

## **GUIDELINES FOR WORKING WITH LESLEY**

**(If possible, read before each session for the first while.)**

1. This is time-consuming and subtle work. We are perceiving the consciousness of who you began to be at your beginning and how you know yourself to be now.
2. All that you have decided to know to know “you/You” is known to Spirit. “You” can also refer to the other or the One or a combination of you and the One.
3. You almost always know the answer to the questions you are given. Give yourself time to answer rather than say you don’t know. We can spend many, many minutes on one question, or cover one event many sessions in a row, and that’s okay.
4. Clarification of the “No” response:
  - a. Your response is incorrect.
  - b. What you’ve stated maybe correct, however another answer is being sought to draw you to a deeper truth.
  - c. You’re on the wrong track.
  - d. You may be onto some aspect of the truth; however, it may not be in your best interest to know it at that particular time. Something else needs to be resolved beforehand.
  - e. As a rule, Spirit will not give you more than you can perceive for your state of consciousness.
5. Refrain from excessive explanations and detail unless asked. Let Spirit drive the session.
6. Supporting you through this process may involve seeking answers from Spirit that pertain to your personal life. Time does not permit me to do this on a regular basis.
7. Welcoming who you are is our primary directive. Belonging as who We can be is the result.
8. Sessions are generally 1-1/4 hours in length.
  - a. While I endeavor to call or to receive your call on time, I may, at times, be late.
  - b. Check your email before your session in case your session time has been altered or cancelled due to personal circumstances.
  - c. You take your own notes. I take notes to help keep us on point. You may record the session if you wish.
9. Whenever possible, complete any homework given 24 hours in advance of our next session. It can take that many hours to implement changes within.