



THE PAROME' CLINIC

“DERMAL FILLER TREATMENT CARD”

Dr Farah Afgan Chouhdry

INDICATIONS

Reducing Smile lines (nasolabial folds), Marionette lines (mouth to Chin), Lifting Down turned mouth corners, Lip Augmentation, Cheek Augmentation, Chin Augmentation, Tear Trough(Periorbital rejuvenation), RHINOPLASTY

PROCEDURE TIME

30 - 60 mins

ANAESTHETIC

Topical 30 mins+ (dermal fillers have Lidocaine incorporated)

SENSITIVITY PERIOD

24-48 hr (Lip swelling may last longer)

BACK TO WORK

24 hrs (Full recovery 48 hrs)

DURATION OF RESULTS

Effects immediately. Best results by 2 weeks. Stays 3-6 months
Can last for 9 months occasionally (dependent on product selected)

PRE-CARE

Medical review by Dr Farah Chouhdry to assess suitability for the procedure/Medical history/medications/ anticoagulants/previous procedures or adverse reactions/ Allergies

AFTERCARE

Avoid Alcohol, gym, sauna, solariums, make-up, rub or massage for 24 hrs
Avoid any other facial treatment, massages, sun exposure, cold environment for 2 weeks. Avoid excessive facial movements. If any pain, Avoid NSAIDS, aspirin, ibuprofen, which increase bruising. only use PCM. Lip Treatment takes longer to settle may be tender / uneven will resolve 1-2 weeks. Use paracetamol only
Use of Arnica gel helps with bruising/ cool compresses for 2 days

RISKS & COMPLICATIONS

Immediate S/E: Bruising, Swelling, Redness, itching Allergic reaction, filler can be palpable for longer if stronger more uplifting

3-14 days S/E: Asymmetry, Tissue necrosis, blindness, discoloration, nodules, infection,(Rx : antibiotics)

>2 weeks S/E: Granuloma reactions (might need use of Hylase to undo effects).
Ulcerations (Rx with steroid Injections or surgical Excisions)

FOLLOW UP

2 Weeks

MAINTENANCE FOLLOW-UP

Every 6 months – 1 years
Rhinoplasty: 4 monthly 1st year then 6 monthly

SPECIAL INSTRUCTIONS

We have no control over how long filler lasts once it is injected, and so can offer no warranty as to aesthetic duration. Once the body has gotten used to the filler, and we are working on an established foundation, then the aesthetic benefit starts to have a longer duration.