy Rousseau, Anthony Drouin, Kate Emma Schlosser, Jeff Marts, Karen Craver

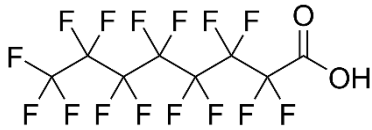
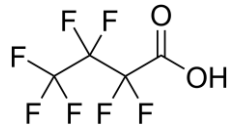
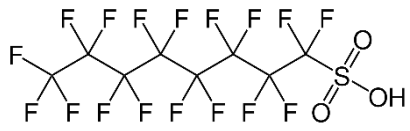
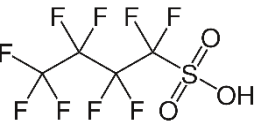
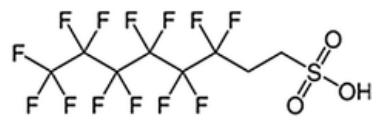
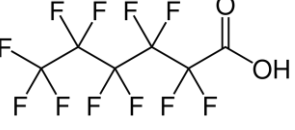
# Problematic Lifecycle of Per- and Polyfluoroalkyl Substances (PFAS)

- **Persistent & mobile** in the environment.
- **Bioaccumulative** in people and wildlife.
- Importantly, certain PFAS can **accumulate to toxic levels** in people.



# Per- and Polyfluoroalkyl Substances (PFAS): The Long and Short of It

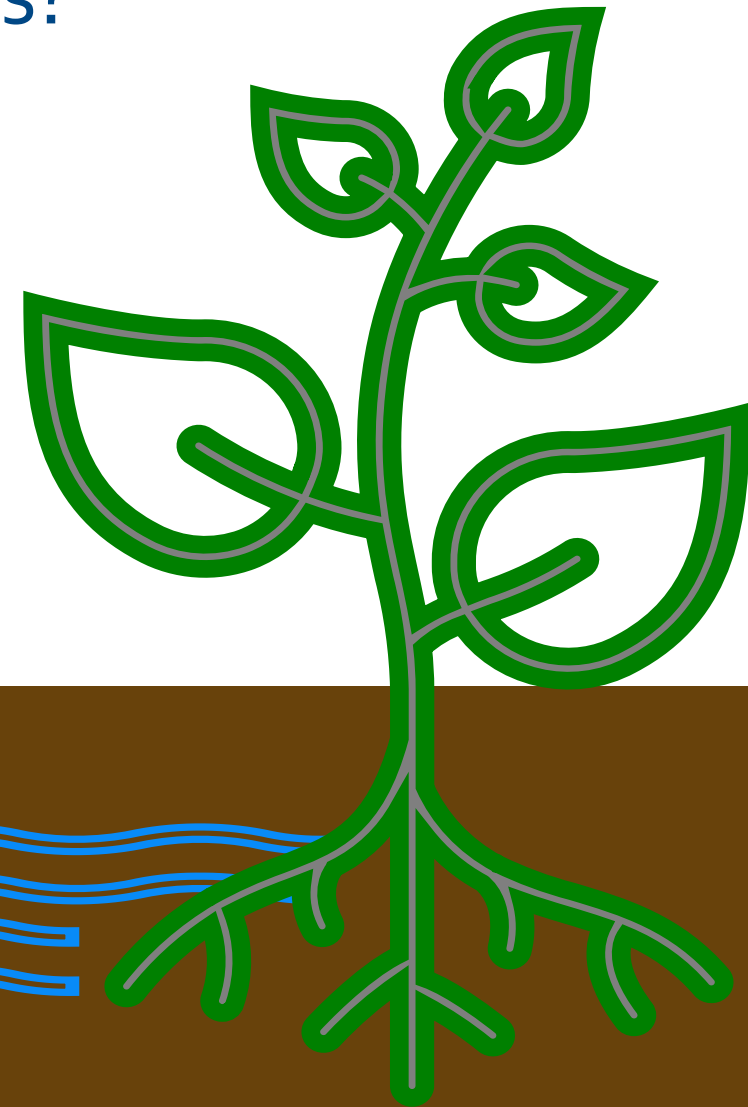
- **Persistent & mobile** in the environment.
- **Bioaccumulative** in people and wildlife.
- Importantly, certain PFAS can **accumulate to toxic levels** in people.
- These features are **influenced by the chemistry** of specific PFAS.

|                  | "Long Chain"<br>> 5-6 carbons   | "Short Chain"<br>< 5-6 carbons  |
|------------------|---|---|
| Carboxylic Acids |  <p><b>PFOA</b><br/>"octanoic acid"</p>                    |  <p><b>PFBA</b><br/>"butanoic acid"</p>        |
| Sulfonic Acids   |  <p><b>PFOS</b><br/>"octane sulfonic acid"</p>             |  <p><b>PFBS</b><br/>"butane sulfonic acid"</p> |
| Precursors       |  <p><b>6:2 FTS</b><br/>"Fluorotelomer sulfonic acid"</p> |  <p><b>PFHxA</b><br/>"hexanoic acid"</p>     |

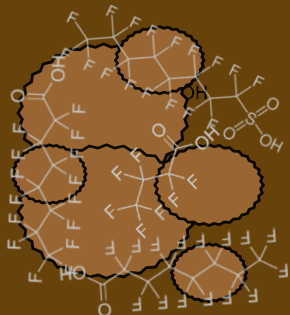
# What about PFAS Uptake in Plants?

