

HUNTER'S HEART, IN COLLABORATION WITH THE TRANSCENDING PATHWAY, PRESENTS: **A 5-PART WORKSHOP SERIES FOR MEN**

WHY DID SHE TREAT ME THAT WAY?

If a relationship has - or left you - confused, doubting yourself, or feeling like something was off — this space is for you.

STEP ONE: MONTHLY WORKSHOPS

August 19 - *Naming the Fog* September 16 - *The Rollercoaster*

October 21 - Drawing the Line

November 18 - Getting Yourself Back

December 16 - The Road Forward

| 3rd Tuesday 6- 6:45 PM

| Join anytime

| No pressure to share

| Live on Zoom (camera optional)

I Donation-based

Men's Workshops: 6:00-7:00 PM
Men's Process Group (Optional): 7:00-8:00 PM
Zoom (Cameras Optional), Donation-Based (any amount)

STEP TWO: PROCESSING GROUPS (OPTIONAL)

Live on Zoom (camera optional)

INCLUDED WITH WORKSHOP

Small, therapist-led groups to reflect, connect, and process your experience in a supportive space. Open to all men.

YOU ARE NOT ALONE

YOUR STORY MATTERS. YOUR HEALING STARTS HERE.

SCAN



HERE

IN HONOR OF HUNTER FISK 8/11/2000-3/11/2023 🖤