

The BayStater OCT/NOV 2019



























Dave Branga State President



Lead, Follow or GET OUT OF THE WAY!

And that's just what Massachusetts did at the UPMA National Convention at Mohegan

Sun in CT. For the third straight year, Massachusetts received a Star Chapter Award. To qualify for UPMA STAR CHAPTER AWARD, your chapter must document activities in the following areas: Recognition, Membership, Communication/Training, Legislative/PAC and Chapter Administration. The five areas makeup the five points of a star and are characteristics that all successful chapters have in common. While it is an honor for the chapter to win the award, the real winners are actually you, the members. Because we strive to be the best of the best, we are continually recognizing our members, conducting training at the state convention and basically making this chapter something you want to be a part of. So I want to say thank you to all the members whose hard work contributed to our success!

I am quickly finding out how much work goes into being President. I am already receiving issues from members about harassment, lousy treatment by their bosses and generally poor work environments. The one thing they all seemed to have in common was poor communications. While I listened to a recent member explain what their manager wanted them to do, I found myself agreeing with the manager. However, the way it was being presented to the member was as if they were a misbehaving child. So much of the problem could have been prevented by the way the manager interacted with the member. This isn't the post office of the old days. Gone (hopefully) is the way of managing by fear and intimidation. It has never been an effective way to manage employees if you want something from them.

This is advice I received long before I was in the post office. It applies whether you are a direct supervisor to your reports, or a manager to your staff. It starts with you. Greet your employees when you come in to work. One by one. Go to their case or work location. Treat your employees like you would like to be treated. Talk to them. Know them. We should all know at least one thing about each employee that doesn't relate to work. Build those professional relationships with your employees and you will see better performance, reduced sick leave and more discretionary effort. I've tried to do that my entire career without even knowing it. As I grew as a supervisor and manager, I learned that building relationships with my employees helped when things went sideways. Long before "Engagement" was a buzzword, I found that if you treat your employees right, they come to

work when they aren't feeling their best; they will call to tell you they will be late, instead of banging out on you; they will give you a little more effort because they know you care about them. So if you have a manger that isn't treating you right, it's time to manage your manager. Start having conversations with them about your career. Ask how they see your performance and be open to criticism. If they aren't mature enough to do it on their own, you take control. Get the ball rolling to improve the relationship. You may not always succeed, but when you do, the change will be significant. And take what you learn and apply it to being a better employee. Life gets easier when you get along with your boss. We all have a job to do in the post office. It shouldn't require us to put on a helmet and flak jacket every day.

If you missed it, there was a lot of excitement at the national convention. Northeast Area VP Eric Chavez, COO/ Executive VP Dave Williams and Postmaster General Megan Brennan all were present and spoke. Each took questions from the audience as well. I am sure many others will have written about the convention in this issue so I won't go into too much detail but there was an issue with the bylaws. As you remember, we voted yea or nay at our state convention for new bylaw changes. At the national convention, it was revealed that the National Executive Board didn't follow the process properly regarding bylaw changes. Needless to say, many members were not happy about this and tried to repeal the whole bylaw process. The Executive Board wanted to proceed with the process even though errors were made. After much back and forth, some of it heated, a savvy member made a motion to adjourn the convention. It was approved by a majority of members in the room at convention and we adjourned, not taking action on the changes. This was a backdoor way to prevent the bylaw change process from continuing. Personally, I feel that while this was a sneaky and ingenious way to address the issue, it did what should have been done all along. Once the National Executive Committee realized they made errors in the process, they should have stopped the process altogether and notified the state chapters. It would have meant starting from scratch for everyone but it would have kept their integrity intact.

After all, if you don't have your integrity, what do you have?

Deanna White Executive VP



Membership Matters



2020 National Membership Contest The Race Is On!

The UPMA Chapters have been randomly placed into one of the six teams. The contest runs from July 2, 2019 thru June 30, 2020.

A few highlights:

- Chapters have been randomly divided into six teams.
- Massachusetts is on the Twice as Nice Team.
- The contest runs thru June 30, 2020.
- Final standings in the contest will count towards the National Star Chapter Award.

The MA Executive Board voted to extend the cash incentive to members for signing new members through June 30, 2020. At the end of the last member ship drive several sponsoring members received checks ranging from \$20 - \$250! Each time you sign a new member and are listed as the Sponsor/Person who influenced decision to join UPMA on the 1187 you will receive a cash award as follows: \$10.00 for each new active MA EAS member, \$5.00 for each new MA Associate member, \$5.00 for each new MA Retired member.

Be sure to let potential new members know that UPMA is offering six months free membership to EAS employees. Signing someone up is easy peasy. Simply go online to www.UnitedPMA.org, click membership, and then click join online now. Even easier is call me and I'll take care of it for you.

If you have questions concerning new membership recruiting or the promotional free membership eligibility please don't hesitate to give me a call.

As always, stay active, stay positive and attend your area regional meetings!

Happy recruiting, Deanna

Chapter Membership Chair Cell: (617) 224-2053

Email: deadea01@icloud.com

Deanna with NEAVP Eric Chavez at 2019 UPMA National Convention



MASSACHUSETTS CHAPTER OF THE UNITED POSTMASTERS AND MANAGERS OF AMERICA

\$ Membership Initiative \$

Date:		Mail or email voucher to Dea 38 Whipple Rd, Tewksbury N DEADEA01@ICLOUD.COM	
	\$ 5.00 for each nev	w active MA EAS member w MA Associate member new MA Retired member	
	NEW MEMBER NAME	OFFICE	
	TOTAL	L: \$	
	Print Name		
	Signature		
	Title		
	Mailing Address		
	w MA Ob auton UDMA		
	r MA Chapter UPMA		
Cileck #:			



Form 1187

Request and Authorization for Voluntary Allotment of Compensation for Payment of Employee Organization Dues Fill Out Form On-line, Print it out, and Return to UPMA National Office at the Address Below for Processing

Section A: All New Members Complete

Section	JII A. AII NEW MEIID	ars complete	
USPS Employee Identification Number (EIN)	Social Security Number	Date of Birth	Gender Male ☐ Female ☐
Name (PRINT Last Name, First, MI)		Contact Telephone	
Home Address (Street and Number/Box)	City	State	ZIP+4
Personal E-mail Address			
Section B (Check One):	ostmaster 🗌 Manaş	ger/Supervisor	sociate PMR
Position	PO/City/State/Z	IP	
Post Office/Work Telephone Number		Pay Schedule Level	
Post Office/Home Payroll Office Finance Number		Designation Code	
	For Use by the Emplo : United Postmaster 8 Herbert Street	oyee Organization s and Managers of Am	erica (UPMA)
Visit the UPMA website	Alexandria, Virginia		Cormetion
	on D: Authorization	<u> </u>	offination.
I hereby authorize the above-named agency to deduct United Postmasters and Managers of America (UPMA) with my employing agency. I further authorize any charges a uniform change in its dues structure. I understand that this authorization is a pay period organization's headquarters office: UPMA, 8 Herbert Structure I further understand that revocation forms Standard Payment of Employee Organization Dues" are available a revocation form or other written revocation request by Street, Alexandria, VA 22305-2600. Such revocation will calendar year, whichever date first occurs after the revocation of the property of the revocation after the revocation and the revocation will be street.	and to remit such amounts to nge in the amount to be ded as deduction. It will become eet, Alexandria, VA 22305-20 d Form No. 1188, "Revocation from my employing agency a "Certified Mail" directly to I not be effective, however,	o that employee organization ucted that is certified by the a effective the first pay period, foot. on of Voluntary Authorization and that I may revoke this auth he employee organization's he until the first full pay period for the comployee organization's he antil the first full pay period for the comployee organization's he antil the first full pay period for the comployee organization's he antil the first full pay period for the comployee organization.	in accordance with its arrangements bove-named employee organization following its receipt in the employee for Allotment of Compensation for norization at any time by filling such eadquarters office: UPMA, 8 Herbert following March 1 or Sept. 1 of any
Signature of Employee		Date	
	Section E		
Check this box to signify you've read and unde	rstood the terms in Section	n D of this form.	
Who/what most influenced your decision	to join UPMA?		
Person's Name ☐ Career Awareness Conference ☐ USPS Provi	ded Training Other		
_ Career Awareness Conference USPS Provi	ueu manning 🔲 Other		

