

# Lauder Lodge

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Edinburgh



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A Care UK home





## Trust us to care

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Inside the new Care UK care home that's opening near you, you'll immediately notice the welcoming environment.

From our receptionists through to our care teams – each of us will take pride in delivering quality care for your loved one in warm and luxurious surroundings.

Care UK is one of the country's leading independent providers of health and social care services. We run everything from hospitals and treatment centres to residential homes and day-care clubs. We're known for our exceptional standards of care – standards that will be evident in every aspect of our new care home.

Our new care home will provide a full range of quality care services including residential, nursing and respite care for older people. We'll also provide specialist care for those living with Alzheimer's and other forms of dementia.

We understand the specific challenges faced by people living with dementia and will ensure our teams are able to provide compassionate care and support to both residents and their loved ones.

**"Each of us loves what we do."**





# Our people make a difference

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Our care teams will bring compassion, dedication, superb skills and impressive experience to every aspect of their work.

Our teams receive regular training to ensure that they are up-to-date with good care practice. This includes the latest techniques in supporting people living with dementia and giving colleagues an understanding of what it may be like to live with the condition.

When your loved one joins us, we'll work with them and all your family to understand their likes and dislikes, passions and preferences so that we can

design a unique care plan that's tailored to their exact needs.

We always welcome visits from friends and family that are respectful of residents and their needs, and provide 24/7 telephone access.

**"We're here to help, whenever you need us."**









# Luxury living for your loved one

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Our new care home opening near you will change your view of care for older people. Every aspect will be designed with your loved one's comfort in mind.

The home will have beautifully furnished dining and lounge areas, as well as activity spaces and quiet areas for relaxing in. Our aim is to create an intimate, community atmosphere where residents feel entirely at home.

Each bedroom will be large and beautifully furnished and have an en-suite wet room, flat-screen television, adjustable profile bed, 24-hour nursing call system, plus phone and internet connection points. We'll also encourage your loved one to bring in their own treasured items to make their rooms feel more homely.

The home will be surrounded by secure, landscaped gardens with wheelchair-friendly walkways. The gardens will offer an inviting haven on warmer days to enjoy the sun, chat with friends, go for a stroll or simply sit and relax.

The home will also have its own coffee shop where residents can enjoy a cup of coffee and a slice of cake with their visitors, a cinema, and even its own hair and beauty salon offering a range of treatments.







# Making every meal a treat

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Meal times will be a chance to savour the tasty, always changing menus created by our dedicated chef, while chatting with friends or family.

Our chef will use carefully selected, fresh ingredients, with a focus on choice and nutrition, but above all, taste. Special diets, including cultural requirements, will be easily catered for and fresh fruit, snacks and refreshments will be available 24 hours a day.

Mealtimes are also an opportunity for socialising and residents are encouraged to invite close friends or relatives to dine with them if they wish. Our chefs are always cooking up something special to celebrate a birthday, anniversary or occasion - big or small.

**“Everyone looks forward to meal times.”**





# Keeping active and having fun

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Keeping busy and involved in the life of the home is the secret to helping your loved one to stay independent. It's what we call Activity Based Care.

Activity Based Care is simply about supporting residents to continue making decisions for themselves. That may be about their care, the activities they do or even the meals we serve.

Your loved one will be encouraged to take part in the hobbies they have always enjoyed and we'll even support them to take up new interests. Experience has shown us that residents who join in with the individual and group activities planned by our knowledgeable team, often discover new talents, make new friends and generally get more out of life in the home.

Baking, cinema evenings, visits from local musicians, arts and crafts, games and quizzes, outings to local places of interest... There will be plenty to keep your loved one busy, and their suggestions for new things to do will be very welcome.









# Creating a sense of place

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Our new purpose-built care home is being built to the latest designs, yet will reflect the history of the surrounding area.

Many residents who'll move into our new home will have lived locally for many years. Understandably, they'll still want to feel a part of the area they love. That's why we'll ensure that our home quickly comes to play a key part in the local community.

How do we do this? The home itself, or rooms or suites within it, may be named after local landmarks, historic industries or famous people. We also decorate parts of the home with local scenes or vintage photos of local landmarks.

Plus, to ensure that residents continue to see familiar faces from the local community, our home team will be developing relationships with local groups, churches, schools, entertainers and health and wellbeing professionals right now, before the home is completed.

Lauder Lodge will be located close to Edinburgh town centre, just minutes from the shops and local amenities. However, the home has been cleverly designed to be surrounded by large gardens and trees.

**“Your loved one will still feel part of the local community”**







# Designed with everyone in mind

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Every aspect of the new care home has been designed to create a relaxing, accessible home for residents, with a range of needs and abilities.

Our new home will be divided into different suites. Each includes a number of resident bedrooms plus a lounge and dining area. Creating a community within a community has proved to be a very successful design, particularly for residents who are living with dementia who may find unfamiliar faces and lots of coming and going unsettling.

Everything from signage and colour schemes to lighting and walkways around the home will be dementia-friendly, enabling residents with a range of abilities to find their way around independently.

What's more, because we understand the important role of the outdoors in maintaining wellbeing, we'll be applying the same inclusive approach to the design of the secure landscaped garden around the home. Here, sensory plants and accessible circular paths will make it easy for wheelchair users or residents living with dementia to enjoy fresh air and beautiful flowers.

**“There are lots of little features in the home that make you smile.”**







# We're here to help

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We hope you like the sound of what Lauder Lodge has to offer but appreciate that there's lots to think about. Get in touch with us to find out how we can help.

**Lauder Lodge**  
2 Wakefield Avenue  
Edinburgh  
EH7 6TL

**Tel: 0331 321 1921**  
[careuk.com/lauder-lodge](http://careuk.com/lauder-lodge)

