

EMPOWERMENT AFFIRMATIONS



Health

I am healthy & whole

I am grateful for my body which allows me to navigate this life

I listen to what my body needs and I act accordingly

I feel energetic and my mind is calm and relaxed

My body, mind and soul are balanced

I nourish my body

I am manifesting good health daily

I am in good health mentally & physically

EMPOWERMENT AFFIRMATIONS



Self

I attract positivity and I exclude negativity

I am authentically Me and that is my Superpower

Everything is working out in my favor

I attract experiences that are beyond my wildest dreams

I am creating the life that I desire

I love who I am and who I am becoming

I go through life with confidence and optimism

I am open to new possibilities

I embrace change

I am creating magical experiences daily

EMPOWERMENT AFFIRMATIONS



Career / Money

I believe in myself & I make things happen

I am abundant in my career

Money comes to me easily

My money multiplies constantly

New career & financial opportunities come to me continuously

Success and money come to me naturally

I am passionate about my career and it brings me so much joy

I am destined for prosperity & abundance

EMPOWERMENT AFFIRMATIONS



Love / Relationships

I attract genuine love

I radiate loving energy

I am loved & appreciated

I am in a happy, stable, joyous, romantic relationship with a partner

who truly loves and understands me

I am receiving the love I desire effortlessly

The love I give comes back to my multiplied

My love relationship flows with ease

I am blessed to have wonderful & loving people in my life