## What controls PFAS uptake into plants?

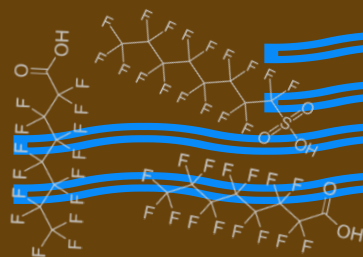
1. Binding to soil matter **reduces root uptake**
2. Solubility in “pore” water **increases root uptake**
3. Shorter “chain length” **increases root uptake**
4. Certain plants may have “**selective uptake**”
5. All of this is likely **concentration dependent**



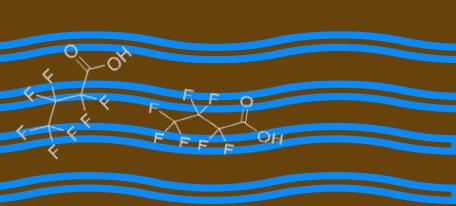
Soil Binding  
Characteristics



Pore Water  
Solubility



Small Molecule  
Mobility



# Question: What are the effects of soil, irrigation source and amendments on PFAS uptake in common garden produce?

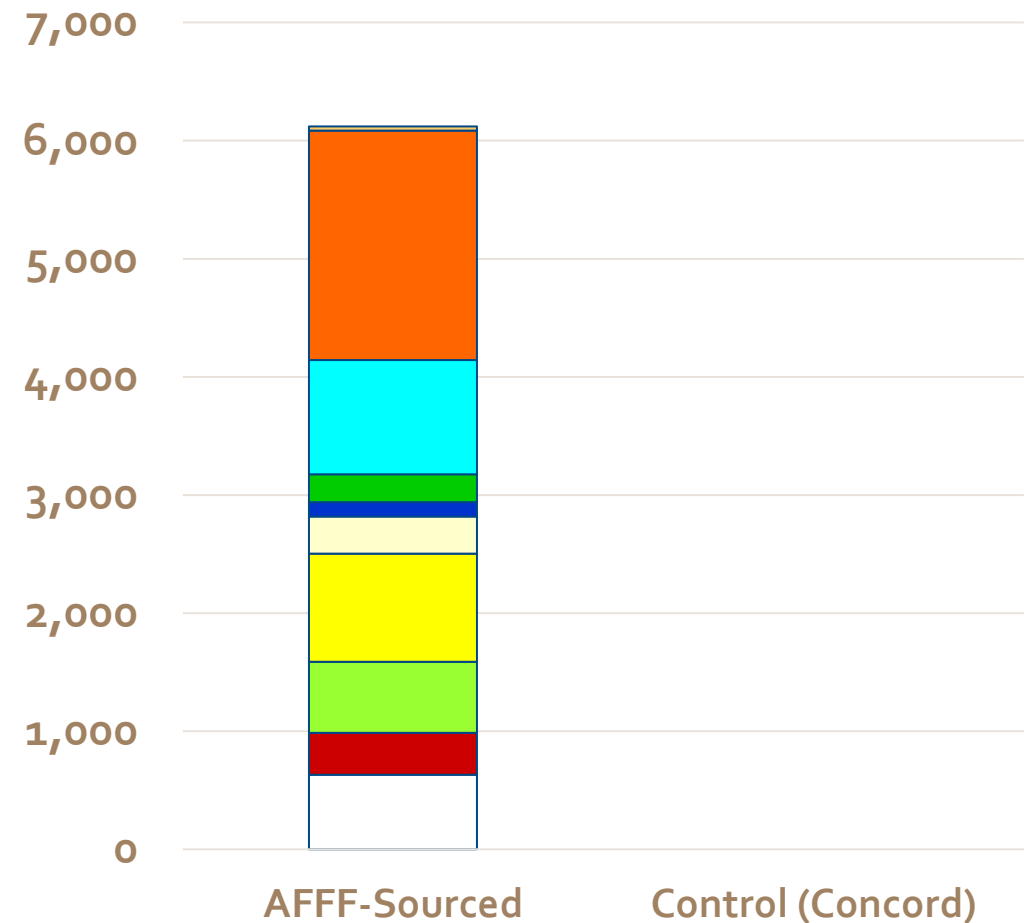


| Greenhouse Manipulation Study                       |                                  | Merrimack Soil                | Community Compost                    | Commercial Soil               |
|---|----------------------------------|-------------------------------|--------------------------------------|-------------------------------|
| Irrigated with Municipal Water                      | No Biosolids                     | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil        | Radishes<br>Tomatoes<br>Basil |
|   | Added Biosolids                  | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil        | Radishes<br>Tomatoes<br>Basil |
| Irrigated with AFFF-Sourced Water (NH Fire Academy) | No Biosolids                     | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil        | Radishes<br>Tomatoes<br>Basil |
|   | Added Biosolids                  | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil        | Radishes<br>Tomatoes<br>Basil |
| <b>Amherst Community Garden Sampling</b>            |                                  |                               |                                      |                               |
| Irrigated with Community Garden Well                | Amherst Soil & Community Compost |                               | Butternut Squash<br>Tomatoes<br>Kale |                               |

# Average PFAS Concentrations (ng/L or ppt) Water Treatments for NHTI Study

- Water treatments consisted of two types:
  - Control water** was City of Concord public water.
  - Aqueous film forming foam (AFFF)-sourced water** was from a monitoring well at the NH Fire Academy.
- Analyzed by Alpha Analytical for 23 PFAS analytes.

