

The Massachusetts

# BayStater

# UPMA

United  
Postmasters  
and Managers  
of America

## *2024 Massachusetts State Convention*

JUNE 2024



# Where will your UPMA journey take you....



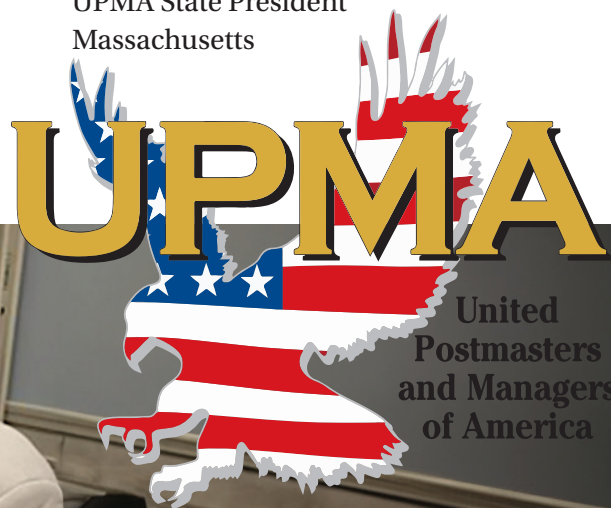
**Rob Leary**  
**President**  
**Massachusetts**  
**Chapter**

As I write this, I am reflecting on completing my first year as the UPMA State President for the great state of Massachusetts. It's hard to believe how fast a year goes by. As I reflect, I do begin to think more about the future and where we are headed. As is the case in our day-to-day jobs, we need to build the bench and develop future leaders for UPMA. My UPMA (formerly NAPUS) journey started in 2004 when Pam Boudreau handed me an 1187 and said, "Sign this!" At the time, I didn't know what I should expect, but after my first meeting, I was inspired and knew I wanted to do more with and for the organization. Since then, I have served in multiple roles on the State Executive Board, ultimately becoming State President in 2023. I can't say enough about the experiences I have had in the past twenty years of service to this great organization. It is so rewarding to help a fellow manager from just a simple assist on a daily report, figuring out a difficult situation, or even representing a member to a satisfying resolution.

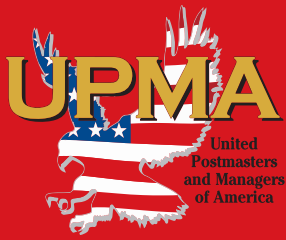
With all that said, where do you see your UPMA journey taking you? Are you satisfied with being a regular

member attending the occasional meeting, checking out The Baystater, etc? Or do you have a desire to do more? Either way is more than acceptable, but just know how much this organization can offer you. As I travel around the state, I hear many of our members asking what they can do to be more involved. Start by attending your local chapter meetings. Speak with your RVP and make it known you want more and see what you can get involved with. Please also reach out to me if I can answer any questions or help get you in the right direction with your UPMA journey. I can tell you from my own personal experience that being more involved in UPMA is an extremely rewarding experience. Please consider getting involved and seeing what else UPMA has to offer! Looking forward to a great UPMA future!

Sincerely,  
**Rob Leary**  
UPMA State President  
Massachusetts







# New Blood, Involvement & Membership

Greetings Members. We are all seeing it daily, craft employees and supervisors being promoted, many with just a few years in the Postal Service. We are in an unprecedented time, where new managers are coming on quick, many without a lot of experience, and many without the knowledge of the benefits UPMA provides. Those of us that are veterans of the organization, need to help spread the word to these new faces. Our Association can only be as strong as our membership, and our new managers, through no fault of their own, just don't have the knowledge about the business. Let's all give them a fighting chance to avoid mistakes and grow with the Postal Service and UPMA by getting them involved in UPMA, not only for their protection, but to help them build a much-needed network within the Postal Service. If you are attending your local meetings and you know a non-member or even a new member, invite them to a meeting, as this will only strengthen our organization. Your local area and State Executive Board are looking for managers to get involved and grow into potential leaders for our organization. We have a great resource in Becky Dzormeku as Membership Chair. She can speak to new and potential members about the benefits of joining, or as a new member, getting more involved. As a state board, we all would like to see more involvement with our national events as well as local meetings and the state convention. We just recently had a very successful state convention, and it was great to see a larger group from the last few conventions and some new faces. If you have any questions about membership and/or involvement, please don't hesitate to reach out to any state board member, or your local Regional Vice President. All names and numbers are listed on the back of The BayStater magazine.

**John Sacco**, UPMA MA  
Vice President



**John Sacco**  
Executive  
Vice President  
Legislative/PAC Chair

## Membership

To say it was amazing attending my first state convention is an understatement. It was engaging, inspiring and wonderful. Looking forward to 2025. We are still in competition nationally with Membership. President has challenged us to bring one person each to the next state conversion. This will make the trainings more interesting.

I attended the career conference in Norwood on May 19th with Josh Spilka. We were able to get 30 new members. A lot of the 020-024 members want us to get back to basics with them. They want to be on board with training, support and engagement.

Let us all support one another to bring in new people.

What do you say?

**Rebecca Dzormeku**  
Membership Chair MA



**Rebecca Dzormeku**  
Membership Chair MA





# Retired Members' Corner

Well another state convention has come and gone. I was excited to return to the Red Jacket Resort in South Yarmouth after 4 years. Although there was new ownership and a few hiccups as a result of their ongoing renovations, in my opinion, it was a very successful convention and to me it felt very much like a homecoming working with the management team. Members I spoke to who had been at the Red Jacket in the past expressed their gratitude to be back and new members seem to love the place.

First let me start by congratulating Kim Donahue, Postmaster Haverhill, on her re-election to the position of Sec/Treasury for the next two years. Overseeing the finances of the MA Chapter is a very important, time consuming and misconstrued position on the E-Board and she has been doing an outstanding job since she took over in the spring of 2023.

Second, I would like to congratulate Keith Miller, Postmaster Gloucester, for his election to the position of Editor. I'm confident that he will bring new ideas and a different prospective to this position.

I also want to thank Deanna White, Postmaster Nutting Lake, for serving as Editor since 2022. This was Deanna's second time in this position as she also served as Editor with NAPUS from 2013-2015 as well as held the position of Vice-President/Membership Chair for MA NAPUS.

John Douds, UPMA Nat'l VP Atlantic Region represented the national office and provided remarks to the group. He also presented the 3 proposed national bylaw changes and conducted the written ballot elections for National President and Nat'l VP Atlantic Region. Tony Leonardi is running unopposed for UPMA National President and there were two candidates for the Nat'l VP Atlantic Region position, Morty Bennett, VA UPMA President, and Stephanie Thompson, PA UPMA President. The results of all voting, including the proposed bylaws, will be cast at the national convention in Orlando FL in August.

The convention was not all business. There were a lot of fun times and many laughs. We had a BBQ with car races, the auction, music entertainment, and a laptop hooked up to a large screen so that we could enjoy two big TV events without sound, the Kentucky Derby and game 7 of the Bruins round 1 stanley cup quest vs. the Toronto Maple Leafs.