Joshua Richard Secretary/Treasurer



UPMA UPCOMING EVENTS

By Joshua Richard

LEGISLATIVE SUMMIT: The national office of UPMA is sponsoring the Legislative Summit February 23-26th in Washington DC. Members of MA UPMA will fly into Washington DC on Sunday, February 23rd. There will be a New England Council Meeting and a dinner at a local restaurant hosted by the MA E-Board for all MA members. There will be legislative training on Monday, February 24 at the hotel and at Capitol Hill. Monday night will be free. On Tuesday, Feb 25th, MA members will visit their members of Congress and the Senate to discuss pertinent issues. This year there will be a reception Tuesday night that we will be inviting members of Congress and Senate to.

The registration form is available in this issue of The Baystater, on the national website at www.unitedpma.org, and on the state website at www.maunitedpma.org. Early registration is \$30 until January 15th, 2020.

The hotel is the Renaissance Arlington Capital View Hotel in Arlington VA. The room rate of \$169 plus taxes will be honored until January 15th, 2020.

Direct hotel information is:
Renaissance Arlington Capital View Hotel
2800 South Potomac Avenue
Arlington VA 22202
(703) 413-1300
http://www.marriott.com/hotels/travel/waspy-renaissance-arlington-capital-view-hotel/

The MA Chapter of UPMA has a legislative fund to be used solely to help offset, if not completely cover, eligible expenses for members to attend and fully participate in the training and the visits to Capitol Hill. The payouts are determined by how many members attend the event, the cost of eligible expenses, and the state's fiscal policy. Last year all attendees received 100% reimbursement up to eligible expenses for registration, transportation and shared hotel rooms. The 2020 fiscal policy will be completed and posted on the website by the end of the year.

The hotel is located about a ½ mile from Reagan National Airport in Crystal City and the Metro is about 6 blocks from the front door of the hotel. Complimentary shuttle is provided to and from the airport and to and from the Metro. Many restaurants and retail shops are within easy walking distance of the hotel. Guests can provide Marriott Rewards number at check in for reward points and complimentary internet. If you are not a Marriott Rewards member, you can sign up at the front desk and receive complimentary internet in your guest room.

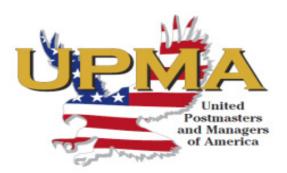


PMG Megan Brennan with Josh at Legislative Summit

If you have never attended a legislative event, this is your chance to make a difference. Recent and ongoing activities of Washington could have profound and long lasting effects on the Postal Service, the employees and the retirees. Only 3 days of annual leave are needed to attend this worthwhile event. Washington DC is an exciting place. Don't miss this opportunity to meet with our congressional and senate representatives from Massachusetts to discuss postal issues that are important to all UPMA members.

If you want more information regarding this event and the accommodations, please contact Joshua Richard at 978-360-3721 or via email at joshuarichard@yahoo.com or Robin Driscoll, Postmaster of Deerfield MA and the MA Legislative Chair.

The 4th ANNUAL MA STATE CONVENTION will be held at the John Carver Inn in Plymouth with registration beginning at 8 AM on Wednesday, May 20nd, 2020 and ending late morning on Friday May 22th, 2020. The Executive Board decided to have the convention in Plymouth this year because of the 400th anniversary celebration of Plymouth. Important details will be in the next issue of The Baystater and on the website www.maunitedpma.org.



For more information regarding any of these events, please contact me at <u>joshuarichard45@yahoo.com</u> or 978-360-3721 or any member of your Executive Board.



Registration Form

UPMA 2020 Legislative Summit

Feb. 23-26 Renaissance Arlington Capital View Hotel

You also may register online at www.unitedpma.org

Please note: one attendee per registration form.

deposits will be non-refundable. You may hold all

three rooms in one name or individually.



Name (as it should appe	ear on your badge):								
First Name		Last Name							
	at applies):	☐ UPMA Retired ☐ Associate Member	☐ Guest						
Post Office You Represent:	City		State						
Name of your congressi	man or congresswoman (not sen	nator):							
Your Mailing Address:									
	City	State ZIP							
Daytime phone:									
	(please circle fee that applies)	Registration							
	On or before Jan. 15, 2020	\$30							
	After Jan. 15, 2020	\$50							
Hotel Information		Payment (Payment in full, using one of the follow must accompany this form; payment is non-refundab							
	al Office will reserve three ter for the Legislative Summit	☐ Check payable to UPMA	ie).						
-	ngton Capital View Hotel, 2800	☐ Visa/MasterCard <i>only</i>							
1300. The room rate of 15, 2020, or until the ro	lington, VA 22202; 703-413- \$169 will be honored until Jan. om block is sold out, whichev-	Card Number							
er comes first. All reservations mu	st be accompanied by the first	Expiration Date/ Card Security Code							
	fter Jan. 15, all first-night room	·							

Call Gerri Swarm, 703-683-9027, by Dec. 1 with the name(s) and credit card information to hold the rooms. After Dec. 1, all remaining rooms will be available to any UPMA member who would like to attend.

Please mail completed forms, with payment in full, to:

UPMA Legislative Summit Registration
8 Herbert St.

