

# Child's Nature COVID-19 Response



## Clinic Based Sessions

*\*Please Note: It is expected that patients and therapists will give honest and accurate reporting. Teletherapy remains an option when a risk is present.*

### Before session:

- Patients/caregivers with high risk factors (i.e. immunosuppressed, taking immunosuppressant medications, COPD, cancer, etc...) are encouraged to stay home, and consider using teletherapy.
- Session should be re-scheduled/cancelled if therapist/patient:
  - Has anyone in their household sick with common cold-like symptoms (fever, cough, runny nose, scratchy/sore throat etc...) or conjunctivitis (i.e. pink eye).
  - Feels they may be sick
  - Has been in contact with a confirmed or suspected case of COVID-19 without proper PPE, distancing and/or medical precautions.
- Therapist will call/text session reminder with symptom screening within 24 hours of the scheduled session.
  - Document in fusion (case notes)

### When entering clinic:

- Parent will call/text clinic upon arrival and wait for approval for entry.
  - At this time; only 1 parent/guardian will be allowed to accompany child (no siblings/other family members).
  - If necessary, therapist will meet parent at door to get child while parent waits in the car with siblings.
- Upon entry of clinic, staff and patients will:
  - Take temperature & evaluate changes to symptom check list (if temp is over 100) or staff/client is symptomatic, session will be cancelled, staff member/client will go home)
  - Wash hands
  - Both temp/completion of hand washing to be added in case notes (fusion).
  - Staff/patients will wear PPE (masks, gloves, face shields, other items) when appropriate and tolerated.
  - Caregiver will wear face mask for the entire session.



### Daily Operations:

- Staff will wear a mask unless alone in a room.
- Fabric masks must be washed every day.
- Staff will wash hands before and after each client.
- Staff will complete temperature/symptom check each time when entering clinic.
- Table, chairs, toys, door handles and any other items that were used/touched during session to be cleaned/sanitized between each session.
- Sessions will be 45 min to allow for cleaning between clients.
- Sessions to remain in therapy room when possible.
- Maintain 6 ft. social distance when possible, wear gloves if in contact with skin
- Maintain safe social distance when possible:
  - Work stations placed at least 6 ft apart. Consider working in empty therapy room if available rather than common work space.
- Waiting room is closed at this time; parents may be in the room or wait in car. If using gross motor area, parent will remain in therapy room.
- When appropriate, leave windows open
- If possible & appropriate; schedule patients via teletherapy
  - Teletherapy appropriate when: insurance covers session, patient is able to tolerate and make progress during teletherapy.



## Home Visit Protocol

*\*Please Note: It is expected that patients and therapists will give honest and accurate reporting. Teletherapy remains an option when a risk is present.*

### Before Home Visit:

- Patients/caregivers with high risk factors (i.e. immunosuppressed, taking immunosuppressant medications, COPD, cancer, etc...) are encouraged to consider using teletherapy.
- Family and therapist must have a thermometer at home and do a temperature check the day before and the day of the therapy session for all members of the household.
- Session should be re-scheduled/cancelled if therapist/patient:
  - Has anyone in their household sick with common cold-like symptoms (fever, cough, runny nose, scratchy/sore throat etc...) or conjunctivitis (i.e. pink eye).
  - Feels they may be sick
  - Has been in contact with a confirmed or suspected case of COVID-19 without proper PPE, distancing and/or medical precautions.
  - Have not been following current social distancing guidelines.
- Therapist will call/text session reminder with symptom screening within 24 hours of the scheduled session.
  - Document in fusion (case notes)

### Upon Arriving at Home Visit

- Evaluate changes to symptom check list (if temp is over 100) or staff/client is symptomatic, session will be cancelled, staff member/client will cancel session)
- Therapist and household members will wash hands with hot/soapy water or, if unavailable, with hand sanitizer.
- Staff/patients will wear PPE (masks, gloves, face shields, other items) when appropriate and tolerated.
- Caregiver will wear face mask for the entire session.
- Family members other than primary caregiver and patient are asked to leave the room for the duration of the session.
- Therapy to include distancing of 7 feet whenever possible.
- Therapist will Utilize Parent Coaching to help implement distancing between therapist and patient.
- Bagless technique will be utilized whenever possible
- If materials and/or files must be brought into the home, the "Nursing Bag Technique" will be utilized\*



## Bag Technique Procedure

1. Select a healthcare bag that has at least three separate compartments, at least one of which should be lockable to secure patient records.
2. Designate two "clean" compartments, one for clean disposables and the other for patient records.
3. Pack the bag with necessary supplies before leaving for visits. Pack hand washing supplies near the top or in a side pocket where they are easily accessible.
4. Store the healthcare bag in a clean storage container or other separate compartment in your car.
5. Do not take the healthcare bag into infested homes or homes of patients with antibiotic resistant infections such as MRSA or VRE.
6. In the home, identify a clean and safe area for the healthcare bag. **Never** set the healthcare bag on the floor. **Always** choose a place to set the bag that gives you enough work space, is close to the patient, has a source of water, and is away from children and pets.
7. Plan where you will discard disposable items ahead of time.
8. Spread an impervious barrier on the surface before setting the bag down.
9. Remove hand washing supplies first. Wash and dry hands thoroughly, following proper hand washing technique.
10. Remove any items needed for patient care, including any necessary personal protective equipment.
11. Close the bag before performing patient care.
12. Wash your hands again if you need to re-enter the bag for additional supplies during patient care.
13. Wash your hands, then repack and close the healthcare bag.
14. Clean and disinfect the healthcare bag weekly by hand washing in mild soap and warm water and air drying.

Here is a You Tube link about the "Nursing Bag" technique. This is a technique used by home care professionals. <https://youtu.be/MxM4sVnfYyY>