**Donna Legro**  
President Retired  
& Parliamentarian





The MA scholarship fund is the beneficiary of \$2515 which consisted of auction proceeds of \$2106 and direct donations from some members of \$409. PAC money was also raised through the race cars for \$200, direct donations from some members of \$417, and \$710 from the 50/50 raffle for a total of \$1337. Retired Postmaster Jean Burchill walked away \$710 richer from the 50/50. Congratulations Jean!

The Retirees held a business meeting of their own where Lorna Edie was re-elected as the Sec/Treasurer for the MA Chapter. She went over the treasurer report which included income and expenses from November 1, 2023 – April 30, 2024.

I reminded everyone that there is still time for children, grandchildren, etc to apply for the National UPMA scholarship. The deadline is July 15, 2024 and information is on the national website.

We discussed the two candidates running for two national retired positions that had contacted me. Anita Pfiefer is a candidate for national Retired Treasurer and Patti Bascom is a candidate for national Retired Secretary.

I discussed information regarding the mandatory Postal Service Health Benefit program that will become effective January 2025 with plan choices to be made during open season in 2024. There is a series of five short videos that provide more information on this program and I provided the following links where members can go to get updated information.

- [KeepingPosted.org](https://www.KeepingPosted.org) for annuitants
- [myhr.usps.gov](https://myhr.usps.gov) (employees)
- email [retirementbenefits@usps.gov](mailto:retirementbenefits@usps.gov) or postal [retireehealthbenefits@opm.gov](mailto:retireehealthbenefits@opm.gov)
- Text “PSHBP” to 39369
- The USPS Benefits and Wellness team will hold lunch and learn seminars about the PSHB Program every other Thursday through early December. The seminars will take place at Noon Eastern, via Zoom, using pass code 314858 (Webinar ID: 161 422 7062), and at 4 p.m. Eastern, via Zoom, using pass code 366159 (Webinar ID: 160 320 9569) on the following dates:

- June 27 • July 11 • July 25
- Aug. 8 • Aug. 22 • Sept. 5
- Sept. 19 • Oct. 3 • Oct. 17
- Oct. 31 • Nov. 14 • Dec. 5

I hope everyone that attended the convention enjoyed themselves and will bring a member friend next year or a first timer. Tell everyone about the great time you had, the new friends you made and the things you learned. As President Rob discussed, we need to grow the UPMA bench and we can't do that without everyone's help.

Sincerely,  
**Donna Legro**  
Retired President



# Greetings everyone,

I would like to start off by saying THANK YOU for all the support you have given me this last year as Secretary Treasurer! I was elected again for the next 2 years and look forward to continuing to work with you all!

The state convention, which was May 3-5th at the beautiful newly renovated Red Jacket Beach Resort in South Yarmouth was a huge success. 17 active members, 12 retirees, and 14 guests enjoyed the weekend which was full of events. Guest speakers District Manager Mike Rakes, National VP of UPMA John Douds and Bob Belisle from EAP all spoke on important issues. Training was conducted by Carl Zagame, Don Flak and Kevin Terry. Friday night was the BBQ, car races and auction. The car races raised \$200.00 for PAC, and the auction raised \$2106.00 for the scholarship fund, and then we had another \$409.00 in direct donations for a total of \$2515.00!! This was my 2nd auction with Jerry Robertson as the auctioneer and he makes it a fantastic event. Saturday was the banquet dinner and entertainment. The scholarship winners were announced as well as the Leader of the Year. Sunday morning the winner of the PAC 50/50 was drawn and won \$710.00!! If you haven't been to a state convention, I would love to see you next year! It really is a wonderful time to not only learn some valuable information but to make new friends and reconnect with old ones! The room block for the National Convention is full however the Caribe is continuing for now to take reservations at the UPMA discounted rate. We don't know for how long they will continue to do this so if you were planning on attending now is the time to book your room. Hope to see you there! If you ever need anything or have any questions, please never hesitate to reach out to me.

**Kim Donahue**  
Secretary/ Treasurer



**Kim Donahue**  
Secretary/ Treasurer

## Editors Report:



**Keith Miller**  
MA Editor

I would like to take thank everyone for giving me the opportunity to be your state Editor. For those that don't know me. My name is Keith Miller. I have been an RVP for the 018-019 area for the last 5 plus years and re-elected voted in for another term as RVP. I wanted to do more for UPMA so I successfully ran for the position of state Editor as well.

I started my career as a Distribution clerk in Waukesha Wisconsin in 1995. I transferred to Wakefield MA in 1999 as a letter carrier under Postmaster Donna Legro. After a couple of months, I was asked to be an acting supervisor. I have had many outstanding leaders help me learn to become the leader I am today. I have been a supervisor in many offices throughout my career. In April 2016 I finally became the Postmaster of Merrimac MA. In July of 2019 I became the Postmaster of Gloucester MA where I currently hold that position.

I would like to see more involvement with members of UPMA in the Baystater. I want to start a series that you can write an article about your POSTAL TOWN/ SECOND TOWN. I would like to hear from different parts of Massachusetts about the town you work in. For the retirees, the lucky members of UPMA. I would like to

here about your home away from home. If you travel during the winter months or have moved out of Massachusetts to better weather.

I started this month with a little about Gloucester. The articles don't have to be long. I would just like to know more about where everyone works or lives. Hopefully I will get some good articles from people.

I am also open to new ideas for the Baystater and please feel free to reach out to me. You can send your articles or ideas to me at the new email address [mabaystatereditor@gmail.com](mailto:mabaystatereditor@gmail.com)

Thank you, **Keith Miller** MA Editor





**Rich Hui**  
**National Adverse Action**  
**Rep - Retired**

# Greetings Postmasters and Managers

**T**wo weeks ago, I attended our convention in South Yarmouth, Cape Cod. Getting together with friends is always fun, and it's great to see the

improvement in attendance, we had 47 Postmasters and friends attending this convention, feels good that we are back on the right track.

I was extremely happy that we moved the convention back to the Red Jacket Resort. The new ownership of the hotel totally overhauled and refurbished the resort, from top to bottom. If you had attended previous conventions in this location, you would not believe the transformation of the resort area.

The hotel was very accommodating. We have our conference room and three adjacent training rooms for our breakout sessions. The room was very comfortable, and the food was excellent. They accommodated young children and vegetarians providing a different menu on the fly, very impressive. But for me, just chilling with friends and enjoying the comradery is nothing better.

For an old timer like me, it was great to see the first timers attending a convention. I was equally impressed that our first timer, Rebecca Dzormeku, is already working hard for the members, serving as membership chair and as well as our State Chaplain.

We have a great group of Postmasters stepping up and were elected to the Executive Board.

Keith Miller was elected as Editor, replacing our outgoing editor, Deanna White. Additionally, Lorna Edie was re-elected secretary/treasurer, postmaster retired.

I will be remiss not to mention our outgoing State Editor, Deanna White. Deanna had served our chapter back from NAPUS and now UPMA loyally. She was also nationally renowned. It was my pleasure to work with her on our Executive Board for many years and I would like to thank her for her dedication to the members.

The convention was mixed with laughter and information. Our national vice president, John Douds

was on hand to give us firsthand on all the news and information from the national office, as well as Capitol Hill. John is also our National PAC chair.