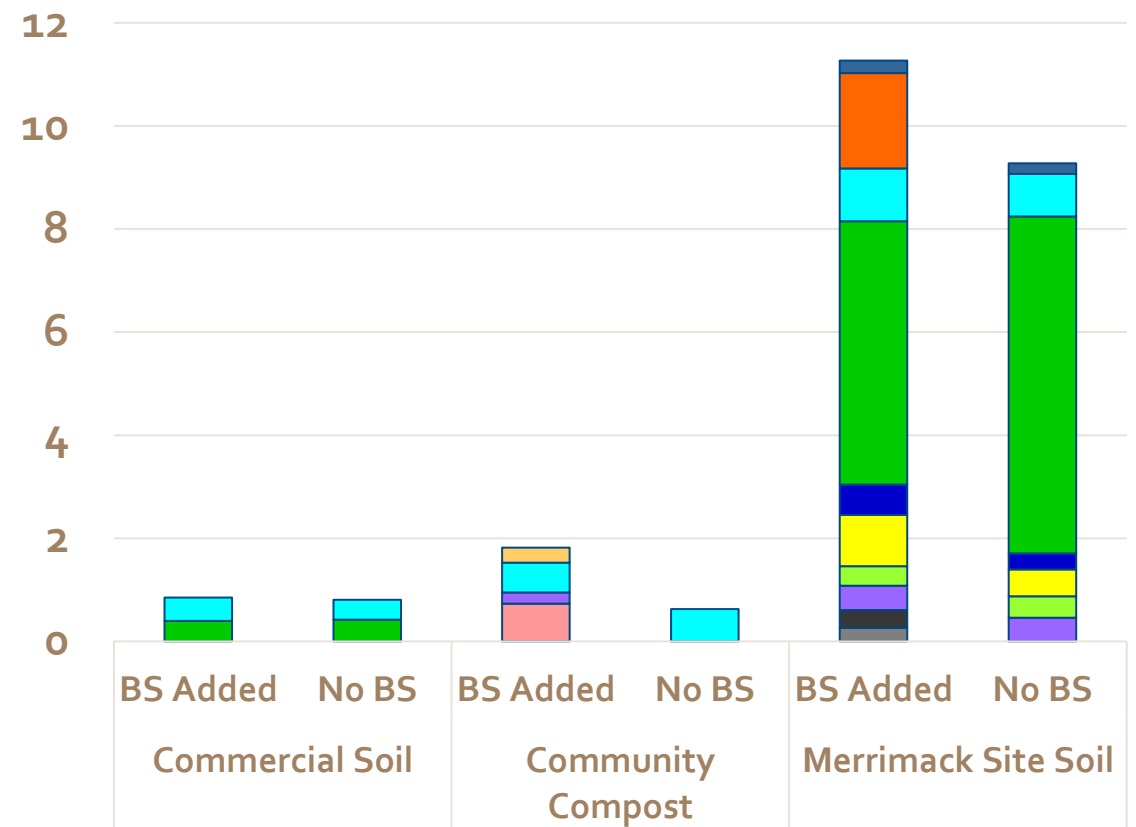
| "Short" Chain PFAS | "Long" Chain PFAS | Precursor PFAS |
|--------------------|-------------------|----------------|
| PFBA               | PFHpA             | 6:2 FTS        |
| PFBS               | PFHpS             | PFEESA         |
| PFPeA              | PFOA              | N-EtFOSA       |
| PFPeS              | PFOS              | N-MeFOSA       |
| PFHxA              | PFNA              |                |
| PFHxS              | PFDA              |                |
|                    | PFUnA             |                |
|                    | PFDoA             |                |
|                    | PFTTrDA           |                |



# Average PFAS Concentrations (ng/g or ppb) in Soil Treatments for NHTI Study

- Analyzed by Alpha Analytical for 23 PFAS analytes.
- Only 13 PFAS above detection limits.
- Additional soil parameters collected for this study.
  - % carbon content, soil texture, pH, nutrient content, calcium, etc.

| "Short" Chain PFAS | "Long" Chain PFAS | Precursor PFAS |
|--------------------|-------------------|----------------|
| PFBA               | PFHpA             | 6:2 FTS        |
| PFBS               | PFHpS             | PFEESA         |
| PFPeA              | PFOA              | N-EtFOSA       |
| PFPeS              | PFOS              | N-MeFOSA       |
| PFHxA              | PFNA              |                |
| PFHxS              | PFDA              |                |
|                    | PFUnA             |                |
|                    | PFDaA             |                |
|                    | PFTTrDA           |                |





# Plant Sampling & Analyses

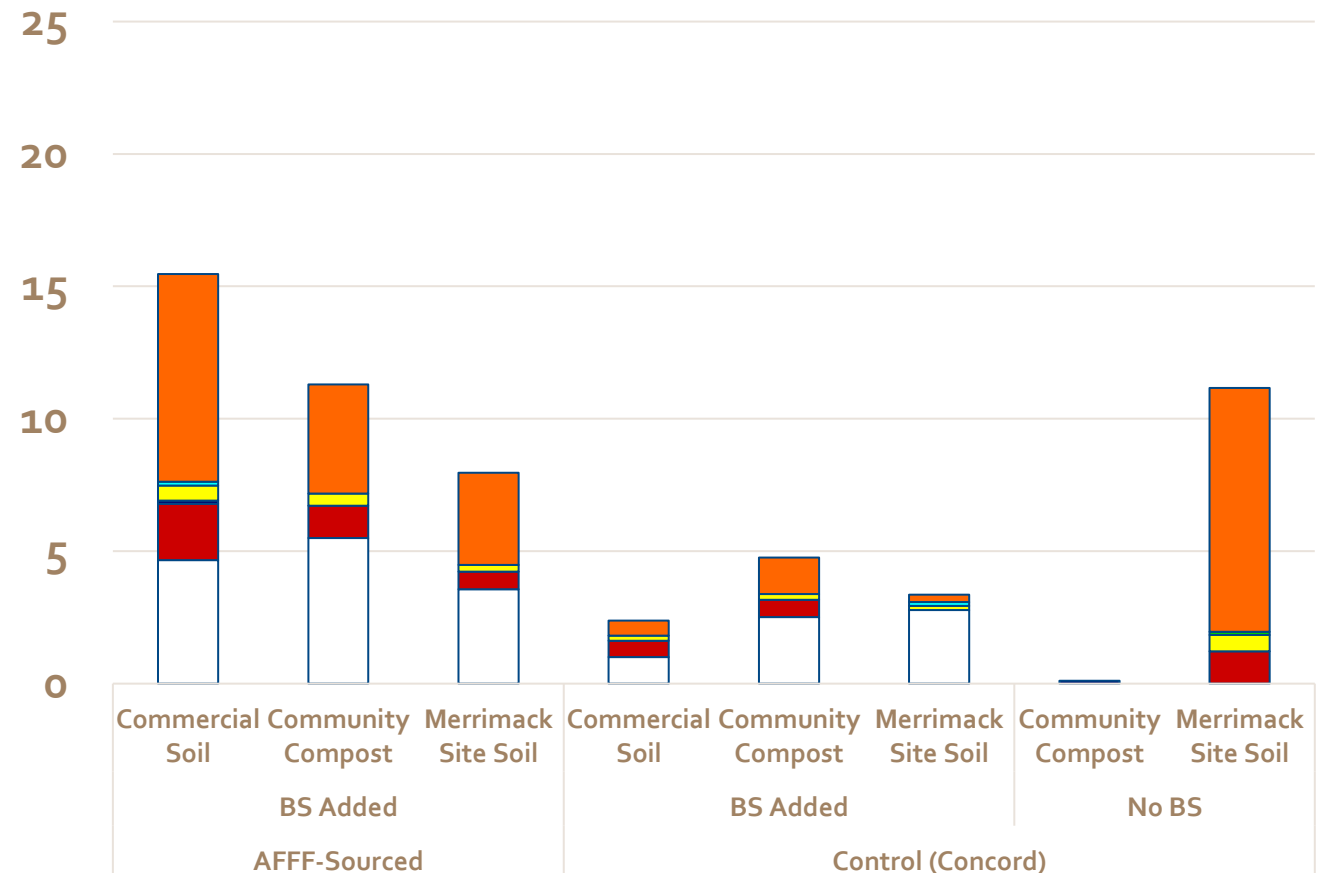
| Greenhouse Manipulation Study     |                 | Merrimack Soil                | Community Compost             | Commercial Soil               |
|-----------------------------------|-----------------|-------------------------------|-------------------------------|-------------------------------|
| Irrigated with Municipal Water    | No Biosolids    | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil |
|                                   | Added Biosolids | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil |
| Irrigated with AFFF-Sourced Water | No Biosolids    | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil |
|                                   | Added Biosolids | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil | Radishes<br>Tomatoes<br>Basil |
| Grown and sampled                 |                 |                               | Failed to grow                |                               |