Alexandria, VA 22305-2600



4th UPMA National Convention

Aug. 1-7, 2020

Official Registration Form

Registration also available at www.unitedpma.org

Please complete one form per registrant. Photocopy the form for additional registrations. First Name: Last Name:___ Title: First Name (for your badge): ☐ Postmaster/OIC Post Office You Represent City: _____ □ Supervisor ■ Manager Your Mailing Address: ☐ EAS Professional State: ZIP+4_ ☐ Associate □ UPMA Retired Active First-Timer? ☐ Yes
☐ No □ Spouse **UPMA Retired First-Timer?** ☐ Guest □ Yes □ No **Convention Registration** (only one person per form): **Hotel Reservation** Please circle the 8/2/19-**After** appropriate fee: 12/31/19 2/28/20 6/15/20 6/15/20 UPMA has a special rate at the convention hotel beginning Aug. 1, Postmaster/Manager/Supervisor/ 2019. You must call the hotel Associate/OIC/EAS Professional \$195 \$270 \$220 \$245 directly to make a reservation. The Daily registration is available at \$65/day until June 15; \$75/day after National Office will not handle room that date. Check all that apply: reservations. To make a reservation, you must make a deposit to □ Sat □ Sun □ Mon □ Wed ☐ Thurs the hotel in the amount of your First-Timer*—Active and Retired \$95 \$95 \$95 \$95 first night's lodging; this deposit is non-refundable after July 8, \$171.25 UPMA Retired or Guest† \$190 \$208.75 \$227.50 2020. All room cancellations must (UPMA Retired Luncheon included) be made directly with the hotel. To secure the special UPMA rate, you Auxiliary/Spouse/ must identify yourself as part of the Postmaster Guest \$142.50 \$161.25 \$180 198.75 UPMA convention. The rate is avail-(Does NOT include UPMA Retired Luncheon) able only until July 8, 2020, or all rooms in the block are sold, Children (17 and under) \$80; includes child's meal at the Grand Banquet. whichever comes first. The group *First-timers must pay their registration fee in advance. After attending the rate is available five days preconvention, they must submit a form to the National Office to be reimbursed. and post convention based on availability. †UPMA Retired member may have one quest (not an active member) register for the same price. **Marriott St. Louis Grand** Grand Banquet: Aug. 6, 2020 1-877-303-0104 \$119—single/double/triple/quad **Payment Information** Be sure to request the Convention Fee: **UPMA** group rate. Additional tickets for UPMA Retired Luncheon @ \$25 each **Registration Cancellation Refund Policy** Total Payment: \$_ ☐ Check payable to UPMA Requests for cancellation refunds must be made in writing to the UPMA National ☐ Visa/MasterCard Office. Requests must be postmarked by Card number June 1, 2020; no refunds after that date. All refunds are subject to a \$30 handling Card security code:_ Expiration date:_ (3- or 4-digit code Registrations are non-transferable. Signature:

Mail with full payment to UPMA National Convention Registration, 8 Herbert St., Alexandria, VA 22305-2600. **Questions?** Call 703-683-9027 Robe Leary MA Chapter Member Rep



Presenting Rob Leary Representing you!

Greetings Fellow Postmasters & Managers! As I begin my term as our new Chapter Member Rep. I want to thank our new President, David Branga, and our state E-Board for the appointment to this new position. I look forward to serving the members of the MA Chapter for the foreseeable future.

In my short time in this position, I have already seen some issues cropping up in the field that we need to be mindful of. A very hot topic right now is a perceived hostile work environment. You can be sure that POOM's, Area Managers, and upper management will take these situations very seriously when they come across their desks. Remember to remain professional and in control of your emotions at all times. If you are faced with a situation that upsets you to the point of saying or doing something unprofessional, take a minute to get away and compose yourself. Take some time to call a fellow manager you trust and vent. Above all, don't give in to a bad situation and make it worse for yourself. We are the leaders of our offices and must set the example.

Another hot issue is compliance. We hear this word more times a day than we would all like, but in its simplest form, compliance is merely the basis of our jobs. As managers, it is our job to ensure we are in compliance with the tasks we have been given. As difficult as this can be on any given day, repeated examples of non-compliance will most likely be addressed by the POOM or next level manager. Do your best to stay on top of things, but if you do find yourself struggling to complete a task on time, make sure your manager is informed as to what your obstacles are and when you expect to complete your task. This communication is important to help your manager understand that you will complete the task, and are not ignoring it. It also offers your next level manager an opportunity to assist you with the obstacles you are faced with. Also, as always, if you need some guidance, reach out to an experienced manager who might be able to help you.

I recently attended an interview of a Postmaster that included the Postal Inspection Service, OIG, and local Police. This is an experience we all hope to never have, but if you should encounter this, make sure to ask the question "Am I the subject of an investigation?" If the answer is yes, your next move should be to call UPMA for representation. The meeting should be paused to allow time for representation to arrive. Contact info for myself as well as the rest of the E-Board is on the back page of this publication. Thankfully, this situation did not result in the Postmaster becoming the subject of the investigation, but it can be a very stressful situation we would all like to avoid.

In closing, I am extremely excited to be the Massachusetts Chapter's new Chapter Member Representative. I look forward to serving our members and helping in any way I can. Please feel free to reach out if I can be of assistance. Always remember if you are brought in for an investigative interview/PDI, you are entitled to representation and that once you request it, the meeting should stop until we arrive. I will be putting together a small team as well that can assist around the state, as I know there will be times when I can't be in two places at once. I hope the need for representation is something none of us ever need, but we are here for you if you find yourself in need.

Regards, Rob Leary



Suggested for EAS or PCES employees, If requested, directed, or approached for an interview, the following should be your initial statement:

If this interview is part of an investigation of a criminal matter I request to be represented by an attorney prior to any interview. Until I have my attorney present, I do not agree to sign any document, and will not answer any questions. I also will not make any written or oral statement. I do not consent to any search without a warrant. If you provide me with a search warrant I will not resist the search while reserving legal objections to it.

If this interview is not part of any criminal investigation, I request to contact my UPMA representative for advice and to be present with me for the interview. I will appear with my UPMA representative and orally answer questions. I decline to provide any written statement, and reserve my legal right to refuse to answer any questions that may intend to incriminate me.



Dan Heins with Robin and Tom at State Convention 2019

Greetings 020-024 PM's and Managers.

I hope this note finds you in good spirits with decent staffing, a budget that supports your operation, and hopefully a positive NPA score wrapping up FY19.

FY20 should be quite challenging for all Managers and PM's which will need us to work together helping us through these myriad of upcoming obstacles. Please get involved and join us at one of our quarterly meetings your MA state chapter, and considering coming to the upcoming Legislative Summit down in Washington DC next February. It's a very rewarding and important session to attend. Plans are underway to have next year's MA state Convention in Plymouth MA.

The National Convention was in held in July in CT and it was really good to see PM's, Managers, and Retirees from across the country in our back yard. Please reach out to me if I can be of any assistance with anything. Watch out with TACS, stay on guard, and watch your back. Continue to do your jobs well and with the upmost integrity and thank you for all the support.

Respectfully submitted.

Tom Driscoll RVP 020-023 PM Randolph MA 02368

Robin Driscoll Legislative/PAC Chair



What is PAC anyway?

I am excited to be back in the Legislative Chair for Massachusetts UPMA. I will be sending out news from Washington that pertains to Postmasters, the Postal Service, and your retirement benefits. I will be making the appointments with our Senators and Representatives for the Legislative Summit in February.

I am also the PAC Chair for Massachusetts. Do you know what our PAC does, and why I will be asking you to contribute?

UPMA PAC helps elect members of Congress who will support legislation that will benefit active and retired Postmasters and Postal Managers. UPMA is legally permitted to communicate with members of Congress, postal regulators and employees of the Executive Branch, and to provide political education to UPMA members.

However, federal law prohibits UPMA from making campaign contributions to candidates for federal offices. Membership dues are not permitted for such use. Consequently, UPMA offers its members a means by which they may provide financial support to candidates for federal office. This is achieved through a "separate, segregated fund" known as a political action committee (PAC). A solicitation from PAC discloses to its contributors a clear explanation that the funds will be used for political campaign contributions.

Although UPMA PAC was created in November 2016, the two PACs from which it emerged were recognized within the political community as stable performers with an outstanding success record. Our PAC is far more effective than Postmasters and Postal Managers making individual contributions to particular candidates. Postmasters, Postal Managers, Retirees and their families are encouraged to participate in the political process through the strength of their pooled contributions. The results have a greater

Rep Gerry Connelly with Robin at Legislative Summit 2018

impact than small, scattered efforts UPMA PAC allows employed and retired Postmasters and Postal Managers to make one, coordinated effort to support their allies in Congress and to candidates we believe will be agreeable to legislative issues. The fact that the contributions are made to candidates in the name of UPMA PAC nurtures positive identification between the candidates and UPMA.

