

IT'S NOT
YOUR
BIRTHDAY
BUT...

CALL OUT FOR WORDS ON WHEELS

Creative Activity Packs

It's Not Your Birthday But... are working with Claygate Centre for the Community to provide Creative Activity packs, delivered alongside Meals on Wheels, for people who live alone in our community. We need your help to provide exciting, inspiring and colourful packs which can bring some joy through creativity to people who must continue to limit their interaction with others and face continued isolation over the winter months.

What to include?

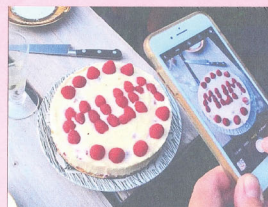
You could include:

- A letter
- A postcard
- Your favourite recipe
- A wordsearch
- A crossword
- A puzzle
- Origami
- A collage
- A photograph
- Your favourite poem
- A painting
- A drawing
- A story
- A sketch

It is entirely up to you what to include in your pack, but perhaps you could include a blank postcard or paper for people to have a go at an activity themselves.



WHITE CHOCOLATE NO BAKE RASPBERRY CHEESECAKE



This is my family's favourite cake recipe and is always requested for their birthdays...

METHOD:

- 1) Crush the biscuits, melt the 100g butter + mix together. Press mixture into tin.
- 2) Melt chocolate, 50g butter & vanilla pod in bowl over pan of hot water.
- 3) Mix cheese, sugar + cream till smooth.
- 4) Remove vanilla pod & stir chocolate mix into cream cheese mix.
- 5) Stir in half the raspberries, pour mix onto base & decorate with raspberries.
- 6) Refrigerate for 8-24 hours.

INGREDIENTS:

- | | |
|------------------------------|--------|
| • 100g digestive biscuits | } Base |
| • 100g ginger nut biscuits | |
| • 100g butter | |
| • 500g white chocolate | |
| • 50g butter | |
| • 1/2 vanilla pod | |
| • 500g full fat cream cheese | |
| • 50g caster sugar | |
| • 170ml whipping cream | |
| • 225g raspberries | |

Please be mindful that people receiving your pack may have poor eyesight so make things as clear and accessible as possible.

View from My Room



Hello,

Hello!

September 2020.

How are you?

I'm writing this letter to check in with you and to say hello. What a strange year 2020 has been! Sometimes it feels hard to think of the positives, but believe me there are lots!

Please do not include any personal details in your pack, such as your surname, email, address or telephone number. You can sign off with your first name or just as 'A Friend'. All packs will be quarantined for 72 hours so the only thing being spread is joy.



LE DOODLE FROM ME
BE STRANGERS BUT HELLO
YOU ARE WELL & HAPPY
FINDING THINGS TO SMILE
S WOMAN WITH A



like get practice learned. practice as a
inspire drawing back since school
you? too and
I wanted to share this image with
of the finest details. Sometimes

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SHARE

Share your Creative Activity Packs with us by 31st October 2020.

Please send your packs to Wendy Smithers:



by email:

itsnotyourbirthdaybut@gmail.com



by free post:

Freepost INYBB

or if you're local you can drop it in to:

The Old Bank House, 26 Station Approach, Hinchley Wood, Surrey, KT10 0SR



If you have any questions please call Wendy on:
07950 414 150

www.itsnotyourbirthdaybut.com

When you take a moment to really
look at things you realise how
miraculous it all is!

KEEP IN TOUCH

If you would like to be kept up to date with how the project progresses, hear about other opportunities like this one or be added to our mailing list, please supply your name, postal address and email address when sending us your pack so we can keep in touch with you.



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