The Friday night BBQ, car race, and auction was phenomenal. The auctioneer was once again Jerry Robertson. He was so funny that he also doubled as a comedian. We were able to collect close to \$3000.00 for the scholarship, which is fantastic. For your information, I was the successful bidder for two hanging plants, and inside one of the hanging plants, there was a scratch ticket, and I won \$100.00!

Saturday night's banquet was very successful. Jacque Thompkins, our Cape Regional Vice President, and was selected Leader of the Year by his peers. The entertainment was very good, led by a husband-and-wife duet from central MA. They were very entertaining and in the middle of it, one of our guests, John Driscoll, also joined in and performed some Irish music, what a treat.

For the postmasters and managers that missed this event, stay tuned for The Baystater magazine and check out our Face Book page, we will be posting the next convention time and date as soon as possible, so you will have ample time to plan to attend. The convention is for you, and you will receive reimbursement for most of the expenses.

Aside from our upcoming National Convention in Orlando, Florida in August. At the end of September there will be an Atlantic Area Conference in Albany, New York. Please try to attend these two important events. As I mentioned before, the conference and convention are for you, the members. Seek information by reading our national and state magazines, check out our website and Facebook page.

Respectfully submitted,

**Rich Hui**

Postmaster Retired.

National Area 1 Representative, UPMA.

National Members (Adverse Action) Representative, UPMA

# State Convention Recap



Greetings Fellow Postmasters, Supervisors, and Managers. If you missed this year's State Convention, then you certainly missed out on a great time. We returned to Cape Cod this year at the Red Jacket Beach Resort after a four-year absence. We had a jam-packed weekend that kept us all busy and entertained. Here is what you missed if you were unable to join us:

- Friday afternoon we had our own District Manager, Mike Rakes speak and take questions. Mike spoke candidly on the S&DC process. Currently, only Braintree and Springfield are scheduled to go live this year. Talk of a possible site in Wareham is inconclusive at this time, but we were told information would be shared as it becomes available. This is a sensitive topic for all of us, as this is the way of the future for USPS. Try not to get caught up in rumors and information that has not been finalized. There will be many site visits to multiple locations to gather information used to make future decisions. Until we receive concrete information, nothing is a certainty. Mike spoke about the 3:00 and 5:00 zooms and that he would work to help us find earlier times to accommodate these meetings. It was pointed out how many PM's and Managers are facing even longer days due to being required to be on. Keep communicating with your RVP's if faced with that situation so we can keep the lines of communication open on this topic. A big thank you to Mike Rakes for time and answering our questions.

- Following the DM, we were treated to two quality training sessions from Carl Zagame, Rural DSS, and

Don Flak from USPS HQ. Carl spoke on rural delivery and the hot topics relating to this operation. Carl is and always has been an extremely valuable resource in rural delivery and his training did not disappoint. Don Flak gave a great presentation on NPA that we could have listened to for hours if we had more time. Don gave us all a much stronger understanding of how NPA is calculated and just how much goes into the process. We can't thank Don and Carl for giving us their time and sharing their knowledge with our members.

- Friday night we had a barbecue by the beach where we held car races, ate some great food, and raised \$2470.00 for the scholarship fund through our annual auction. As is tradition, Jerry Robertson was our auctioneer and in true Jerry fashion, kept us all entertained as we bid on each item. A huge thank you to George Podmore, who could not join us this year, but made a significant donation to the auction funds, helping us to continue supporting our scholarship program.



**Rob Leary**  
President  
Massachusetts  
Chapter



- Saturday morning, we started early with a memorial service conducted by Becky Dzormeku. From there, we heard comments from the National UPMA representative. John Douds, National VP, Atlantic Area and National PAC Chair. Membership is always a big focus as we continue to grow as an organization. Please continue to share your UPMA experiences and journey with new Supervisors, Managers, and Postmasters. UPMA has a lot to offer our membership and we want to keep extending that opportunity to our future leaders. Don't forget your craft employees with an eye on upward mobility. They are welcome to join as well as an Associate Member.

- We were joined by Kevin Terry, a Social Media Strategist for USPS via zoom, who gave us a presentation on USPS Zone. Zone is a relatively new program designed to use social media to promote the Postal Service and assist us in our day-to-day activities. I encourage you to check out the USPS Lead page on Facebook, which Kevin organizes and shares information regularly.

Elections were held on Saturday for State Secretary/Treasurer and State Editor. Congratulations to Kim Donahue on being elected for a second term as Secretary/Treasurer for the state of Massachusetts. Kim has done an excellent job this past year acclimating to this position, and I look forward to what she will bring over the next two years. And congratulations to Keith Miller on being elected as the new Editor for UPMA Massachusetts. This is a new position for Keith, but he has been a longtime member of the E-Board, serving as RVP in the 018-019 area. I know Keith will do great things in this new role and can't wait to see what he can do!

- In the afternoon, we heard from Bob Belisle, EAP Coordinator. Bob gave a short presentation on ways we can deal with stress and what resources are available from his office. In these crazy times, we all could use a little extra help from time to time, and EAP is one of those places we can find it.

We ended the day out with a banquet to honor our scholarship winners and present the Leader of the Year recipient with their award. You'll see an article later but although he could not be in attendance, it was an honor to announce Jaques Tompkins, PM of Mashpee, MA. as the 2023 Leader of the Year.

We were also treated to some great live music on Saturday evening by The Fox and the Dragon.

We closed out the convention on Sunday morning with our PAC 50/50 raffle drawing. Congratulations to Jean Burchill, PM Retired on being the lucky winner!

Overall, it was a great weekend. It would have taken me five pages to give you all the details and share all my own personal experiences from the event. Start thinking about attending next year. From all the great information sharing, networking opportunities, and camaraderie we experienced, we want to share it with all of our members! We hope to be back at the Cape next year and hope to see you in attendance.

Regards,

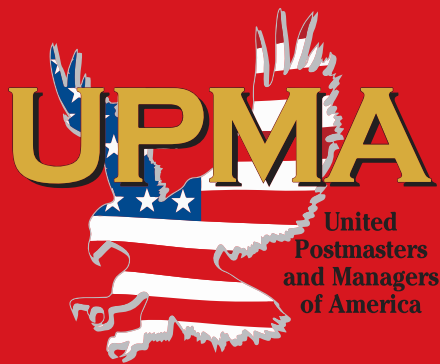
**Rob Leary**  
UPMA State President  
Massachusetts











# 2024 Scholarship Winners



## **Kathryn Silvia**

Kathryn is the granddaughter of North Attleboro Postmaster Joseph Silvia. She is currently attending Wheaton College in Norton MA where she is studying towards her bachelor's degree in film and news media. She has received High Honors, The Dale Dorman Radio Award and made

the Dean's list. Her activities include The Mayfellows Honor Society, Film Collective, Craft Club and she has an on-campus job at the Registrar office. She also is a receptionist and Ophthalmic Technician at Eyecare Eyewear.

