

LOST LETTERS

creative challenge #2

KINDNESS IS
CONTAGIOUS



As part of our Lost Letters project with Surrey History Centre, It's Not Your Birthday But... are inviting you to submit a 'Record of Kindness' that documents any kind acts that you have witnessed or received at this time to contribute to an Anthology of Kindness.

At this time of collective challenge, kindness is everywhere, and we know that kind acts are contagious too. We want to collect your stories to create an Anthology of Kindness that records acts of human generosity and create more ripples of kindness.

Records from the archives show details from Merton Parish Distribution Ledger that document the giving of coal in winter. Also, South Wimbledon Holy Trinity letters detail the offering of assistance to those in need in the Winter of 1886 - 1887. Both the ledger and letter serve as records of people asking for help, as well as the help that was offered to them:



Sir
At a Vestry meeting ^{held} yesterday I was ordered to inform you that a Gentleman had offered to give Medical assistance to all our Paupers both in and out of ~~you~~ the Parish to the distance of

"Sir, At a vestry meeting held yesterday, I was ordered to inform you that a Gentleman had offered to give medical assistance to all our paupers both in and out of the Parish..."



TASK...

Contribute your own act of kindness to our Kindness Anthology



On a piece of paper share with us an act of kindness that you have witnessed or received at this time, no matter how small this act may seem.

Once you have written this down, why not create an image to go with your act of kindness. You may want to draw, paint, collage or colour.

Here are some examples:



Record of Kindness.

Date: 10/5/20 Location: Tesco's Woking
Witness: Lucy W (age 39)

I saw kindness when...

I went to the supermarket (I was feeling really overwhelmed and just wanted to get out of there.) When I was at the till, the man scanning my apples through the plastic screen (his name badge said "Viktor") smiled and started to tell me a story about his grandma's apple tree. I don't know how, but in that moment, he made me feel calm.



YOUR
APPLE
TREE
STORY
MADE
ME
SMILE



Where have you seen kindness lately?



How did it make you feel?

Perhaps this act of kindness inspired you, how could you spread more kindness?



SHARE...

Challenge created by: Sarah Bennett
Design by: Nicole Cowan



Share your Act of Kindness with us. By sending your work to us it may be shared online, in a touring exhibition, and/or donated to the Surrey History Centre to be stored in the archives.

The more original artwork we receive, the richer our anthology will be. We would be grateful if you could take a picture of your Act of Kindness and post it online using #anthologyofkindness :



itsnotyourbirthdaybut



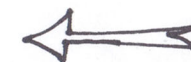
@INYBB_



It's Not Your Birthday But

or email it to:

itsnotyourbirthdaybut@gmail.com



and then post your original to us at:



INYBB, The Old Bank House, 26 Station Approach,
Hinchley Wood, Surrey, KT10 0SR



We recognise that not everyone can make it to a postbox or a post office at the current time, so if you are unable to post it, it is fine to just post it online or email it to us. If you need help with postage costs, please get in touch.



Thanks to the support of The National Lottery Heritage Fund, Lost Letters is a project working with people across Surrey, thinking about local history and letters. The Kindness is Contagious artworks that come together to create a 'Kindness Anthology' will be stored in Surrey History Centre so that people in the future will understand what people were doing in 2020.