

## What Are the Addiction Hotlines and Helplines for Rhode Island?

Below is a list of three free 24/7 helplines for this wanting help in Rhode Island for a substance abuse disorder.

ORGANIZATION NAME	TELEPHONE NUMBER	TEXT NUMBER
BH Link	(401) 414-5465	None
Prevent Overdose RI	(401) 574-2954	None
Zinnia Healing	<u>(855) 419-5848</u>	None

These telephone numbers listed are free of charge to call for residents from Rhode Island, the Ocean State, to call

## List of Free Drug Abuse and Alcohol Abuse Hotlines

Drug and alcohol addiction is a serious problem that affects many people. Fortunately, there are resources available to help those struggling with addiction; one of them being drug and alcohol hotlines.

Below is a list of free helplines that are currently available for drug and alcohol addiction support:

Zinnia Health Hotline	(855) 419-5848	Telephone Support	National
SAMHSA Hotline	(800) 662-HELP (4357)	Telephone Support	National
SAMHSA Hotline for Speech and Hearing Impaired	(800) 487-4889 (TDD)	Telephone Support	National
SAMHSA Text Hotline	Text 435748 (HELP4U)	Text Support	National
Drugfree.org Hotline	(406) 602-0539	Telephone Support	National
Al-Anon and Ala-Teen Hotline	(800) 356-9996	Telephone Support	National
Boys Town National Hotline	(800) 448-3000	Telephone Support	National
Boys Town National Hotline for Speech and Hearing Impaired	(800) 448-1833	Telephone Support	National
Covenant House Teen Hotline	(800) 852-8336	Telephone Support	National
Partnership For Drug-Free Kids Hotline	Text CONNECT to 55753	Text Support	National
National Suicide Prevention Hotline	(800) 273-8255	Telephone Support	National
National Suicide Prevention Lifeline	988	Telephone Support	National
Poison Control Emergency Number	(800) 222-1222	Telephone Support	National