## **Andrew Grniet**

Andrew is the grandson of Retired Postmaster of Eastham Patricia Dillon. Andrew will graduate this year from Worcester Academy in Worcester MA. Andrew will be attending the University of Alabama where he will study Business with a minor in Economics. Andrew has been on the headmasters list for the four years of his high school career. Andrew was the football captain, he played varsity basketball, ran varsity track and field and played varsity lacrosse. He is on the spirit committee. He is a school ambassador and participates in the yearbook club. Andrew has also coached middle school basketball team for Venerini academy and participates in Reading Across America



## **Samantha Reddington**

Samantha is the daughter of Westford Postmaster Jeffrey Reddington. Samantha will be graduating from Westford Academy in Westford MA. Samantha will be attending college at California Polytechnic State University where she will study Political Science. Samantha

has received Academic Achievement High Honors. Samantha has participated in girls' soccer, Westford Academy girls' Basketball, where she was a captain, and Westford track and field. Samantha also has participated

in the Green Lions FC where she was a captain for 4 years and Safira Futsal Academy where she was a captain for 3 years. Samantha is also doing an internship on campaign for Joyce Craig a New Hampshire governor candidate.



## **Declan Norris**

Declan is the son of Forestdale Postmaster Robert Norris, Jr. Declan will be graduating from Falmouth High School in Falmouth MA. Declan will be attending college to study Business/Marketing. Declan has received the coaches award for JV golf, he's participated

in the Cape and Islands League all star golf, he played basketball and varsity baseball where he received the Coaches Award. He has volunteered in the Falmouth Road Race First Congregational Church in Falmouth as a JR Deacon. He was a physical education intern for East Falmouth Elementary School. And he is a member of the Sacconnesset Golf Club.

# Leader of the Year

One of the highlights of our annual State Convention is the opportunity to recognize one of our own members as the Leader of the Year. To be recognized by your peers for this award is a great honor. It was an even greater honor to have the chance to present the award. This year's recipient was extremely deserving of this distinction as they stepped up and became a leader in their respective area, filling a leadership role that was much needed. This individual attended all chapter meetings, as well as national events in Washington DC and Denver, Co. They have been extremely helpful to numerous offices and members in their area. Known to never be too busy to lend a helping hand, even if they are working a 12-hour day of their own. Considered to be very bright and to be a perfect fit to the UPMA organization.

I have personally only known this individual for a little over a year now and have been extremely impressed at the level of dedication they have shown to not only the organization, but the members they represent. We speak on a regular basis about issues affecting our members and what we can do to improve them. While my answers to the questions are almost always followed up with a more challenging question, it shows the level of commitment exhibited and that no situation will be "just a simple fix".

While many of our members have stepped up this past year and worked hard for our members, I cannot think of a more deserving recipient of this award. It is with great honor, that I announce the 2024 Leader of the Year Award presented to Jaques Tompkins, Postmaster, Mashpee, Ma.

Jaques was unable to join us at the convention this year due to a family commitment. Jaques will receive this award at his first scheduled chapter meeting, which I encourage all members of his chapter to attend to help congratulate Jaques on this great honor.



Sincerely,  
**Rob Leary**  
 UPMA State President  
 Massachusetts

## Door Prize Winners



### FRI LUNCH Noon - 1 PM

\$100  
 1 JEREMY PILONE

### FRI PM MTG 1 PM - 3 PM (before breakouts)

\$100  
 1 PETER MCDERMOTT  
 2 SUSAN DOW  
 3 WALLY OLIHOVIK

### FRI DINNER 6 PM - 10 PM

\$100  
 1 KOREN AHLEN  
 2 RICH HUI

### SAT BKFT 7:30 AM - 8:15 AM

\$100  
 1 SUE DOW

### SAT AM MTG 8:30 AM - Noon

\$100  
 1 PETER MCDERMOTT  
 2 SUE DOW  
 3 SYLVAIN LABELLE

### SAT LUNCH Noon - 1 PM

\$100  
 1 JEAN BURCHILL

### SAT PM MTG 1:15 PM - END

\$100  
 1 ROBIN DRISCOLL  
 2 KOREN AHLEN  
 3 SUE DOW

### SAT DINNER 6 PM - 11 PM

\$100  
 1 WALLY OLIHOVIK  
 2 JEREMY PILONE

### SUN BKFT 8:30 AM - 9:30 AM

\$100  
 1 KOREN AHLEN

### SUN AM MTG 9:30 AM - END

\$100 **ROB LEARY**  
 \$200 **JOE TORCIA**

**PAC Raffle \$** JEAN BURCHILL

\$710



# 2024 Conference Finance Report

CONVENTION	DEBITS	CREDITS	TOTALS
Registration income from members		\$49.00	
Registration income from guests		\$1,050.00	
Meal income from guests		\$620.00	
Door prizes	\$2,000.00		
Registration gifts for members - 20 can coolers & bluetooth speakers	\$1,113.86		
Copies and miscellaneous supplies	\$85.70		
Ribbons for Badges	\$90.14		
Car race track and cars	\$220.97		
Leader of the Year Plaque 2023	\$117.70		
Entertainment- Fee and guest room	\$481.98		
Donations to Postal Employee Relief Fund for speakers 3 @ \$25	\$75.00		
Members' room reimbursement	\$4,913.09		
Red Jacket Resort So Yarmouth			
One meeting room charge	\$267.50		
Friday lunch expenses for 47 people	\$1,750.09		
Friday dinner for 50 people	\$2,632.20		
Saturday breakfast for 43 people	\$1,269.88		
Saturday lunch for 47 people	\$1,870.79		
Saturday dinner for 51 people	\$2,619.36		
Sunday breakfast 41 people	\$1,421.39		
Unused room nights	\$0.00		
<b>TOTALS</b>	<b>\$20,929.65</b>	<b>\$1,719.00</b>	
<b>TOTAL MA STATE UPMA COSTS</b>	<b>\$19,210.59</b>		
<b>AUCTION</b>			
Auction proceeds for scholarship fund		\$2,106.00	
Direct donations to scholarship		\$409.00	
<b>TOTAL scholarship proceeds will be transferred to CD #43</b>			<b>\$2,515.00</b>
<b>PAC</b>			
50/50 Raffle income = \$1420 minus \$710 to winner		\$710.00	
Race Car income \$370 minus \$170 prize money (\$100; \$50; \$20)		\$200.00	
Direct donations to PAC		\$417.00	
<b>TOTAL PAC proceeds to be submitted to national</b>			<b>\$1,327.00</b>



# Lots of good times have gone by and there are lots more to come.

So far this year, we've had lots of good times go by. Peak season 2023 was the lightest I've seen, and it was pleasant to save hours, overtime, and especially to go home at a decent time almost every day. In January, I was at the Membership Kickoff Meeting in Orlando, FL where I met a lot of good people. In February, we had our first meeting of the year where District Manager Mike Rakes and (A) Postmaster Boston Josh Balcunas addressed the audience. In March, I attended the Legislative Summit and had the pleasure to meet with aides of many House and Senate. This year I was only able to see Representative Jim McGovern in passing and shook hands. In April, we had a meeting in Shrewsbury where Miles Walcott from labor provided training. In early May, we had our State Convention at the Red Jacket in Falmouth, MA. Great training and events made it very enjoyable. Not to mention meeting great people as well.