Also, UPMA PAC complements our lobbying efforts, providing an additional avenue of access to members of Congress. UPMA officers, UPMA members or staff may attend fund-raising events where our PAC has made contributions on behalf of the incumbent or candidate.

There are many ways to contribute. You can contribute through Postal Ease, credit card, and through the Signature FCU. All of the forms are at:

https://www.unitedpma.org/news/upma-pac-forms-and-documents

Or you can contact me, or your RVP. We also have envelopes available for cash contributions, of course.

If you know of a fundraising event for your member of Congress, please let me know and I will contact the National Office to see if they would like to purchase tickets.

In the nest issue, I will describe the factors in determining if a candidate for federal office will receive financial support, and how much.

Robin Driscoll, Legislative/PAC Chair



Jerry Robertson, President Retirees

"I'm back in Suffragette City..."



Summer's over and it's time to get back to concentrating on work. Unless you're retired, of course! If you are still active, that's maybe how you think of retirees. The reality is most retirees go on to pursue other avenues, hopefully less stressful, and remain active in their communities, their families, and their lives in general. When you've had a career as a Manager or Postmaster, you don't just walk away from the job and shut down. As you are aware, many retirees are still active participants in UPMA on a Chapter, State, and even a National Level.

The national level of UPMA made bylaw changes that have severely restricted retirees' ability to be contributing partners to the organization. Without getting into the minutiae of the bylaws, they have taken away rights that, in my opinion, were basic rights we deserve to have, and they mostly deal with our right to vote, especially in the state chapters. In doing so, we've come to feel like we've been put out to pasture by the Association. Their position is that active Postmasters and Managers have the right to certain positions before retirees. They have also taken away our right to vote on bylaw changes that could have consequences for retirees. Many retirees I've spoken to feel they're being told, "Thanks for being a member, but your services are not required anymore. Our years of service are the reason we should have the right to these privileges. We collectively share a vast amount of knowledge and have historically imparted that knowledge to new and seasoned Postmasters and Managers.

Before UPMA, in the NAPUS and League organizations, no such bylaws existed. These bylaws were not a carry over from the previous Associations, but a new way to diminish our importance. I can offer no better visual of this than when we were all ushered out of the last days' meeting at the National Convention in Connecticut.

My understanding was that these bylaws were put in place to ensure that active Postmasters and Managers held National positions, and active employees of the USPS who are members of UPMA are more critical to many bylaw proposals. But then they pushed the bylwas down to the chapter level and the chapters had no voice on this. This has had an impact on most state chapters, especially when filling E-Board positions. In Massachusetts, for example every E-Board position is an elected position. If an

active member runs for any of these positions, a retiree cannot, even if they currently hold said position. Experience in the position is out the window, along with that persons' knowledge and willingness to serve. They can't compete for the position. Every retiree I've spoken with has agreed that the President and Vice President seats need to be filled by actively employed members, but positions such as Secretary/Treasurer, Editor, Sergeant-At-Arms, etc. should rightfully be open to all members, including retirees. In some states, some of these positions are appointed, not elected. They have the freedom to appoint a retiree who they feel will best do the job. Chapter Bylaws that affect the chapters should also be voted on by the entire body, except for a bylaw that would affect only those actively employed.

Before I launch an effort to change what I feel are injustices, I would really like to hear from any members of the MA UPMA. If I'm way off base here, I'll back off. If you agree with my opinions in part or in whole, I'd like your feedback and pursue this throughout all the Chapters. To change these bylaws will require a 2/3 vote at the National UPMA Convention.

I was remiss in last month's newsletter to not congratulate John Coons, Postmaster of Northborough on receiving the auctioneer "gavel," signaling a new era in MA UPMA auctions. I have every confidence he'll do a great job for us. Or else!

I am reactivating my old email address for UPMA correspondence. I used it when I was the Editor for the Baystater. Rather than add a new one I'm going back to <u>Masspostmasters@gmail.com</u>. I'm not slighting managers, the email is just old (like some of my colleagues!). To contact me regarding other matters like music, pub crawls, or get togethers you can reach me at <u>postmangerry@gmail.com</u>.

Don't forget the annual retirees' luncheon at The Chocksett Inn, Sterling MA on Wednesday, November 6 at 11:30 AM. See you all there!

Sincerely, Jerry



FORM 1187-R

Request and Authorization for Voluntary Allotment of Compensation for Payment of Employee Organization Dues

Please complete and mail to:

UPMA National Office 8 Herbert St. Alexandria, VA 22305-2600 (703) 683-9027

*OPM assigns the CSA number to all Civil Service and FERS annuitants and/or surviving spouse **Social Security Number** My Annuity Number is: **CSA** Name of Retired Employee (PRINT Last Name, First, Middle) **Date of Birth** Street and Number/PO Box City State ZIP+4 Month/Year Retired **Home or Cell Number** Gender Chapter Male **Female Email Address** Sponsored by:

Note: If not receiving an annuity contact National Office for information on membership.

SECTION A – Authorization

The United States Office of Personnel Management is authorized to make an appropriate deduction from my annuity payments, not to exceed the amount certified by the **United Postmasters and Managers of America (UPMA)** as the amount of dues for which I am obligated, and to pay the deducted sum to **UPMA**. This authorization shall apply to any and all dues changes certified by **UPMA**. This authorization shall be valid until **UPMA** receives and processes my written notice of cancellation in accordance with its agreement with the United States Office of Personnel Management. Any disputes regarding this allotment authorization shall be a matter between **UPMA** and me; I hold the United States Office of Personnel Management harmless for any erroneous deductions made pursuant to this authorization.

I also request the United States Office of Personnel Management to disclose any information necessary to execute this request.

Signature	Date:

How To Reduce, Prevent and Cope with Stress

TOP 3 CAUSES OF STRESS



Job Presssure



Money Worries



Health

Concerns

HOW TO FIGURE OUT IF AN EMPLOYEE IS STRESSED



Poor Memory



Lower Quality of Work



Change in Working Hours



Fatigue



Bad Time Management

How has your job impacted your personal life?





*





Health



Ended a

15.2%

HEALTHIER WAYS TO MANAGE STRESS

AVOID UNNECESSARY STRESS



Learn how to say "no" - Know your limits and stick to them. Take control of your environment - If the evening news makes you anxious, turn the TV off.

Avoid hot-button topics - If you get upset over religion or politics, cross them off your conversation list Pare down your to-do list – Analyze your schedule, responsibilities, and daily tasks

ACCEPT THE THINGS YOU CAN'T CHANGE



Don't try to control the uncontrollable. Many things in life are beyond our control—particularly the behavior of other

Look for the upside. As the saying goes, "What doesn't kill us

Share your feelings. Talk to a trusted friend or make an appointment with a therapist.

Learn to forgive. Accept the fact that we live in an imperfect world and that people make mistakes.

