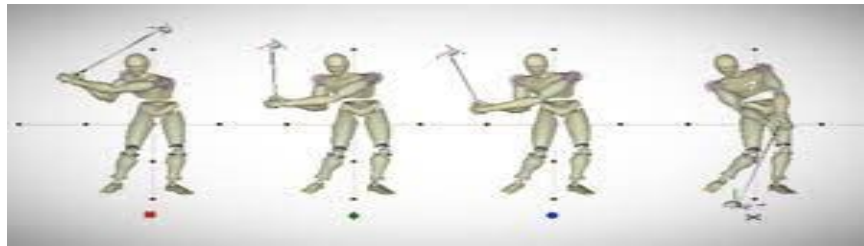




Golf Body

Improve Your Golf Game with TPI-Certified Physical Training

By Dr. Mark Bailey PT, DPT



Are you looking to take your golf game to the next level? Do you want to improve your swing, increase your distance, and reduce your risk of injury on the course? Look no further than our TPI-certified physical training sessions!

Titleist Performance Institute (TPI) is the world's leading educational organization dedicated to the study of how the human body functions in relation to the golf swing. TPI believes that golfers will benefit the most from a healthy and efficient body, and our TPI-certified physical therapist is here to help you achieve just that.

Our physical training sessions are designed to help golfers of all skill levels improve their performance and reduce their risk of injury. Our certified physical therapist will assess your body's strengths and weaknesses, develop a personalized training plan, and work with you to improve your golf-specific fitness and mobility.

Through a combination of exercises, stretches, and drills, you'll see improvements in your swing speed, ball speed, and distance, as well as reduced pain and injury risk. You'll also learn techniques to improve your posture, balance, and stability, all of which are critical for a consistent and effective golf swing.

So why wait? Sign up for our TPI-certified physical training sessions today and start seeing improvements in your golf game!

Contact information: Drmarkbailey01@gmail.com or (856) 498-0436