



DR. NAIM Q. SANDERS, Ed.D.

Empowering Leaders. Strengthening Organizations. Inspiring Growth.

Assistant Superintendent | Author | Executive Coach |
Certified EQ-i 2.0® & EQ 360® Consultant



LEADERSHIP COACHING

- **Emotional Ecology Principal Coaching Framework (EE-PCF)**
Research-based coaching that helps principals navigate emotional labor, reduce burnout, strengthen resilience, and lead with authenticity.
- **Emotional Intelligence Coaching Framework**
Supports leaders in developing self-awareness, emotional regulation, communication, decision-making, and relationship management skills.



PROFESSIONAL DEVELOPMENT

- **Emotional Intelligence for Educators**
 - Develop practical emotional intelligence skills that improve leadership, communication, teamwork, and workplace culture.
- **Managing Emotional Labor for Principals**
 - Learn strategies to navigate the emotional demands of leadership while maintaining effectiveness and well-being.
- **Managing Emotional Labor for Teachers**
 - Help educators build resilience, manage stress, and sustain their passion for teaching.
- **Leadership Identity & Role Conflict**
 - Explore the challenges leaders face balancing competing responsibilities while remaining authentic and effective.



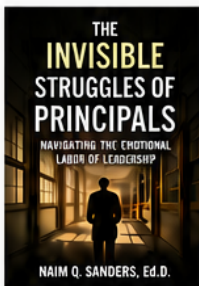
EQ-i 2.0® & EQ 360® ASSESSMENTS

- As a Certified EQ-i 2.0® and EQ 360® Consultant, Dr. Sanders provides assessment administration, professional debriefing, coaching, and leadership development planning. Organizations benefit through stronger leadership effectiveness, improved communication, enhanced team performance, and reduced burnout.

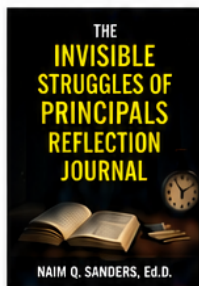
PARTNER WITH DR. SANDERS

- ✓ **Develop stronger, more resilient leaders** who lead with confidence and clarity.
- ✓ **Improve organizational culture and engagement** through emotional intelligence and authentic leadership.
- ✓ **Reduce burnout and emotional fatigue** with proven strategies for managing emotional labor.
- ✓ **Build leadership capacity at every level** through coaching, assessment, and professional learning.

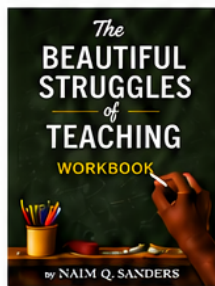
BOOKS BY DR. NAIM Q. SANDERS



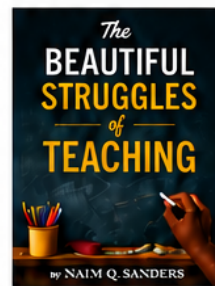
The Invisible Struggles of Principals



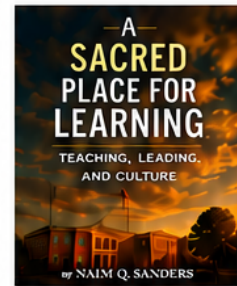
The Invisible Struggles of Principals Reflection Journal



The Beautiful Struggles of Teaching Workbook



The Beautiful Struggles of Teaching



A Sacred Place for Learning: Teaching, Leading and Culture

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Equipping leaders and organizations with the tools, insights, and strategies to lead with **purpose**, strengthen **culture**, and create lasting **impact**.

Empowering Leaders. Strengthening Organizations. Inspiring Growth.