ALTER THE SITUATION



Express your feelings instead of bottling them up. If something or someone is bothering you, communicate your concerns in an open and respectful way

Be willing to compromise. When you ask someone to change their behavior, be willing to do the same. Be more assertive. Don't take a backseat in

your own life. Manage your time better. Poor time management can cause

MAKE TIME FOR FUN AND RELAXATION



Set aside relaxation time. Include rest and relaxation in your daily schedule.

Connect with others. Spend time with positive people who enhance your life.

Do something you enjoy every day. Make time for

leisure activities that bring you joy, whether it be stargazing, playing the piano, or working on your bike. Keep your sense of humor. This includes the ability to laugh at yourself.

ADAPT TO THE STRESSOR

a lot of stress



Reframe problems. Try to view stressful situations from a more positive perspective.

Look at the big picture. Take perspective of the stressful situation.

Adjust your standards. Perfectionism is a major source of

Focus on the positive. When stress is getting you down, take a moment to reflect on all the things you appreciate in your life, including your own positive qualities and gifts.

ADOPT A HEALTHY LIFESTYLE



Exercise regularly. Physical activity plays a key role in reducing and preventing the effects of stress.

Eat a healthy diet. Well-nourished bodies are better

prepared to cope with stress, so be mindful of what you eat.

Reduce caffeine and sugar. The temporary "highs" caffeine and sugar provide often end in with a crash in mood and energy.

Avoid alcohol, cigarettes, and drugs. Self-medicating with alcohol or drugs may provide an easy escape from stress, but the relief is only temporary.







Creating a Positive Work Environment

have to admit, I'm not very good with change or new ideas. It takes me awhile to ease into them. When the Employee Engagement program came out, I kind of rolled my eyes and thought, although the program is a great idea, it will never work unless the atmosphere of micromanaging and endless mandates changes. However, I was looking at it from a top down approach only, but then a realization came to me. I can't change the culture of the Postal Service, but I can try to create the best workplace environment possible in my own office. If I can do that, then my own employees will be engaged. Engaged and happy employees are more innovative and dedicated than disengaged and unhappy counterparts. The more engaged my employees are, the more successful my office is. It's a fairly simple idea, but what is the formula to create an engaged office? I've compiled a list of ideas that are most meaningful to me.

1. Greet Your Team

Walk around the office periodically and see how everyone is doing. Say good morning and ask your employees how their weekend was. A little hello goes a long way. Creating a positive workplace atmosphere is crucial in terms of both workplace happiness and your team members' productivity and energy levels, and that all starts with you setting a cheerful tone. As you make it a routine to be upbeat, you will find that it has a snowball effect on your employees increasing their energy levels and productivity.

2. Promote a Positive Work Environment

Sometimes we are so focused on making sure everything is done correctly that we fail to acknowledge a job well done. Giving positive feedback lets our employees know that we do notice and appreciate their hard work. You can do little things like provide donuts for passing a mystery shop or reaching a scanning goal. How about creating a reserved parking place for a pay period as an incentive for perfect attendance or submitting a lead that generates revenue? A simple thank you goes a long way.

3. Use Feedback as a Mentoring Tool

Effective leaders understand the power of feedback. Use it to offer constructive criticism and positive recognition.

Senior Partner at Partners in Leadership, Brad Starr states, when offering feedback from a place of respect, a leader can "move an employee away from undesirable behavior and cement the thinking and behavior that lead to personal and professional excellence."

Treat your feedback sessions as two-way conversations, and invite employees to ask questions. If they feel afraid to ask a question, that is a big problem. Make sure you are transparent and open in your approach and communicate regularly rather than all at once.

4. Hire Happy Personalities

It's not always possible to hire the person that we want if they are at the bottom of the hiring register, however, a happy work environment attracts good people and in turn, promotes a culture of productivity and accountability – a stressful environment will most definitely destroy your office morale. When interviewing, take the time to study facial expressions, responses and genuineness. These are the people who will make your workplace happier.

5. Get to Know Your Employees

Getting to know your employees is one of the best things you can do to create a happy culture and workplace. Make a point to learn something new about your team every week. You don't have to engage them for hours, but have meaningful conversations with them. Ask about their children, pets or hobbies. This shows you care about them and don't consider them as just a number.

6. Detect the Most Positive Capabilities in People

Stop spending time being overly critical of what your employees are not doing right and identify what they ARE doing right. Of course we have to correct employees when they make mistakes, but we should let them know when they do a great job as well. We will always manage challenging employees, but I have found that every employee has their good qualities along with the not so good. Let your employees know what they are doing well and it will soften the blow when you have to correct them on something they are not doing so well.

7. Share Your Success to Build Their Momentum

Rather than enjoy your leadership success alone, share it with your employees and allow them to experience it with you. Sharing your success with your employees and making them feel an important part of your accomplishments is a sign of trust that organically creates engagement. Genuine collaboration drives engagement and creates an environment of significance for everyone. (Glenn Llopis contributor to Forbes)

Freelance writer Ashley Alt explains that:

Research shows disengaged workers had:

- •37% higher absenteeism
- •49% more accidents
- •60% more errors and defects

Writer Marci Martin explains, retaining employees does not always come down to paying them more than anyone else. Studies have shown that employees with high job satisfaction are generally more productive, engaged and loyal to their companies.

There are a lot of factors that we don't have control over, but there are many things we do that are outside of our restrictions that can make for a happi-

er work environment which will build happier, engaged and more productive employees.

Wendy Spears

Postmaster Ashburn, GA



Peaches & Print July/Aug 2019

Write It Down

As your newly elected Northeast Area Coordinator, I would like to thank you for allowing me to serve you. In the upcoming year, I would like to share information through your newsletter. If there are specific interests or topics you would like to see, feel free to contact me.

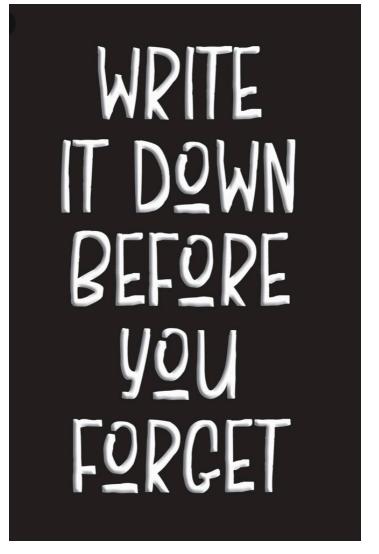
For this first article, I'd like to share with you the importance of the "Write It Down" business tip. Our memories can only hold so much, so when you write it down and reference it later your memory will do the rest. Keeping your eCareer up to date is a prime example of the need to write down your accomplishments. Facing the Situation, Task, Action, Result (STAR) format and trying to identify the Knowledge, Skills and Abilities (KSA's) that you demonstrated can be a challenging task. The reality is that almost every day in our work lives, we make decisions that fit perfectly into the KSA criteria. We just forget to write them down! The next time you make a difficult decision to cover routes; address a safety issue or solve a customer problem - write it down to use as a reference later. You might be surprised how resourceful it is to have notes about anomalies for NPA mitigating factors at the end of the year, write them down.

The idea of writing it down applies to much more than your eCareer. Important thoughts or ideas; goals and future plans; even analyzing the points in a mistake is a learning experience. I think they call it cathartic! We have a current USPS term called "take aways" basically referring to what did you get out of the presentation. I hope from this article the takeaway is, "Write it Down". In today's world of technology, there are numerous ways to capture thoughts; audio reminders like Alexa, cell phone apps, Dragons, etc. There are also still planners, diaries, journals and a plain old notebook. I'm going to follow my own advice, so when you send me ideas, concerns, interest or topics – I'm going to write it down!