More good times are coming. We will have our third meeting of the year in July in Shrewsbury. More to come on this. In August, there will be the National Convention in Orlando and I hope a lot of you will be attending. In September, we have the Atlantic Conference in Albany, NY where you'll find a good variety of training. I hope to see you there for more good times.

As you can see, there's lot of events and meetings happening. The more participation we have from the members, the stronger we will get. Those are events where you get training and have a chance to network and meet new people who could be of assistance in the future.

Lastly, I almost forgot to mention we had our first Installation Ceremony in Central MA where 6 Postmasters were sworn in by District Manager Mike Rakes. The Postmasters were Christopher Capobianco of Hudson, Melanie Smith of Bolton, Michael Raymond of Maynard, Jerri DiChiara from Concord, William McCarthy of Hopkinton, and Michael Favreau of Southborough. The Master of Ceremony Jim Murphy did great job considering the unusual amount of Postmasters sworn in that day. The event took place at the American Heritage Museum in Hudson, MA and I was impressed with the size and content of it. I never knew it was there until the ceremony. I encourage you to visit their website at [www.americanheritagemuseum.org](http://www.americanheritagemuseum.org). I have provided a few pictures I have taken of the a few exhibits.

More installation ceremonies are coming to Central MA this year. If you are interested, let me know and I will have the Installation Committee help you.

Have a good summer and hope to see you around.

Sylvain Labelle  
RVP 014-017





# Greetings Folks

Just a note at the end of spring and heading into summer, it's getting busier and busier but together we'll all work through it.

Learning how to keep up with compliance stuff and more compliance stuff here at work seems more daunting day by day.

I keep getting organized and share whatever success stories I can with my staff and peers – or whoever will listen to me.

Stay as focused as possible and continue to strive to make the job rewarding and meaningful and don't let the stress or all the "compliances" get the best of you. It's very much the same at home and in one's personal life. Life's busy and always seems to get busier. So please, take time for you, a coworker, a family member, even your dog or cat, destress and head to the park, the beach, or your happy place.

...and from the Peanut Gallery in the last row, way back, there were no paper airplanes tossed but....

Of all things – a glimpse of my "best" backside! The brilliance unfolds ...no... not my backside...but the artist – The Gallery Peanut!

I might be auctioning the original off at the next MA state convention or maybe registering it with the National Foundation of the Arts.

I'm not exactly sure what was going through my backside or frontside, but I think this was part of the meeting when President Rob said, "We're breaking for lunch." And then I woke up.

Great to see everyone in So. Yarmouth at the Red Jacket. You were all awesome as always!

Til next time – be well and don't be late for lunch! That's one of my many happy places.

Gallery Peanut you are wicked awesome and thanks for the caricature of my best side!!!

Respectively submitted,

Tom Driscoll

RVP 020-024 Mayflower Chapter



Tom Driscoll  
PM Randolph MA



## Stepping up in UPMA - RVP 018-019 - Keith Miller

**H**OW DO WE GET MEMBERS INVOLVED? I know most of us are very busy with work and life, but we need people to make a difference in UPMA. I have been on the board now for almost 6 years and we always have the same people coming to conventions and meetings. We really want to see new faces at these events. UPMA is a great organization that helps when need arises and you must have someone in your corner. But it is also a place to meet people that are going through the same thing you are going through in your office. These people might have some ideas that might help you with completing tasks quicker. Local meetings are usually about 1 hour long and then you are able to network with your fellow managers and postmasters. Some local meetings even have some great training on items that we all have questions about.

We would love to have all members attend meetings and conventions. We really would like everyone to get involved. UPMA can do a lot for you. PLEASE BE INVOLVED.





# Form 1187

Request and Authorization for Voluntary Allotment  
of Compensation for Payment of Employee Organization Dues

*Fill Out Form On-line, Print it out, and Return to  
UPMA National Office at the Address Below for Processing*

## Section A: All New Members Complete

USPS Employee Identification Number (EIN)	Social Security Number	Date of Birth	Gender Male <input type="checkbox"/> Female <input type="checkbox"/>
Name (PRINT Last Name, First, MI)		Contact Telephone	
Home Address (Street and Number/Box)	City	State	ZIP+4
Personal E-mail Address			

**Section B (Check One):** ☐ **Postmaster** ☐ **Manager/Supervisor** ☐ **Associate** ☐ **PMR**

Position	PO/City/State/ZIP
Post Office/Work Telephone Number	Pay Schedule Level
Post Office/Home Payroll Office Finance Number	Designation Code

## Section C: For Use by the Employee Organization

**P**

Mail completed form to: **United Postmasters and Managers of America (UPMA)**  
**8 Herbert Street**  
**Alexandria, Virginia 22305-2600**

**Visit the UPMA website [unitedpma.org](http://unitedpma.org) for membership benefit information.**

## Section D: Authorization by Employee

I hereby authorize the above-named agency to deduct from my pay each pay period the amount certified above as the regular dues the (UN-P) United Postmasters and Managers of America (UPMA) and to remit such amounts to that employee organization in accordance with its arrangements with my employing agency. I further authorize any change in the amount to be deducted that is certified by the above-named employee organization as a uniform change in its dues structure.

I understand that this authorization is a pay periods deduction. It will become effective the first pay period, following its receipt in the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22305-2600.

I further understand that revocation forms Standard Form No. 1188, "Revocation of Voluntary Authorization for Allotment of Compensation for Payment of Employee Organization Dues" are available from my employing agency and that I may revoke this authorization at any time by filling such a revocation form or other written revocation request by "Certified Mail" directly to the employee organization's headquarters office: UPMA, 8 Herbert Street, Alexandria, VA 22305-2600. Such revocation will not be effective, however, until the first full pay period following March 1 or Sept. 1 of any calendar year, whichever date first occurs after the revocation is received in the employee organization's headquarters office.

Signature of Employee	Date
-----------------------	------

## Section E

☐ Check this box to signify you've read and understood the terms in Section D of this form.

**Who/what most influenced your decision to join UPMA?**

Person's Name

☐ Career Awareness Conference ☐ USPS Provided Training ☐ Other





# FORM 1187-R

## Request and Authorization for Voluntary Allotment of Compensation for Payment of Employee Organization Dues

**Please complete and mail to:**

**UPMA National Office**  
**8 Herbert St.**  
**Alexandria, VA 22305-2600**  
**(703) 683-9027**

**\*OPM assigns the CSA number to all Civil Service and FERS annuitants and/or surviving spouse**

**Social Security Number**

			-			-			
--	--	--	---	--	--	---	--	--	--

CSA

**My Annuity Number is:**

	-							-	
--	---	--	--	--	--	--	--	---	--

Name of Retired Employee (PRINT Last Name, First, Middle)		Date of Birth	
Street and Number/PO Box		City	State ZIP+4
Month/Year Retired	Home or Cell Number (       )	Gender Male_____ Female_____	Chapter
Email Address		Sponsored by:	

**Note: If not receiving an annuity contact National Office for information on membership.**

## SECTION A – Authorization

The United States Office of Personnel Management is authorized to make an appropriate deduction from my annuity payments, not to exceed the amount certified by the **United Postmasters and Managers of America (UPMA)** as the amount of dues for which I am obligated, and to pay the deducted sum to **UPMA**. This authorization shall apply to any and all dues changes certified by **UPMA**. This authorization shall be valid until **UPMA** receives and processes my written notice of cancellation in accordance with its agreement with the United States Office of Personnel Management. Any disputes regarding this allotment authorization shall be a matter between **UPMA** and me; I hold the United States Office of Personnel Management harmless for any erroneous deductions made pursuant to this authorization.

