



Meaningful Activities. Genuine Connection.  
Inspection-Ready Support.



## SERVICE OVERVIEW

*Golden Connections*

*Ayrshire*

*Last update: January 2026*

*Contact: [hello@goldenconnections.co.uk](mailto:hello@goldenconnections.co.uk)*

# Who Are We?



Golden Connections is an activities and wellbeing partnership created to bring meaningful connection, purpose and joy into the daily lives of people living in care and nursing homes. We work alongside care teams to provide consistent, high-quality activities through carefully selected, PVG-checked facilitators who specialise in engaging, person-centred sessions.

Our approach is relationship-led and inspection-ready, focusing not only filling activity gaps, but on building trust, reducing isolation, supporting staff, and helping homes evidence positive outcomes for residents' emotion, social and cognitive wellbeing.

We are **not** an agency - we are a partner, committed to enhancing quality of life and strengthening community within every home we support.

**We will match your current Activity Coordinator costs, but come with a whole team.**



## Where do we operate?

North Ayrshire, East Ayrshire, South Ayrshire, Glasgow, Renfrewshire & Inverclyde.



## WE WILL:

**Listen to staff/residents to identify needs and wants of each individual person. We want to help the staff, not make their job harder.**



## WE WON'T:

**Prepare activities that doesn't benefit staff and residents. We do not want to take over - we want to collaborate together but lighten the load for staff.**

**WHY**

**CHOOSE**

# **GOLDEN CONNECTIONS**

*Let's get to  
know each  
other better!*

## **In-house Activity Coordinator**

- One person, one skill set
- Limited capacity
  - Sickness, holidays, burnout gaps
- Recruitment, Training, PVG, HR, Rota's
- Activities depend on one individual's confidence and creativity
- Risk of cancelled activities due to staffing pressures
- Limited time for planning, documentation and outcomes
- Inspection evidence often rushed or incomplete

## **Golden Connections**

- A team of specialist facilitators
  - Music, movement, reminiscence, arts, wellbeing, dementia-friendly
- Consistent cover and continuity, even during absence or staff turnover
- We recruit, vet, PVG check, insure and manage all facilitators
- Wide variety of high-quality, structured, engaging sessions
- Reliable, scheduled delivery with backup support
- Session plans, attendance records and wellbeing outcomes provided
- Inspection-ready documentation aligned to wellbeing and engagement standards

# What's Included?

## The Basics:

- PVG-checked, insured, trained facilitators
- Wide range of specialist activities
- Planned weekly programme and session schedules including one-off and special/themed events
- Cover for sickness, holidays and emergencies
- Attendance records and engagement notes
- Outcomes evidence and facilitator supervision
- No recruitment, HR, payroll or Rota management for the home.

## Activity Categories

- Music & Reminiscence
- Creative & Expressive
- Movement & Wellbeing
- Sensory & Therapeutic
- Social & Community
- Cognitive & Purposeful

## Packages

We are open to other packages such as part-time and flexible packages to meet the individual needs and budget of each home. However, our preferred approach is to work in full partnership wherever possible, as consistent, regular provision allows residents to build relationships with familiar facilitators, develop routines, and experience a deeper sense of trust, safety and belonging. A full-time partnership will also enable us to plan more effectively, tailor sessions over time, and provide stronger inspection-ready evidence of meaningful, person-centred outcomes.



**With Golden Connections homes no longer need to rely on one Activities Coordinator. We provide a whole, supported team - dedicated to your home ensuring continuity, quality and compliance without the challenges of recruitment, sickness, or turnover.**

**TOGETHER  
WE ARE  
STRONGER**



# How to Get Started

## **Contact Us**

hello@goldenconnections.co.uk

## **Initial Conversation**

Help us understand your needs!

## **Tailored Recommendation**

Proposed programme and partnership package - contract signed.

## **Partnership Begins!**

First week - activities begin and staff can meet facilitators.

## **One Month Review**

We check in to ensure staff and residents are happy.

## **Ongoing Partnership**

Regular delivery and ongoing reviews to ensure meaningful, person-centred and inspection-ready activities.

*Hope to hear from you soon!*