Frank Kouba Northeast Area Coordinator 1-631-806-6766







Block Voting - Growing Pains or Death Knoll

Will block voting be a growing pain that UPMA resolves or will it be the beginning of the end?

So what is block voting? Block voting is taking the majority vote and casting all the earned electoral votes for that state toward the majority winning candidate. While this may seem a simple majority rules democratic tradition, I believe I will show that this is far from the truth and is a method being used to corrupt our voting rights and disenfranchise the minority opinion and will most likely lead to less participation at meetings engendering less membership i.e. death knoll of UPMA. For without membership and the participation of the membership this organization will cease to exist.

First the rules: Robert's Rules of Order Article VIII Voting has no reference to block voting. UPMA National Election Policy has no reference to block voting. In fact none of the posted UPMA National Policies and Procedures at UnitedPMA.org even has the word "block" in it. Some states Bylaws specifically allow block voting. Some states have voted in session to allow block voting for a particular election even though their Bylaws state they must vote by percentage. This has been allowed and certified legitimate by the National Board representative at the State Convention.

Block voting has been used to sway the total electoral vote in larger states all to one candidate. Thus, in the national election totals, even though the winning candidate may not have the representative vote to win, they had the electoral count to win. While this may be exactly what someone wants or may be what a state wants to have more than their fair share of voice in deciding an election or a constitutional issue, by corrupting the process it can have dire effects. Without elimination of block voting, eventually all states will have to block vote just so their winning candidate has any chance at being elected. This eliminates all minority votes from the national electoral totals.

How does this work? Take a fictional state with 38 electoral votes (based on total membership). In the election at the state convention, 47 percent cast their vote for candidate A and 53 percent cast their vote for candidate B. In a block voting system, because

Candidate B won the raw vote, he receives all 37 electoral votes for that state, while Candidate A receives 0. In a percentage vote, Candidate B gets 20.14 votes and Candidate A receives 17.86. Every vote that was cast actually gets counted in the state

electoral total and in turn gets counted in the national electoral total.

Expand block voting across 3 large electoral count states all with a majority for one candidate and the marginally winning candidate now has 100 or more votes while the slightly loosing candidate has 0 (zero). When elections are only 25 states or so, overcoming a 100 vote head start with non-block voting states is almost impossible as the difference is generally a close vote as it was in the 3 block voting states. If the average spread is just 3 votes as in the above example, it would take 34 states all voting the same way to overcome the 100 vote head start. There are no longer 34 states voting in East or West elections.

When the minority voice is not counted and in fact their earned electoral votes (by their membership in UPMA) are actually cast diametrically opposed to how they voted, their motivation to continue to participate and maintain membership will be reduced. Over time this will mean fewer attendees, less diversity and fewer members as minority opinion member's voice is not counted. With another management organization suing in federal court for the right to represent Postmasters and Manager members of that organization that they currently cannot do, UPMA may no longer be the only representative Association in town.

UPMA is better served in the long run to embrace diversity, to make every vote count, to hear every member's voice and to demonstrate integrity in the decentralized voting process at state level. Integrity requires the best of all us every day, including our elected officials. Lust for power over elections will lead to rampant block voting across most states just to be heard as much as possible. This will lead to a homogeneous organization bereft of diversity and new ideas, with declining participation and membership.

I am therefore going to pursue a National Bylaw prohibiting block voting in any state.

When it is your turn to vote, make sure your vote will always count.

Karl Buss

UPMA Executive Vice President Kentucky
PO Box 702

West Paducah KY 42086

EAS PAY PACKAGE DECISION THROUGH FISCAL YEAR 2019 POSTMASTERS

1. PAY-FOR-PERFORMANCE

The EAS Pay-For-Performance (PFP) Program and Matrix established by the Fiscal Year (FY) 2011-2015 pay decision will continue for FY2018. Employee performance will be measured under a 15-point rating system with different pay increases established at each of the 15-point ratings.

This application will be based on the matrix immediately below:

PFP MATRIX FY2018

(3)		(6)		(9)	(12)	(15)
pa 1073	0.0%	3	.0%	5.0%	7.0%	9.0%
(2)		(5)		(8)	(11)	(14)
8	0.0%	2	.5%	4.5%	6.5%	8.5%
(1)		(4)		(7)	(10)	(13)
	0.0%	2	.0%	4.0%	6.0%	8.0%

Note: All percentages are paid as salary increases if room within the salary range. If amount limited by the salary range, balance of amount will be converted to a lump sum payment.

Under the EAS Pay-For-Performance (PFP) Program and Matrix for FY2019, employee performance will be measured under a 15-point rating system. Cell three (3) of the Matrix will compensate employees with a 1% lump sum payment.

This application will be based on the matrix immediately below.

PFP MATRIX, STARTING FY2019

(3)		(6)	(9)	(12)	(15)
	1.0%	2.5%	4.5%	5.25%	6.0%
Lum	p Sum				
(2)		(5)	(8)	(11)	(14)
	0.0%	2.25%	4.0%	5.0%	5.75%
(1)		(4)	(7)	(10)	(13)
	0.0%	1.75%	3.5%	4.75%	5.5%

Executive Administrative Schedule (EAS) Annual Salary Effective January 05, 2019 (Day 1, Week 1, PP 02-2019) Grade Minimum Maximum \$47,422 \$70,664 15 16 \$49,605 \$79,030 \$52,800 17 \$82,534 \$54,081 \$86,159 18 18B \$59,300 \$87,681 \$60,000 \$90,242 19 \$65,300 \$95,137 20 21 \$71,000 \$99,759 \$73,300 \$108,118 22 \$114,008 23 \$77,300 \$82,000 \$119,651 24 \$125,605 25 \$93,000 \$99,900 \$131,869 26

		Min	imum	Maximum					
PM - Grade	Occ - Code	Hourly	Annual Equivalent	Hourly	Annual Equivalent				
PTPO-56	2301-0056				•				
RMPO-56	2301-0057	\$16.30	\$33,898	\$28.89	\$60,091				

Part-Time Postmasters assigned to Part-Time Post Offices (PTPOs) with a career appointment date prior to January 1, 2013 will receive up to a 5% salary increase and result in a minimum base pay of \$22.43/hour and no more than the maximum of \$28.89/hour.

4. HEALTH BENEFITS CONTRIBUTION

The employer's contribution towards the Federal Employee Health Benefit (FEHB) plan will be 72% of the weighted average as determined by the Office of Personnel Management (OPM) and will not exceed 75% for any individual plan.

5. PROMOTIONAL PAY INCREASE

Nonbargaining unit employees may receive promotion increases based on the distance from the maximum of the new grade as follows:

Factor #1

Award this percentage	If the employee's current salary is
5 to 10	Greater than 20 percent from the maximum of the new grade.
4 to 8	10 to 20 percent from the maximum of the new grade.
3 to 5	Less than 10 percent from the maximum of the new grade.

Factor #2

In addition to the eligible promotion increases described in Factor #1, nonbargaining unit employees will automatically receive a percent increase for promotions that are 3 or more grades.