Sample sizes of 2-11 for each available plant in each treatment combination.

# Average PFAS Concentrations (ng/g) in Tomato Fruit from NHTI Study

- Analyzed by SGS AXYS for 39 types of PFAS analytes.
- Predominantly short chain and precursor PFAS.
- None exceed current screening levels.

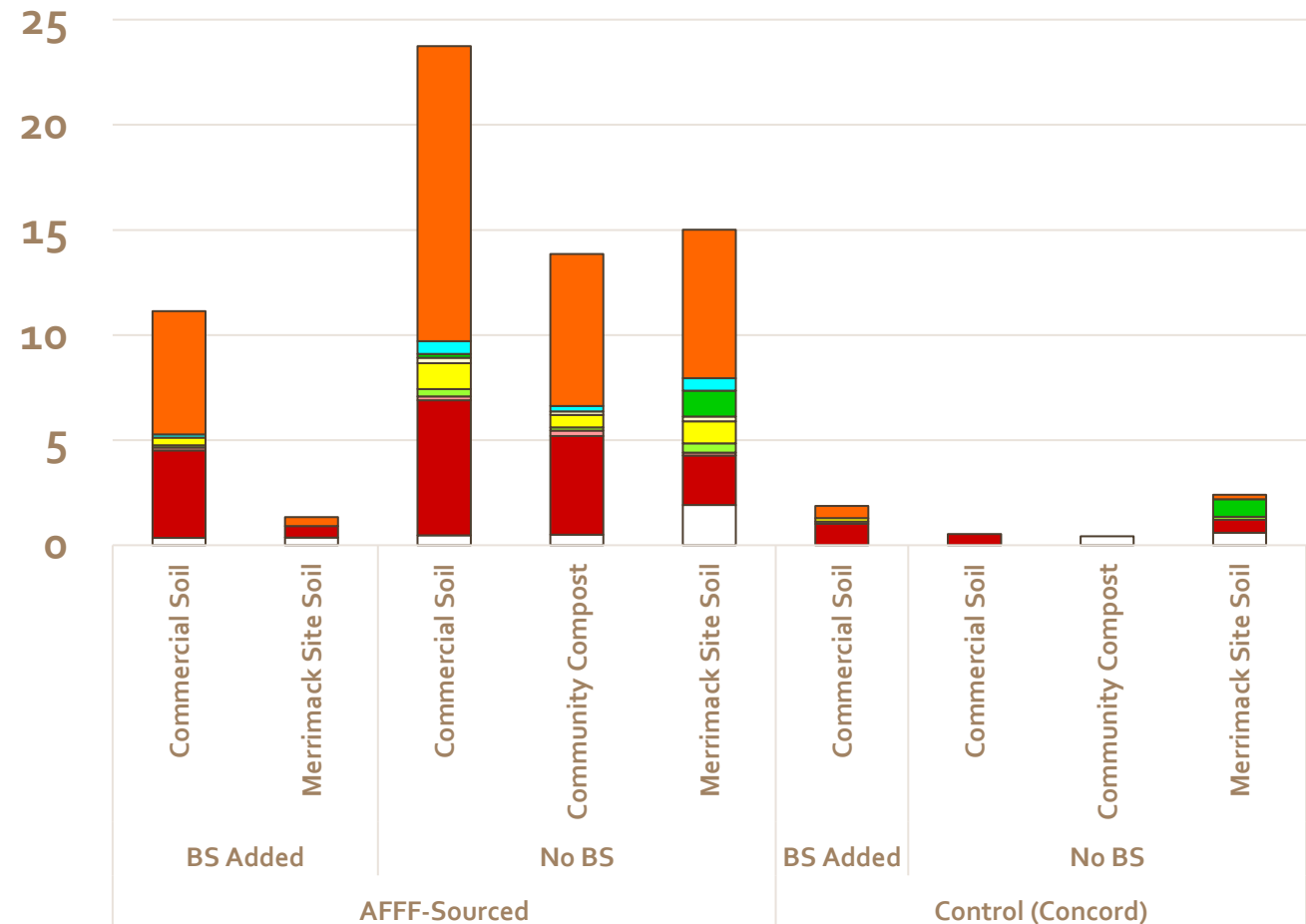
| "Short" Chain PFAS | "Long" Chain PFAS | Precursor PFAS |
|--------------------|-------------------|----------------|
| PFBA               | PFHpA             | 6:2 FTS        |
| PFBS               | PFHpS             | PFEESA         |
| PFPeA              | PFOA              | N-EtFOSA       |
| PFPeS              | PFOS              | N-MeFOSA       |
| PFHxA              | PFNA              |                |
| PFHxS              | PFDA              |                |
|                    | PFUnA             |                |
|                    | PFDxA             |                |
|                    | PFTTrDA           |                |



