



Hunter's
Heart
One Heart at a Time

Our mission is to provide education, resources, and emotional support to men who are in psychologically abusive romantic relationships.



Shana Fisk, Hunter's mom and the founder of Hunter's Heart, is available to speak at your next event.

Topics:

- **Recognizing Abuse** - Identifying signs of psychological abuse and its impact.
- **Building Resilience** - Empowering men to rebuild confidence and self-worth.
- **Breaking Free From Toxic Relationships** - Steps to leave abusive situations safely.
- **Supporting Men** - Ways friends and family can offer support.
- **Navigating Healing** - Resources for emotional recovery and life rebuilding.
- **Psychological Safety** - Fostering safe spaces for expression and vulnerability.
- **Wellness & Mental Health** - Promoting overall well-being in the recovery process.

Where We've Presented:

- Patriot General
- SDG&E - SD
- SDG&E - OC
- IBEW Local 47
- City of Riverside
- SCUSA
- PG&E
- PG&E Fresno
- SCE
- My Brother's Keeper
- AriStrong Foundation
- WEREP
- First Look Investments
- The Financial Architects
- SouthPaw Boys - [podcast](#)

♥ In Honor of Hunter Fisk ♥
8/11/00 - 3/11/23

♥ For more Information ♥
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[YouTube](#)