Award this percentage	If the employee's promotion equals
3	3 grades
5	4 or 5 grades
8	6 or more grades

^{*}There is no change to factor #2

6. PROMOTIONAL PAY INCREASE

A nonbargaining employee who voluntarily changes to a lower grade position and is promoted to another position up to the previous grade within one year will not receive promotion pay. If within the one-year period, employee is subsequently promoted to a higher level position, promotion pay increase eligibility will be determined based on highest level position permanently held within the prior 12 month period.

7. <u>LEVEL-18 POST OFFICE WORKLOAD SERVICE CREDITS (WSC)</u>

The current WSC for Level-18 offices will be split into two levels, EAS-18 and EAS-18B, to reflect a consistent level of responsibility and relative complexity of the EAS-18 Postmaster position across the full range of these offices.

EAS-18 Post Offices

Offices currently earning less than 2,076 WSC

EAS-18B Post Offices

Offices currently earning 2,076 – 5,500 WSC

Level	WSC Range
EAS-18	0 - 2075
EAS-18B	2076 - 5500

Incumbents in offices reclassified as EAS-18B will receive a 2 percent basic salary increase. The increase is adjusted higher if necessary to bring the salary to the minimum of the new grade. The increase is adjusted lower if necessary, to keep the salary from exceeding the maximum of the higher grade.

8. USPS/UPMA WORK GROUPS

- A. The Postal Service and the United Postmasters and Managers of America have agreed to create a joint work team for the purpose of exploring and resolving issues regarding Postmasters' salaries and grades, to include modifications to the PS Form 150. The intent is to complete work on this so that any changes will be implemented in FY2019. In the event the work team is unable to conclude their work on the pay issues in question prior to September 4, 2018, the parties will reconvene to determine increases to the salary ranges for FY2019
- B. The Postal Service and the United Postmasters and Managers of America have agreed to establish a joint work team to identify the issues associated with work hours of EAS-20 Postmasters in delivery offices with no authorized Supervisor. The work group will analyze reasons for Postmasters being required to work on a sixth day and determine a permanent solution by January 18, 2019. In the interim, EAS-20 Postmasters in delivery offices identified as not having an authorized Supervisor will receive Special Exempt status and are eligible for EAS Additional Pay beginning on September 1, 2018 and until a permanent solution is implemented.

My Town



PM Glenn Cook

PM JeanMarie McClellan



PM Rich Hui

PM Jeremy Plione









2nd Annual New England Council



Fall Conference

Freeport ME



TASKS CHECKLIST FOR POSTMASTERS

 □ Enter all customs forms in the CBPMAN site (Customs and Border Patrol) Manual Offices □ Check Product Visibility Site http://pi/ for end of day parcels at risk potential scanning failures □ Verify CPMS data 	☐ File missent mail report, notify offices if you have committed mail for them	☐ Monitor F4 and F2 to workload	☐ Certify end of day report in Postal One and BRM end of day report	Check accountable and confirmation services mail for 2nd notices/returns	☐ Complete 4000 A & B observations as necessary	☐ Compare Web BATS reports to RSS reports	☐ AM and PM PM Verification	enter 1412 into e1412, upload 1412, print 1412	□ Contract Station-document and verify deposit and 1412 daily,	□ Print webbats activity report	☐ PS 3083 Trust Accounts complete and balance daily	□ Track, monitor, clear local suspense and expense items	☐ Money order tapes with serial numbers signed and dated (F-1 682.21a, c, d)	□ Document and verify RSS voided transactions	☐ Opening AIC 840 matches Closing AIC 853 yesterday	☐ Complete Unit 1412 and verify	□ Complete individual 1412 and verify (F-533.229 and 533.1)	beginning their individual 1412	Close Out: ☐ Each SSA must insure all customs forms have been entered into RSS before	□ Check rural and city cases for "sleepers" AM/PM – Am Verification	☐ Vehicles secure	☐ Print 3982 labels from COARS	☐ SSA Revenue goals	Rectify eUARS as necessary		☐ File Registry records daily	Record DUVRs measurements per Management Instructions PO 610-87-1 and PO 610-2008-2	Clear carrier postage due and accountables	Express Mail finance or mailing label receipts to data input clerk or file	☐ Alarm Log · test checkpoints and log every alarm - RSS Retail Stores	Review SPMS report		☐ Record hours on time cards and 4240, input into RWHT program	☐ Employee ID Badge check	□ Daily SOX certification of Postal One	☐ MHTS and EOR and CSAW SOX Certification	☐ CSAW entry	☐ Pull EOR report and determine DPS percent	☐ Run MHTS report and locate mail pieces	☐ Zero balance scales and log daily	☐ CSDRS entry	☐ Acknowledge MYPO by District deadline a.m. and p.m.	□ Flag	DAILY
	☐ CPMS Quarterly Verification	☐ Housekeeping inspections, PS4851	Rollaway/Runaway talks	☐ CMS inventory validation	☐ FDB verified online		Arrow Key Verification log		☐ Count fixed credits at least once every 4 mos - KSS	☐ Mail Collection test PS 3702	☐ OMAS report - PS 3610 to SIC	□ Drivers License check	☐ Rural Carrier vehicle check - must be documented - file in office		☐ Metered mail and PS 3616	☐ Misdelivery mail check	☐ PS 1783 On the Job Safety Review (EL-801 332)	Count Retail floor Stock	□ EEO talk	☐ Count manual Reserve and individual stamp credits of EAS, PS 3294P and 3300P	☐ Test facility alarm and log	☐ Lobby condition checklist	□ ODIS / RPW Frame updates to Data Collection		☐ APC credit exams folder, PS 3369P, 3294, 571, 3368P	□ Count clerks cash retained, PS 3294-C, PS 3368-P, PS 3369-P, all signed	APC counts, key accountability log, AMS monthly updates, folder for refunds/exchange	☐ Check acceptance policies and bad check list for window	☐ Office with postal vehicles report repair and service to VMF	☐ Check LLV fluids	☐ Inventory record - PS Form 2960 (F-1 557.21 and 557.22)	4240 rural trip report - maintain in office - record hours worked YTD	☐ Carrier drive-out agreements to PSDS 1839	☐ Stamp requisition to Stamp Distribution Office (observe schedule)	☐ Vending deposit monthly, if applicable	☐ Prepare 3997, 3921 and 3930 for next month	□ POW*MIA Flag (dates noted on calendar)	☐ Review Absence Analysis PS 3972	SSS Stamp Ordering online	☐ Check Unit Reserve verification	☐ OMAS BRM activity on PS 3630G and 3633G	☐ Outstanding salary and travel advances collected	☐ Submit Edit books and 4003 to AMS	QUARTERLY

BI-WEEKLY RR time cards / Enter in TACS Examine COD PS 3867 and determine status of packages Conduct Rural Reach/Customer Connect talks and certify inBusiness Connect website Conduct Rural Reach/Customer Connect talks and certify inBusiness Connect website MONTHLY FPR - Financial Performance Report - review for accuracy FPR - Financial Performance Report - review for accuracy FPR - Financial Performance Report - review for accuracy FPR - Financial Performance Report - review for accuracy Count Cash Reserve, PS 329-4-C and PS 3368-P Notice 22B, Box Rent notices (1st business day of each month) (DMM 951) Box Rent 2nd notice given on the 20th of the month Close out boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 10th. Plug P.O. boxes (1st of each month) - Return mail on the 1	□ FLASH Entry □ Safety talks □ Review carrier performance (street supervision) □ Check EDW for 247/647 entries and correct □ Check EDW for 247/647 entries and correct □ Total and submit clerk timecards (daily if EBR unit) □ Prepare employee work schedule (Post on Wednesday for following week) □ Post Holiday week schedule by Tuesday for the following week □ Stamp order online when scheduled □ Fill employees stamp order (F-1 532.612) □ Send dead letters to Mail Recovery Center / daily, if required □ Transfer loaned and training hours via time cards or TACS □ Verify Loan/Transfer/Training Report □ Run 10% Non-Subscriber and Advertising Report in PostalOne □ Check COD book and verify that money order was sent (DMM 145) □ Review PostalOne! Overrides, reversals and negative balance reports □ eUARS
--	--