# Average PFAS Concentrations (ng/g) in Basil Leaves from NHTI Study
















- Analyzed by SGS AXYS for 39 types of PFAS analytes.
- Predominantly short chain and precursor PFAS.
- None exceed current screening levels.

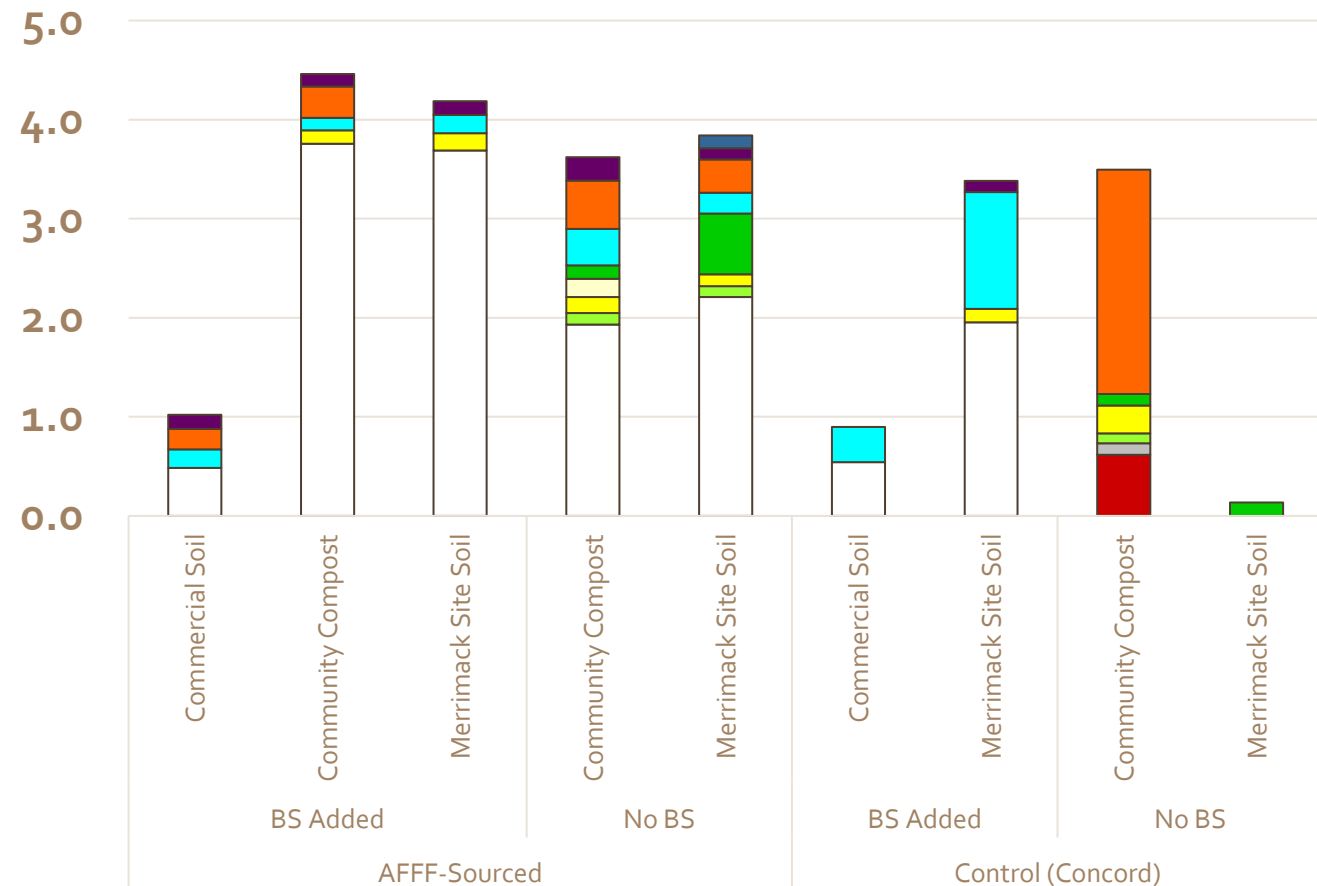
| "Short" Chain PFAS | "Long" Chain PFAS | Precursor PFAS |
|--------------------|-------------------|----------------|
| PFBA               | PFHpA             | 6:2 FTS        |
| PFBS               | PFHpS             | PFEESA         |
| PFPeA              | PFOA              | N-EtFOSA       |
| PFPeS              | PFOS              | N-MeFOSA       |
| PFHxA              | PFNA              |                |
| PFHxS              | PFDA              |                |
|                    | PFUnA             |                |
|                    | PFDaA             |                |
|                    | PFTTrDA           |                |






