I also request the United States Office of Personnel Management to disclose any information necessary to execute this request.

Signature	Date:
-----------	-------



# The 988 *Suicide and Crisis* Lifeline

**988** has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States.

When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

**If you or someone you know is experiencing a mental health crisis, call or text 988 immediately.**

The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis.

**The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. They, along with your EAP, are committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness. Reach out to your EAP to learn more or visit [EAP4YOU.com](http://EAP4YOU.com)**







Congratulations to our new Postmasters! Jessica Lapham in Marstons Mills, Wes Palmeira in North Chatham, Brian White in Sandwich, Nick Short in Osterville, Brendon Barbo in Orleans and Robin Kelly in West Chatham. We are fortunate to have such a fine group of people representing the respective towns on the Cape and we look forward to working with each one of you.

As I enter my second year as your Regional Vice President, I would like to thank you all for the trust and support you have given me in my first year in office and tell you how deeply touched I was to receive the Leader of the Year from UPMA. I unfortunately missed the convention this year due to my father's passing and would have liked to thank all of you in person for such an honor.

We continue to have many challenges which we will face together this year.

The Postal Service Health Benefits Plan (PSHB) takes effect on January 1, 2025, and will be administered by OPM. You will be required to enroll in the new program and select a health insurance plan during the 2024 open season November 11 through December 11, 2024. UPMA has posted a lot of information on this topic, and I highly recommend viewing one of the ZOOMs prior to September so you will know which plan will be best for your family.

We received some interesting news on May 24 which affects all postmasters and supervisors in our Cape and Islands area. The Postmaster General in a letter to the Chairman of the Homeland Security and Government Affairs Committee announced that he was pausing the Delivering for America program rollout on September 30, 2024. The Wareham Sorting and Delivering Center was scheduled to open in January 2025 and is not listed in the letter to be completed prior to this pause. Boston is listed #1 on the list of 28 S&DC to be completed and I believe that is actually Braintree which opened on June 1, 2024. As many of you are aware UPMA visited Washington DC in March and met with members of Congress and shared our concerns with the Wareham S&DC and the impact it would have on mail delivery and staffing due to traffic concerns and future bridge construction.

Our newest member of our postal family arrived in April. Please welcome Evie Catherine Phelan! Congratulations to Mike and Sarah Phelan on a beautiful baby girl. Mike is the Mashpee Supervisor of Customer service and I'm happy he is back to work.

Jack Thompkins

RVP







# 8th UPMA National Convention

Aug. 24-30, 2024

## Official Registration Form

Registration also available at [www.unitedpma.org](http://www.unitedpma.org)

Please complete one form per registrant. Photocopy the form for additional registrations.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

### Title:

- ☐ Postmaster/OIC
- ☐ Supervisor
- ☐ Manager
- ☐ EAS Professional
- ☐ Associate
- ☐ UPMA Retired
- ☐ Spouse
- ☐ Guest

First Name (for your badge): \_\_\_\_\_

Post Office You Represent City: \_\_\_\_\_ State: \_\_\_\_\_

Your Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP+4 \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### \*Active First-Timer?

☐ Yes ☐ No

### UPMA Retired First-Timer?

☐ Yes ☐ No

### Convention Registration (only one person per form):

Please circle the appropriate fee:

	9/2/23- 3/31/24	4/1/24- 6/30/24	After 6/30/24
Postmaster/Manager/Supervisor/ Associate/OIC/EAS Professional	\$176	\$208	\$260
Daily registration is available at \$75/day on-site.			
UPMA Retired or Guest† (UPMA Retired Luncheon included)	\$167	\$191	\$230
Auxiliary/Spouse/ Postmaster Guest	\$132	\$156	\$195
(Does NOT include UPMA Retired Luncheon)			

Children (17 and under) \$80; includes child's meal at the Grand Banquet.

\*Active first-timers must pay their registration fee in advance. After attending the convention, they must submit a form to the National Office to be reimbursed.

†UPMA Retired member may have one guest (not an active member) register for the same price.

Grand Banquet: Aug. 29, 2024

### Payment Information

Convention Fee: \$ \_\_\_\_\_

\_\_\_\_\_ Additional tickets for UPMA  
Retired Luncheon @ \$35 each \$ \_\_\_\_\_

Total Payment: \$ \_\_\_\_\_

☐ Check payable to UPMA

☐ Visa/MasterCard

Card number \_\_\_\_\_

Card security code: \_\_\_\_\_ Expiration date: \_\_\_\_\_

(3- or 4-digit code  
imprinted on card)

Signature: \_\_\_\_\_

Mail with full payment to UPMA National Convention  
Registration, 8 Herbert St., Alexandria, VA 22305-2600.

### Hotel Reservation

UPMA has a special rate at the convention hotel beginning Aug. 24, 2023. You must call the hotel directly to make a reservation. The National Office will not handle room reservations. To make a reservation, you must make a deposit to the hotel in the amount of your first night's lodging; this deposit is non-refundable after July 22, 2024. All room cancellations must be made directly with the hotel. To secure the special UPMA rate, you must identify yourself as part of the UPMA convention. The rate is available only until July 22, 2024, or until all rooms in the block are sold, whichever comes first. The group rate is available three days pre and post convention based on availability.

Caribe Royale

407-238-8000

\$174—single/double/triple/quad

Be sure to request the  
group rate: UPMA24

### Registration Cancellation Refund Policy

Requests for cancellation refunds must be made in writing to the UPMA National Office. Requests must be postmarked by July 25, 2024; no refunds after that date. Requests can be emailed to [UPMA@crispevents.me](mailto:UPMA@crispevents.me). All refunds are subject to a \$40 handling fee.

Registrations are non-transferable.

