



# NAR-ANON FAMILY GROUPS

## A 12-Step Program for Family & Friends of Addicts

<https://www.nar-anon.org/find-a-meeting>

The Nar-Anon Family Groups is primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and found the answer with serenity and peace of mind. Narateen is part of the Nar-Anon program for teens affected by someone else's addiction.

When you come into the family group, you are no longer alone, but among true friends who understand your problem as few others could. We respect your confidence and anonymity as we know you will respect ours. We hope to give you the assurance that no situation is too difficult and no unhappiness is too great to be overcome.

With the understanding that addiction is a disease, and the realization that we are powerless over it, as well as over other people's lives, we are ready to do something useful and constructive with our own. Then, and only then, can we be of any help to others.

<b>Helping Hands</b> 8 Forand Circle Johnston, Rhode Island 02919 <b>Code</b> 113-001 <b>Group Type</b> Nar-Anon <b>Location Name</b> Johnston Housing Authority <b>Day/Time</b> Tuesday <b>Time</b> 6:30pm <b>Notes</b> Meet at Management Office. <b>Status</b> Active
<b>Let It Begin With Me</b> 214B Thames St Groton, CT 06340 <b>Code</b> 105-005 <b>Group Type</b> Nar-Anon, Nar-Anon Virtual <b>Location Name</b> Community Speaks Out Inc. <b>Day/Time</b> Thursday <b>Time</b> 6:30 PM <b>Notes</b> We meet both in person and virtually. Please contact etssdv@gmail.com for the virtual meeting link. <b>Status</b> Active
<b>Shoreline Road to Recovery</b> 23 Church Ln East Lyme, CT 06333 <b>Code</b> 105-014 <b>Group Type</b> Nar-Anon, Nar-Anon Virtual <b>Location Name</b> Oceanside Recovery <b>Day/Time</b> Tuesday <b>Time</b> 7:00-8:30pm <b>Notes</b> We meet both in person and also virtual. Please contact ekoh2873@yahoo.com for the virtual meeting link. <b>Status</b> Active