# Average PFAS Concentrations (ng/g) in Radish Roots from NHTI Study

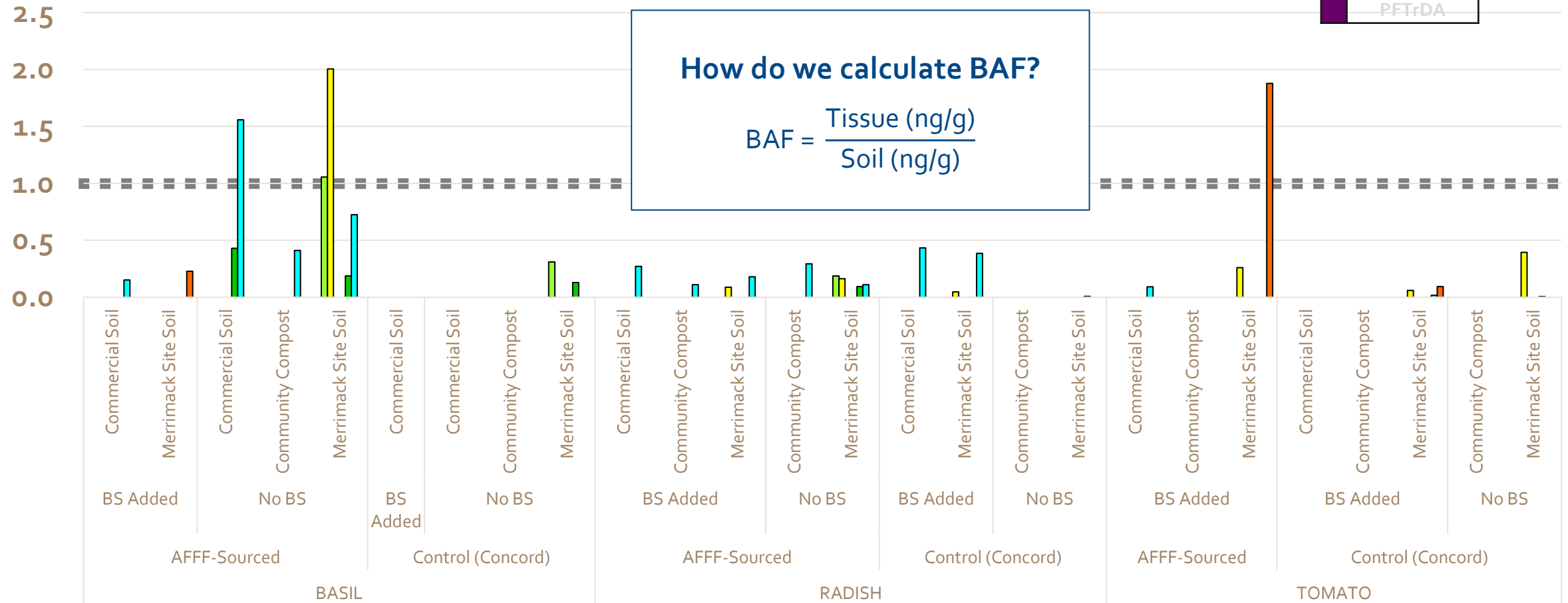
- **\*NOTE Y-AXIS SCALE CHANGE\***
- Analyzed by SGS AXYS for 39 types of PFAS analytes.
- More long chain PFAS present than basil or tomato samples.
- None exceed current screening levels.

| "Short" Chain PFAS  |       | "Long" Chain PFAS   |         | Precursor PFAS |
|---|-------|---|---------|----------------|
|    | PFBA  |    | PFHpA   | 6:2 FTS        |
|   | PFBS  |   | PFHpS   | PFEESA         |
|  | PFPeA |  | PFOA    | N-EtFOSA       |
|  | PFPeS |  | PFOS    | N-MeFOSA       |
|  | PFHxA |  | PFNA    |                |
|  | PFHxS |  | PFDA    |                |
|   |       |  | PFUnA   |                |
|   |       |  | PFDoA   |                |
|   |       |  | PFTTrDA |                |



# Average PFAS Bioaccumulation Factors (BAFs) Across All Plant Types

| "Short" Chain PFAS  |       | "Long" Chain PFAS   |         | Precursor PFAS  |          |
|---|-------|---|---------|---|----------|
|   | PFBA  |   | PFHpA   |   | 6:2 FTS  |
|  | PFBS  |  | PFHpS   |  | PFEESA   |
|  | PFPeA |  | PFOA    |  | N-EtFOSA |
|  | PFPeS |  | PFOS    |  | N-MeFOSA |
|  | PFHxA |  | PFNA    |   |          |
|  | PFHxS |  | PFDA    |   |          |
|   |       |  | PFUnA   |   |          |
|   |       |  | PFDoA   |   |          |
|   |       |  | PFTTrDA |   |          |



# Considering PFAS BAFs from other studies in similar garden produce

| Current Study |           |             |           |
|---------------|-----------|-------------|-----------|
| PFAS          | Basil     | Tomato      | Radish    |
| 6:2 FTS       | *         | *           | *         |
| PFBS          | *         | *           | *         |
| PFBA          | *         | *           | *         |
| PFPeA*        | n.d.-0.23 | 0.09-1.88   | *         |
| PFHxA*        | n.d-2.00  | 0.06-0.39   | 0.06-0.16 |
| PFHpA         | 0.31-1.06 | *           | n.d.-0.19 |
| PFOA          | 0.13-0.43 | *           | 0.01-0.09 |
| PFNA          | *         | *           | *         |
| PFOS          | 0.09-1.56 | 0.005-0.092 | 0.01-0.43 |