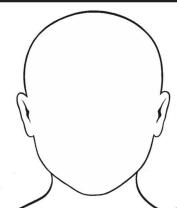
☐ Ready Post audits as required through My Post Office
☐ Form 4027 for extensions, hardships, etc., with Form 4003
☐ Order Bird Stamps
☐ Collect redeemed stock from ciers ☐ Collect redeemed stock from ciers ☐ PS 1621 or as change occurs on carrier route—send to AMS/Input to WEBEES
☐ Test security alarm
Change in amount of stamp credit level, new PS 3369
ON AN AS-NEEDED BASIS ON AN AS-NEEDED BASIS TO Solication Compiles (POM 172)
Update Plantload, OP, AMS, MMS, PVDS, Expedited Plantload Agreements and SOPs
☐ Current log of bait money orders
☐ Update Nonprofit and Periodicals from RCSC Master Lists
☐ Periodicals Statement of Ownership (due by October 1)
Annual Periodicals Eligibility and Postage Payment Reviews
Scales calibrated by independent source
☐ Post/Remove OSHA 300 log
□ Fire Drill
☐ Review Capital Records (HBK AS/701 Sect. 541.28)
Delivery routes
Check inventory of PS 3977 verifying date received, source, and received.
☐ Verification of Facility Key log
☐ Security check list
Check parcel post accepted by clerks (POM 424.24)
Chack sami annual PO Box overflow - PS 1532

Kitchen Sink Page

Recent Promotions

Jeremy Pilone selected as the Postmaster of South Wellfleet 02663
Candy Rudi selected as the Postmaster of Sagamore Beach 02562
Regan Clark selected as the Postmaster of Nantucket 02554
James Kearns selected as the Postmaster of Webster 01570
Frank Hawkes selected as the Postmaster of Merrimac 01860
Julie Dubuque selected as the Postmaster of North Oxford 01537
Timothy Lacroix selected as the Postmaster of Littleton 01460
Mona Smead selected as the Postmaster of Pocasset 02559
Stan Moore selected as the Postmaster of Brewster 02631

Take a minute to reach out and congratulate our fellow EAS



Didn't see your picture in the Baystater? Don't be upset, get involved!

Retirees

Where are you now? We want to know . Please send a recent picture and a little blurb about what you have been up to so I can put it in your Baystater.

Members

We want to see you! Send your pictures in so they can be used in The Baystater or on the facebook or web page. Send pictures of you in front of your post office for the MY TOWN page.



Celebrity look alike. Can you guess who it is?

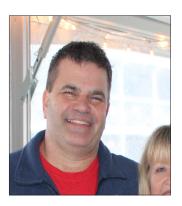
Deadline for articles for the next
Baystater
December 6, 2019



Ken Fleming gets his 40 year pin from POOM John Fitzpatrick

Where did the year go?

Greetings UPMA Members,



I can't believe we are almost at the end of another year. What a busy year it's been, good thing we have each other to rely on. I'm truly happy for all my UMPA brothers and sisters. We can work together, play together, and cry together if need be. Thank you for all of you who have helped me over this last year. This job would be much more difficult if I didn't have you. This leads me to a next big thank you, to Lorna Edie. Since the day I joined what was then NAPUS and now UPMA, Lorna has always been there to welcome me. Lorna has held almost every position in Massachusetts NAPUS/UPMA. This year she has stepped down from her position as the Chapter Member Rep and most recently Mass Retiree President. Thank you for always having my back and great advice as the CMR, Thank you for showing how much fun being a retiree can be. Thank you for all the kind words and fun times I look forward to many more.

Next year is just around the corner, there are plenty of ways to be involved. Local meetings, come share your opinion or take away from others what they have learned. Legislative Summit, come let your voice be heard in Washington and hear from the PMG what the plans are as an organization. State Convention, come share in the fun that we have. Get to meet fellow members from all over the state. National Convention, if you have not been to one please put this on your bucket list. I have made friends from all over the country. New England Council Fall Conference, JeanMarie McClellan begins her term as President this year. We can support her and meet our New England UPMA brothers and sisters.

WEBSITE- maunitedpma.org FACEBOOK- MA Chapter UPMA

Look forward til next we meet!

Damon Nix

Chapter Editor

MARK YOUR CALENDAR

UPMA 2020 Legislative Summit

Arlington, Virginia February 23 - 26, 2020

Renaissance Arlington Capital View Hotel 4th UPMA State Convention

Plymouth, MA May 20-22, 2020

John Carver Inn Plymouth MA 4th UPMA National Convention

St. Louis Missouri August 1 - 7, 2020

Marriott St. Louis Grand 800 Washington Avenue St. Louis MO 63101

Return Service Requested

NON PROFIT ORG U.S.POSTAGE PAID MANCHESTER NH PERMIT NO. 417



President

Postmaster Dave Branga Office: 978-851-6390 Cell: 781-439-1465 davidbranga@gmail.com



Executive VP

Postmaster Deanna White Office: 978-251-3146 Cell: 617-224-2053 deadea01@icloud.com



Secretary Treasurer

Postmaster Joshua Richard Cell: 978-360-3721 Joshuarichard45@yahoo.com



President Retired

Retired Postmaster Jerry Robertson Cell: 774-200-9238 postmanjerry@gmail.com



Editor

Postmaster Damon Nix Cell: 508-525-9341 Dnixupma@gmail.com

Chapter Member Rep

PM Rob Leary Whitinsville MA Cell: 508-208-8171 Office: 508-234-5917

Legislative/PAC Chair

PM Robin Driscoll Deerfeild, MA Work: 413-773-3222 Cell:508-308-8509

Parliamentarian

Donana Legro PM Retired Cell: 978-430-1303

010 Regional VP

PM Phil Fortin Amherst MA Office: 413-549-0523

012 Regional VP

PM Joan Bates North Adams MA Office: 413-458-3707

013 Regional VP

PM Tarna Genovese Orange MA Office: 978-544-6595

National VP East PM Rich Hui Leominster, MA

Office: 978-537-8030 Cell: 978-549-3360

014 Regional VP

PM Martha Casey Lancaster Ma Office: 978-365-4923

015 Regional VP

PM John Coons Jr Northborough MA Office: 508-393-8285

017 Regional VP

PM Raymond White Concord MA Cell: 978-987-9809

Sergeant at Arms

Keith Miller Gloucester Ma Office: 978-283-5188 Cell: 508-633-4008

018-019 Regional VP

020-024 Regional VP

PM TomDriscoll Randolph MA Office: 508-944-0068

025-026 Regional VP

SCS Adrian Joia Falmouth MA Office: 508-548-3885

027 Regional VP

PM Jean Burchhill Norton, MA Cell 508-577-4067 Office508-285-8537