Questions?  
Call 703-683-9027

**Attentive Agenda – Subject to Change:**

Friday, August 23, 2024		
8:00 AM	5:00 PM	UPMA Executive Board Meeting
8:00 AM	5:00 PM	UPMA Executive Board Meal Room
Saturday, August 24, 2024		
12:00 PM	5:00 PM	Registration Open
8:00 AM	5:00 PM	UPMA Executive Board Meeting
8:00 AM	5:00 PM	UPMA Executive Board Meal Room
4:00 PM	6:00 PM	UPMA Retired Executive Board Meeting
4:00 PM	10:00 PM	UPMA Hospitality Suite Open
6:00 PM	7:00 PM	Church Choir Practice
7:00 PM	10:30 PM	Dance Sponsored by The Southern Officers Conference (SOC)
Sunday, August 25, 2024		
8:00 AM	5:00 PM	Registration Open
8:30 AM	10:00 AM	Church Service
10:30 AM	11:30 AM	Auxiliary Board Meeting
10:30 AM	12:00 PM	All Hands UPMA Membership Meeting
1:00 PM	3:00 PM	UPMA B.R.A.T.S. (Bringing Real Attributes to Society)
1:30 PM	4:30 PM	National Member Reps Meeting
1:30 PM	4:30 PM	Breakout Meeting - Presidents
1:30 PM	4:30 PM	Breakout Meeting - Secretary Treasurers
1:30 PM	4:30 PM	Breakout Meeting - Editors
1:30 PM	4:30 PM	Breakout Meeting - Legislative & PAC
1:30 PM	4:30 PM	Breakout Meeting - Membership Chairs
1:30 PM	4:30 PM	Breakout Meeting - Education Chairs
1:30 PM	4:30 PM	UPMA Retired Meeting
4:30 PM	5:00 PM	Area Coordinators Meeting
4:00 PM	6:00 PM	UPMA Hospitality Suite Open
5:00 PM	6:00 PM	Active First Timer's Orientation Meeting
6:00 PM	7:00 PM	Welcome Reception
7:00 PM	8:30 PM	Welcome Dinner
8:00 PM	11:30 PM	Dance
8:30 PM	10:00 PM	UPMA Hospitality Suite Open



<b>Monday, August 26, 2024</b>		
7:30 AM	3:00 PM	Registration Open
7:45 AM	7:45 AM	Door Prize Drawing
8:00 AM	12:00 PM	General Business Session
9:00 AM	10:00 AM	UPMA B.R.A.T.S. Informational Meeting
10:00 AM	2:00 PM	UPMA B.R.A.T.S. Activity & Lunch
1:30 PM	3:00 PM	Area Coordinators Meeting - Atlantic
1:30 PM	3:00 PM	Area Coordinators Meeting - Central
1:30 PM	3:00 PM	Area Coordinators Meeting - Southern
1:30 PM	3:00 PM	Area Coordinators Meeting - Western Pacific
12:00 PM	2:00 PM	UPMA Retired Voting Precinct
2:00 PM	5:00 PM	UPMA Retired Business Meeting
3:30 PM	5:00 PM	Training Seminar
3:30 PM	5:00 PM	Training Seminar
3:30 PM	5:00 PM	Training Seminar
3:30 PM	5:00 PM	Training Seminar
3:30 PM	5:00 PM	Training Seminar
3:30 PM	5:00 PM	Training Seminar
3:30 PM	5:00 PM	Training Seminar
3:30 PM	5:00 PM	Training Seminar
4:00 PM	6:30 PM	UPMA Hospitality Suite Open
7:00 PM	9:00 PM	Chapters Night
7:30 PM	11:30 PM	Dance
<b>Tuesday, August 27, 2024</b>		
All Day	All Day	Free Day
<b>Wednesday, August 28, 2024</b>		
7:30 AM	3:00 PM	Registration & Information Open
7:45 AM		Door Prize Drawing
8:00 AM	12:00 PM	General Business Session
9:00 AM	11:00 AM	Auxiliary & B.R.A.T.S. Business Meeting
11:00 AM	1:00 PM	UPMA Auxiliary/B.R.A.T.S. Community Service Project
12:30 PM	3:30 PM	UPMA Retired Luncheon
1:30 PM	3:00 PM	Training Seminars
3:30 PM	5:00 PM	Training Seminar
4:00 PM	10:00 PM	UPMA Hospitality Suite Open
7:00 PM	10:30 PM	Dance Sponsored by UPMA Retired

Thursday, August 29, 2024		
8:00 AM	11:00 AM	Registration & Information Open
7:45 AM		Door Prize Drawing
8:00 AM	12:00 PM	General Business Session
12:00 PM	1:00 PM	New UPMA Auxiliary Board Meeting
12:15 PM	3:00 PM	NEW & OUTGOING UPMA Executive Board Lunch and Meeting
2:00 PM	5:30 PM	UPMA Hospitality Suite Open
6:00 PM	6:30 PM	Reception
6:30 PM	7:30 PM	Grand Banquet
7:30 PM	11:30 PM	Dance

### **Entertainment Theme Nights:**

**Saturday Night Welcome Dance** – The SOC (Southern Officers Conference) is graciously sponsoring the “SOC Hop” featuring 50’s and 60’s music! So, ladies, get out those saddle shoes and poodle skirts while the guys...well, wear those muscle shirts and slick back that hair! Those of you who would prefer just to watch, come on in and be entertained...”it’s greased lightning!”

**Sunday Welcome Reception Dinner** – This reception is a semi-formal event with a red-carpet feel. So, ladies and gentlemen, let us see how you can put on the Ritz in a semi-formal fashion! The evening will be complete with a dance immediately following dinner.

**Monday Chapter (States) Night** – We are going to have some Florida fun by dressing up as your favorite Disney or Universal character! Try it; you will be surprised how much fun it really can be!

**Tuesday Free Night** – Go and explore Orlando’s entertainment...or relax at the Caribe Royale!

**Wednesday “Surfs Up – Let’s Dance” Night** – The Retirees are sponsoring this special dance with a variety of music for all to enjoy! Everyone is welcome to come, and it is not just for our retirees...they kindly sponsor this evening of entertainment and ask the attire to be casual wear, no swimsuits, crop tops, or halter tops, please.

**Thursday Caribbean Beach Party** – We are planning some special entertainment this evening, so come prepared to enjoy this Caribbean-themed party with a Jimmy Buffett tribute! Wear your Caribbean shirt with shorts, skorts, skirts, or slacks. I would like to tell you more but, it’s a secret!

You don’t want to miss out on all the fun, the food or the networking so please register to come and reserve your room today! We look forward to seeing you there!

If you have any questions concerning the National Convention, please contact [UPMA@crispevents.me](mailto:UPMA@crispevents.me)

Respectfully, Your Very Excited 2024 Convention Chair ~ Lori McDonough 🌞





# UPMA

## Atlantic Conference

Sept 26th-29th, 2024

Albany, NY 12202

*Official Registration Form*

*Please complete one application per registrant*



First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

**Title:**

- ☐ Postmaster
- ☐ Supervisor
- ☐ Manager
- ☐ OIC
- ☐ Associate (Craft)
- ☐ Postmaster Retired
- ☐ Supervisor Retired
- ☐ Manager Retired
- ☐ Guest
- ☐ Auxiliary
- ☐ Veteran

First name (nickname for your badge): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone/s: \_\_\_\_\_

E-mail: \_\_\_\_\_

State Chapter: \_\_\_\_\_ / Position: \_\_\_\_\_

**Reservation Four Points Hotel**



**BY Phone:** (855)-297-1429  
**Group Code:** "UPMA Convention"



### Four Points by Sheraton Albany

3 Mount Hope Way

Albany, NY 12202

Contact hotel directly  
for reservations.

(855) 297-1429

Or

Use QR Code

Room rates each night:

114 USD per night + tax

Reservation deadline:

Last Day to Book:

August 26, 2024

### Registration Fees:

Registration fee; \$75.00

Includes two Breakfasts and 2 lunches.