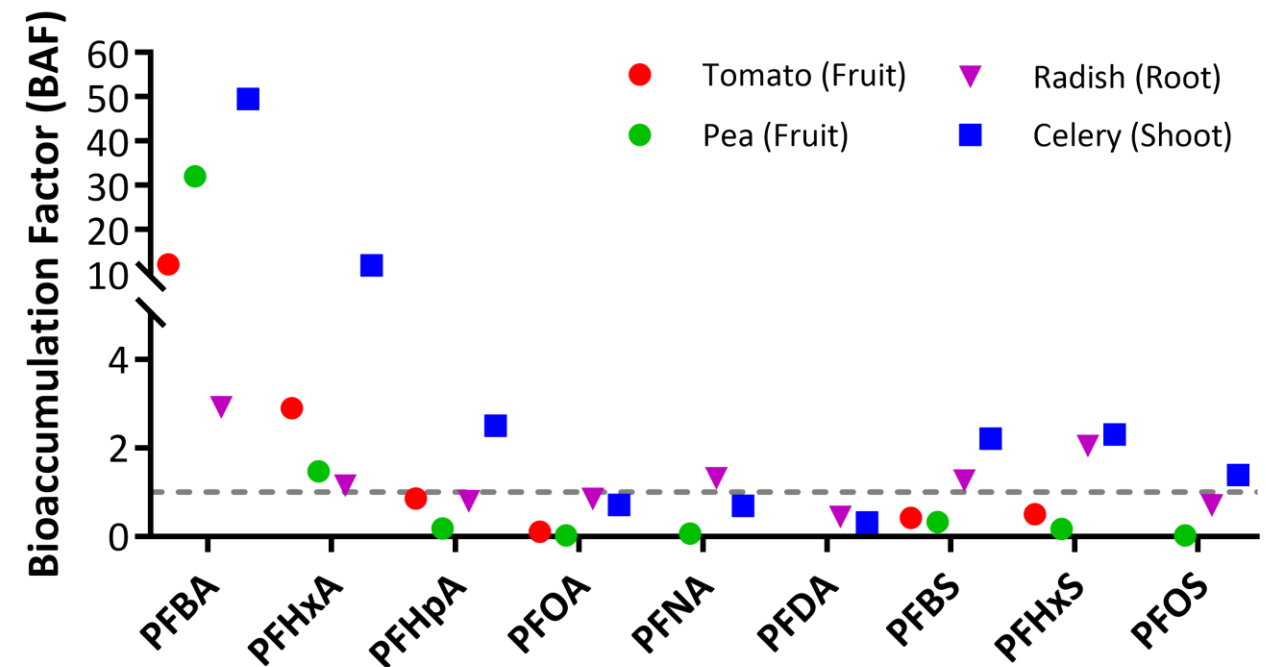


Figure of PFAS BAFs Identified by ITRC

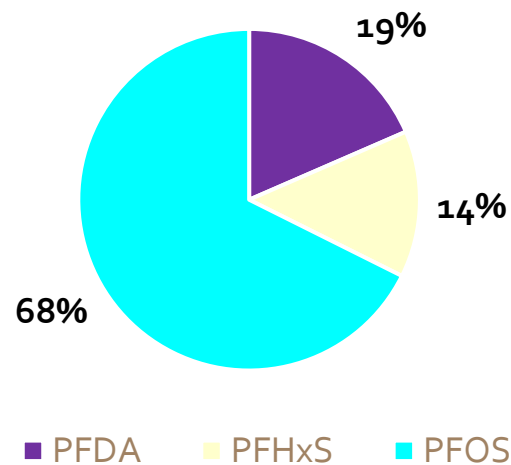
Data for this Figure are from the Interstate Technology & Regulatory Council's (ITRC) PFAS Guidance Document (Table 5-2; <https://pfas-1.itrcweb.org/>) and Blaine, et al. 2014. Perfluoroalkyl Acid Distribution in Various Plant Compartments of Edible Crops Grown in Biosolids-Amended Soils. Environ. Sci. Technol. 48: 7858-7865.

# What about the findings from sampling the Amherst Community Garden?

## SOIL

Sum of Measurable Concentrations = 3.95 ng/g or parts-per-billion (ppb)

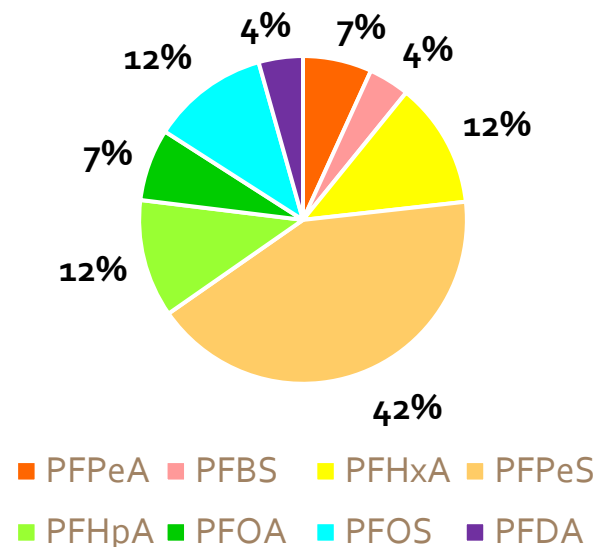
Soil PFAS Profile  
% Total Detected



## PURCHASED COMPOST

Sum of Measurable Concentrations = 6.27 ng/g or parts-per-billion (ppb)

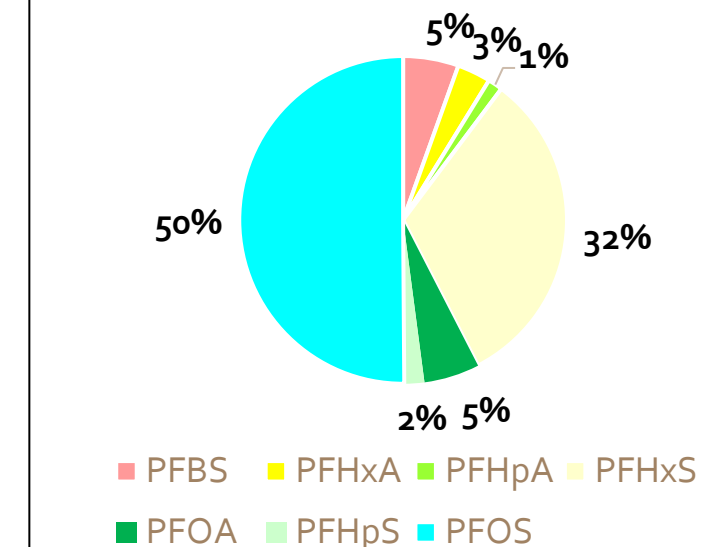
Compost PFAS Profile  
% Total Detected



## WATER

Sum of Measurable Concentrations = 129.51 ng/L or parts-per-trillion (ppt)

