



# SleepImage Patient Instructions

HSATPRO ID: 59450

Test Support - (855) 472-8776



## READ FIRST!

This test was ordered by your physician to evaluate for a condition known as sleep apnea, where you stop breathing or have shallow breathing during your sleep. This simple to use test will record a number of parameters while you sleep to help confirm this diagnosis. The SleepImage Ring requires an Apple or Android smartphone or tablet with internet access. You must install the SleepImage app on your device in order to complete testing. The smartphone collects the recording, then uploads the study automatically to the SleepImage website. **The SleepImage App does not store information on the user's identity or location. All data in the app is de-identified.**

If you do not have a compatible smartphone or tablet, please contact the physician or provider that setup the test to READ FIRST! request a different device, and IMMEDIATELY return this device.



Make sure the device is fully charged before starting a recording.



**YOU MUST BEGIN TESTING WITHIN 48 HOURS of receipt & return the device immediately after completion. If device was mailed to you, return using the enclosed packaging.**

## 1 APP DOWNLOAD & INSTALLATION

The SleepImage Mobile App can be found on the Google Play and Apple App Stores. Go to the applicable store and search for "SleepImage" and install the app with the logo as shown below...



## APP PERMISSIONS

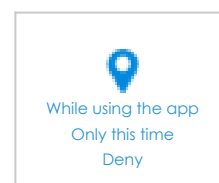
### Apple Users

You **MUST** click OK to grant access to Bluetooth



### Android Users

You **MUST** click "While using the app" to grant access to Bluetooth



## 2 PATIENT SIGN-IN TO APP

- Region: Choose **UNITED STATES**
- Enter **Patient ID** from email or text message into box below

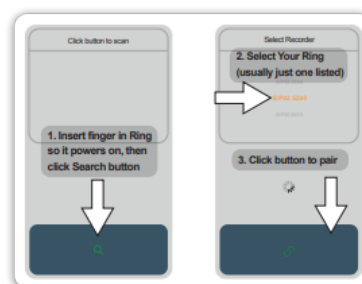
Your Patient ID:

- Enter your Date Of Birth in DOB field
- Click **SIGN IN** button



## 3 PAIR RING TO APP

- Insert finger into Ring to power on.
- Click search button and allow it to scan.
- Choose the ring serial number (usually just one will be listed)
- Click the link button.



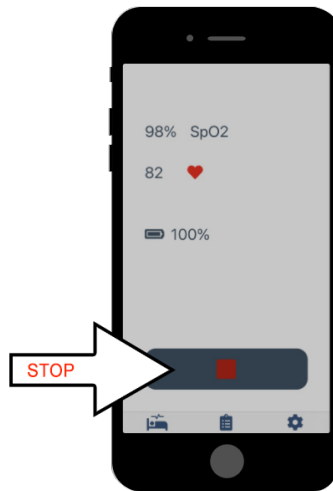
## 4 START RECORDING - Prepare for Bed

- Ring should still be powered on.
- **Open the app and click the start ("PLAY") button.** The app should now be displaying SpO2 and pulse rate
- **Important Notes:**
- Do not use other Bluetooth accessories, or other apps, during recording
- If you go out of range or remove the ring, check the app when you return. It should resume recording to the mobile app.



## 5 DURING RECORDING - Go to sleep!

- You may now go to sleep.
- **Important Notes:**
- Keep your phone/tablet within 6 feet of Ring and plugged in to power even if you get up during the night (including to go to restroom)
- You may change fingers as needed for fit or comfort. Thumb and index fingers on non-dominant hand are recommended but not required.



## 6 WAKE UP - Stop Recording

- **When you wake, Press the STOP button.**
- If you have internet, the study will upload automatically.
- Check the HISTORY tab (the clipboard icon) and make sure all entries say: **'UPLOAD STATUS: COMPLETED'**.
- **Important Notes:**
- If the screen with the stop button is not there in the morning, see 'troubleshooting' below.

History
10/19/2021 3:37:53 PM Patient ID: AHYRNC Upload Status: Completed
10/19/2021 3:46:53 PM Patient ID: AHYRNC Upload Status: Completed
10/19/2021 4:31:51 PM

COMPLETE! Please follow steps 4-6 again for additional nights as instructed by your provider. Please DO NOT forget to charge the device for a minimum of 3 hours prior to testing each additional night. RETURN YOUR DEVICE IN ENCLOSED PACKAGING OR TO YOUR HEALTHCARE PROVIDER.

**RETURN EQUIPMENT IMMEDIATELY AFTER COMPLETING TEST!!!**

## TROUBLESHOOTING

### Download SleepImage App Issues

- If the SleepImage app does not appear in the Apple App Store or Google Play store on your device, make sure to search for "SleepImage".
- If it still doesn't appear, you may need to update your IOS or Android OS.

### Sign-In Issues

- If you cannot sign in to the app, first make sure the mobile device is connected to the internet and that there are no typos in the Patient ID.
- It is also possible that your Date of Birth was entered incorrectly in the SleepImage System. Please contact your healthcare services provider to verify your sign-in information.

### Pairing Issues

- If you paired the recorder in Bluetooth settings on the phone settings, unpair it first. Then, try the pairing process in the SleepImage App again.
- On IOS, go to Settings->SleepImage and enable the Bluetooth permission. On Android, go to Settings->Apps->Permissions->Location and select "Allow while using the app".
- Allow more time after pressing the search button, with the recorder powered on, wait at least 60 seconds.
- Restart both the phone/tablet, try that one to rule out that there is an issue with the recorder.

### "Connection Lost" or "No SpO2 signal, check sensor" persists after reconnecting

- Take off the ring, if a countdown starts, wait until it finishes.
- Put the ring back on the finger and wait at least 20 seconds.
- SpO2 and pulse rate values should appear if successful.

### Upload Issues

- Force-close the SleepImage App, Make sure the phone is connected to the internet, then reopen the SleepImage App. Wait and look out for! notifications at the bottom of the screen indicating an upload attempt.
- Go to the History tab and wait until all entries in the list show "Upload Status" Completed"
- If you see error messages, try switching from WiFi to Cellular or vice-versa.

### Unexpected Behavior

- If recording is not active when you wake up in the morning, it's possible that a problem occurred that halted the recording prematurely. Try to test another mobile device if possible, or contact your healthcare provider for an alternative test device.