Tentative meeting times: Friday 8am-5pm, Sat 8am-3:30pm

Tentative Agenda; PSHB, Representing from Start to Finish,  
CSV/SOV and Postal Officials

**Payment information:** Convention fee: \$ \_\_\_\_\_

Send check or money order payable to **NY UPMA**

Mail to Dan O'Neil, 8 Ridge Terrace East, Canajoharie, NY 13317.

Questions: Call Dan Leonard at 607-398-8200 or  
email [nyupmadanleonard@gmail.com](mailto:nyupmadanleonard@gmail.com)



# UPMA

## Atlantic Conference

Sept 26th-29th, 2024  
Albany, NY 12202



### 2024 NY Atlantic Conference Tentative Agenda

#### Thursday Sept 26<sup>th</sup>, 2024

5:00 - 8:00pm Registration  
8:00 - 10:00 pm Hospitality room

#### Friday, Sept 27th

7:00-7:45am Breakfast  
7:30-8:30am Registration  
8:30 am -12:00pm General Session  
8:30am Call to Order  
8:31am Invocation  
8:32am Posting of the Colors  
8:35am Pledge of Allegiance  
8:37am Announcements  
8:40am Conference Rules  
8:45am Welcoming Remarks & Recognition of special guests – Dan Leonard  
8:50am National President Edmund Carley – welcoming remarks  
9:05am Atlantic Area Coordinator Chuck Narcisco – welcoming remarks  
9:10am PAC announcement John Doud  
9:15am Introductions Office, title, years of service  
9:40am Break  
9:55am Announcements  
10:00am Area Tony Impromptu CRDO programs and ways to improve, CSV/SOV ways to reduce to earned including complement, test pilots being run and where headed with potential time frames.  
12:00pm Lunch Provided  
1:00pm GEHA PSHB 2025  
3:00pm Bylaws proposed.  
3:05pm Basic representation procedures Rich Hui, Cathy Winnie  
5:00pm Dinner – on your own  
8:00pm-10:00pm Hospitality room

#### Saturday Sept 28th

7:00-7:45am Breakfast  
7:30-8:30am Registration  
8:30 am -12:00pm General Session  
8:30am Call to Order  
8:30am Discipline representing procedure for reduction to last resort CMR procedures  
Rich Hui, Cathy Winnie  
10:30am Break  
10:45 Bylaw vote  
11:00am Membership Training  
12:00 Lunch provided  
1:00pm CSAW/F2DPH reductions and understanding, actual program instruction, Mitigations Q&A  
3:00pm Unfinished Business  
New Business Benediction,  
Retiring of the Colors – Veterans  
5:00pm Dinner on own  
Saturday/Sunday Check – Out Travel Home Safely!

**This agenda is subject to change.**





# My Postal Town

I love the city and people of the town I am the Postmaster of. My city is Gloucester, Massachusetts. I became the Postmaster of Gloucester on July 6th, 2019. Gloucester is a fishermen's community, located on "the other cape", Cape Ann, which is about 30 miles north of Boston. Gloucester's

inner harbor is literally about 100 yards from the main post office on Dale Ave. Just a minute walk from our office and you'll have a fantastic view of all the harbor's activity. The view never gets old! As for our postal services, we have our main office as well as 3 outlying retail stations. We are a Level 21 office of 26 routes.

Gloucester was settled in 1623 and incorporated as a city in 1873. This past year Gloucester celebrated its 400th anniversary. Gloucester is also the nation's oldest fishing port and remains even now one of its busiest. On any given day hundreds of thousands of pounds of fresh fish and lobster are unloaded at its docks to be shipped countrywide.

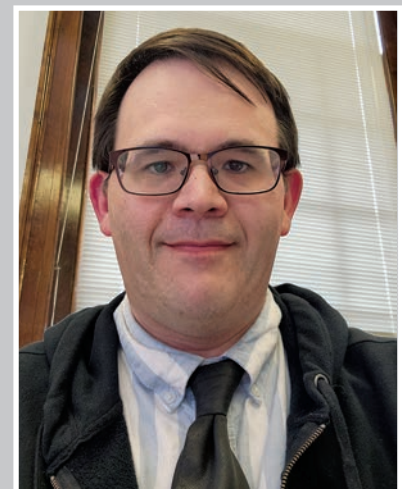
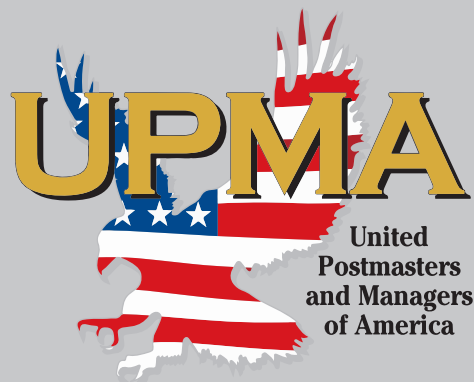
The summer months in Gloucester are packed with things to do. Whether it's attending an outdoor concert, checking out the wonderful Cape Ann Museum, taking in a trip on a whale watch boat, or just hanging at one of her many pristine beaches, there are always things to enjoy about this vibrant city!

Gloucester's summer schedule is highlighted by 3 main Festivals. They are the Schooner Festival, which happens in early September; the Waterfront Festival (mid-August), and the nearly 100-year-old St. Peter's Fiesta, which runs for 5 days in late June. The Fiesta is an Italian-American festival, honoring the fishing community's patron saint, St. Peter, and draws tens of thousands of spectators from all around the country. One of the main attractions of this festival is the Greasy Pole contest. Check it out on YouTube! Bragging rights goes yearly to those skilled (brave?) enough to navigate a heavily greased 45-foot-long pole extended off a platform 200+ feet off Pavilion beach. It's "much watch" for sure!

There is so much more to see and do in this beautiful and picturesque fishing community. Make sure you check out our famous Man at The Wheel statue located on Stacey Boulevard which honors the more than 5000 men and women lost at sea over the last 4 centuries. This small city has everything a person could want, from its working waterfront, to its thousands of acres of woods and parks waiting to be explored, and of course its many restaurants known for their seafood!

If you would like to have your town featured in an upcoming issue of the Baystater. Please send me your article to [Mabaystatereditor@gmail.com](mailto:Mabaystatereditor@gmail.com)

Keith Miller



Keith Miller  
MA Editor

BayState Editor  
62 Naples Rd  
Haverhill, MA 01832

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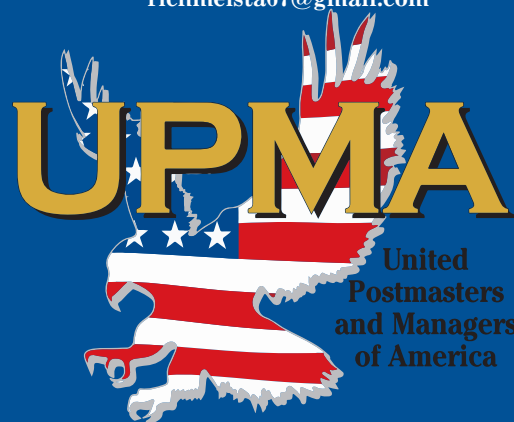
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