Water PFAS Profile  
% Total Detected



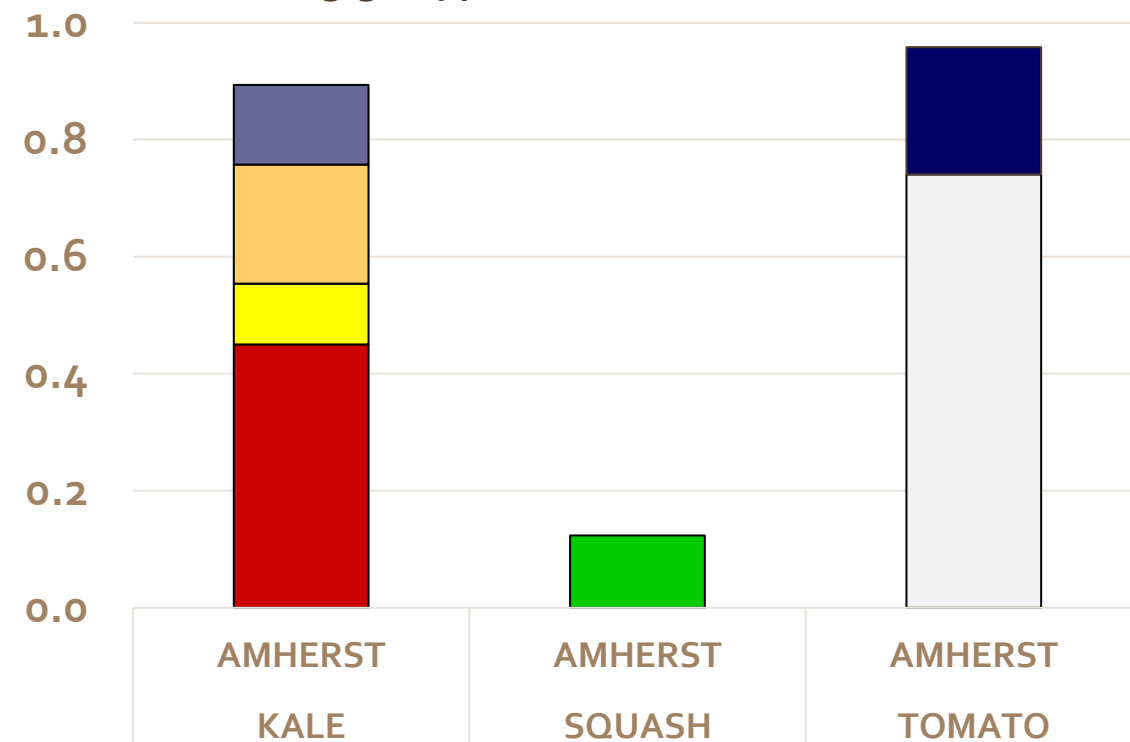
PFAS that were NOT DETECTED in any samples: PFBA, PFNA, PFUnA, PFDoA, NMeFOSE, NEtFOSAA, PFOSA, NMeFOSAA, 4:2 FTS, 6: FTS, 8:2 FTS, 5:3 FTCA, 7:3 FTCA

# What about the findings from the Amherst Community Garden?

- **\*NOTE Y-AXIS SCALE\***
- Analyzed by SGS AXYS for 39 types of PFAS analytes.
- Fewer PFAS and lower concentrations than simulated scenarios.
- None exceed current screening levels.

| "Short" Chain PFAS | "Long" Chain PFAS | Precursor PFAS |
|--------------------|-------------------|----------------|
| PFBA               | PFHpA             | 6:2 FTS        |
| PFBS               | PFHpS             | PFEESA         |
| PFPeA              | PFOA              | N-EtFOSA       |
| PFPeS              | PFOS              | N-MeFOSA       |
| PFHxA              | PFNA              |                |
| PFHxS              | PFDA              |                |
|                    | PFUnA             |                |
|                    | PFDaA             |                |
|                    | PFTTrDA           |                |

Average PFAS Concentrations  
(ng/g or ppb) in Edible Plant Tissues





# Study Limitations & Uncertainties

- 1. Statistical significance of treatment groups and their effects on PFAS uptake.**
  - There is an obvious effect of irrigation water, but analysis is needed to determine if other factors (e.g., soil types) were significant.
  - Additional soil parameters were collected (composition, organic carbon content, nutrient, etc.), and are likely co-variates for plant uptake.
- 2. Addressing non-detect results for assessing BAFs.**
  - Assuming “zero” underestimates bioaccumulation,  $\frac{1}{2}$  the DL may overestimate bioaccumulation, and there is uncertainty about the role and presence of precursors.
- 3. Relevance to farm-scale agriculture.**
  - The study prepared soil mixtures recommended for home gardeners or community gardens, following common guidance from UNH Extension and local garden centers.



## What are the next steps?

- Analyze the effect(s) of soil features on PFAS bioconcentration, including organic carbon content.
- Continue the risk assessment of various PFAS in produce items.
  - *Current toxicity factors* indicate minimal risk except for heavy consumption of certain plants grown in heavily contaminated soil, with impacted amendments and AFFF-containing water.
  - Evaluate using localized consumption data where available.
- Look for opportunities to improve the limited available scientific literature.
  - e.g., grant applications, academic partnerships, extension specialists, affected communities





NEW HAMPSHIRE  
DEPARTMENT OF  
**Environmental  
Services**

# Questions?

## Contact Information

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