



THE PAROME' CLINIC

“BOTOX TREATMENT CARD”

Dr Farah Afgan Chouhdry

INDICATIONS

Wrinkle Relaxing, Crow's feet, Frown lines, glabellar wrinkles, brow lift, Bunny lines, down turned mouth corners, Gingival Display, smoker's line, Chin Lift, Jaw Slimming, Masseter Reduction, Bruxism, Teeth grinding, NEFERTITI Lift, Axillary Hyperhidrosis

PROCEDURE TIME

30 mins -1 hr (depends on Procedure)

ANAESTHETIC

None (Occasional patient preference Local anaesthetic)

SENSITIVITY PERIOD

1 -2 hr

BACK TO WORK

Immediately

DURATION OF RESULTS

2 weeks. Movement can return in 6 weeks
Mostly results last for 3-4 months

PRE-CARE

Medical review by Dr Farah Chouhdry to assess suitability for the procedure/ Medical history/medications/ Allergies
CI; known allergy, pre-existing infection, body dysmorphia with unrealistic Expectations, known neuro-muscular weakness, lactating or Breast feeding, inflammatory skin conditions, caution >65 yo, Drugs: Aminoglycosides, cholinesterase inhibitors, succinylcholine, quinine, MgSo4, Ca channel blockers

AFTERCARE

Refrain from touching the treated area for 3-4 hrs, Remain upright 3-4 hrs.
Repeatedly tense the treated muscles groups during the 3-4 hrs as toxin works better in active muscles. Avoid Alcohol, gym, exercise, sauna, sun exposure for 24 hrs.
Avoid facial or massage for atleast 1 week, avoid make up & smoking for 12 hrs
Avoid any other facial treatment for 2 weeks.
When you feel muscles relaxing in 4-10 days gently massage the area with regular moisturizer twice a day.

RISKS & COMPLICATIONS

Bruising, Swelling, Redness, temporary headache, Allergic reaction,
Drooping eye lid: Brow or Eye lid Ptosis (brow drop), diplopia /double vision due to denervation lateral rectus
Jack Nicholson Brow (Rx by botox to lateral frontalis on 2 weeks FUP
Loss of Motor function in treated area/ excessive watering of eye. inversion or eversion eye lids/ facial weakness/ facial droop/ asymmetry.
Axillary hyperhidrosis: Transient itching with compensatory hyperhidrosis elsewhere but last 3 months.
Rare complication systemic botulism
If You Experience any of these s/s contact us asap

FOLLOW UP

2 Weeks

MAINTENANCE FOLLOW-UP

Every 3-6 months (recommended 3 months to avoid developing resistance)

SPECIAL INSTRUCTIONS