

## INTO THE BREACH FACT SHEET

Inspired by the Apostolic Exhortation for Catholic men written by Bishop Olmsted of Phoenix, the Knights of Columbus has produced a 12-episode video series that seeks to answer the question of what it means to be a man and how to live as a man in today's world.

Each episode focuses on a different aspect of authentic Catholic masculinity and features interviews with well-known Catholic commentators, as well as the personal story of a man who has deeply experienced the episode's topic in his own life. Each episode runs approximately 12 minutes.

The video series is an extension of current Knights of Columbus programming. Reflection guides to accompany the videos will be available in Summer 2020 on [kofc.org/intothebreach](http://kofc.org/intothebreach).

The 12 episodes are:

<b>1. Masculinity</b>	The Church is facing a “man crisis.” Men are made for greatness. “Authentic masculinity” means to live for excellence. Mike Phelan explains how he discovered the nature of true masculinity and how to live it.
<b>2. Brotherhood</b>	Man was not meant to “go it alone,” but to be in communion with others. It is important to build close friendships with other men of faith. Master Sergeant Sompaul Vorapanich shares lessons on the importance of brotherhood.
<b>3. Leadership</b>	Men must become leaders through developing their character. True leadership seeks greatness and brings out greatness in others. Robert Yates discusses his service in the Air Force and highlights the importance of being servant leaders.
<b>4. Fatherhood</b>	The presence and involvement of a loving father is critical in the development of a child. True fatherhood models itself on God the Father. Former MLB player Mike Sweeney shares how the faith of a man should shape his role as a father.
<b>5. Family</b>	There is a “battle for the very soul of the family.” Men’s service of their families requires sacrifice. Greg and Julie Alexander explain how discovering the true nature of marriage transformed their relationship and their family.
<b>6. Life</b>	Human life is sacred. Men have a responsibility to protect society’s most vulnerable. Men’s participation in the pro-life movement is vital. John Morales shares his story of regret, healing and hope as a testimony to the importance of life.
<b>7. Prayer</b>	Prayer must be a priority in the life of a man. Eucharistic adoration, reading scripture and saying the rosary are central to prayer. Robert Feeney tells his story of the power of prayer on the battlefield in Vietnam and life in general.
<b>8. Suffering</b>	Suffering is a mystery which can bring us closer to God and help us grow in holiness. The answer to suffering is Jesus Christ. Frank Ramirez shares his story of responding to intense suffering by worshiping God.
<b>9. Sacramental Life</b>	Christ offers his grace through the sacraments. The Eucharist and Confession need to be central to every man’s life. Jared Zimmerer explores how his experience as a bodybuilder helps him understand aspects of the sacramental life.
<b>10. Spiritual Warfare</b>	The life of a believer is a spiritual battle. Men have multiple spiritual weapons in the fight against Satan, and the stakes are high. Don O’Mara recounts his experience with abuse and addiction and finding forgiveness and freedom in Christ.
<b>11. Evangelization</b>	All Christians are called to be witnesses of their faith to others. To share the faith a man must know the faith. Ryan Young shares how his Eucharistic-centered camp for teenagers allows for an encounter with Christ.
<b>12. The Cornerstone</b>	Christ is the only sure foundation of a man’s life. We are to know, love and serve God, so we can be with him forever. Actor Clarence Gilyard Jr. shares his testimony of straying from God’s plan and how God led him to enter the Catholic Church.

Individuals who appear in the series include:

Matt Birk	Speaker & Former NFL Player
Deacon Harold Burke-Sivers	Speaker & Author
Jeff Cavins	Speaker & Author
Matthew James Christoff	The New Emangelization Project
Mother Agnes Mary Donovan	Superior General   Sisters of Life
Jason Evert	Founder, Chastity Project
Matt Fradd	Host, Pints with Aquinas
Clarence Gilyard Jr.	Actor
Dr. Tim Gray	President, Augustine Institute
Dr. Scott Hahn	Author & Theologian
Fr. Sean Kilcawley	Director of the Office of Family Life, Diocese of Lincoln
Curtis Martin	Founder & CEO, FOCUS
Darrell Miller	Speaker & Former MLB Player
Bishop Thomas Olmsted	Diocese of Phoenix
Fr. Mike Schmitz	Director of the Office of Youth Ministry, Diocese of Duluth
Sr. Maris Stella	Sisters of Life
Mike Sweeney	Speaker & Former MLB Player
Dr. Paul Thigpen	Editor, TAN Books
Teresa Tomeo	Hostess, Catholic Connection
Jared Zimmerer	Director, Word on Fire Institute

### **About the Knights of Columbus**

The Knights of Columbus is an organization of Catholic men striving to better ourselves and our world by helping and protecting those in need who are not able to do so for themselves--whether they are next door or around the world.

More than 2 million members strong, the Knights come from many places, backgrounds and stages in their lives, but they share a commitment to investing their time, efforts and resources into activities that reflect their faith and values.

The Knights of Columbus is also a highly rated, Fortune 1000 insurance company, which grew out of our founding in 1882 by Venerable Father Michael J. McGivney who sought to ensure the protection and care of our members' families. For more information, visit [www.kofc.org](http://www.kofc.org).