

WHY PRE-CARE IS IMPORTANT

- PREPARES THE SKIN FOR OPTIMAL RESULTS.
- SUPPORTS BETTER HEALING AND PIGMENT RETENTION.
- REDUCES SENSITIVITY, BLEEDING, AND DISCOMFORT.

YOUR RESULTS ARE A TEAM EFFORT. FOLLOWING PRE-CARE INSTRUCTIONS HELPS ENSURE BEAUTIFUL, LONG-LASTING RESULTS.

BEFORE YOUR APPOINTMENT:

4 WEEKS BEFORE: STOP USING RETINOIDS, CHEMICAL PEELS, AHAS, MICRODERMABRASION, AND FACIALS ON THE BROW AREA.

3 WEEKS BEFORE: NO WAXING, TINTING, OR BROW LAMINATION. BROWS WILL BE SHAPED AT YOUR APPOINTMENT.

2 WEEKS BEFORE: AVOID TANNING, TANNING BEDS, AND EXCESSIVE SUN EXPOSURE.

10 DAYS BEFORE:

- AVOID BLOOD THINNERS SUCH AS ASPIRIN, IBUPROFEN, FISH OIL, AND CERTAIN VITAMINS/SUPPLEMENTS.
- INFORM US IF YOU ARE TAKING ANTIBIOTICS OR MEDICATIONS, AS THESE MAY AFFECT HEALING.

48 HOURS BEFORE: AVOID ALCOHOL AND CAFFEINE TO HELP MINIMIZE BLEEDING.

DAY OF YOUR APPOINTMENT

- ARRIVE WELL-HYDRATED.
- DO NOT ATTEND YOUR APPOINTMENT WITH ACTIVE ACNE, IRRITATION, OR BROKEN SKIN IN THE BROW AREA.

